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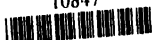


*Tribal Research Institute
Department of Art & Culture
Govt. of Mizoram.*

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THUHMA

Mizo lam han tih mai hian Mizo hnabthlak lam reng reng hi a huap vek a. Duhlian tawng tih thin kha Mizo tawng tih a lo nih takah hian Duhlian tawng hmang lo Mizo tam tak zinga harsatna a lo awm a, Mizo tawng tih chu an hman ve leh avangin Mizo ni lo dawn dawna insawi duh pawh an awm. Chutiang zelin Mizo lam tih pawh hian harsatna a nei lek lek thin; mahse he mi lehkhahu siamtute Art & Culture lama thawkte hi chuan chutiang harsatna tlem tlem chu ngaih pawihmawh loh tha a ti a. Chuvangin Mizo Lam hi Mizo hnabthlak zawng zawng ta a ni a, a darh zau theih chuan thil lawmawm a ni tih hi hria ila. U.S.A.-ah te, Russia-ah te kan Khuallamte hi lo ching vein lo thiam ve sela kawmpui lam aiin lawmthu sawi zawk tur a ni. Engtikah nge kan lam tha tak takte hi Indian National Dances zingah lak luh a ni ang a, National School of Drama-ah te zirlai pakhat talah an hman ang tih hi nghakhlal takin kan thlir a nih hi. Heti a nih avangin kan lam ho hi mumal taka siam chhuah, hun chep leh hun thawla hman theih tur te, Step fufhe leh nghet (established) a neih a ngai a, Mizo hnabthlak kan hman dan pawh inang (uniform) thlap thei tura buatsaih a ngai a ni. Chumi atan kan tih theih tawh hmasa ber atan he lehkhahu hi buatsaih a ni.

He mi lehkhahu buatsaih tur hian lam chi hrang hrang thiam tak nih a ngaih avangin Institute of Music & Fine Arts a zirtirtute an tangkai hle a, a bik takin Pu Lalbiakmawia a thawk nasa em em a, ama kutchhuak tak meuh a ni.

He lehkhahu hi kimchang zawk leh fel zawka buatsaih zui zel tur a ni a, chuvangin a tangkai zawnga ngaihdan nei chuan han thawh khawm zel turin ka ngen che u a ni.

Dt. 17.9.1985

C. Laitanga

Senior Research Officer
Tribal Research Institute
Mizoram, Aizawl

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CHAI LAM

Kan pi leh pute kha Chapchar Kut-ah chauh lo chuan an chai ngai lova, chuvangin chai leh Chapchar Kut hian inzawmna engemaw tak a neih chu a rinawm a ni. Chapchar Kut lo chhuah danah ngaih-dan leh pawmdan chi hnih a awm a, chungte chu hengte hi an ni a :-

Sawi dan pakhat chuan hman laiin lal pakhat hovin an ramchhuak a, an hlawhchham hlauh mai a, an hrihlhai lutuk hlauvin an lalpa fang tak chuan a hnem a, "E, naute u, brehawm ti reng reng suh u, kan chhuah leh hunah a lian tha tha, a ngho sei sei kan kap dawn nia. Tunah chuan tumah tin-darh mai lovin kan inah kan lut vek ang a, chhawh-lal reh nan ka zu thlum tha tha kan in tlang tur a ni," a ti a. Lal inah chuan zu an in tlang ta a, nuam an tiin an phur tlang em em mai a. An lal-pa chuan a vawk a thawh ta zel a, chu mi do nan chuan mi dangin arva an thawh ve thung a; zu an pu khawm zel bawk a, hlim takin an ein an in a, an ruih phur hnu chuan pawnah an chhuak a, mual laiah an inkaihkuah kual a, an insawiin an lam ta a. Ramchhuahnaa kal ve lo mi dangte pawh chuan an rawn zawm ve zelin an neih ang ang an thawh bawk a; an hlawhtlin tum ai mahin nuam an ti ta a ni. Hun a lo kal zel a, a kum lehah pawh chutiang hunah chuan a hma kum ang bawka intihhlim-na khawtlang huapin an nei leh a, nuam an tiin zawngchhangthlak hlein an hria a, hei hi Chapchar Kut lo chhuahna chu a ni.

Sawi dan pakhat lehah chuan Run luikama kan pi leh pute an awm laiin Ralte hausa Thuilala'n buh leh bala a hmuangil avangin phawk a chhuah a, a thenawm khawvengte sawmin Savang a din a, zu leh sain a hrai a, nuam an tiin an hlim kher mai a. A kum lehah pawh chutiang hunah bawk chuan khawtlang intihhlimna chu an nei leh ta a; hei hi Chapchar Kut lo chhuahna chu a ni. An chai bla pakhat chu :-

“Keimahni hrinfar zawlah,
 Kan savanga darhaia,
 Ningzu kan dawn.”

Chapchar Kut hi kum khatah vawikhat chauh hman thin a nih avangin kan pi pute khan an uar em em thin a. Ruallung daia ‘Kawilam tlo’ an tih pawh khi an chai reina hmun a ni a. Tiak nachang an hre lo va, an chai lai chuan Vakiin buhvui a rawn thlah va, “E khai, khua kan hai e,” an ti a, an tiak tawh a ni awm e. Chai hla chi hrang hrang a tam hlea, Neihlaia zai te, Lera zai te, Mangkhaia zai te, Lalvunga zai te, Darlung zai te, Zopui zai te, Pi Hmuaki zai te, Sirvate zai te leh Aikhiangi zai te hi chai hla vek a ni Hmun hrang hrangah an chai dan a dang leh hret hret thin a, tuna kan sawi dan tur hi khaw hrang hranga upate kan rawn hnua min hrilh dan tlanglawn leh tam ber ang a ni a. Chai hi a lam dana thuin ‘Lamthai I,’ ‘Lamthai II’ etc tiin kan then mai dawn a ni.

A LAM DAN

A lam dan kan sawi tan hmain hrilhfiah a awlsam nan chai hla pakhat tarlang hmasa ila a tha awm e.

“Neihlai thai sel zanah,
 Khawte daiah zan sial ang riah nuam ing e,”
 Khi khi a hla chu niin a ziah dan tur pawh a ni a, mahse a sak dan erawh chu hetiang hi a ni—

“Neihlaia thai sel zanah,
 Khawte daiah zan sial ang riah nuam ing e,
 Khawte daiah zan sial ang riah nuam ing e.”

Hmeichhi leh mipa a inkarthlakin an ding kual ang a, mipain hmeichhe koki ah an kuah ang a, hmeichhiain mipa kawng hnung lamah an kuah ve thung ang, A laiah khuangpu leh sekitumtu an awm a; khuangpu hi hla latu a niin tumabin hla lak khalh tur a ni lova, sekipu-in hla a hril thung ang. Khuangpuin khuang a han beng tan ang a, khuang a ben waw lina rualin hla an tan ang a, chu mi rual bawh chuan lam turte chu ding lamah

insawi phei hmasain vei lamah an sawi let leh ang a; tichuan chai chu an tan a ni nghal ta mai a ni. Chutianga insawi tawn insawi tawna an lam lai chuan vei lama an insawi laiin hla tlar hnihna khi lak tan leh tur a ni. Hla tlar hnihna an lak leh rual bawk chuan lam hruaituin "Khail le, lam i thai ang ule," a han ti ang a, ding lamah an sawi phei leh phawt ang. Chumi hnuah chuan ke veilam chu hma lama then kualin vei lam sirah pen khat pen phei tur a ni. Chumi zawhah chuan ke vei lam chu la let lehin ke dinglam ruala chheh leh phawt tur a ni. Chutah ke dinglam chu hma lamah then kualin vei lam sirah bawk pen khat a pen phei ve leh tur a ni. Chumi hnuah ke ding lam chu vei lam ruala chheh leh hnuah ke vei lam chu pen chhuak hmasain hma lamah pen hnih pen tur a ni. Chutah hnung lamah ding lam chu zau deuh taka pen phei tur a ni a, ke ding lam rual tur chuan vei lam pawh chu hnung lamah bawk pen thlak leh tur a ni. Ke khing hnih chheh rual leh hnuah chuan vawi khat suk tur a ni. Hetia suk thlaka han din ngil leh rual chuan ke vei lam chu khai kan zauh tur a ni. Ke vei lam khai chu vei lam sira pen nana hmanghalin insawi tan leh tur a ni. Tichuan ding lam leh vei lamah insawi tawn insawi tawn tur a lo ni leh ta a. Hetia insawi pah hian suk deuh zauh zauh tur a niin a hla lak nawn hi vei lama sawi lai a ni ngeingei tur a ni bawk. Hla tlar sak nawn lehnaa a hla thu lam palina, (a chung a hla kan tar' anah khi chuan 'Khawte daiah' tih a 'ah' tih lai khi a ni a) sak laiin thluk deuh vang vang tur a ni a, a thu lam pangana chu ding lama sawi laiin lak tur a ni leh ang. A hla thu lam pangana sak lai tak bawk chuan lam hruaituin, "Khail le, i kal ang u le," a han ti ang a, tichuan ding lam pen chhuak hmasain veilam sirah pen hnih pen tur a ni. Pen hnih pen zawhah chuan ding lama sawi let leh tur a ni; sawi reng rengin in sawi hmanhmawh tur a ni lova, muang deuh dap a sawi tur a ni.

Tuna kan sawi tak khi "Chai lamthai I" na kan tih chu a ni.

NEIHLAIA ZAI (CHAI HLA)

Neihlai a hi a farnu nen an inngai a, an inngaih dan chu Neihlaia hian Zawlaidi a nei a, chu chu kalkawngah a zam a, a farnu chuan a pal palh ta hlah mai a, chuta tang chuan a farnu chuan a ngaizawng ta em em mai a, a zar ta sek a. Neihlaia hi a zak leh hle ni awm tak a ni. An hla atang hian a chiang mai awm e.

1. Zuangin hliap zuangin hliap e,
Kan khaw lam lung Ngentiang tlang zuangin
hliap e.
2. Neihlaia'n ram lo a sem,
Zau ta lua e, Sialin i-ah hman lo ta.
3. Neihlaia'n tluanghruai a zam.
Kawlbrei batin Sialin lam va tawn chhin ta.
4. Ka sa umang mawl ve rawh,
Tangkata chawi Neihlaia'n zawl aw a ti.
5. Tukin ka feh tluang lamah,
Ka hma loah tuipui luang chhuk sen vung e
6. Tuipui luang chhuk sen vung e,
Ka u, Neihlai Thlanth'a peu leu te lo ang.
7. Ka u, Neihlaia chun rawh,
Pha pha lo la, ka zawl tak e lo ti la.
8. Neihlaia thaisel zanah,
Khawte daiah zan sial ang riah nuam i nge.
9. Naurawn chawi, naurawn chawi e,
Naute tap e, Neihlaia'n naurawn chawi e.
10. Nu ngai lo Pa ngai lo va,
Keimahten e, Tiau ralah Ar-ang ka vai.
11. Keimahnin hrinfar zawlah,
Ka sa vanga Darhaia ning zu kan dawn.
12. Ka Ar-aw tualbawm a te,
Tual hliap tiangah tual karah tlai ni lo tla.
13. Ka chur-i-nu thli ang hrang lo la,
I lenlai kha Mu ang hianin ngai ve rawh.
14. Ka lenlai mu-ang ka ngai na a,
Nangang hianin relthang ka phur ngai lo ve.
15. Buk tualah zozam ka phun,
Apar a pha Neihlaia hianin te lo ang.

CHAI LAMTHAI II

Chai lamthai II-naa lam dawna a lan turte inrem dan leh inkwah dan chu Lamthai I n a mi ang tho kha a ni a. Lamthai II-na hi Lera zaiin a thai a rem bik a, Lera zai pakhat i lo ea teh ang.

"Lera zai chu fam ta se i ti,
Ka zai leh Darpuai a fam ngai love."

Khi khi a hla chu nimahse a sak dan chu he-
tiang hi a ni thung-

"Lera zai chu fam ta se i ti,
Ka zai leh Darpuai a fam ngai lo ve;
E, Ka zai leh Darpuai a fam ngai lo ve."

Khuangpuin khuang a han beng tan ang a, wawit a benna rualin hla lak leh ding lama insawi aa tan ve nghal ang. Chutiang chuan ding lam leh vei lamah an insawi tawn zel ang a, hla tlar hnih-na bul pawh khi ding lama an insawi phei lain lak leh tur a ni. Hla tlar hnihna lak rual chuan lam hruaituin, "Khai le, lam i thai ang u le," a ti ang a, vei lamah an sawi phei leh phawt ang a, chutah ding lam pen chhuak hmasain vei lam sirah pen li pen phei tur a ni. Ke ding lama lei zu rah rual hian kun deuh hlek tur a niin vei lama lei zu rah erawh chuan hawi ngit leh zel thung tur a ni. He-tia pen li pena kal lai hian lei rah lohna lam zawk zel kha khai kan tur a ni. Pen li pen chiaha ke ding lam khai kan chu hma lamah pen chhoh leh a, wawihnih han per tur a ni. Chu mi hnuah chuan ke ding lam chu khai kan leh deuh auh tur a ni a, chu mi hnuah chuan vei lam ruala chbeh thlak leh tawh tur a ni. Ke khing hnih chbeh rual hnuah chuan ke vei lam chu hma lamah han pen chhoh a, ke chhip hmawr bawka wawihnih han per leh tur a ni. Chu mi zawhah chuan vei lam chu khai kan ve leh auh a ding lam ruala chbeh thlak leh mai tur. Ke vei lam han per kha wawihnih a ni tur a ni kan tihah khan a per hmasak zawk leh a chung a hla kan tarlan tlar hnihna lak nawn a 'E' tihsak lai hi

a inruai chiah tur a ni. Ke chheh ruahnuah chuan ding lamin pen khat hma lamah han pen chhoh leh tur a ni a, chu chu vei lam ruah chheh thlak leh tur a ni. Hetia ke chheh ruah lai hian kaihza thlepin vawi khat zu suk tur a ni a, ding ngil leh vut lovin khuang ri zai a din ngil chhoh leh tur a ni. Din ngil chhoh pah hian ke dinglam chu khai kan tur a ni a, ding lam khai kan chu dinglam sira pen pheh nghalin insawi tan leh tawh tur a ni. Kan hriatreng tur chu insawi te, ke pen te leh suka thawhleh te 'hi khuang ri rem zela tih tur a ni. Lera zai lar zual deuh deuh te chu hengte hi an ni.

LERA ZAI (CHAI HLA)

Lera hi zofa ten Tiau kan tlak thlak hnu hian hruaitu pawimawh tak ni a sawi ani. Aman hi Hmar a ni a. Khawthlang Tuipui-ah a tlahlum a, a ruang hi ni 7 leh zan 7 an zawn hnu pawhin an hmu zo lo va, chutia an hotupa ber ruang hmu lo va haw chu an zak si a, ruang lemah hnahchhawh an siam a, an zawn hawng ta ringawt a. Chu chu hla ah an chawi a, chai hla-ah an lo hmang ta a ni.

1. Lera zai chu fam ta se i ti,
Ka zai leh Darpui a fam ngai lo ve.
2. Lera thlafam nau ang kan tap e,
Lentupui maw thlehpuaa kan zawn.
3. Lera tui tla bung,
A sang lua e, Thing leh rua chenin.
4. Lera Bung phunah,
Chum chi chhuahna Pangkhua a leng e.
5. Kutpui kan ur khuangruah chiah nghian e,
Chappui rawh lohvin a tul ngai lo ve.
6. Kan lammual a chul zo ve,
Sialki ring leh Lenchhawn va la u.
7. Ka chun-i-nu'n khiangawiah mi tir,
Ka leng ri h dawn hmundo ram lo vah.
8. Ramlai hawiah thlunglu maw kan lei,
Lentu Bawngva tualah zuang tum e,

9. Lentu Bawngva tualah zuang tum e,
I hawih lua rawh Chinrang Bawngvate.
10. Nang chu mi nuthai va chang teh la,
Chawmkhuang a ri ngai rawh Laikhumah.
11. Chawmkhuang a ri ngai rawh Laikhumah,
Khangawi hnu-in lung i chhir emaw.

CHAI LAMTHAI III

Chai lamthai kan sawi taktea lam tur an intlar dan leh an inkuah dan ang tho khan inrem tur a ni a. Mahse Chai Lamthai III-na hi Lalvunga zaiina rem bik avangin a hla pakhat tar lang leh ila :-

“Lalvunga’n ka lian a ti, Farzawl a luah,
A luah sual e changsial sawmthum an la e.”

A sak dan tur erawh chu hetiang hi a ni :-

“Lalvunga’n ka lian a ti, Farzawl a luah,
A luah sual e changsial sawmthum an la e;
An la e, a luah sual e, changsial sawmthum an
la e.”

Khuangpuin khuang a han beng tan ang a, khuang ri vawi lina rualin lam turte chu ding lama insawi tanin ding lam leh vei lamah an insawi an insawi dawn a ni. Ding lama insawi tan leh hla bul lak a inrualin hla tlar huihna bul lak pawh hi ding lama insawi lai bawka a ni tur a ni. Hla tlar huihna lak rual hian lam hruaituin, “Khai le, lam i thai ang u le,” a han ti ang a, vei lama insawi leh la’in ke khinghni chhu chheb chip tur a ni. Chu mi hnuah chuan ding lam chu hma lamah pen khat-a han pen chhoh tur a ni a, ke ding lam rual tur chuan vei lam pawh chu han pen chhoh ve leh tur a ni. Chumi zawhah chuan ke ding lam bawka chu hma lamah pen khata han pen chhoh leh tur; ding lam han rual tur chuan ke vei lam pawh hma lamah pen khat bawka han pen chhoh leh tur a ni. Chu mi hnuah chuan ke ding lam bawka chu hma lamah then kualin vei lam sirah pen khata va pen phei tur a ni. Ke ding lam chu la let lehin ke vei lam ruala chheb leh phawt tur a ni. Chutah ding lam

chu hnung lamah zau deuha pen khata pen let tur a ni a, ke ding lam rual tur chuan vei lam pawh chu pen thlak ve leh tur a ni. Ke chheh rual hnuah chuan kaiha thlepa vaw khat suk tur a ni a, khuang ri remin din ngil leh tur a niin din pah chuan ke ding lam chu khaikan tur a ni leh. Ke ding lam khai chuan lei zu rah leh rualin ding lam sirah insawi pheitan tur a ni a, chuta tang chuan ding lamah leh vei lamah insawi tawn leh tawh tur a ni. Insawi te, pen te, ke theh kual te leh suk te khi khuang rirem zela tih tur a ni tih hi hriat reng tur a ni. Lalvunga zai lar zual deuh deuh te chu hengte hi an ni.

LALVUNGA ZAI (CHAI HLA)

Lalvunga hi Hualngo Lal hmel tha tak mai a ni a. A hun lai hian Lianchia nen hian hmelbatahan inel tawh hlein an sawi. Lalvunga chhianhlawhin Lianpuia khaw Sial a khawhhlum avangin an intihiam ta lova. Lianpuia Palian lal te an thinur ta em em mai a, an unau an inpunkhawin a Lalvunga chu an that ta a. Hemi hun hi AD 1815 vel ni awmin an sawi. Chutia Lalvunga an thah tak hnu chuan hlain an phuah el a, chai hlaah an hmang ta a ni.

1. Lalvunga'n ka lian a ti Farzawl a luah,
A luah sual e Changsial sawmthum an la e.
2. Tlan rawh, tlan rawh. Lalvung tlan rawh ral an ti
Tualkhel ralah Lalvung ka tlan ngai lo ve.
3. Lalvunga nu tap tap lo la i chau vang,
I fa Lalvunga Sahlamah a uai zo ta.
4. Lungpui an dawh e, Dawalungpui an dawh e,
Cherchhingkimah dar bang maw, Vanpui chhing
na e.
5. A tu emaw Lalrenga thattu chu ni,
Lalrenga thattu Haungova lo maw e.
6. Lalrenga kan thah meifuala kan aihni'n,
Kan thui ngulin vangkhua a lo en na e.
7. Kan zar e kan zar e khawtlangah kan zar,
Bungpui angin khawtlangah kan zar duai e.

8. Kan lian e, kan lian chuang e ai a i e,
Kawlkeipui angin kan lian ngai ai a e.
9. Dawnkhaw tlangpui chu Vakawlin a chuan e,
Luahloh lungdi samang ka then tam na e.
10. Dawn lamthuang lamah luai mai Pualva iangin,
Lungdi an kal zove, a zui rel ing e.

CHAI LAMTHAI IV

Chai Lamthai IV-naa lam turtte intlar dan leh inkuali dan te chu a hma lama kan sawi tak ang tho kha a ni a. Tuna kan sawi tur hi Mizoram cinam lama awmtan an lam dan a ni deuh bik a; tabu hrang hrang nen lam tho mahse Aikhiangi hla tha tak takte hi hriat lar a lo nih ve theih nan Chai Lamthai IV-na lam nan hian hmang thin ta ila a tha hiein a rinawm. Aikhiangi hla pakhat i han tar lang teh ang.

“Aikhiangi nang manah,
Phaiah chang hnah zar leh na ila.”

A sak dan chu hetiang hi a ni :—

“Aikhiang nang manah,
Phaiah chang hnah zar leh na ila,
E, phaiah chang hnah zar leh na ila.”

A LAM DAN

Khuangpuin khuang a han beng tan ang a, a wawi thumna rual chuan ding lama sawi tanin ding lam leh vei lamah insawi insawi tur a ni. Hla tlar bul lak hi ding lama insawi lai zelin a ni tur a ni. A chung a hla sak dan tur kan tarlana a tlar thumna bul ‘E’ tih khi an sak hnua a thu lam dawttu an sak hma siin lam hruaituin “Khai le, lam i thai ang u le,” a han ti ang a, chutah ke ding lam chu hma lamah then kualin vei lam sirah pen khat va pen pheii tur a ni. Chu mi zawhah chuan ke ding lam va rual tur chuan vei lam chu va pen pheii tur a ni. Ke ding lam bawk chu then kual lehin vei lamah pen khat pen leh tur a ni a, ke ding va rual leh turin vei lam chu pen pheii tur

a ni. Ke khinghnih chheh rual hnuah chuan ding lam chuan hma lamah pen khat han pen chhoh zel a, chumi hnuah chuan kaihsa tithlepin vawikhat suk tur a ni. Suk zawbah chuan din ngil leh pahin ke ding lam chu khai kan tur a ni. Chutah ke ding lam khai kan chu tlema kar nana hman rualin ding lam sira insawi tan leh tawh tur a ni. A tir ang khan insawi tawn lehin an chhunzawm zel ang a, vei lam sirah an lam/kal kual dawn a nih chu. Insawi te, ke then te, kal te leh suk te reng reng hi khuang ri milin tih zel tur a ni.

Aikhiangi zai lar deuh deuh te chu hengte hi an ni :

AIKHIANGI ZAI (CHAI HLA)

Aikhiangi hi Chhangte hnam, Sateek khuaa awm a ni a. A pasal Lianngova hi Tachhip khuaa awm a ni thung a, an lawithat tukin Aikhiangi te khaw lama kal an tum a, an insiam laiin Dawn ruamah Sial a lut a, beih tumin pasaltha te kal an tum a. Lianngova pawh chuan kal ve a tum ta thut mai a, a kal ve ta a. Aikhiangi chu amahin an khuah a kal a, Lianngova chu Sialin a sihlum ta si a. Tachhipah an zawn haw leh ta a. Chu'i a nih takah chuan Aikhiangi chu lengleh a lo ni ta. A pasal a tihna te chu hla hlii a ni ta a, mi dangin an phuah nual hlawn baw a. Chu chu chai hlaah an hman ta a ni. Tuna a hla kan han tarlan tur tam tak hi chu midang phuahdeuh vek niin a lang.

1. Aikhiang nang manah,
Phaiah changhnah zar lehna i la.
2. Min der lo la min chhai chhin lo la,
Palo hraite min chawitir ang e.
3. Palo hraite min chawitir ang e,
Tukloh pamang min tul tir ang e.
4. Tukloh pamang min tul tir ang e,
Khuakip ar ang min vaih tir ang e.
5. Khuakip ar ang min vaih tir ang e,
Enchim loh di mi riam tir ang e.

6. Kelte bengbeh kan beh zawn thlai e,
Kan mawi emaw Aikhiang min en teh.
7. Mawi leh mawilo ka thlu lem lo e.
In tha zawn thlai e, chuai lem in awm lo.
8. Aikhiangi chuan ka vanglai a ti,
A ruk in puan ang a hlui reng e.
9. Khiangawiah chuan ka va kal tak a,
Rem ta si lo Siali ka lengleh e.
10. Chhawrhthla chhimchhuak a tha eng phung e,
Liana u tual hnawmah leng lo ve.
11. Thlam bang awngah thloh ang ka thlir a,
Haungova ram laiah tuan love.
12. Haungova ram laiah tuan love,
Ruantui kuamah zan sial ang a riak.
13. Dawn ruam kawnah zan sial ang a riak,
Thlafamin Lawi ang a lo thang.

TLANG LAM

Tlang-lam hi a lo chhuahna a la rei lutuk lova,
Puma zai atanga rawn in tan a ni. Puma zai lo
chhuah dan hi sawi dan hrang hrang a awm a,
chùngte chu heng te bi an ni:-

1. Ramhuai tla a ni a, ramhuai sak an hriat atanga
chin chhuah a ni.
2. Hrangkhawhlo buh tawhlin mau pumah hmei-
thai an mutpui a, a hnua chuan sawi lang dawt
duh si lovin "Pum ah khan maw le," an ti tei vet
Hrangkhawhlo zai chu "Puma zai" an ti ta a ni.
3. Ratu khaw pumah hmeithai fanu an pawl rawn
a, hmeithai lungawi lo chuan 'Puma khan' a ti fo
mai a, chung hun laia an zai chu 'Puma zai' an ti
ta a ni.
4. 'Puma' tih hi Hmar Biate tawng a ni a, 'Pathian'
emaw 'Lalpa' emaw tibna a ni. Tuirial dunga Biate
kuli-hovin an sak chu midangin an lo hria a, 'pum'
zai an ti ta a ni.

5. Ramhuai zai an lak chhawn chu Puma zai a ni lova, 'Uiru' zai a ni zawk.

Puma zai hi Pa Lalzika Sailo, Zawngin lalin 1903 ah a va lak chhuah tir a, sialin a ai a, Ratu tlang atangin an chaw' lar a, khaw hrang 'hrangah darhin sialin an ai a. 'Puma zai' tih a lo reh hnuin tlang lam zai tih a lo niha tlar thuma an phuah tak atangin sial a hlawh ta lo a ni' an ti.

Tlang lam chuan Zoram pum a deng chhuak a, mahse chhak leh thlang chhim leh hmarah an lam dan leh an uar dan a inang ta lo va. Chutianga a danglamna hret hrette chu chhui chhuakin tlang lam zahkhatna zahnhina zahthumna, zahlina, zahngana tin Institute of Music & Fine Arts Aizawl chuan a then felin a dah rem ta a ni.

TLANG LAM (ZAH KHATNA)

Hmeichhia leh mipa lam turte chu mahni khel hrula ban ngil taka thlak thlain inhmatawnin an ding tlar tur a ni. Kaihhuai nan a lam hla pakhat ban tar lang ila :—

"Min en ru, tlang lam ka zak ngai lo 'Puma' Mualpheiah kaw' thleng ka zir dawn e,"

A chung a hla khi an sak chuan hetiang a sak tur hi a ni :—

"Min en ru, tlang lam ka zak ngai lo Puma Mualpheiah kaw' thlek ka zir dawn e,"

zir dawn e,

Zir dawn e, zir dawn e, zir dawn e, puma,

Mualpheiah kaw' thlek ka zir dawn e,

zir dawn e.

Khuangpuin hla khi a han la ang a, 'Min en ru' tih a 'en' tih rual chiah hian lam tur te chuan an kut phah kak lova tihpharhin leh a chem sah zawnga dahin mahni hma lama beng chen vela sangah an vai chho ang a, 'en' tih lai chu thluk deuh vang vang tur a ni. 'Ru' tih lai hian ban chu vai thlak leh tur a ni. Chutiang chuan hla tlar khatna sak chhung chuan ban chu vai chhohva vai thlak leh

zel tur a ni a, ban vai thlak rual hian suk deuh hlek a, vai chhoh leh ruala din mar leh zel tur a ni. "Puma" tih hi ban vai thlak lai nen a inrual ngei ngei tur a ni.

Hla tlar hnihnaa "Mual" tih hi thluk vang vang tur a ni a, khuang pawh tliir dar dar tur a ni. Chu mi lai vek chuan kutphah hnuai lam hawia dahin hma lamah mahni koki zawl tawh vela sang-ah phar phei a, kut hmawr chu tihkhurh dar dar tur a ni. (Hetia kut tihkhurh hi zah/zap hming putu a nih avangin tun atang chuan kut tikhur ti tawh lovin zap-emaw zah emaw tiin kan sawi tawh ang). "Pheiah" tih lai hian ban khingnih chu dinglam sirah va theh phei tur a ni a, 'kawl thlek' tih sak laiin vei lam sirah then let leh zauh tur a ni. 'Ka' tih atang hian ke ding lam pen chhuak tanin hma lamah kal tur a ni a, hla tlar hnihnaa a thu lam/sak nawn hma chu kal tur a ni. Hetia kal hian ke ding lam leh vei lam inpelhsawh lek lek chauhva pen tur a ni a, ke ding lam pen apiang hian ban khing hnih chu ding lam sira theh phei a, ke vei lam pen apiangin vei lam sira theh phei ve thung tur a ni. Hma lama kal hian suk deuh hliau hliau tur a ni. Tlar hnihna tawp atanga chhiar leta a hla thu lam pathumna atanga lak nawn anih thin avangin a chunga hla kan tarlanah pawb 'zir dawn e' tih khi lak nawn a nih khi. Hemi lak nawn hma chiah hian din chat tur a ni a. Hetia din hian mahni hmaa awmte nen kut hmawr inkhawih pha tawh vela hlaa awm tur a ni a, hla chu an han lak nawn leh chiah 'zir' tih rualin kut vawi khat ben a ni a, 'dawn' tihah vawi khat bawh ben leh tur a ni. 'E' tih rualin ban lak thlaka ke ding lam pen hmasain hnung lamah pen li-a tawh-kir tur a ni leh a, a pen ngana tur ke ding lam chu ke vei lam ruala chheh tur a ni.

Hla tlar thumna pawh hi hla tlar hnihna tawp atanga chhiar leta a hla thu lam pathumte vawi thum lak nawn a ni a, kan hla tarlan ang khian sawi zel ila. Tlar thumna bula "zir dawn e" tiha 'dawn' tih rual chiah hian ban khing hnih chu vai

chhoh tan leh tur a ni a, 'e' tih rualin vai thlak leh tur. Chutianga ti zel chuan 'Puma' tih lai leh ban vai thlak a inrual ngei tur a ni. Hla tlar lina a 'mual' tih sak laiin khuang tlar a nilehin a lamte pawhin an zap leh ang a, 'pheiah' tih laiin ban ding lamah theh pheih a, 'kawh thlek' tih laiin vei lam theh pheih ve leh tur a ni. A hma lama kan sawi angin vei lama ban theh pheih hnu chuan hma lama kal a ni a, a tawp lam hla thu lam pathum lak nawn leh dawn chiah a din, chutah kut vawi hnih ben leh tur.

Khitiang khian hla dangah pawh lam zel tur a ni a, mahse kan hla thu lam zat a mang vek lo va, chuvangin a thluk danah emaw ulhrem thiam hram mai tur a ni. Hla tlar zat kan sawite khi a hla sak dan tur kan tarlan atanga sawi chhuah a ni e.

TLANG LAM HLA (ZAH KHATNA)

1. Min enru tlang lam ka zam ngai lo, Puma,
Mualpheiah kawh thlek ka zir dawn e.
2. Laiin tual zuangtum a her liai e, Puma,
Tlang lama sang zual chu keimahni.
3. Kan tuikhur hi khur nuam a lo ni, Puma,
Sirte ainawnpari bual kan hmu.
4. Hman-ah Rihli-ah Sailian a inbual e, Puma,
Keini bualna zotui luang dam diai.
5. Kan thirdeng hi deng sual a lo ni, Puma,
Kahpathir pawh a so kai zo lo.
6. Kan Puithiam hi thiam sual a lo ni, Puma,
Daibawlsa pawh a ngah hmin zo lo.
7. Rawmawl let vaimawia lo tho rawh, Puma,
Aitenawn sialin min thlar e kan tlang lam.
8. Kei chu tlangrel reng hi ka dawn ngai lo, Puma,
Lallai partlan khuavang note kan tlang lam.
9. I lengkhawm ang awle kan runah, Puma,
Puma zai a lunglenglo chu siam sula siam.

10. Khawdungsei lammual a chil dawn e, Puma,
Tlang lam nan Chawmkhuanga phallo Darkhawlin
11. Tlang lam nan Chawmkhuanga a phal loh chuan,
Puma,
Darkhawlin suihlung a chhir ngei ang.
2. Vai venga leng leng chu Vai ngaia, Puma,
Keini chu kan leng lo kan ngai lo.

TLANG LAM (ZAH HNIHNA)

Tlang lam zah hnihnaa lam nan hian Tlang lam hla chi reng reng chu a hman theih vek a. Chu mi zingah chuan Awithangpa zai thluk mar zawk hi a thain a rein hle a. Amaherawhchu hmun hrang hrangah a hla thluk dan a dang hret hret thung a ni. Engpawhnise, Awithangpa hla pakhat lo en ila:-

“Lam kawiah Thingsiri par lo tla,
Ka chhar dawn lo zaiin ka pel mai dawn e;
Ka di rim reng a nam lo ve.”

A chungah hla khi an sak dan chu hetiang hi a ni.

“Lam kawiah Thingsiri par lo tla e, par lo tla,
Ka chhar dawn lo zaiin ka pel mai dawn e,
Ka di rim reng reng aw a nam lo ve.
Nam lo ve, a e nam lo ve, aw nam lo ve,
Ka chhar dawn lo zaiin ka pel mai dawn e,
Ka di rim reng reng aw a nam lo ve.”

A lam dan :-

Lam turin hmeichhia leh mipa inhmatawnin an ding tlar a, khuangpuin khuang beng chungin hla khi a han la ang a. “Lam kawiah Thingsiri par” tiha ‘Par’ tih lai chiah hian ke ding lam chu khai kan zauh tur a ni a, chu mi rual bawk chuan ban khing hnih chu hma lamah mahni thin zawn vela sangah vai chhoh ve zauh tur a ni a, ke ding lamin lei a rah rualin ban pawh vai thlak leh nghal tur a ni. Ke ding lamin lei a rah veleh ke vei lam kha khai kan ve zauh tur a ni a, chu mi rual chuan ban khing hnih chu mahni hnung lamah then pheih ve thung tur a ni. Hetia ke inkhai chhawk hi khuang ri rem

zela tih tur a ni, Hla tlar khatna sak chhung chuan chutianga lam tur chu a ni a, lu erawh chu ngil ata dah tur a ni.

Hla tlar hnihna lak rualin mipain ke dinglam pen chhuak hmasain hma lamah an kal tan ang a, an pen chhuah rual chuan ban kbinghnih chu mahni koki zawn vela sangah hma lamah an phar pheiang a, pen lain kutphah bawr chu tihkan tur a ni a, lei rah apiangin kutphah bawr chu zah tur a ni. Hla tlar hnihna lak rual vek chuan hmeichheho chuan an ke dinglam bawk pen tan nana hmangin hnungtawlh zawngin an kal ve thung ang a, kut dah dan leh a zah dan chu mipa tih ang tho kha a ni a; a hmei a pain an kal ai hian an su deuh dep dep tur a ni. Ke ding lam leh vei lam inpelhsawlh deuh chauhva pen chungka kal tur a ni. Hla tlar hnihna hla thu lam tawp ber an sak thlen dawn chiah chuan an vaiin an kal chu an ding chat ang a, hla thu lam tawp ber sak lain khuang chu an han tir dar dar ang a, chu mi rem chuan lamho chuan an kut an lo zap ve hiau hiau tur a ni.

Hla tlar thumna lak leh rualin khuang ri remin vawi hnih kut ben tur a ni. Chu mi zawhah chuan kut chu dah thlak leh tur. Kut thlak thlak chuan ban a mar zawt tihah awm chen vela sangah lak chhoh leh nghal tur a ni. Chu mi zawhah chuan ding lam sirah vawi khat va then pheiang a, a dawtah vei lamah vawikhat bawk va theh pheiang a, a dawtah vei lama theh pheiang hnu chuan mahni khabe zawn vela sangah rang deuh hlekin vawithum kut ben tur a ni. Kut ben zawhah chuan kut chu dah thlak a, chumi rual chuan ke ding lam pen tan nana hmangin mipaho an hnungtawlh ang a, hmeichheho chuan hma zawnga kalin mipaho chu an um let thung ang. Hetia an kal hian pen rukin an tawlh ang a, a pen sarihna tur ke ding lam chu vei lam ruala chheh tur a ni. An kal laia ding lama an pen apiangin an ban kbinghnih chu hnung lamah then tur a ni a, vei lam pen erawh chuan hma lamah thin zawn vela sangah vai chhoh tur a ni.

An awmhmun ngai theuh an luah leh hmu chuan hla tlar li (4)-na sak tan a ni leh a. "Nam love, a e" tih a 'e' tih lai chiah hian hla tlar khat (1)-na sak laia an tih ang khan ke ding lam khai leh ban vai chhoh kha an ti leh tan ang. Chutiang a ke inkhai chhawka tlar (4)-na sak zawh hnuah chuan hla tlar 5-na sak tan a ni leh a. Hla tlar 5 na sak laia lam dan tur chu hla tlar 2-na a mi nen a thu a thuhmun angin a inang chiah a, hla tlar 6 na leh hla tlar 3-na pawh chutiang ang chiaha thuhmun chu a ni.

Lam rei zawng chu khuangpu thu thu a ni a, a duh leh hla a la nawn le' mai thei a, a duh leh hla dang pawh a la zel thei bawh. A chung a hla tlar zat kan sawi khi hla kan tarlan tak sak dan tur kan ziaik aanga chhiar leh sawi a ni e.

TLANG LAM HLA (ZAH HNIHNA)

1. Lamkawiah Thingsiri par lo tla,
Ka chhar dawn lo zaiin ka pel mai dawn e;
Ka di rim reng reng a nam love.
2. I zai tuar tuar ang aw Biangnote,
Zawkhaw zopui kurin a tliak hlei lawng e;
Zaleng valdi zahna tual nuamah.
3. Tukin turni a chhuak saal e kawh kungah,
Lalawithangpa tin enga leng vanduaia'n;
Zatam mi tlanglam ka chan ta e.
4. Lalawithangpa lungherin ka kal tang e,
Zoawi Lelte tlang bawmtu pawl chho nang e;
Vawiin chuan tlanglam ka chan nise.
5. Tlanglamin kawthlek ka zir dawn e,
Buangkhaw perpui damli pialralah Siali;
Lenchawm nen val zawng hi hawi ve la.
6. Ka paih hmartlang Sial nen ka chhing dawn e,
Buangkhaw perpui tlanglam hi vanhnuai thang
maw;
Zawngtlang leng chenin lo ngai rawh u.
7. Sel lo rawh u, hnamtin angur Valin,
Tlanglam zaimawi Sialin a ai ngei dawn e;
Sapbawipa hmingthan a sang tual tual.

8. Khuavelin min chuan e, leng zawnng zawnng,
Tlanglam vaimawi Thangte tlangnuamah;
Kan lammual tlang reng a chul lo ve.
9. Ka zap ang che Valan rawmawl nemin,
Ka hawi ang che liantlang Ainawn chuailopar;
Vulmawi Thangkungi Thanghmeltha-i.
10. Ka zap ka zap ang che mawi renga'n,
Di kan chhaina turin tlangnuam a zauve;
Man tlain kiam rawh se pawl hlei lo.
11. Tlanglam vai nan Siali man a kiam chuang lo,
A ruka val chhaitum runah relthang zing;
Zatlang bum zo lo chu Lenglerhi.

TLANG LAM HLA (ZAH THUMNA)

Tlanglam zah thumnaah pawh hian hmeichhia leh mipa inhmatawna din tlar tur a niin Awithangpa zai (Kaih nem loh) hman a remchang ber awm e. Hla pakhat lo tarlang ila:-

“Lampui khuang bengah ka piang reng e,
Buangkhaw luailung zo ber mualah kan lam e;
Neihchawng sirva kal mawi chu keimahni.”

A chungah hla khi an sak chuan hetiang hian sak tur a ni:-

“Lampui khuang bengah ka piang reng e, ka
piang reng e,
Buangkhaw luailung zo ber mualah kan lam e;
Neihchawng sirva kal mawi chu keimahni,
Keimahni a e keimahni;
Buangkhaw luailung zo ber mualah kan lam a,
Neihchawng sirva kal mawi chu keimahni.”

A LAM DAN

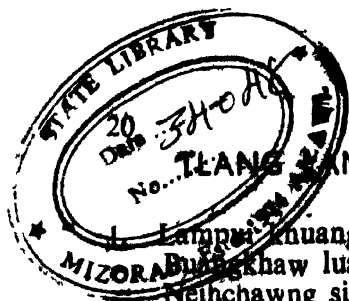
Khuangpuin hla a la ang a. “Lampui khuang bengah” tiha “beng” tih lai tak hian lam tan nan ke ding lam chu chawnpuar thleng vela khaikan rualin ban khing hnih chu thin zawn vela sangah vai chhoh ve nghal tur a ni. “Bengah” tiha ‘ah’ tih ruatin kut leh ke chu dah thlak leh tur a ni. Chutiang hlir chuan khuang ri remin ke ding lam

chu pera ban chu vai tur a ni a, ke ding lam khai lai hian kaiha vei lam tithlep deuhva suk deuh zauh zauh tur a ni. Hla tlar hnihna (2-na) bul hi ke ding lam khai laia lak ngei ngei tur a ni. Hla tlar hnihna tawpa⁴ "e" tih lai tak hian ke ding lam chu per tawh lovin vei lam ruala chbeh tur a ni. "E" tih lai hi thluk deuh vang vang tur a ni a, khuang pawh tliir tur a ni. Chu mi chhung chuan mahni koki chen vela sang, hma lam ah kut chu zah ve tur a ni.

Hla tlar thumna lak rualin ke ding lam pen chhuak hmasain mahni hma zawna awmte ding lam ah theuh pen li (4) pen phei tur a ni. Hetia pen li (4) pen hian lei zu rah hmasak ber aṭanga pen thumna thlengin lei rah rual zelin kut vawikhat theuh ben zel tur a ni. Kut vawithum ben hnu chuan pen linain lei a rah leh rualin ban chu thlak thlak ve nghal tur a ni. Pen 5-na tur ke ding lam chu khai kangin ban khing hnih vai chhoh nghal a, hla tlar khatna leh hla tlar hnihna sak chhunga ke ding lam per ang khan hla tlar thumna sak chhung chu per leh tur a ni. Hla tlar thumna sak zawh rual chuan ke khinghnih chu chbeh rual leh tur.

Hla tlar lina lak leh a ni ang a. "Keimahni a e" tiha 'e' tih rualin ke ding lam pen ṭan leh tur. Hla tlar ngana sak chhunga lam dan tur chu hla tlar hnihna sak chhunga lam dan tur kan sawi tak ang chiah kha a ni a, kut zah leh hnu chuan hla tlar tawp ber sak ṭan tur a ni a, he mi chhunga lam dan tur pawh hla tlar thumna sak chhunga mi ang bawh kha a ni a, mahse hma lam pana kal lovin hnungtawh tur a ni a, pen li (4) an pen hnu chuan an lam ṭan tirha an awmhmuna theuh an awm leh tawh ang.

A chung a hla tlar zat kan sawite khi kan bla tarlan sak dan tur kan zia chhuah aṭanga chhiara sawi a ni a.



TEANG SAM HLA (ZAH THUMNA)

1. Lannui khuang bengah ka piang reng e,
Buahkhaw luailung zo ber mualah kan lam e;
Nethchawng sirva kalmawi chu keimahni.
2. Chuanchung Chhungpui, Rokim, Darhniangi di
Rengchhawni,
Tlanglam vaimawi Thangte, Biakvel, Daisangi;
Chawihring darzam fenmawi chu Siamhani.
3. Parah chang'i, lentu par mawiah
Thangngo tumkawng bellei mualah to ila;
Min thliak dah law maw nau lawmah.
4. Thlawinalan beng rawh se kal ruaiin,
Chutilo chuan lam lai a chawl mai dawn e;
Nuthlawi lungleng a kiu vawng vawng.
5. Kawnzar tlangval kan tlanglam a duai ngailo,
Vaipa siamsa khawnvartui kan entir e;
Tummawi Sialki nen kan tlanglam e.
6. Chhim thlipui rum vung a tuar zo lo,
A pawl mang e, Tuahthing sen hnuaiah a kai e;
Hmanah Lelthang jahna Bul lai lui.
7. Min tuarpui awm lo ve Thangngo ngaih,
Nikhumpa lung a leng khua romei kara'n;
Phunchawng Lelthang jahna kan vuan e.
8. Kan khaw kar lentu a zing reng mai,
Pualva annem Awithangpan ni chhun lawmah;
Zui lai rem thei lo ve Thanghniangi.
9. A lenglerh vangah i ngai ang aw,
Kutpui hmingthang zaleng zai vawrna runah;
Chhualthang Lelthang kiu a kiu lo chu.
10. Ngaihlohin awm love rual zawng zawng,
Sappui lianin kallai min tiam ta si a;
A rualin chhingkhual i chang dun ang.

TLANGLAM (ZAH LINA)

Lam tur hmeichhia leh mipate chu an tam dan a zirin tlar tam takin an tlar thei a. Amaherawh-chu hmeichhia leh mipa an tlar hrang tur a ni a, inhmatawn lovin hawi lam thuhmun vekin an tlar tur a ni. Tlanglam zah lina (4) a lam nan hian Puma zai tlar thuma phuah hi an hmang deuh ber a, chung zinga pakhat chu han tarlang ila :—

“Nangmah hi maw ngur zawng siam liantu, Puma
Charchhawn pualva ngunte tir, salam
Ka buk ang che, aw dam reng rawh.”

A chung a hla khi sak dan chu hetiang hi a ni.

“Nangmah hi maw ngur zawng siam liantu, Puma
Charchhawn pualva ngunte sir, salam;
Ka buk ang che, aw dam reng rawh,
Aw dam reng rawh, dam reng rawh, dam reng
aw dam reng rawh, (rawh
Charchhawn pualva ngunte sir salam;
Ka buk ang che, aw dam reng rawh.”

A LAM DAN

Khuangpuin khuang a han beng ang a, a vawi lina rualia hla a la ngha lang. “Nangmah” tih rual in kut hum lovin mahni beng thileng vela sanga vai chhovin lam an tan ve ngha ang. “hi maw” tih lai hian kun pahin ban khing hnih chu vai thlak leh tur a ni. Hetiang hian hla tlar khatna sak chhung chuan ban vai chhov leh vai thlak chu tih reng tur a ni a, an ban vai rual hian an dingdihlip in an su deuh aih aih tur a ni.

Ban vai chhov hnua chiah hian hla tlar hnihna hi lak tur a ni a, amaherawhchu hla thu lam tinah hian ban chu vai chhov emaw vai chhuk emaw zel tur a nih avangin hla tlar hmasa aijn ban an vai rang dawn ta a ni. Chutianga lam zel chuan hla tlar hnihna thumal lam tawp ber ‘lam’ tih angah tak hian kut hmawr chu zah khurh dar dar tur a ni.

Hla tlar thumna lak rukna ke ding lam an pen chhuak jan ang a, ke chhipa lei rapin hma lamah an kal an phei hlan hlan ang a, a hla tlar thu lam tawp ber an sak hunah an ding chauh ang. Hetia an kal sen hian an ban khing hnih chu hma lama phar rengin kut hmawr chu an zap hlan hlan tur a ni. Hma lama an kal an din lai hian an kut hmawr chu an zap dar dar ang a, an din atanga chhiarin khuang vawi sarih (7) ben zawhah chiah chuan kut vawi hnih ben tur. Chu mi zawhah chiah chuan ban vai thlak paba ding lama inher tur a ni. Inher zawhah chuan kut vawi hnih ben leh a, ban vai thlak paba ding lama inher leh tur a ni. Inher leh hnu chuan kut vawi hnih ben leh a, ban vai thlak leh tur. Heta ban vai thlak hi chhiar ngalin ban chu vai chhoah vai thlak zel tur a ni a, ban vai vawi rukna, chho zawnga vai rualin hla tlar lima (4) bul 'Aw' tih hi lak ngal tur a ni. 'Aw' tih lai hi thluk deuh hlek tur a ni a, 'dam reng' tih sak laiin ban vai thlak tur a ni. He hla tlar sak chung hian ban chu muang deuh daga vai chhoah vai chhuak tur a ni.

Hla tlar rukna leh hla tlar sarihnna sak dan leh a sak chungna lam dan tur chu tlar hnihnna leh hla tlar thumna ami nen khan a inang vek a, sawi nawn tawh lo mai ila. Chutiangan a hmaa kan sawi tawh ang khan hla tlar sarihnna sak zawhah kut vawihnih bena ding lama inher kha tum hnih tih leh a ni ang a, ban vai chhoah leh vai chhuakin a zui leh ang. Ban vai vawi rukna, chho zawnga vai rualin hla dang sak leh emaw a ngai pawh a bul atanga lak leh emaw a ni mai tur a ni.

He lamah hian kan hriat reng tur chu ding lama inher apiang hian kun deuh tur a ni a, 'kut ben dawn apiangin din ngil zel tur a ni. Hla pakhat sak chhuah chungin a tira intlara hawina lam hawi leh turin vawikhat chiah inher chhuah hman zel tur a ni. Hla tlar zat kan sawite khi kan hla tarlan sak dan tur atanga chhiar leh sawi a ni e.

TLANG LAM HLA (ZAH LINA)

1. Nangmah hi maw ngur zawng siam liantu Puma,
Charchhawn Pualva Nguntosir salam-
Ka buk ang che (aw) dam reng rawh.
2. Mahniin siahting an phur ngai lo, Puma,
Ramsa pelin Kapruala'n a pel ang che;
Relthang hlau nang che (aw) tlang ang che.
3. Bur an chhem, bur an chhem, bur an chhem,
Puma,
Chaltuai zun cham Puithiam an ruai ngai em le;
Zunleng chhem kiangin ka ring lo ve.
4. Ralbawm Laldanga run chhung hnuaiah, Puma,
Thingte tuahkhawm chiar nghianin zai vawrtir la;
Ri tleng tleng Siali (aw) chawi reng rawh.
5. Tingpui Lawnglengah a kal vai vai, Puma,
Lalbawrhsappa'n tlanglam lai i ngai lawm ni;
I ngai lawm ni, (aw) ngai lawm ni.
6. Rialtuiin cham kawrpuan sukna, Puma,
Kan nu tah puan ang a chul leh dawn;
E, di lungrun (aw) di lungrun.
7. Tuipui lian sen vung ka dai ngam lo, Puma,
Mauraw Pumleng run thaupui kan vai nem e;
Khuavel Thanzaupa ka siang lawina,
8. Sianglam zawn rel ila Nikhumpa'n, Puma,
Tuipui sen vung pumleng chungah vawr dawh
sang;
Thlanglam zir Chaltuai ka her thul e.

TLANG LAM (ZAH NGANA)

Tiang lam zah nganaa lam turte chu hawi zawng inang vekin an tlar ang a, lam tur an tam dana zir-in tlar tam deubah pawh an'intlar mai ang. An lam hla zinga pakhat i lo en teh ang u.

“Mual a kur e, kan lam nan,
Khawtlang kur a e tlang kur a;
Aitenawnpar vulchiaiin min lo thlir e,
I zun ngai val nunhlui ngai lo va,
Ngai lova e, ngai lo va.”

Amaherawhchu a sak dan chu hetiang hi a ni:-

“Mual a kur e, kan lam nan,
Khawtlang kur a e tlang kur a,
Aitenawnpar vulchiaiin min lo thlir e,
I zun ngai val nunhlui ngailova,
Ngailova e, ngailova
Aitenawnpar vulchiaiin min lo thlir e,
I zun ngai val nunhlui ngailova,
Ngailova e, ngailova.”

A LAM DAN

Khuangpuin khuang a han beng tan a, a ben vawi lina rualin hla a la nghal ang. Chu mi rual chuan ban khiaghnih theuh hma lam atangin mahni beng thleng vela sanga vai chhovin lam turte chuan lam an tan ve nghal bawh ang. Chutichuan “Mual” tih rualin ban vai chhoh a ni a, “kur e” tih “e” tih sak rual hian ban chu vaithlak leh tur a ni. Ban vaithlak pah hian kun chung a suk deuh zauh zauh tur a ni a, ban vai chhoh pahin din ngil leh zel tur a niin dak deuh hleka awm tur a ni. Chutiang chuan hla tlar khatna atanga hla tlar thumna sak zawh thlengin ban vai chhohva vai thlak leh zel tur a ni. Amaherawhchu hla tlar thumna thu lam tawp ber sak lai chuan ban chu la thla lovin kut hmawr chu zah khurh dar dar tur a ni.



Hla tlar lina lak tan atanga a tlar thu lam tawp sak thlengin khuang ri remin kut ben tur a ni a, kut ben hnunung ber atanga chhiara second khat vel hnuah ban chu vai thlak leh tur a ni. A hla tlar ngana (5) 'Ngai lo' tih lak tan leh rual chuan ding lam sirah ke-artui ding lama lei va rah tur a ni a, chu mi rual vek chuan ding lamah koki chen vela sangin ban khinghnih chu va phar phei ve bawk tur a ni. 'Va' tih sak leh rualin ban lak let leha ke ding lam pawh vei lam ruala chheh let leh tawh tur. "E" tih lai hi chuan awm pangngaia awm a ni mai a, a dawt leh "Ngai lo" tih sak leh lai hian vei lam panga inher pahin vei lam hma lamah ve thung ke-artui vei lama lei va rah tur a ni a, chu mi rual tho chuan ban khinghnih chu vei lam sirah koki chen vela sanga phar phei ve tur a ni. A hla lam dawt chiah "va" tih lai hian ban chu la let lehin ke vei lam pawh ke ding lam ruala chheh that nghal tur a ni. Hetia ke ding lam emaw ke vei lam emaw pen rual hian ke petna lam hawin taksa pawh inher ve deuh zel tur a ni.

Hla tlar rukna (6) lak tan leh nghal a ni a, a thu lam thumna, "nawn tih sak rual chiahin ban khinghnih chu vai chhoh tan leh tur a ni. He hla tlara a thu lam tawp ber "e" tih sak lai hian kut hmawr chu zah khurh leh dar dar tur a ni. A hma hla tlar lina sak laia kut ben dan tur kan sawi ang chiah khan hla tlar sarihna sak chhung hian kut ben tur a ni. Hla tlar riatna (8) sak chhung pawhin hla tlar ngana sak laia an lam ang chiah khan an lam ang a; chuichuan vei lam sir atanga inherin a tira an intlara an hnung lam chiah an hawi ta a ni. Chumi awmzia chu hla khat an sak chhuah chiah hian a tira an hawi lohna lam an hnung lam chiah an hawi a, hla pahnih an sak emaw hla thuhmun tum hnih an sak chhuahin a tira an hawina lam an hawi leh thei chiah tihna a ni.

Hla tlar zat kan sawite khi a hla sak dan tur kan tarlan atanga sawi leh chhiar vek a ni e.

TLANG LAM HLA (ZAH NGANA)

1. Mual' a kur e, kan lam nan,
 Kbawtlang kura e tlang kur a;
 Aitenawn parvul chiaiin min lo thlir e,
 I zun ngai vai nun hlui Ngailova.
 Ngailova e Ngailova,
 Aitenawn parvul chiaiin min lo thlir e;
 I zun ngai vai nunhlui Ngailova,
 Ngailova e Ngailova.
- 2 Thlachan buaiin ka ralah,
 Auruaia e au ruai a;
 Keimah iangin Thadangi zun a ngai e,
 A au ruai ruai thin e, ram daiah.
 Ram daiah e ram daiah,
 Keimah iangin Thadangi zun a ngai e;
 A au ruai ruai thin e ram daiah,
 Ram daiah e ram daiah.

CHHEIH LAM (CHHEIH ZAI)

Chheih lam tih hi jawng thar a ni a. Lam upa tehchiam pawh a ni lo. 1900 hnu lamah Puma zai a lo chhuak a. Puma zai chuan an tlanglam a, chumi tlang lam siper chu a ni. Puma zai an tlanglam vak vak hnuah chuan a thluk dang deuh hlek leh a thu hrai deuh te in hla an phuah a. Tin, a huhova lam dual dual reng chu a lo theih ta lova, lungleang deuhte leh lawmrualten a bing deuhtein zu'innah tlang lam zai an sa a, pakhat te tein an in lam chhaw a. An lam pah chuan chheih chheih tih an telh ta thin a, chuta tang chuan chheih lam an lo ti ta a ni. Chuti chuan tlanglam zai chu chheih zai an ti a, tlang lam chu chheih lam an lo ti ta a ni.

A lam dahan bian step tehchiam a awm lova, a lam a te phur dan ang zela an uarin an uar lo mai a ni. A tlangpuin a hla tlar laitaah bian an zai uarin a lam a pawh chu a lam uar bik thin a ni. A hla thu zul zel, sak uar dan ang zela, lam a nih^h chu.

1. Zai sa u, ~~lafah ka lam dawn e~~
Khuangpui ring hluam hluamin tleitor zalengin
Min awiru ban phar ka mawi awm em.
2. Hei zawng zawng zai vawra tel lo chu,
Vako ula, ~~chhailai~~ vawngpui lenchawm nen;
A tello Parte tikhua nuamtu.
3. A laia lam te kha tunge ni,
Vahkhuai partlan angin lam rawh chhim tlangah;
Nuririn an lawm ang che Hmingdailo.
4. A lo lam phar der e Valmawia,
Nemte puaña awihrua si loh Chhuihthangval;
Zaiin kan lo awi e Run nuamah.
5. A lenglerh vangah i ngai ang aw,
Kutpui hmingthang zaleng zai vawrna runah;
Chhuahtlang Lelthang kiu a kiu lo chu.
6. Ngaih zawng zawng leng nena zai kan vawr,
Chawlvawm rauthla Siali kan awihna run hi;
Kan la ngai dawn mang e khua reiah.
7. Zanin ang renga zaleng kan kim.
Chhawrtlapui khi van zawlah dan ka nuam e;
Ainawnpar sirah ka lo bel e,
8. Banah ka vuan ang che lunglen vang.
Tu vangkhaw parmaw nge i nih le mi u;
Sakhming leh tlang lenna min brilh rawh.
9. Fam ila keizawng a paw nemi maw,
Lungruni nen a thianga len a rem lo;
~~Ka damchhan hmel hmuh an phal love.~~
10. Nangmah hi maw lai lai Sangzuala,
Belzu kungah i par kan tlan rih dawn e;
Salam kan buk ang che damreng rawh.
11. Hei ang riang ruanga zu awm lo.
I tangka cheng Rothangpui len tir la;
Ka zawng ruai ruai nang e Valnala'n.
12. Hmanah chuan khua hmuna leng kan ni,
Tunah erawh Tunah erawh Anem nang nen
kan karah;
Mual rihnim tlangin mi dang rih e.

AWITHANGPA ZAI

1. Buangkhaw val rual hi lungzur maw,
Lelte nunnem Rodang leng awi a kiuve;
A vawr e lunglen sangthing lerah.
2. Ramloh Khauleng palaiah ka tir ang che,
Thlangtlai zamual khuinin leng der ang che;
Kungi u Thanghniangi run ngeiah.
3. Huiva lo leng Awithangpan ka zawt ang che,
Kungpui annem Thadangi chhawn ngai em le;
Tuarhar reng reng a khua zing leh thin.
4. Saw saw Hmuifang tlang saw an kalan,
Nikhumchhingpa Vungdang ngailo ang hianin;
Nurhmawi an liam e, thlangtlai zamual.
5. Buangkhaw dawnlung ngir hmunah mi lo nghak la
Thlangtiang lentu pal nem zing rii ri ai hnuai ah;
Ma-riakin Thanghniangi liam lui suh.
6. Buangkhaw tlang chilin a rawn chil e,
Chhun a hnim e, hmarah khuangruah kai chia e;
Liantuai changchi vawr to kim rawh maw.
7. Kan vahtlai thli nge ni Thangngo zun,
Khawlai Bungpui a rawn chhem Lalawithangpa;
Chawilai ka nempuan a leng der der.
8. Ka Baw-ar siangah a lawi em ni bawm in khar le,
Kungpui annem tawnglo hian Buangkhaw zawlab;
Tuarhar reng reng a khua zing leh thin.
9. Engtin ngai maw Buangkhawpui huthang Valin,
Tah Lasi siam Hreuthang mual liam ai chuan;
Kungi u khiangawi a pawl zawk e.

A LUSUN ZAI

1. Puini chu lem ang zu der teh la,
Nang chu Awithang ka hrai bungdawn-
Hriang lamah lo kir leh rawh.
2. Ka thin hnim e, ka lung zur ngawi e,
Piallei khar hawng i la ainawn;
Chawnpuipar chuai ang maw e.
3. Ka sa maw nuar ka chuninu a i e maw kan sual le,
Ka tuai duhlai banah an kai;
Awmlai a nuarawng mang e.
4. Ka thin zochhum ang a zing e, ka dawn lem a
awm love,
Fam ka ngaih lai takin Lelte;
A kiu kan sumtualah e.

HRANGCHHAWNI ZAI (CHHEIH LAM HLA)

1. Hrangchhawni'n di tur a zawng leh ta,
Tawn ka hlau ve lam sirah pel zel ila;
Lam hman Hrangchhawni a rai khel e.
2. I sakhming kan sawi a rei ta e,
Tunah erawh kan tawng ta Ngunpangpari;
Khuavel sawi Hrangchhawni dam reng rawh.
3. Hrangchhawni, Hrangchhawni, Hrangchhawni e
Hmelthai,
Bungpui zarah Pualva thla chan i iang e;
I lo leng Laldanga run mawiin.
4. An nun tahpuan ang a dang chuang lo,
Phaizauva leng an pai lanurawn iangin;
Kan tawng ning thei lo che Hrangchhawni.
5. Turni a chhuak sual e kawl kungah,
Hrangngo sawilai zatlang mualah a liam dawn e;
Kalkham sar zam rawh se nilenin.
6. Kalkham sarzam kei ka chhem kiang ang,
Kan mi lungduh kal nan e fur khawthiangan;
Hliaptiang ka zar ang che Hrangchhawni.
7. I thansar kawlkungah a zam luai luai,
I lallai par ka tlanlo Hrangnunnemin;
Zawkhaw lal runpui ka lo bel e.

8. Lallai par kan tlan e Tlangnuamah,
Sakhmel hmu lo ka zawng ruai e, rianghlei Vala'n;
A tello Hrangngovi run mawitu.
9. Hnutiang ngaih lunglen a tuar zo lo,
Hranggo zun ngai hmartlang Vailo a kur e;
Awmlai ang lunglen a tuar veng veng.
10. Parah changin ramloh lentu parmawiah,
Thangngo tumkawng bellei mualah to ila;
Min tliak dah law maw nau lawmah.
11. A tuarah Thangte ka zuau em ni ?
Dawrkai sahbawn rimtuiin zotui thiangah;
Di zunleng kan tleng a fai thei lo.
12. A sawi hian sawi suh ka lung min len,
A ko kal u, Laldang khua chhan pualhrang val;
A ngaiin Hrangchhawni them reng mai.
13. Saisenah chunnun mi chawi sual e,
Kawltu chawi leh chawnbang tang vawn a rual e;
Vuan rual min lo ti u, Hrangchhawni.

GERMAN RAL RUN HLA

1. Sikin manding sap i lung mawl e,
German ral lian tawnin tir suh ka lungdi;
Ka suihlungleng tur i dawn lo ve.
2. An awi liam dawn em ni khuangpui nen,
Hmuh ka nuam e, Aizawl Hringchar lammual
chu;
Ka di tan chhawn ang a her tur chu.
3. Min awi liam dawn ngei e khuangpui nen,
Maurua angin ka tuai thar tawh hlei lawng e;
Thapui khiang lo awi la mi tawnah.
4. Vai vai tak kan fan a ril tual tual,
Sappui siamsa ri ruai relah kan chuang e;
Lungkham Thanghniangi a tel ve lo.
5. Famkhua em kan luh ka lung lam vai,
Ngaihban tlangpui a hnuai piallung rem karan;
A mawi dar leihlawn a chiah nghian e.
6. Hmar tlangpui keizawng ka liam ta e,
Zaleng elna bahsam uai nghiau nghiau te hi;
Zial mawi ral daiah ka chan ta e

7. German ral lo lian a pawī ber mai,
Valzawng bahsam khua fur hawktuah luang e;
A thang luai luai tur a mawī lo ve.
8. A thang luai luai tur a mawī lo ve,
Suihlungrukah sul ang min tum, Thadangin;
Lung inher mai awm e, Tleitirin.
9. Thiani lunglai reng ka her chuang lo,
Sappui phurhhlan a tangah kai lo nang e;
Duhten hraileng awi i run nuamah.
10. Ka nu, tap ruaiin mi ring lo la,
German ral-lian kulhpui dai kan tawn nichuan;
A surin ngenmu a sur sung sung.
11. An rem thiam kher ngei mi ngo valin,
Thingpui tuah chhawn haulai sial ang a kiu ve;
Ri ruaiin tlangtin a hrut del del.
12. A thla khawng si lo a leng der der,
German doral a leng e, thangvan zawlah;
A tlak tlak kan van a duai ngei ang.
13. German ral lo lian a pawī mang e,
Ka di sakhmel uaiin piallei khar chhungah;
A thamral ang tih ka hlau ber mai.
14. German ral tawain va kal mah la,
Awmhar lunglen khuarei tinkim dawn changin;
Thinlai lungrukah mi vei ve rawh.

LABOUR ZAI OR V FORCE ZAI

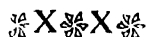
1. Labour Corp kan van a duai chuang e,
Form neilo hian chhaktiang kan nawr zel dawn e;
Doral nem duai duai la kan tawnah.
2. Thaikawi bawngte-in mi lo au ve,
Rualkim lova chhaktiang kawī lenah Darpui;
Japan ral lianpui ka tawn tur chu.
3. Thaikawi bawngte in a lo au che,
Kal ta poh la Tuipui senvung Lawnglengah;
A changin Dangpuia u ti la.

4. V force Commander ka ring lo che,
I ralvenna Nuthlawi laikhum thleh nemah;
Doral tawn daiin ka ring lo che.
5. A pawlin B pawl misel lo u,
B pawl hi chu chhaktiang ral daih hianin;
Kan la tangral awm e, Tiau ralah.
6. B pawlin A pawl misel lo u,
A pawl pawh hi doral tawn turah hianin;
Tlansappui valin mi hual ve e.
7. Hmana pipu tawna hrang tawh hnu,
Chengrang kan kau leh dawn Seipui zalengin;
Japan chunnu tahna sei turin.
8. Leido zaral van a duai ngei ang,
Chhimah auri, hmarah ngenmu a sur e;
Lalthangpa Ngawizawn a tang khiau khiau.
9. Lungphang suh, Parte i tan a tha,
Japan rallian tui ang ka tawnnem chuanin;
Tangka par tlanin i leng dun ang.
10. Thlawththeihna khawl siam i thiam lawm ni,
I chuang dun ang suihlung leng ve ve Thangngo
I chuan ang di lenna tlang lai luai
11. Motor chuan Siali i nuam lawm ni,
Chawn ban pharin lem leh kawiah lo ding la;
I tangnem Sialman pe zel ang che.

ASSAM RIFLE HLA

1. Rawn insawn mai rawh ka pu Needam,
Assam Rifle Commandantah lo kai la;
Siam lian rawh darfeng Mizo zawng zawng.
2. Sikin Manding sap a au vel e,
Kawltu chawilo darfeng val zawn Lammualah;
Zaral maw kan rel le tun kum chu.
3. Dehradun lam zawng ka thiam nem maw,
Left leh Right zawng a hrang min hrilh
Lammualah;
Pheiphung vawr check nen a rual thei lo.
4. Ka u Goodmana mi nau hau suh,
Choudaw din leh C.L. min bat lovang che;
Ainawnpar leng vanga khua tlai chu.

5. Ka biak sual em ni le Commanding sap,
Bel an sem e chhaktiang dai kawmah, valin;
Patarpui ban tial a pung thei lo.
6. Assam Lushai hills khawtlang a nuam,
Beautifully my Darling tleitir Sialin;
Good morning youngman mi lo ti e.
7. Ka di darfengah zu tang mah la,
I di biahnem nuihmawii mi nghilh lovang che;
Tap ruai ruai di zawng mi then lul suh.
8. Nangmah hi maw lallai Sangzuala,
Belzu kungah i par ka tlan rih dawn e;
Salam ka buk ang che dam reng rawh.



BAW-AR

1. Kan baw-ar tuite a kim thei lo,
Chung Thlohmu leh Ngharpa a nih ka ring lo;
Kawngkhar dinglam hawn ka ring zawk e
- 2 Zan a rei baw-ar pau zawn thluai e,
Chaltuai tho la, ka chun hai ang thang hmain;
Zatlang lawi ang than ka hlau mang e.
3. Baw-ar pau pau lo la bang mai rawh,
Chaltuai zal lai hai ang a thang hlei lawng e;
Tawnmangah di nen an leng hmun e.
4. Chhiar thlang baw-ar siangah a lawi kim ta,
Aw ka nu e, zatlang lawi ang ka lungdi;
Ka thanpui siangah a lawi ve lo.
5. Tlai khawvar si lo baw-ar pauvin,
Min tho lo u, ka di laikhumah zal e;
Duh leh chun lungliani tho rawh se.
9. Thangril ar khuanah ka dawn seng lo,
Aitenawnpar Thangngo hmelttha dawn nan hian;
Ka thinslung zawng zawng ka hmang tham lo.
7. Tlangin tlang hring thei se ngur lawman,
Kan baw-ar in sial khawpui kan sumtualah;
Chawltui zu hring rawh se val lawman.
8. Zan a la rei lo leng rih rawh,
Tu baw-ar lungmawl nge zaise zan tlaiah;
Pawm lai di sam ang ka then tur chu.

- Chhiar thlang baw-ar nen saman kan ni,
 Zingah min chhuah, tlahah min lawi leh si a;
 Min chhiar kim diat thin e tang zawng zawng.
10. Kan baw-ar siangah a lawi em ni bawm in-
 khar le,
 Kungpuiannem tawnglo hian Buangkhaw zawlah
 Tuarhar reng renga khua zing leh thin.
 (Awithangpa)
11. Chhiar thlang baw-ar emaw pau thei lo,
 Thangrilah ka hrai bung dawntuai;
 Fam dairial maw a chan le.
 (Darpawngi pawhin a ti a ni.)

BAWNGTE (CHHEIHLAM HLA)

1. Chung si-ar Chawngmawii leh Hrangchhuana,
 An indi e an inthen leh ta mai maw;
 A palai Bawngte a thiam lo ve.
2. Bawngte palaiah mi tir bik suh,
 Keipawh ka di ka chan ni ri ri ai hnuaiah;
 Ka hnem thiam bik lo che riang ve ve.
3. Ka nu, a kiang love zingtiana'n,
 Bawngte palai ka dawn hnampui runah;
 Sial tiam ang Valrianga thai turin.
4. Zingtianah Bawngte palai kal rawh,
 Lunglen reh hlo a bawmin han hawn ang che;
 Ka nu, khuarei len a mawi lo ve.
5. Zingtianah Bawngte a leng an ti.
 Khuai aw rawbem ang hianin;
 Kan la thiang rih love lo ti la.
6. Run kaiah thuan ang ka do lo che,
 Hmeima an tam Thapui nang nen kan kara'n;
 Tuahrem di Bawngte palai rawh se.
7. Saisenah chunnun min chawi sual e,
 Bawngte anga tuahrem di kan sawi laiin;
 Lenkawla ni chhuak a chiang thei lo.
8. Run hmunah kan len a rem lawm ni,
 Kan run chhungah palai bawngte len tir la;
 A ba pawh sum lo ni bik hlei lo.

CHHINGKHUAL LUNGDI

1. Hmanah chuan khua hmuna leng kan ni.
Tunah erawh Lalngo nang nen kan karah;
Mau rihnim tlangin ni dang^a ta e.
2. Banah ka vuan ang che lunglen vang,
Tu vangkhaw parmaw nge i nih le mi u;
Sakhming leh tlang lenna min hrih rawh.
3. Chhingkhual ka ni e ka kal tang e,
In chhuahltang leh in dai lungrawnah hianin;
Tapa tlaini len a awl mang e.
4. Chhuahltang lam kawiah ka tawng si lo,
Engati nge Laldanga rolung Lette:
Ka di muahiam tur i lo dan lo.
5. Chhingkhual Valmawian a dil sual e,
Chaltuaja di chhailai a ni e Siali;
Kan la bang chuang lo ve lunglen hi.
6. Kan lenna chhingkhual a kar vangin,
Ka lungdi khan min la ngai ve tak ang maw;
Ka biak loh khua reng a rei ta e.
7. Lenna khua hmun lo chu Biangnote,
Kawingo angin lo leng la khua thal changin;
Kan ti thin e, mi u te ngaih vang.
8. Chhingkhual lungdi ngaih a na nia maw,
Ni chhun khat mah tnanpui si loh zun lengin;
Awi ka tang laiah mi hmer vawng vawng.
9. Chung turni pawh hian a hria em ni,
Aitenawnpar hermaw mual a liam ni chuau;
Tlaitla pawh kawlan a eng lo ve.
10. Ka thlir mual liam ang che lungrunpui,
Lam leh kawiah hnutiang sul ang lo hawi la;
I zun leng tuar tur chu keimahni.
11. Ti ~~maia~~ lungdi ka then tur chu,
Kawlvalenchham chhailai di kan tawh changin;
Vanzawlah cham rih la ni ling liang.
12. Ka tawh changni a rei zo lo,
Ka biak lohna khua a sei leh tur reng hi;
Vanzawlni cham rih la kan ti e.
13. Ka sawi leh Chaltuaja vang mi ti,
Chhingkhual lanu kan zaltir lentu hnuaiah;
Zawl hlui ka ngai mang e, tlang nuam nen.

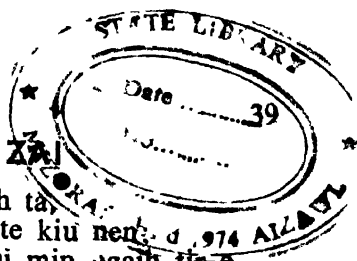
CHUNG SI-AR

1. Si-ar lungrual an lenna thangvan,
Lenna khua hmua lovin kan tiam ta si a;
Tah te khian chhingmit a leng hmua e.
2. Chung si-ar pawl riak khi lungrualna,
Thir ve ang maw, an run sang parah Sialin;
Chhingmit suihlung rualna thangvan khi.
3. Si-ar an lengkhawm e thangvanah,
Lungruni nen Buangkawpui kan sel runah;
Zaten darang len a rem thei lo.
4. Si-ar Chawngmawii te leng hnuaiah,
Val ka zal e, zanmu chhing lo te hianin;
Kawl a eng har mang e lunglen vang.
5. Thaikawin lunglen ka hril seng lo,
Thangvan entu si-ar i han thir changin;
Thinlai lungrukah mi vei ve rawh.
6. Si-ar, indi nghahna thangvanah,
Thingte tuah khawm sangpar-chungah ka lungdi;
Ka nghak dawn chunnun a phal love.
7. Di ka neih Chunin mi hal si a,
Si-ar lungfing halloten thangvan zawlah;
Val nghak Chawngmawii a ding reng e.
8. Chung si-ar thangvana leng zawng khian,
Keimah ianga chhailai di an chan chuanin;
Tap ruaiin kawlung a liam awm e.
9. Siruk vanlaizawl a thleng ta e.
Hmel duh vanga tin-tiangrel thei lo val hi;
Khua ka tlai mai thin e, nang vangin,
10. Kan inkar lentu hi zing mahse,
Chhawrthlapui leh si-ar a dan loh chuanin;
A la leng hmua reng e chhingmit zawng.
11. Chung si-ar Chawngmawii Hrangehuana,
An indi an inthen leh ta mai maw;
An palai bawngte a thiam love.
12. Chung si-ar iangin a vul leh ta,
I lawr ang aw thlawhlai thingte a par e;
Ngotekherh tlangpial a ohang mahna.
13. Si-ar laiah ka lung min len e,
Van zawlah an leng e di nen;
Tahuan an khawng rei, mang e.

HMEICHHE PUAL (CHHEIH LAM HLA)

1. Ka nu, haf-hal lo la Valmawia,
Zwapa trena in len lai tinkim dawn la;
Kha-kha kan iang ka di nen hian
2. Ka nu, lungtlu lova khiangawih chh,

Tuapui leh vau an vui zo lentu hnuaiah;
Di kan tawng kan jah a tul leh thin.
3. Chhawrthlapui engin kan run a chhun,
A kai lo ve ka di Valmawi nuhmawia;
Suhlungleng pawnah ka her chhuak e.
4. Hlawiah nge Ainawn ka di Vala,
A tel lo va siahthing kan lawr niin;
Lung reng a awi lo ve tlang nuamah.
5. Chawitui ungzu tam a ngai nem maw,
Awi ka nu e, Pathlawi val an kai chuarin;
Ka awi zo reng reng e tun nuarah.
6. Ka nu, min tir suh nin tir lui suh,
Hnel di loh sum tama ka kala ai chuan;
Zawh chang rei lo te ka thlang zawk e.
7. Ka chun leh zua, min tir lui lui suh,
Lungtlu lo chu ruang buan ang pawm lo nange;
Valmawia chhawl ang a uai tur chu.
8. Di lohah kan than a sei mang e,
Zui lai mahin tlangzapui rel i dawn lo;
Chaltuai, min tum lo ve thai turin.
9. An lo chuang kim ngei e, Val zawng chu,
En teh thiani hman lai kan nun hrilh dawnin;
Rauthlaleng angin min chhang thei lo.
10. Sawipui an awm lo ve nang ngaih chu,
Chaltuai suihlung a leng khua romei karah;
Siahthing Lelthang thana kan bel e.
11. Ka nu, ram tuanah mi tir lui suh,
Bawnga lo leng Lalago ka awm rih dawn e;
Duh leh muat lianpuir chu tul rawh se.
12. Sum tamah chuonu mi tir lui suh,
Ka di lo chu ka pawm rem hlei tawng e;
A thlawnin sial man ka phal lo ve.
13. Ramsa khaulengah thu di kan chhai,
En teh thiani a kai e saw raltlangah;
Thlangkhuah kan dim awm e; chhingkhualan.



KAWLKHAW ZAI

1. Thalfavang romei a zam leh ta,
Zokai Uleuh, Ngirtling Lelte kiu nen;
Ti hian hmana kan nunhlui min ngaih tir-e,
Chun chaw a piangin an la tuai thar ngei ang
ka di ve tur.

Awi maw, a leng em mai ka di ve tur.

Kawlkhaw thli, neinten va leng ang che,
Biangnovi ram taulai ve chhem dai rawh;
Tin, hrilh ang che i ngaun Kawlkhaw dajah,
Auai e tlangrel reng reng a dawn zolo va ti ang che.

Awi maw, a leng em mai va ti ang che.

3. Ka duh ber mai che tih mai loh zawng,
Ka hril thiam lo Lengher, mi ringhlel suh;
Engti zai zia nge ni nang nen kan karah,
Biahzai nem kan vawr Parte a rem thei lo i nuar
leh thin.

Awi maw, a leng em mai i nuar leh thin.

4. Hnamtinfalung lawma nunhlui ngaih--
Leh phu lohpuizunleng an ngai leh thin;
Kei zawng nunhlui phu lohpuizun ka ngai lo,
Huiva hram thiamte, hmana ka lungualpuimi
va auh rawh.

Awi maw, a leng em mai mi va auh-rawh.

o-X-o

KAWLINGO LEH PUALHRANG

1. Kawlingo leng a vai e, Zonemah,
Pualhrang ka di khan mi ngai ve tak ang maw;
A rugin lunglen ka tuar dai e.
2. Ka nu, ka thai tur i dil ang hmiang,
Kawlingo mahit hmartlangah har thing chawiin;
Kumtluanga thai tur a dil thin e.
3. Zokaiah Pualhrang a chungnung ber,
A mi laiiah ka lungdi len a mawi e;
A tha chungnung ber e, Rualtawnah.
4. Phunbungah chang teh la, Biangnote,
I par tlana Pualhranga chan ka nuam e;
I zarah ni rei ka cham awm e.

5. Mahriaka ramtuan ka zuam nem maw,
Ka raltiangah Pualhrang rawl lian a au ve;
Chaltuai sianglawi rawh mi lo ti e.
6. Ka chung Pualhrang anga Runmawitu,
Aitenawnpar ka runah lawi han rel la;
Tichuanin ngur nun ka ngai lo tur.
7. Hmar khaw thing lenbuang a ngai lawm ni,
Kawingo lo leng thlakhawng lo ri, Awithangpa
Nun iangin di rawn chhai thangvanah.
8. Kawingo lo lengin mi pheihrut e,
Rolura chawi Lallungliana chan tlangpui;
Van rim nam rum ruma kan lenna.
9. Kawingo lo leng khan a di tawng maw,
Kei chuan ka di ka tawng lo kar a hla e;
A zawngin tlaini ka leng leh thin.
10. Enteh Thiani saw a mawi reng e,
An remthiam e mingo valin runthangpui;
Chung Kawingo silo a leng duai duai.
11. Pualva kalkhamtu chu Bung liai luai,
Sirva kalkham tlangah ainawn a par e;
Val kalkham tleitiri tuai liani.

o—Xo—

KHAWTIAU HLA (CHHEIH LAM HLA)

Khawtiau hla kan tih fo hi Zemabawk mel vengah mel veng ni lo Public mi an tam tak avang-in Bawrsap N.E. Perry-in a hnawt chhuak a, chu mi atang chuan he hla hi an lo phuah ta niin an sawi. Tun lai ram buai avanga khaw kar khawm hian chu hla chu a thar thawh leh ta a, pan hnu thual ang deuhin a tir ai mahin a na a ni awm e. A hla lar zual deuh lo tar lang ila,

1. Khua tiau tur Laldang i ui lawm ni,
Zai i vawr ang chhingkhual val kan chan hmain;
Khaw nge ka run remna tlang tur chu.
2. Ngaihloh in awm lo ve rual zawng zawng,
Sappui lianin kal lai mintiam ta si a;
A rualin chhingkhual i chang dun ang.

3. Sappui nunrawng vanga ar ang vaih,
Lung a leng e, khawtlang ka chuan zel dawn e;
Tlang a dang dawn mang e, kan lenna.
4. I kal nan em ni khawtlang zing riai,
Riala rum e, khawia'n tuar ve tak ang maw;
Parte ka ngai em che min hnemtu.
5. Hmanah chuan khua hmuna leng kan ni,
Tunah erawh annem Lalngo kan kara'n;
Mual rihnim tlangin mi dang reng e.
6. Hmanah chuan ngur nun ka ngai billo,
Tunah erawh ka riang e Tlangsawiluaipa;
Romeia zam ral chu keimah hi.
7. Romei chhumin tlang a then nem maw,
A mi u e, awi ka then zo hlei lawng e;
Vanlai kawlkhua ang ka hnim reng e.
8. Hlui khawpui ngai lo zaleng awm maw,
Fam rolung thiag tuahpui zar awitu Lalte;
A kiu e Chaltuai ka lungualpui.
9. Kan hmunin ramlai a chang zo ta,
Kan sul i hnu nau ang ka tah mai dawn e
Hmanah ngur ngai lova kan lenna.
10. Ka rawn fang leh ta e Valrianga'n,
Kan sul i hnu kan tum kawng zotu, thiag hi;
Nghah lohvin Thangte a tling reng e.
11. Khuaah khua nuam dang a awm chuang lo
Lalngo lenna bmun hlui kan thian leh dawn e;
Ka ngai e, thang tuana kan lamna.

LALTLAWMA ZAI

Laltlawm zai an tih hi King Edward VIII-na tur Nuthlawiin a zial thluk tak vanga lalna chang ta lo kha a ni a. Zofate hla thiamzia leh ngaih-tuabna apiang hla sa chhuak thei mai zel kan nih-zia tilangtu pakhat a ni. Edward a hian a awmzia tak hi hre ve sela eng ang takin ngai ang maw an ti huai huai thin :-

1. Ram nitla seng lova rorel tur,
A pawl mang e, Nuthlawi lengleh Annemin;
Haulai Changsial ang a zawl thlu e.
2. I tlawm hlen dawn em ni, Lalhmeltha,
I sakhming Lawi ang a thang hnu Vanhnuaian;
A thainral mai tur i ui lawm ni.
3. I sakhming khuavel a thangmawi kha,
I tlawmsan mai tur bi a pawl ber mai;
Empire ropui zawng i chan ta e.
4. An rel thiam leh zel mingo valin;
Lei lal Kraun leh Nuthlawi an buk leh dawn e;
Nuthlawi a kang lo a pawl ber mai.
5. Vankhaw perpuiah a thang tawh hnu,
Ka thlang sappui mingo lal tur a tlawm e;
Lal a kai zo lo Nuthlawi vangin.
6. I thlir ngam dawn em ni, Prince of Wales,
Coronation chawimawiin an ngir Lalmualah;
Darfeng val ngir nguai a, mual mawiin.
7. Lalber Edward-an a zir chhuak e,
Tleitur sakhming a leng dawn lo kumin chu;
Nuthlawi kum her chhuak a lo ni e.
8. Lo kir leh mai rawh Edward hmeltha,
I lenrual leh i chunnu tui ang nem e;
Lal leh la kan ti zaleng zawng hian.

LAL-TLAWMA CHHANNA A TAN

9. Lung ka chhir chuaog lo ka tlawm na a,
America Rose par ka han thliah chuanin;
Ka tan Lallukhum a lo ni e.
10. Khua lianah ka nau chu lal rawh se,
Ka kal ta'ng e, Arizona phai zawlah khuan;
Symsoni hmel ngei a lo tha e.
11. Ka nau chu khua lianah lal rawh se,
Khawvel ritphura ni tin lala ai chuan;
Ka thlang zawk, Symsoni hmel ngei hi,

MIZO CULTURE (CHHEIH LAM HLA)

1. Zonun mawi kan din a sang zel e,
Lungrual tein hmatiang kan sawn zel dawn e;
Chung Pathian khuanu'n min hual rawh se.
2. Parah parmawi chuang a awm nem maw,
Zokhaw leng rual lung kan rual zel chuanin;
Chu chu parmawi ber a lo ni ang.
3. Kan Mizo Culture a mawi ber chu,
Mahni aia lenrual hming tha chantir hi;
Hei ngei hi a ni, mawi ber chu.
4. Imanuela i sawm ang aw,
A tello chuan Zoram malsawm a tluang lawng;
Kiantir thei Lalpa a lo ni.
5. Thlahtu leng zu dawn a tel hlei lo,
Thangthar leng zu dawn a Chemte hran tir hi;
Tahpuan ang kan ban a tul ber mai.
6. Pi pu ten "Kawlkei a hrang" an ti,
Thangthar tawnah chawltui ningzu a hrang e;
Hraichawi tan tual len a muang thei lo.
7. Khaini doral chan i rel ang aw,
Chhuan thu tlang lawn doral kan chan ta si a;
Vaipa ro thil zing a tui hlei lo.
8. Zo khaw leng zawng hrenga tang kan ni,
Puan ang hnawlin Corruption chawltui ningzu;
Hawktui ang luang rawh se thlang hnawmah.
9. Pi pu ten an hman a chul tawh hnu,
Kan din thar e Zawlkhawpui kan lammualah;
Thangthar leng lungrualna thlang rawh se.
10. Zofate rorelna sang zelah,
I chawi ang aw, pi pu ralthuam ze mawi hi;
Tawhlhlohpuan an ti a mawi ber mai.
11. Zofaten kan fan a ril tual tual,
Chawi zel ila, kan pi pu nun zemawi hi;
Tichuanin khuavel a deng chhuak ang.

MUVANLAI (CHHEIHLAM HLA)

Muvanlai hi kan pi pu ten lehkha chhiar leh
 ziaak an thiam hma chuan thu thawnna ni awm takin
 thuchah kengtuah an ngai ve a. Thuthlung phur
 tuah ngaiin thu an lo chah kur lek luk thin a ni.
 An hlaah te hian han chhui dawn ila, an hman
 duh dan leh an tangkaipui dan a lang awm e.

1. Muvanlai, leng rawh ka tir ang che,
 Va kal ta la mi u te tuanna tlangah;
 I ngaiin chhawl ang a uai ti la.
2. Muvanlai lengte, Thadang zawng rawh,
 Awi ka nu e thiah chhawl ang min uai tir e;
 Chhailai di si lohva biangnote.
3. Muvanlai leng kha i tir em ni?
 Suihlunglenga chham ang ka zal reng laiin;
 Vanzawla'n min au, ka chhang peih lo.
4. Awi ka nu, thangvan a zau laiah,
 Muvanlaiin a di Parte a chan e;
 Keimah iang ar ang a lo vai e.
5. Ka biahzai nemin a thleng lawm ni,
 Chung Muvanlai lo leng kan chah kha Parte;
 Arawn hril lawm ni ka lunglen hi.
6. Khua chuanin mual tin a hrut vel e,
 Muvanlaiih phai zauvah len a rel lo;
 Min lo au, Thingpui rihnim lera'n.
7. Leng rawh kan tih zawk a leng si lo,
 Chung Muvanlai a leng e thangvanzawlah;
 Vanduai di then tur a lo ni e.
8. Thapui ka suihlung a leng bang lo,
 Chung Muvanlai angin hmelma kan karah;
 Leng mahse lungher i tum lawng aw.
9. Chung Muvanlai khian a di tawng maw,
 Kei chuan ka di ka tawng lo kar a hla e;
 A zawngin tlaini ka leng leh thin.
10. Ka thinlai lungruk a kham nilen,
 Chung Muvanlaiiah chang la kei Pualhrangah;
 Mual lianpui thlir dun i, di lenna.

RAMTHAR ZAI (CHHEIHLAM HLA)

1. A thlukah ringtu i buai em ni,
Engatinge Pathian ram thil thlawnppek hi;
Sual rim nam hiala i lo sawi le.
2. Rom sipai em ni ka lal mantu,
Zion lungpui vuanin a tap chhandamtu;
Lainatna hmel reng a fawng love.
3. Khawvel Tuifinriat a zau lajah,
Zion lawngleng ka vai kal ruai mai dawn e;
Joar tlang lianpui ka lama chhuan a.
4. Duh leh minsel rawhse leng zawng hian,
Chhandamtu leh Vankhawpui Salemthar khi;
Hmangaih kan awi e nilenin.
5. Lallenna Ziona leng turin,
Minrawn sawm e, ka di parte nuilmawiin;
Len ka nuam nang nen mi lo ti e
6. Tawnmangah Parte ka lo hmu che,
Zion pangpar i sakhmelah chhandamtun;
A vul tir em ni Thanongei.
7. Sawitam leh tlangrel i dawn em ni ?
Zion nula hermawi lam rawh her tlenin;
Chhandamtun thaiah a hual tawh che.
8. Sawitam leh tlangrel ka dawn nem maw,
Zion fanu awihlai ka hnawl ai chuan;
Duh leh tlangza chuan mi rel rawhse.
9. Khawvel ngaihzawng mah a na an ti,
Kalvari sual hmel thatna zun ka ngai e;
Zion zawlaidi a lo ni e.
10. Zion thuthlungpui a haun ka vuan,
Biahthu ka thlung ramhlun bawngte palai nen;
Hmangaih ram luah tur thu mi lo tiam e.
11. Miten an sawi chhiatna hliam zawng zawng,
Zion-ah chuan a mawilai an chan tir e;
A mawi ber hmangaihna rawng ngei hi.

12. Lunglen thuhriatin ka tangliah,
Minrawn thawng e, tuarhar min siam leh
dawn e;
Chhandamtu ngai hian ka rum hliam hliam.
13. Hmangaihna tuipei a luang dam diai,
Inbual ang aw Lalzuithanga nu kan chhungin;
Lungrualna Zion a leng turin.
14. Rinna thla zarin ka leng nitin,
Ka suihlunglen tuarhar zochhum ang zing hi;
Ka zua lai hnenah ka hril ngei ang.



RAMTUAN HLA (CHHEIHLAM HLA)

1. Ka thlawhlai Pangpui chu fam lul sub,
Ka bel ang che, vanzawl ni dul loh changin;
Vatin reng a kaina thuum lai luai.
2. Ka thlawhlai Pangpui thuum laiah,
Chung Muvanlai len thiaman chhawl a bang e;
Kei cnu Thangngo ngaih ka bang thei lo.
3. Behv: ten hawngah min sawm em ni,
Kan la tiam lo hmatiang kan hlen (sawn) rih dawn
Mi u an au lo ve saw ralah. (e;
4. Chhawthuai nan Chawnpui a par awm lo,
Fanghma tuaitirte zalam peng kan nghah tir e;
Tawng rawh maw, Ainawn tha sensiari.
5. Fanghma tuaitirtea chhawl min thui,
Tleitiri chuan A AW B a chuan tir e;
Ka phel phal lul lo ka phur tang e.
6. Ka phel phal lul lo ka phur tang e,
Chang lo mahse a chia dah ka nuam e;
Vanneih thil thu-ah a to mahna.
7. Tiakin a to thin e ram daiah,
Hmanah ka lawm annem nghilh loh nan e;
Tualvung phurhlan ngei ka chharchhuak e.
8. Ka nu, ramtuanah mi tir lui suh,
Bawngva lo leng Lalngo ka awm rih dawn e;
Duh leh mual lianpui chu tul rawh

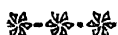
9. Phaitlang turni a tuar ang maw,
Lalngovi thlan dartui chan ka nuam e;
A tangnem karah ka luang mahna.
10. Vawiin chung turni ka lama ngai rawh,
Lengi man tuak ka tuihal tak ngial dawn e;
Virthli a leng lo ve phai kuamah.
11. Thalfavang lai taka ram kan tuan,
Chhimlei mualrawn senin~zam e romei chhum;
Dawntuai Biangnote, i zam dun ang.
12. Hmanlai kan nun minti ngai mang e,
Mauraw hnuhchhaw! kurin a tliak lam thumamah;
Di zun chhaw! min thuai e, lawmrualin.
13. Keini lawm suihlung a leng chuang e,
Mauraw dawnlai kan phel, Di-ai kan chhal e;
Khup leh thal reng reng a awm thei lo.

o-X-o

TAWNMANG RAUTHLA LENG (CHHEIHLAM HLA)

1. Ka tawnmang lunglen chu ruai ruai a,
Ka hrilh dawn leh tawh changin lung ka mawl e,
Ngaihluat aidi-in mi lo zem e.
2. A tak chang se rauthla lungmawl hi,
Tha sensiari kan runah i lo lawi a;
Baw-ar thiang khaiin ka lo hmu che.
3. Ka nu, ka zal lai mi tho lo la,
Kan run chhungah chawilai thlang thleh nem-
rang puan;
A khawng e Lungruni rauthla hian.
4. Tak mahin puan ang ka pawm chang lo,
Tawnmang lungmawl rauthla leng hmun hi
Lalngo;
Ka chan taw! khuanun mi rel sak hi,
5. Tawnmangah kan zalna run dang lo,
Hai ang thangin rairah riang kan run chhungah;
Tap ruaiin Parte ka zawng thin che.
6. Tawnmang lungmawl mai hi ka chan taw!,
Hai ang ka thang dawhrem laichhuat ka chul e;
Lungtiawi Parte i zal ve lo.

7. Engtin nge lunglen ka tuar ang,
Thangril tawnmang Thadangi rauthla lengin;
Min ngai em ? Chaltuai, a lo ti e.
8. Ka nu, ka zal lai mi tho lo la,
Ka tawnmangah Thadang rauthla kan runah;
Chawilai thang nempuan ka lo zawn e.
9. Kan lenlai tawnmang a chang zo ta,
Lenah chhawkhlel a par e, Lurhpui dingah;
Kha mi iang leng zawng kha kan chuai e.
10. Ka nu, zan mu reng ka chhing nem maw,
Phuloh zunleng ngain laikhum thleh nema'n;
Tawnmang kan chhal thin e, lunglen vang.



THLANG KHUANDIM OR KHIANGAWI

1. Tuankham sar kawlkung a zam ang hian,
Thlang khuandim Lalng mual a liam chuanin;
A kalkham sarah ka zam ve ang.
2. Ka biabzai nemin ka zawl zo lo,
Changselian hmachhuanin val tha an leng e;
Ainawpar an la e thai turin.
3. Kai ka rah hlei vanga Chaltuaja,
Sum ka tuak e, ka thlang Sappui lian karah;
Khang in lo awih mai le mi tawnah.
4. Tinkim dawn reng reng a nilen chu,
Thlangva daw hawi angin len zuk thiam ila;
Khuandim hnu lung kan ti her mahua.
5. Khuandimin kal mah la Biangnote,
Di iotthen hnu chung si-ar mah vanzawlah;
Tawn leh ni an tiam e khua reiah.
6. Sawjvelin thlangkhuan a dim nuam lo,
Lelthang di ngai Phunbungzar nghak ang hianin;
A riangval min nghak chu lo ni se.
7. Hei hi maw lenghel ti khamtu chu,
Puan ang ka hnawl rih dawn e Valneman;
Ka chuninu thai i thui sual e.
8. Fiara tui mah hi a nu kan hnawl,
Hraitam chawilo ka thai thingpui lawngleng ang;
A la lang mai awm e di vangin.

9. Khuandima mual liam chu tum lo la,
Ka chung kaw! ngo ang hian Parte i runah;
Kan lo leng leh dawn e khua thalah.
10. Luah loh chuan lunglen a bang dawn lo,
Thlangkhuandim hnu zaiin ka pelmai dawn e;
Sialman hraite mah la chawi hlei lo.
11. Pathlawi val min ti e leng sialin,
Khua thalah chawnpuipara chuai hlei lawng e;
Thai khatah chaltuai ka hlui lovang.
12. Chalki her mual liam va zir teh la,
Bana vawn rual si loh a leng dawn tuaii;
Mi hraileng chunah va chang teh le.



THAIKAWI BAWNGTE (CHHEIH ZAI)

1. Ka thaikawi bawkte ka zai chuanna,
Kal zel ang che thadang sirah bel ang che;
Sum tin tuak chaltuai a dam ti la.
2. Ka thaikawi bawngte a thleng lawm ni,
Hnutiang min chbawn nge ni lungrupui mi u;
Khuandim mual liam i lo tum le.
3. A semtu val lung a mawl em ni,
Khawiah kher nge a thannal thaikawi bawngte;
Ainawnpar leng hnen a thleng thei lo.
4. I thaikawi bawngte ka lo hmu e,
Puan ang ka zar der e, rairah kan runah;
Ngaihruatin lunglen a hril chang chang.
5. I thaikawi bawngte ka chhiar chhuak e,
Sakhmel hmu lo anka puan ang a nem e;
Ka thapui chiam thin e run nuamah.
6. An chapel runpui a zau laiah,
Thaikawi zia thal nau ang a thal leh dawn e;
En teh, di ngaih nen a fawmkem e.
7. I thaikawibua ka hmingte kha,
Riakmaw angin a vai ang tih ka hlau ve;
Lo hruai lut hram ang che Par lii liai.
8. Thaikawin lunglen ka hril seng lo
Thangvan entu si-ar i han thlir changin;
Thinlai lungrukah mi vei ve rawh.

9. Tap lovin hril rawh ka nau riantge,
Thaikawi bawngte thutin hril thei hi chhiar la;
Ngaih zawng zawng leng zun a chhui chhuak e.
10. Chung khawri mah hian a thleng zo lo,
Thaikawi bawngte a thleng zo leh hlei lawng e,
Kar a hla mange ka di awmna.
11. Thaikawi bawngtein a hril chhuak e,
Engatinge thutin di jkan hrilh Valmawi;
Tlang zapui Lawi ang i lo than mai le.



THUVA

Kan pi/pu hla leh thangthar chhah zai chenin thuva hi a lar hle a, a lan dan tlangpui ber ni awm chu 'Thuva awmhar' tihte, Thuva di ngai' tihte a ni tlat mai a. Sava ninhlei lo leh pawikbawih lo ni awm a ni. Mihring ngawichawi deuh pawh hi Thuro no khawi i ang e, an lo ti fo thin a ni. Thuva zingah chi thum (3) an awm a. Thumi te, Mimsirikut te leh Thuro te hi an ni. Thuro hi a te ber a, Mimsirikut hi a lian a, a rawng pawh a uk deuh a. Thumi hi a mei a sei thung a ni. A te ber Thuro hi a tial mawi thung a ni. Rilru lep-chiah lo leh rilru nghet an nih zia kan hlaah hian a lang thei awm e.

1. Thuvate mah hian a di a hlui,
Hluidun ila, Thapui nangnen run chhungah;
Chu lo chu lungkham a awm lo ve
2. Thuva awmhar leh ka chung Lelte,
Lung in rual e khawzo thingsiri zarah;
Lungrualpui awm lo ka riang vawng vawng.
3. Thuva awmharten a lo nghak e,
Tlang lililai hi fan changin lung a leng e;
Annemin nau ang mi lo chawina.
4. Thuvate kan ianna tlang hlui lo,
Zuk zal ila, thingte thuam lililai hnuaian;
Di zunleng kan tuar a dam sawng sawng,
5. Thalfavang lai taka ramtuan chu,
Thuva awmhar lenthiamin zai a vawr e;
Luahloh di nemi ka ngai vawng vawng.

6. Vawiin chuan kan tuanna mual ralah,
Thuva indi thla khawng ka hmu lenbuangan;
Lenlai leh di zun ka ngai vawng vawng.
7. Ka zuk thlir a bukthlam tlaitlanah,
Thuva nghawngqial te a leng e;
Liantuai leng ve ang maw e. (Darlenglehi zai)
8. Kan kawmcharah kulpui fen thang ka kam,
Thuva tualleng a ngal charan;
Khualhrui kan ban e. (Saikuti zai)

ZAWLBUK

Zawlbuk hi tunlai Thangbarte chuan a awmzia leh a kalbmang kan hre pha ta lo a ni awm e. Pu K. Zawlan a buin a siam a, a chhiar tan chuan a fiah tha hle a ni. Zawlbuk hlaa an lo chawina tlem han tarlang ila :—

1. An din thar leh ta ka hawi ngam lo,
Samkhaw valinan tuahkhawm Thing leh Maurua;
Khuandim lo Chaltuai ka sianglawi nan.
2. Zawlvankuk tang rawh ka ring zo lo,
Kawlrawn virthli a lo leng hrang tur rengin;
Phunbuang ang her lo la, kan zalna.
3. Lai taka Laldang i rel hwm ni,
Zawlvankuk hnamtin run kan rem loh chuanin;
Lawina run kan vai e, Val rualin.
4. Zal hmuni kan tih a rem si lo,
Dam takin aw Thapui mangtha zanin chu;
Zawlvankuk runah ka lawi tang e.
5. Zawlvankuk lam zawn a tlai nem maw,
Chhawrthlapuiin lenkawh a khum rih hma chuan;
Ka di leng Chaltuai la zal rih rawh.
6. Zawlvankuk run kai a tlai nem maw,
Kumtluang runlum nuthaia min hual chuanin;
I tawnah tlangrel ka dawn thei lo.
7. Zawlvankuk si lo zaleng an kaina,
Zai kan vawr e, Khumtepa run rem chhungah;
Khuandim hnu zaiin ka lo au ve.
8. A ri raltiangah a mawi reng e,
Zawlvankuk chung lurah zai kan rem dawn e;
Lenchawm Valtleitiran beng rawh se.

9. Zawlvabuk hnamtin zaleng remsa,
Kristianan duh tawkin lai a rawn e;
Ka lamkhuang lengawi a khai nawl nawl.
10. Zawlbuk hnuaiah buhlem kan thap chiam a,
Ka han ngai a, Hmarthanga zai—
Kelbe lo ange. (Saikuti pawhina lo ti ve a ni)

LELTHANGKIUA ZAI

Lelthangkiua hi Hmar lam lâm thiam a ni a,
Chhim lam lam thiam Hausiampa nen inlam siak
turin Aizawl Bawhsapin a ko a, an han inlam siak
ta chu an thiam dun em em mai a. Amaherawhchu
Lelthangkiua chu zufe nalah a tawlhthlu palh ta hlah
mai a, chu chu Hausiampa'n hlain,

Ka rinkhum em ni le Chaltuaia,
Min la chhing lo Hausiampa Tlangsawiluaia;
A chiang lo Leite va lam leh rawh, a ti a. Lel-
thangkiua chu pabnihna a ni ta a, Kuli a awl a.
Hausiampa chu pakhatna a ni a, Silai a hlawh ta a ni.

1. Ka tak phai zauvah a lengna a,
Ka rauithla liantlang zopui sumtualah;
A clam e, Damngo i run ngeiah.
2. I ngo e zawng kan ti lem lo ve,
I mit meng leh i hawiher reng a mawi e;
Sawiselna reng reng i awm lo ve.
3. Khute ka lunglena Thlawinali,
Amahte-in a vain e zawlkhaw daiah;
In chapel runah a leng ve lo.
4. Berhvate mah hian a dawn nilen,
Ka rawn dawn che awmhar lunglenah Parte;
Run khat kan hmang lo a pawl ber mai.
5. Berhvate mah hian a di a hlui,
Hlui dun ila Thapui nang nen run chhungah;
Chu lo chu lungkham a awm lo ve.
6. Romei a kiang lo ve tlang an bawm,
Lalngo ngaih hian kian ni a nei hlei lawng e;
Tuarharpui lunglen ka ta zawng zawng.
7. Leite ngaw nuamah va chuang ila,
Suihlung tileng Uleuh zai sa leh Kawlva;
A hunte'n thleng leh e, hman ang khan.

THLAWITENALI ZAI (CHHEIH LAH HLA)

1. Zingtjan baw-arin ta the lawm ni a tho che
lawm ni,
Liandang hrai chawi zing sumsu khua i tlai e;
I pho dawn em li le Thlawitenalin.
2. Thiani tlak bengbeh ka ning em e, ka ning tawh
em e,
Kandling val beiseh min min tih ka hlau ve;
Ka tlan zim ngan lo ve Thlawitenalin.
3. A tirin ngurah i piang si a, i piang tawh si a,
Phaitlang turni romei zing rii ri ai hnuaiah;
Chhawi ang i uai tur chu Thlawitenalin.
4. A nun ler vang em ni Thlawitenali e Thlawitenali,
Mahni thansa ziam feng deh lo Siali;
Dawrkai fen dum riak a fena tle ziar e.
5. Dawrkai fen dum riak a feng tle ziar e,
A feng leh dawn Kawkpulakzial Lenbuangthum;
A in pal chanbuai e Thlawitenali.
6. Khute ka lunglana Thl winali e Thlawitenali,
Amah tein a voi e Zawlhaw daiah;
Chapel runah a feng lo Thlawitenali.
7. Nuthlawi inchei ve la bualfai rawh inbualfai
tawh rawh,
Ka chung Thlohmu a hrang ar la ang hianin;
Ka hel ka hel ang che Thlawitenali.

* * * * *

NALZAWL ZAI

He hla hi lar tak mai a ni na a, a lo
 chhuahna bul chiah hriat a har khawp mai. Nalzawl
 khua hi sawi dan a mumal lo viau a, engpawh ni sela,
 an Thirdeng hian he khua hi a ti lar a ni tih a lang
 a. Ke bul hla, ti tein an sawi bawh thin.

1. A mi sopum deng ka hmu,
 Nalzawl kan sopum deng chu;
 A ke lo e.
2. A min pheiphung zual sela,
 Nalzawl kan sopum deng chuan;
 Tlaiin a lei duh ang.
3. A min cho-ui an kaih leh,
 Daripa cho-ui kaih chu;
 Lengkelin a si e.
4. A tak hring khuaah leng e,
 A pheiphung zing vanzawlah;
 Pawlan a sai ngei ang.
5. Tuifinriat a khuangthlibul,
 Arte chumchiap an hel tir e;
 A khuang thei ek ek e.
6. Khaw hming lova Pusuma,
 Nalzawlan par i lawr e,
 Ka pu bal i ru e.
7. Ka pu bal i ru e,
 I hraichawi mah riang theite;
 A khatin phur rawh le.

* * * * *

TUALCHEPI ZAI

Tualchepi hi Chhawnthangnu an ti bawk thin a,
 a zai hi hmanlai teh chiam pawh a ni lo va, Indo-
 pui 2-na leh a hma deuh te khan a lar em em a.
 Khaw tam takah ngaihsan leh chawimawi a hlawh a.
 Aitu pawh a hmu viau, rana ai an awm a, Zu a ai
 an awm bawk a ni.

A HLA LAR ZUAL TE :-

1. A tuitling reng reng a ngai lo mai,
 A thlum mang e, Chhimtlang Thangnu i Zu hi;
 Ka lal dawn em ni ka sang tual tual.
2. In chawltui ning Zu ka lo rui e,
 Ka kal thiam lo banah min kai rawh Thangngo;
 In sumtual ko kai a vei lawi e.
3. Ka sumtual ko kai a vei lawi lo,
 Sul ang min tum lo reng e Pathlawi Vala;
 A ngur Laldang mah a kai thiam e.
4. Hei hi maw Lalngo i ruu lo ni,
 Sumhmun dung dawh kai tlai awm ve ta si lo;
 Chhawnthangnu Zu rui a kal thei lo.
5. Ka huana Anthur a par chhing chheng,
 Sa i neih chuan thlakah lo rawh kawmthlangnu;
 Chhawnthangpan chhim rawh se Zu angin.
6. Ka tan leh dawn e, a bung tawite,
 Kan hellai Thangnunnemu zial zuk nia le;
 Chhawrthlapui iangin a ral tual tual.
7. A ngur lal lenna khawtlang a nuam,
 Puk khawpui leh Cheng khawtual nuam inkarah;
 Chhawnthangnu tawite a lal len e.

LUNGPUITHENTHANGI ZAI

1. Leng rawh, leng rawh, Darkungi leng rawh,
Vanchungdur zawlah leng rawh;
Darkungi leng rawh Darkungi leng rawh.
2. Ka nu ngai lo, ka pa ngai lovin,
Saw Hmar tlangah Darkungi ngaiin;
Chhawl ang ka uai e, chhawl ang ka uai e.
3. Awi ka nu e, Lungpuisir karah,
I lan nan e, sangkhua a lang lo;
Chante i riang e, Chante i riang e.
4. Zing maw, zing maw khua zing maw,
Thlang awm ralin chawnbanah an kai;
Thinlai na e, thinlai a na e.
5. Awi ka nu e, za ralin an man,
An thah tak e, ram loh phul zingah;
Ka nu ka ngai e, ka nu ka ngai e.

HMARKHAWCHHINGI ZAI
(CHHEIH LAM HLA)

Hei hi Zawnei titih niin a lang, a hming tak
chu Hmartawni a ni awm e. Ngopa lam mi a ni
a, hmaulai mi tehchiam pawh a la ni awm lo ve.
German ralrun lai vel hi a khawfan vel lai a ni a.
He hla sa hian a lam thin a ni.

1. Chun ka nei lo Zua ka nei lo ve,
Hmarkhawchhinghniangi Chhiughniangi;
Hawi le hawi le.
2. A lo leng e, Chingsiala hawihten,
Bungpui Thliahlala Thliahlala;
Hawi le, hawi le.
3. Thlumnem i dawn ang aw Pute runah,
Thlangra i zuar ang i zuar ang;
Hawi le, hawi le.
4. Minrawn en e, Valtuai lengrualin,
Hmarkhawchhinghniangi mawi ber mai;
Hawi le, hawi le.

5. Hawih lai i kai lo ve bawmzo Rengpuia,
Thlumnem a zal lo a zal lo;
Hawi le, hawi le.
6. Thlumnem i dawn ang aw kan vangkhaw zawlah,
Herawt i zuar ang i zuar ang;
Hawi le, hawi le.
7. Min buk lur e, pathlawi leng rualin,
Ka rai hial awm e, hial awm e;
Hawi le, hawi le.
8. Kai lai i rel ang aw bawlhawih runpuiah,
Saruak i bual ang i bual ang;
Hawi le, hawi le.
9. I kai ang aw, bawlhawih runpuiah,
Thlumnem i dawn ang, i dawn ang;
Hawi le, hawi le.
10. Min rawn chhawm e bungpui Thliahlalan,
Thin lai a kham lo a kham lo;
Hawi le, hawi le.
11. Thin lai a kham lo ve lianlunga leng zawng,
Zui lai ka nuam lo ka nuam lo;
Hawi le, hawi le.
12. Kai lai i rel ang aw, hmar khaw lamtluangah,
Chawino a riang e, a riang e;
Hawi le, hawi le.
13. Chhimtiang a fang hmar khaw lam chenin,
Chhip khawdai ka vel ka vel e;
Hawi le, hawi le.



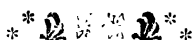
BEHMAWI LO (SAILIANCHHINGI ZAI)

1. Behmawi lo Saiha behmawi lo,
Sailianchhingi saiha behmawi lo.
2. Run hi e, ka sak hi mawi maw,
Kan laichhuat hi Lungmawli zalna;
Ai a i e u aw ai a e.
3. Awi ka nu, lam ka kham zo lo,
A zawnin min zawn nghal nghal rawh u;
Ai a i e u aw ai a e.
4. A khu khua khu, Khamliana khua khu,
Sailianchhingi dar ang a lenna;
Ai a i e u aw ai a e.
5. Lal ka hmu, lal vakvai ka hmu,
A ngur yangkhua a luah zo ding maw;
Ai a i e u aw ai a e.
6. Lal ka hmu, lal vakvai ka hmu,
Pukzing tiangah lai vakvai ka hmu;
Ai a i e u aw ai a e.

**NILEN ZAI**

1. I ti chiam ang nilen zaiin aw,
Thai ngam lo ka kiangah lam rawh.
2. Zalam tum kawng Valan ka sat a,
Khuangtheitui hnahin ka fun e.
3. Khuangthei tuiin lanu ka thlem a,
A nuam lo ielthang a dawn e.
4. Kan ruai tupa mau ang a zen e,
A kur e, a tliah ka hlau ve.
5. Kur mahse a thak hlei lawng e,
Chawnbanah lai tha a zam e.
6. I chawhmeh pai tang ang a breu e,
Darneihthang ka puar thei dawn lo.
7. Thingthu chhaw.nin Vala lo leng la,
Tangnem chul Sialin ka ui lo.

8. Izuk loh chuan valan ka bur tui,
A alsa i hmuam hlei lawng e.
9. Vahmim chho kal angin i hniam e,
Temengi ka er ur khum e.
10. Thingpui zarduai tui ang a put e,
Lengi man sumtin tuak lai a.
11. Lengi man tuak thing Lenbuang zarah,
Kiawt kal Valan ka zir thul.
12. Mangkhawh lai chuan lawm dang ka ngai e,
Ka lawmnu a te lu em e.
13. Sawngka lerah Thloh ang ka thir che,
Chawngghmingian thei i hawn hlei nem le.
14. Chawngghmingian thai ka hawn lawng che,
Savungaa behthi'a phal lo.



KHUAL LAM (THINGDIM)

Khuallam upat zawng hi briat theih ni tawh lo mahse Mizo lam zingah chuan a upa pawl tak a nih ngei a rinawm. Khuallam chanchin kan sawi dawn chuan thingdim sawi kai a ngai ang a, thingdim kan sawi dawn chuan khuangchawi chanchin kan hmaih thei bik lo yang. A tawi zawngin han sawi ila :—

Khuangchawina tura thil tui dang zawng zawng tih zawh hnuaah khuangchawi turin an inbuatsaih ngal thin a ni. Khuangchawi turte chuan khuang an chawi hmam khuala an pute inah thing an va thiahtir thin a ni. Thing thiah dan chu hetiang hi a ni. Sawhthing zai lep hmawh zumin an thil a, Sawhthingah chuan archangke pahaih an vit bur a, chu chu thing thiat tur chuan a tawn thin a ni. Thing thiat tur chuan khuangchawi turte in a chhuahsan atangin thing a va thiahna turin a thlena banglaia a va thiah hma loh chuan a tawng thiag lo a ni. Thing thiattu nih chu insum a ngaih em, avang leh thil nuam lo tak a nih avangin khuangchawi turte chuan an hmangihthu tak tak leh mi rinawm, thih huna archang thiag tawn thei tur an

zawng hram hram thin. Chutia thiog banglaia a va thiah hnu chuan a rawng thiang nghal a, pute pawh chuan an tuten khuang an chawi dawn tih an lo hre thiam nghal bawh a, zu thlum tha thain an lo hrai thin a ni. Chuta tang chuan pu chuan khuangchawi huna thingdim tur a ngaihtuah nghal a. Zauah an zir tlut tlut thin a, khuaa mite chuan hmuhdawm an tiin an thlir thuap thin a ni.

Khuangchawi ni a lo thlen chuan pu leh a hote chu a tute in panin thing an rawn dim a. Thingdim lam hmahruaitu chu puan hmang ve lovin a rawn lam a, 'Kan lam man sialin mi rel u, kan zai man chawng puan mi hlan u' a rawn ti a, khuangchawi nun puanin a lo vawm thin a ni. Khuangchawitute tualah chuan an lam kual ta thin a ni. Chutia thing an rawn dim chuan a hnuhnung berah khan puar-ar (Joker) a awm thin a, maksak tak leh mi lam rem lo zetin a lam thin a, chu chu miin an hmu duhin an nuhi dur dur thin a ni.

Hei hi thingdim dan tlangpui chu a ni a, khualam hming a lo putna chhan hi erawh chu chiang taka hriatna a awm lo a ni. Khualam a lo nih dan sawi dan pakhat chu hetiang hi a oi. Vawh khat chu mi pakhatin khuang a chawi dawn a, a Pu khualawm te chuan thing an rawn dim a, a tute khua an rawn thlen chuan kawtchhuah atingin khaw chungah chuan an rawn lam lut nghal a. Khuaa mite chuan, 'E khai, mikhual an rawn lam e an ti a, chuta tang chuan Khualam an ti ta a ni.

Thing-thiah leh thing-dim hi khualah kher lo khawtualah pute an awm pawhin an ti ve tho thin a ni. Hmanlai chuan khualamah hian hmeichhia an lam ve ngai lo. Hmeichhia an lamna hi chu tun hnai mai a chin thar a ni. Tunah hi chuan hmeichhia lam ve thin angin kan sawi dawn a ni a, in lo hriatthiam kan beisei.

A LAM DAN

Mipa leh hmeichhia inka thlakin puandum sina kawng dawma inhnung puak zawnga din kual tur a ni. Darmangin dar hla ahnuia ni hi an sa chhuak phawt a, chu hla chu hei hi a ni.

| m . d : d / m . d : d |
Tuk boh boh uk boh boh

| m . m : d . d | m . d : d |
Tuk tuk boh boh tuk boh boh

1. Kaltluang : He mi hla sak chhuah hnua lak nawn lehna rual chiahin ke ding lam chu pen chhuakin ban phar chhuah ve nghal a vawikhat suk tur a ni. Hetia suk hian ban chu hnua lamah vai kual khel vei lam va ben deuh thak tur a ni. Khel ben leh suk chu a in rual chiah tur a ni bawk. Chu mi zawhah chuan ke vei lam pena ban vei lam thung phar chhuah tur a ni a, khel ding lam ben deuh thak paha suk ve leh tur a ni. Ban phar apiang hian ban phar loh lam kha hawi tur a ni a, taksa pawh hawina lam zawnga her ve zel tur a ni.

Chutianga vawithum phar hnua chuan ke vei lam pen chhuah tan nana hmangin pen thum kal tur ani. Kal hian khuang ni rema hma lama kal chat chat tur a ni. Pen thumna vei lamin lei arah rual chiah hian ban vei lam chu phar chhuah leha hma lama vai kual suk leh tur a ni. A hmaa kan sawi tawh ang khan ban vawithum phar hnua pen thuma hma lama kal leh tur a ni. Vawithum ban phar hian a hnunung ber chu vei lam nise, ke ding lam pen chhuak hmasa kal tur a ni a, ding lam a nih hma chuan ke vei lam pen chhuah hmasa tur a ni. A lam dan step thlak hma chuan chutianga zel chuan lam tur a ni

2. Kaltelh : Ke ding lam pena ban ding lam phar chhuah tumin ban phar vawithumna ban ding lam phar lai chiah chuan a lam dan step thlak a ni dawn tih hriat theih nan a hma aia rangin khuang chu vawithum vuak zawt zawt tur a ni. Chutia khuang

nawn zawhah chuan mipa zawng chuan an ban ding lam chu an phar nawn ang a, an su ang. Chutih lai chuan hmeichheho zawng chu kal lovin an ding lama pen khat penin an ban vei lam an phar ang a, an su ve thung ang. Chumi zawhah chuan mipaho chuan ban vei lam pharin ke vei lam pena suk tur a ni a, hmeichheho chu an ban ding lam pharin an ke ding lam hma lamah ding lam sir atanga sawn chhova pen khata penin suk ve tur a ni. Mipa hovin ban an phar nawn atanga an phar vawithumna ban ding lam an phara ke ding lam an pena an suk lain hmeichhe hovin an ban phar vawithum nan an ban vei lam chu pharin ke vei lam penin an lo su ve tur a ni. Chumi zawhah chiah chuan a hmei a pain ke pen chhuah loh zawk chu pen tan nana hmangin vawithum pena inkalthelh tur a ni a, pen thum penna kein lei a rah rual chiah chuan ban phara suk leh nghal tur a ni. Pen thumnaa lei raptu chu ke ding lam a nih chuan ban ding lam phar tur kan tih tawh kha. Hetia tlar hniha intlar hian mahni khingpuite zawn chiahah awm tur a ni. Vawithum phar leh hnu chuan pen thum pena inkalthelh leh tur a ni. Hetia inkalthelh hian mahni khingpuite vei lamah luh/kal tur a ni. Pen thum pena inkalthelh hnu chuan vawithum phar leh chumi hnuah chuan pen thuma inkalthelh. Chutianga chuan a step thlak hma chuan lam zel tur a ni a, he mi step hi 'KALTHELH' tih a ni.

3. Arpui chawmthai : Chutianga lam kual zel chuan mipaho tlar pawn zawka an awma inkalthelh hma chiaha an ban ding lam an phar rual chuan a lam dan step thlak leh nan khuang chu a hma aia rang leh na zawkin an vaw leh zawt zawt ang. Hetia khuang nawn hnu hian inkalthelh leh phawt tur a ni. Inkalthelh hian pen thum pena kal tur kan tih tawh kha. Mipaho chuan pen thumna pen nana an ke vei lamin lei a rah hnu chuan an ke ding lam chu khuang ri remin hma lama then kualin vei lam sira then pheia khuangri rem zela ding lam sira then let leh tur a ni. Chumi hnu chuan an ke ding lam baw chu vawihni an khai kang phawt ang a,

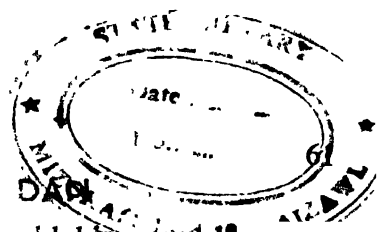
hnung lam zawnga vawihnih lei thai/phiah nan hman leh nghal tur a ni. Hmeichheho pawh chuan an pen thumnaa an ke ding lami lei a rah hnu chuan an ke vei lam chu hma lama then kualin ding lam sira then phei a vei lam sira then let lehin vawihnih an khai kang ve ang a, chumi hnuah chuan an ke vei lam hawk chu hnung lamah vawihnih bawk an thai/phiat leh ang. An yuin, a hmei a pain, an ke chet ang zia zelin an ban chu an thenin, an chawi kangin, an chet tur a ni a, hetiang a lam hian Hmeichhe tlar leh Mipa tlar chu inhawi tawn/inep tur a ni. Chu mi zawhah chuan mipain ke ding lam pen chhuakin, hmeichhiain ke vei lam pen chhuak thungin ban phar leha suk leh tawh tur a ni. Vawithum phar chhuah hnuah ke then khai leh thai. Chutiang chuan a lam dan step thlak leh hma chuan lam zui zel tur a ni. Tuna kan sawi lal lam dan hi 'ARPUI CHAWMTHAI' an ti a ni.

4. VASIR LEN :

Mipaho tlar pawn zawk a an awm a kalthelh hma chiaha an ban ding lam an phai lain a lam dan (step) thlak leh nan khuang chu a hmaa kan sawi tawh ang khan an nawn leh ang. Khuang nawn hnu chuan inkalthelh leh phawt tur a ni. Inkalthelh zawhah chuan (1) mipaho chuan a hmaa step anga ke ding lam chu then lovin ke vei lam pheikhawngah va chheh/chherchhuan pahin kawng dawmin an su tur a ni. Hetianga chet dan (movement) reng reng li khuang ri rem zelin a ni tur a ni. (2) hmeichheho pawhin ke vei lam chu then lovin ke ding lam pheikhawngah va chheh/chherchhuan pahin an kawng an dawm ang a, vawikhat an su ve tur a ni. Hetia suk zawhah hian mipaho chu vei lamah an her deuh hlek ang a, chu mi hnuah chuan ding lamah an her leh ang a, ke ding lam chu pen chhuakin ban ding lam phar chhuakin an su leh ang. Hmeichheho pawh chu an suk (pheikhawnga ke chherchhuanin) zawhah chuan ding lam sirah an inher deuh hlek ang a, chu mi hnuah chuan an vei lamah an inher leh ang a, ke vei lam

chu pep lana hmangin ban vei lam an phar chhuak ang a, an su ve' leh ang. Chutianga vawi thum an phar leh hnu' chuan an inkalthelh leh ang. Tuna kan sawi lam dan (step) hi 'VASIR LEN' a ni a, a step thlak leh hma chuan chutianga chuan lam zel tur a ni. Ke ding lam pheikhawnga ke vei lam emaw ke vei lam pheikhawnga ka ding lam emaw va chherchhuan hian ke va chherchhuan/chheh khan a chhipin lei a zu khawih tur a ni.

5. **Vakawl len** : Vasir lena lam dawna khuang nawn hunah bawh khan khuang chu nawn leh tur a ni ang a, chumi hnuah chuan inkalthelh leha ke leh lam pheikhawnga va chher chhuan leh tur a ni. Hetia ke va chheh rual hian an vaiin an ban khinghnih chu an vei lam sirah an phar chho tur a ni. Ban phar chhoh chu lak thlak leh hnuin kawng dawma vawikhat suk leh tur a ni Chu mi zawhah chuan ban khinghnih chu ding lam sirah phar chhoh tur a ni a, ban phar chu lak thlak leh hnuin kawng dawma vawikhat suk leh tur a ni Chu mi zawhah chuan ban khinghnih bawh chu hma lamah sang zawnga phar chhoh leh tur a ni a, chu mi hnuah chuan ban phar chu la thla lehin kawng dawma vawikhat suk leh tur a ni. Ban phar chhoh leh suk lai reng reng hian mahni khingpuite nen inzawn chiah leh inhmatawnin awm tur a ni. Chu mi hnuah chuan mipain ke ding lam pen chhuah tan nana hmangin ban ding lam an phar chhuak ang a, hmeichheho chuan an ke vei lam pen chhuakin an ban vei lam an phar ang. Hetia phar zawhah hian vawikhat suk zel tur a ni. Vawithum pena phar hnuah chuan inkalthelh leh tur a ni. A chunga kan sawi tak ang khian a lam dan (step) thlak leh hma chuan lam zawm zel mai tur a ni. Tuna kan sawi tak lam dan (step) khi 'VAKAWL LEN' a ni.



A LAM DAN

Mipa leh hmeichhia inke thlak in grand kawng dawma inhnung puak zawnga din kual tur a ni. Darmangin dar hla ahnuia mi hi an sa chhuak phawt a, chu hla chu hei hi a ni.

| m . d : d / m . d : d |
Tuk boh boh tuk boh boh

| m . m : d . d | m . d : d |
Tuk tuk boh boh tuk boh boh

1. **Kaltuang** : He mi hla sak chhuah hnua lak rawn lehna rual chiahin ke ding lam chu pen chhuakin ban phar chhuah ve nghal a vawikhat suk tur a ni. Hetia suk hian ban chu hma lamah vai kual khel vei lam va ben deuh thak tur a ni. Khel ben leh suk chu a in rual chiah tur a ni baw. Chu mi zawhah chuan ke vei lam pena ban vei lam thung phar chhuah tur a ni a, khel ding lam ben deuh thak paha suk ve leh tur a ni. Ban phar apiang hian ban phar lob lam kha hawi tur a ni a, taksa pawh hawina lam zawnga her ve zel tur a ni.

Chutianga vawithum phar hnua chuan ke vei lam pen chhuah tan pena lamangin pen thum kal tur ani. Kal hian phuang in lama hma lama kal chat chat tur a ni. Pen thumna vei lamin lei a rah rual chiah hian ban vei lam chu phar chhuah leha hma lama vai kual suk leh tur a ni. A hma kan sawi tawh ang khan ban vawithum phar hnua pen thuma hma lama kal leh tur a ni. Vawithum ban phar hian a hnuing ber chu vei lam nise, ke ding lam pen chhuak hmasa kal tur a ni a, ding lam nih hma chuan ke vei lam pen chhuah hmasak tur a ni. A lam dan step thlak hma chuan chutiang zel chuan lam tur a ni.

2. **Kalttheih** : Ke ding lam pena ban ding lam phar chhuah tumin ban phar vawithumna ban ding lam phar lai chiah chuan a lam dan step thlak a ni dawn tih hriat theih nan a hma aia rangin khuang chu vawithum vuak zawt zawt tur a ni. Chutia khuang

nawn zawhah chuan mipa zawng chuan an ban ding lam chu an phar nawn ang a, an su ang. Chutih lai chuan hmeichheho zawng chu kal lovin an ding lama pen khat penin an ban vei lam an phar ang a, an su ve thung ang. Chumi zawhah chuan mipaho chuan ban vei lam pharin ke vei lam pena suk tur a ni a, hmeichheho chu an ban ding lam pharin an ke ding lam hma lamah ding lam sir atanga sawn chhova pen khata penin suk ve tur a ni. Mipa hovin ban an phar nawn atanga an phar vawithumna ban ding lam an phara ke ding lam an pena an suk lain hmeichhe hovin an ban phar vawithum nan an ban vei lam chu pharin ke vei lam penin an lo su ve tur a ni. Chumi zawhah chiah chuan a hmei a pain ke pen chhuah loh zawk chu pen tan nana hmangin vawithum pena inkalthelh tur a ni a, pen thum penna kein lei a rah rual chiah chuan ban phara suk leh nghal tur a ni. Pen thumnaa lei raptu chu ke ding lam a nih chuan ban ding lam phar tur kan tih tawh kha. Hetia tlar hniha intlar hian mahni khingpuite zawn chiahah awm tur a ni. Vawithum phar leh hnu chuan pen thum pena inkalthelh leh tur a ni. Hetia inkalthelh hian mahni khingpuite vei lamah luh/kal tur a ni. Pen thum pena inkalthelh hnu chuan vawithum phar leh chumi hnuah chuan pen thuma inkalthelh. Chutianga chuan a step thlak hma chuan lam zel tur a ni a, he mi step hi 'KALTHELH' tih a ni.

3. Arpui chawmthai : Chutianga lam kual zel chuan mipaho tlar pawn zawka an awma inkalthelh hma chiahah an ban ding lam an phar rual chuan a lam dan step thlak leh nan khuang chu a hma aia rang leh na zawkin an vaw leh zawt zawt ang. Hetia khuang nawn hnu hian inkalthelh leh phawt tur a ni. Inkalthelh hian pen thum pena kal tur kan tih tawh kha. Mipaho chuan pen thumna pen nana an ke vei lamin lei a rah hnu chuan an ke ding lam chu khuang ri remin hma lama then kualin vei lam sira then pheia khuangri rem zela ding lam sira then let leh tur a ni. Chumi hnu chuan an ke ding lam bawh chu vawihnih an khai kang phawt ang a,

hnung lam zawnga vawihnih lei thai/phiah nan hman leh ngbal tur a ni. Hmeichheho pawh chuan an pen thumnaa an ke ding lam leh lei a rah hnu chuan an ke vei lam chu hma lama then kualin ding lam sirah then phei a vei lam sirah then let lehin vawihnih an khai kang ve ang a, chumi hnuah chuan an ke vei lam bawh chu hnung lamah vawihnih bawh an thai/phiat leh ang. An zelin, a hmei a pain, an ke chet ang zia zelin an ban chu an thenin, an chawh kangin, an chet tur a ni a, hetiang a lam hian Hmeichhe tlar leh Mipa tlar chu inhawi tawn/inep tur a ni. Chu mi zawhah chuan mipain ke ding lam pen chhuakin, hmeichhiain ke vei lam pen chhuak thungin ban phar leha suk leh tawh tur a ni. Vawihum phar chhuah hnuah ke then khai leh thai. Chutiang chuan a lam dan step thlak leh hma chuan lam zui zel tur a ni. Tuna kan sawi lal lam dan hi 'ARPUI CHAWMTHAI' an ti a ni.

4. VASIR LEN :

Mipaho tlar pawn zawk a an awm a kalthelh hma chiaha an ban ding lam an phar lain a lam dan (step) thlak leh nan khuang chu a hmaa kan sawi tawh ang khan an nawn leh ang. Khuang nawn hnu chuan inkalthelh leh phawt tur a ni. Inkalthelh zawhah chuan (1) mipaho chuan a hmaa step anga ke ding lam chu then lovin ke vei lam pheikhawngah va chheh/chherchhuan pahin kawng dawmin an su tur a ni. Hetianga chet dan (movement) reng reng hi khuang ri rem zelin a ni tur a ni. (2) hmeichheho pawhin ke vei lam chu then lovin ke ding lam pheikhawngah va chheh/chherchhuan pahin an kawng an dawm ang a, vawikhat an su ve tur a ni. Hetia suk zawhah hian mipaho chu vei lamah an her deuh blek ang a, chu mi hnuah chuan ding lamah an her leh ang a, ke ding lam chu pen chhuakin ban ding lam phar chhuakin an su leh ang. Hmeichheho pawh chu an suk (pheikhawnga ke chherchhuanin) zawhah chuan ding lam sirah an inher deuh hlek ang a, chu mi hnuah chuan an vei lamah an inher leh ang a, ke vei lam

chu pep lapa hmangin ban vei lam an phar chhuak ang a, an su ve leh ang. Chutianga vawi thum an phar leh hnu chuan an inkalthelh leh ang. Tuna kan sawi lam dan (step) hi 'VASIR LEN' a ni a, a step thlak leh hma chuan chutianga chuan lam zel tur a ni. Ke ding lam pheikhawnga ke vei lam emaw ke vei lam pheikhawnga ka ding lam emaw va chherchhuan hian ke va chherchhuan/chheh khan a chhipin lei a zu khawih tur a ni.

5. Vakawl len : Vasir lena lam dawna khuang nawn hunah bawk khan khuang chu nawn leh tur a ni ang a, chumi hnuah chuan inkalthelh leha ke leh lam pheikhawnga va chher chhuan leh tur a ni. Hetia ke va chheh rual hian an vaiin an ban khinghnih chu an vei lam sirah an phar chho tur a ni. Ban phar chhoh chu lak thlak leh hnuin kawng dawma vawikhat suk leh tur a ni. Chu mi zawhah chuan ban khinghnih chu ding lam sirah phar chhoh tur a ni a, ban phar chu lak thlak leh hnuin kawng dawma vawikhat suk leh tur a ni. Chu mi zawhah chuan ban khinghnih bawk chu hma lamah sang zawnga phar chhoh leh tur a ni a, chu mi hnuah chuan ban phar chu la thla lehin kawng dawma vawikhat suk leh tur a ni. Ban phar chhoh leh suk lai reng reng hian mahni khingpuite nen inzawn chiah leh inhmatawnin awm tur a ni. Chu mi hnuah chuan mipain ke ding lam pen chhuah tan nana hmangin ban ding lam an phar chhuak ang a, hmeichheho chuan an ke vei lam pen chhuakin an ban vei lam an phar ang. Hetia phar zawhah hian vawikhat suk zel tur a ni. Vawithum pena phar hnuah chuan inkalthelh leh tur a ni. A chungka kan sawi tak ang khian a lam dan (step) thlak leh hma chuan lam zawm zel mai tur a ni. Tuna kan sawi tak lam dan (step) khi 'VAKAWL LEN' a ni.

6. Khupsuk : Khuang nawn hun a hmaa kan sawi angah khan khuang chu nawn a ni leh ang a, chumi hnuah chuan inkal thelh leh tur a ni. Pen lina turah chuan a hmaa kan sawi ang khan a hmei a pain ke chher chhuan leh tur a ni. Chumi hnuah chuan vawi hnih suk tur a ni. Suk zawbawh chuan mipaho zawng chu vei lam sirah an thle hmasa ang a, ding lamah an thle let leh ang. Hmeichheho erawh chu ding lamah an thle hmasa ang a, vei lamah an thle let ve leh thung ang. Chutia an thlek hnuah chuan mipaho chuan ke ding lam pen chhuah tan nana hmangin ban vei lam pharin an su ve leh thung ang. Chutianga ke pen leh ban phar ding lam leh vei lam inchhawka vawi thum an suk bawh hnuah chuan a hmaa kan sawi tawh ang khan inkal thelh leh tur a ni a; chumi hnuah chuan ke chher chhuan leh a thlek tawna a step thlak leh hma chu lam zawm zel tur a ni. Tuna kan sawi lam dan (step) hi 'KHUP SUK' a ni.

7. Sailawinu kal : A hmaa kan sawi hunah tho khan khuang an nawn leh ang a, chumi hnuah chuan inkal thelh leh tur a ni. Pen thum pen hnuah pen lina tur chu pen thumna ke rual chiahin chip hmakin han chheh tur a ni a, chumi rual bawh chuan mahni khingpui/hma zawn a mite nen inhawitawn nghal thap tur a ni. Chumi zawbawh chuan mipaho chuan hma lamah an ke ding lam an pen ang a, chutih lai bawh chuan hmeichheho chuan an hma lamah bawh an ke vei lam ve thung pen khatin an pen ang.

A hmei a pain an pen chhuah loh zawng chu an pen chhuah tak rual turin an hnuk chho leh ang. Chumi zawbawh chuan an pen chhuah hmasak theuh bawh kha hma lamah pen khatin an pen leh ang a, a hma ang bawh khan an pen chhuah loh chu an pen chhuah rual turin an hnuk chho leh ang. Chutia hma lama pen hniha hma an sawn hnuah chuan mipaho chuan ke ding lam pen tan nan hmangin hnung lamah pen khatin an tawh ang a. hmeichheho erawh chu an ke vei lam pen nana hmangin

hnung lamah pen khatin an tawh kir ve thung ang. An vai chuan an pen chhuah tak rual tur chuan an pen chhuah loh zawk chu hnung lamah an hnuk kir theuh ang. Chumi hnuah chuan an pen chhuah pangngai tho kha pen khat bawkin hnung lamah an pen kir leh ang a, an pen loh zawka chu an pen tak rual tur chuan an hnuk kir leh ang. Chumi zawhah chuan vawi thum pena ban phari suk zel kha a ni leh tawh a, mipaho chuan ke ding pen chhuak tanln ban ding lam an phar ang a. hmeichhebo erawh chuan an ke vei lam an pen hmasain an ban vei lam an phar hmasa ang. A lam dan (step) thlak leh hma chuan chutiang chuan lam zel tawh tur a ni. Hei hi 'SAILAWINU KAL' a ni. Sailawinu kalah hian hriatreng turte chu— (i) Hma lam leh hnung lama pen khat te te a kal/tawh bian kawng kut khing hniha dawm reng tur a ni a, (ii) Hma lam leh hnung lama kal/tawh hian pen zau lovin ke inpelhsawh tawh lek chauhva pen tur a ni.

8. Tuipukhangtan : Khuang nawn hun te, ke chheh dan te leh hmeichhia leh mipa ke chheh 'chhuah te pawh Sailawinu kala mi nen khan a la inang vek a, mahse inhmachhawn tawh lovin an inhnungchhawn tawh thung tur a ni. Sailawinu kal ang chiah khan hma lamah pen hniha hma sawn tur a niin chu mi hnuah chuan pen hnih bawka hnung lama tawh leh tur a ni. Mahse Sailawinu kala ke hnuk thin kha hnuk tawh lovin khai deuh vah vah tawh thung tur a ni. A lam dan dang zawng zawng chu Sailawinu kal nen khan a inang a ni. He lam dan kan sawi mek hi 'TUIPUKHANG TAN' tih a ni.

9. Ar khawthim dai : Khuang nawn hun te leh inkalthelh a pen zat turte pawh kha a pangngai a la ni reng a. Chnvangin khuang nawn hnuah pawh chuan inkalthelh leh phawt tur a ni. Ke pen chhuah hmasak turte pawh a hmaa kan sawi tawh vek kha a la ni. Pen lina tur chu pen thum penna ke ruala va chheh tur a ni a, chu mi rual bawh chuan mipa leh hmeichhie chu inhmatawna din thap tur a ni.

chutah mipaho chuan an ke ding lam chu hma lama then kualin an ke vei lam sirah an ke ding lam chhip chuan vawihnih an va per ang a, ke per lai chuan ban vei lamin kawng dawm tur a ni a, chu ke per rem vek chuan ban ding lam chu vei lam sirah vawihnih vai pheï ve tur a ni. Chu mi hnuah chuan ke ding lam chu ke vei lam rualin an chhep eh ang. Hmeichheho chuan an ke vei lam chu hma lama then kualin an ke ding lam sirah an ke vei lam chhip chuan vawihnih an per ang a, ke an per lai hian an kut ding lamin an kawng an dawm ang a, an ke per rem bawk chuan an ban vei lam chu hma lam atangin an ding lam sirah vawihnih an then pheï ve ang. Chu mi hnuah chuan an ke vei lam chu an ke ding lam rualin an chhep tha ve leh ang. Hetia ke an chheh rual leh hnuah hian a hmei a pain an ke an la per loh lam theuh kha hma lama then kualin an ke khing leh lam sirah vawihnih va per tur a ni a, ke per rual chuan a hmaa kawng an dawmna lam ban kha hma lam atanga vaiin an ke perna lam hawiin vawihnih bawk va then ve zauh zauh tur a ni a. Chutih lai chuan an ban then loh lam kha a hmaa an kawng an dawm loh lam kha dawm tur a ni. Chu mi hnuah chuan an ke per lam chu la let leh in an ke an chhep rem leh nghal ang. Chu mi zawhah chuan mipain ke ding lam pen chhuakin an ban ding lam an phar ang a, hmeichhehovin an ke vei lam pen chhuakin an ban vei lam an phar chhuak nghal ang. Hetia phar zawhah hian an vaiin an su leh zel ang. Chutianga ban ding lam leh vei lam inphar chhawka pen thum an pen hnu chuan an inkalthelh ang a, a hmaa lam dan (step) kan sawi tak ang khan khuang nawn leh hma chuan lam zel tur a ni. Tuna kan sawi tak lam dan (step) khi 'AR KHAW-THIM DAI' a ni.

10. Kawingo len : A hma lama kan sawi tawh khuang nawn hunah bawk khan khuang chu nawn a ni leh ang a, khuang nawn hnu chuan inkalthelh leh a ni ang a, pen zat tur leh pen hmasak turte pawh a hmaa kan sawi tawh ang tho kha a la ni.

Amaherawhchu inkalthelh zawbah chuan⁴inhmatawn tawh lovin a lam pum kal zelin a pan lam chu hawi theuh tur a ni. Mipaho chuan pen thum an pen hnuah a pen lina tur chu an khai nghal zauh tur a ni a, an ke ding lam khai lei an rah leh rual hian an kaiha vei lama thlep thla deuhvin an zu su deuh zauh tur a ni. Chu mi zawbah chuan an kaiha mara din ngil leh pahin an ke ding lam chu an khai kang ve leh zauh tur a ni. Hmeichhia pawhin pen thum an pen hnuah an pen lina tur an ke vei lam chu an khai nghal ve zauh tur a ni. An ke vei lam khai lei a rah leh rual chuan an ding lam kaiha chu tlema tithlepin suk ve leh tur a ni a, kaiha mara thawh leh rualin an ke vei lam chu an khai kang leh zauh tur a ni. Inkalthelh zawbah ke khai tih dawn hian awn deuh de dawa awm tur a ni. Mipaho chuan an ke khai remin an ban vei lam chu huung lamah an nghawk ang a, ban ding lam pawh an hma lamah an beng thleng vela sangin an vai chho ve ang. Vawihnih ke an khai hnu chuan mipain an ke ding lam pen chhuakin an ban ding lam an phar ang a, an su ang. Chutianga ding lam leh vei lam inchhawka pen thum pen hnu chuan inkalthelh a ni leh ang. Khuang nawn leh hma chuan chutiang chuan lam zawm tur a ni. He lam dan (step) hi 'KAWLINGO-LEN' a ni.

Kawlingo len hnua khuang nawn leh chuan lam tan tirha tlar khata an awm ang khan tlar khata insiam leh tur tihna a ni ang. Khuang nawn hun chu a pangngai, mipaho tlar pawn zawka an awm lai, kal thelh hma chiah ban phar vawi thumna, mipahovin ban ding lam an phar lai chiahin khuang chu nawn leh tur a ni ang. A hmaa lam dan kan sawi ang kha chuan inkalthelh hun chiah a ni a, mahse inkal thelh lovin a tira tlar hniha an insiam dawna mipahovin an ban an phar nawn ang khan mipaho zawng chuan an ban an phar nawn leh ang. Hetia mipahovin an ban ding lam an phar nawn lai chiah hian hmeichheho chuan kalthelh lovin mipa awmna lamah pen khat penin an ban ding

lam pharin an su ang. Chumi zawhah chuan an zavaí chuan an ke vei lam pen chhuakin an ban vei lam an phar ang a, an su ang. Chumi hnuah chuan ke ding lam chu pen chhuakin an ban ding lam an phar leh vek ang a, an su leh tur a ni. Chutichuan mipain an ban ding lam an phar nawn atangin an vawithum pharna a ni a, chu mi hnuah chuan pen thum pena a pen thumnain lei a rah rual chiah chuan ban phara suk leh nghal tur a ni. Chutianga lam zel chung chuan a hmasa ber atangin lamna hmun atangin chhuah tur a ni. A hmasa lam an chhuak tawh tih avangin a hnahnung lam inthlahdah nghal ve tur a ni lova, lamna hmun chhuahsan hma chuan lam zel tur a ni a, lamna hmun atangin lam chungin chhuah tur tihna a nih chu. Lam reng reng hi uar thiam leh a mawi a ni tih hi hriatreng tur a ni.

SIKPUI LAM

Sikpui lam hi hmar lam a ni a, Sikpui kut an hman nikhua hian an lam thin a ni. Sikpui kut hi kum that kum, buh leh bal an ngah kumin an hmang thin a, lal leh upaten a hun leh ni an rel a, thlasik lain an hmang deuh ber. Zu bilh nan leh kut ur lawk nan thla a duh a, he mi chhunga an khua atanga ruang a chhuah phawt chuan, hlamzui (h) pawh ni se kut tur chu an thulh phah thak thin a ni. Tichuan Sikpui kut chu Hmarhovin buh leh bala an hmuingil kum leh an dam tlan kum chauhva hman thin a nih chu.

Kut an hmanna hmun atan chuan tlang chhip zawl emaw, lal mual emaw an thlang thin a, chutah chuan zawllung an dawh thin a ni. Zawllung an dawhna tur hmuah chuan naupang an inbuantir a, an tluka an lu lei vuakna leh an ke-artui tlawhna lai an chhinchhiah a, chu mi hmunah chuan zawllung chu lungthu angin lung pathum an phun thin a ni. Lung an phunna khur tinah chuan a mawngah hnathel pasarih leh Kel ok pasarih an dahin an phun hnan zel thin. Naupang inbuante kha nula

leh, tlangvalin 'Buantlaw' hla sa chungin an din huəl
 thin a ni. Lungthu anga lung pathum an phun
 chungah chuan lung phek an chhuang/phah a, chu
 chu 'Zawlung dawh' an tih chu a ni a, chu lung dawh
 chu mi tupa whin a tibkhawloh chuan 'a tai a tla
 ngei ngei tur a ni' an ti.

Kut an hmana an lamna tur mualzawl chu an
 hung a, chu mi hung chhunga dan bawhchhia
 upiingin sial an chawi zel thin avangin a hungna
 palah se-hrul an dah nghal zel thin. Hetianga
 sial inchawitir hi khawiah mah sawi buai theih a ni
 lo. Zai leh lam hlim kawngah chuan serh leh sang a
 aym lo emaw tih mai tur a ni. Kum tina he kut
 hi hman theih a nih loh avangin an thlahlelin an
 uar em em thin.

Tunlaia Hmar lam kan tih tam takte hi sikipui
 kut an hmana an lamte a ni deuh vekin an sawi
 thin a. Mahse sikipui kut hi eng hun laia an lo
 hman tan nge ni tih chu hriat chhuah rual a ni
 tawh lo. Kut upa takah chuan a pawm theih ngei
 thung ang. Sikipui lam hla serh leh hla dangte han
 chhiar hian ngaihdan hrang hrang a chhuah phah a,
 thenkhat phei chuan "Mizote hi Israel hman kan lo
 ni ngei mai" tih chhui chhuahna fungah tak an lo
 hman bawh a. A ni lah tak a. Sikipui lam hla
 han en hian tuipuisen kan te, an hmelma tuipuiin a
 chim thu te, chhuna chhumin a hruai thu leh zana
 mein a hruai thu te, lungpui atanga tui vuak chhuah
 te leh vahmim man thute a lang a; mahse hla dang
 pawh tam tak a awm a ni. He kut hian ni sarih
 leh zan sarih te a awh thin.

A LAM DAN :- Zawllung chungah khanin khuang-
 pu leh Zailakpa an chuang a, khuangpu chuan
 khuangben leh hla lak a tum a, Zailakpa erawh
 chuan seki tum pahin hla a hrii thung thin. A lam
 tur mipuite chu zawllung lam hual turin an rawnin
 tlar a, a hmasa berah pitar putar an awm a, a
 dawtah nu leh pa nula leh tlangvalin an dawt leh a,
 tleirawl leh rawl tharin an zui ve leh a. Hmeichhe
 naupang leh mipa naupangin an dawt ve leh a, mi tla
 hlang, chhumchhia leh mi ang lo ten hnu an dawt
 thin a ni. Chutianga intlar chuan tlar hnihin an

insiam thin a, an inzui tlar put put thin. Sikpui lam hlate hi hla inchhang anga hman a ni a, an sak dan kan hriat chian theih nan a hla pakhat han tarlang ila, a tha awm e.

Khuangpu : "Sikpui in thang kan ur lai a,
Changtuipui aw senma hrili kang intan."

Mipui/Lamte : "Kera lawna ka leido aw,
Sunah sum ang, zanah mei lawn in-
vak i e."

Khuangpuin hla a han lain a kan sa a. mipui lamte chuan chhang leta 'Kera lawn a' tih an lak rual chuan an ke ding lam chu hma lamah pen chhovin ding lam sir. deuh hlekah han rah tur a ni a, ke ding lam han rual tur chuan vei lam pawh han pen chhoh ve tur a ni a. Ke vei lamin lei a rah rual chuan vawikhat suk tur a ni. Suk zawhah chuan ke ding lam chu hnung lamah then letin ding lam sirah pen thlak dawrh tur a ni a, chu mi zawhah chuan ke ding lam rual turin vei lam chu chheh thlak ve tur a ni. Ke khinghnih chheh rual lai chiah chuan vawikhat suk leh tur. Suk reng reng hian muang deuh dalha suk zei tur a ni. Chutiang zel chuan ding lam sira sawn zelin an lam zel ang a. Zawlung chu an lam hual dawn a ni. Lam rei duh chuan hla dang sak zel emaw, sak nawn leh thin emaw mai tur a ni.

Sikpui lam hla lar zualte chu hengte hi a ni;

1. K. Sikpui in thang kan ur laia.
Changtuipui aw sangma hrili kang in tan.
L. Kera lawna ka lei do aw,
Sunah sum ang, zanah meilawn in vak i e.
2. K. An tur a sa thlu a ruol aw,
In phawsiel le in rafeite zuong thaw ro.
L. Sumra zula ka leido aw,
Kera lawn a, mei sum ang lawn invak i e.
3. K. Sum ra zul a, ka lei do aw,
Laimi sa ang chang tuipuiin lem zova.
L. A va ruol aw la ta che,
Suonglung chungat tur zuong put kha la ta che.

4. K. An tur a sa buon ra lung aw,
Eikhuo zielung simtienga zuongtla nawi ei.
L. Thlantbla chalva in sa ie,
Tien Zawlwchawnghawii i hmel ka landi.
5. K. Tieu kuem phaia kan lien lo uo,
Thainu sakruong par chiei ie.
L. An hawi hawi kha la ta che,
Muolma zuma tlang zawl in hawi la ta che.
6. K. A khuo durlai khuo zu fang ie,
An faial aw naufam an lawm.
L. A tui a tui kha la ta che,
Vawkchal a sa, Siel a sa zawng la ta che.
7. K. Thila khuongpuithlurin lam a panna lamah,
Palfung va tawng, pam luo raw ie.
L. Chuongsiel tla re raw, si zawl a panna lamah
Kamkei va tawng, pam luo raw ie.



TANGKAWNGA VAILAK LAM

Tangkawnga vailak lam hi Hmar lam, Sikpui kut an hman tuma an lam thin a ni a, hmanlai chuan sechhun khuangchawi leh intihhlum nikhuaah te he lam hian an lam ngai lo. Upa sawi dan chuan tum khat chu thing kawrawnga tangkawng vaklut tur hi vai pakhatin a meiah a man a, pawh chhuah a tum a; mahse tangkawng chuan thingkawrawngah chuan a hnuk luk ta zawk a, a samte chu thingkawrawng kotlangah a tang tun mai a ni. Miin sam an han hmuh chuan an en Chiang a; vaipa chu a lo thi hman reng a, hla an phuah ta a, chu chu tangkawnga vailak lam hlaah an hmang ta a ni. Sikpui kut an hman tuma an lam tlaivar changte hian daiin an sam a lo tlak var chuai thin a, chungte chu hlaah an siam zel a, tangkawnga vailak lam hlaah an hmang ta zel a ni. He lam hi lam nuam tak leh mawi tak a ni a, tun hma lam chuan an uar hle thin a ni. Tunaherawh chuan sikpui kutah kher lo pawh khawtlang intihhlum nikhua leh mi lian mi lal hmuah nan te pawh an hmang ta a ni

A LAM DAN

Tangkawnga vailak lama an lam dan sawifah
nan a lam hla tarlang hmasa ila a tha awm e.

Tangkawnga vailak aw,
In ro satin sakhuo rawng dawng siela;
An zawl lam chang hai,
An sir rai a ie;
Tlangzawla mi hai aw,
An sir rai a ie;
An nupui chun kawlawng manbe sela ie,
A va ka chan khan aw;
Vatin va laiah,
Vareng ka chan khan aw;
Zawlsielnu khan kei mi zawng siel la,
Zawlsielnu basam;
Aium ril ang kai thla dien a ie.

A nak pek zawnga intlarin hmeichhia leh mipa
inkarthlakin an ding kual ang a, a laiah chuan lam
hruaitu te, khuangpu leh sekitumtu an awm ang.
Sekitumtu hi hla hriltu a ni than.

Khuangpuin khuang an beng tan a, a vawithum
benna rualin hla chu lak tan a ni. 'Tangkawng'
tiha 'kawng' tih sak rual chiah bian ding lama inher/
insawi tanin vei lamah nen insawi insawi tawn tur a
ni. Hla tlar hnihna 'In ro' tih lak rual bawkin ke
ding lam chu pen chhuak hmasain, ding lam sirah
pen hnih pen tur a ni. Ding lam va pen pheii rual
hian mahni thin zawn vela sangah ban khinghnih
chu vei lamah then pheii tur a niin ke vei lam pen
rualin ban khinghnih bawk chu ding lam sirah ve
thung thin chen vela sangah then pheii tur a ni.
Pen hnih pen zawhah chuan cin a, ke ding lam chu
hma lama then kualin vei lam sirah va then pheii
tur a ni a, chumi rual chuan ban khinghnih chu
vei lam sirah then pheii tur a ni. Chu mi hnuah
chuan ke ding lam chu khai let lehin vei lam ruala
chheh leh tur a ni. Chutah ke vei lam chu hma
lama then kualin ding lam sirah va then pheii ve
pahin ban khinghnih chu ding lamah then bawk tur

a ni. He mi hnuah hian ke vei lam chu ding lam ruala chheh that leh tur a ni. Hei zawng hi a lam dan (step) chu a ni a, lam zel dawn chuan a bula kan sawi tak ang khan ke ding lam bawk chu pen tan nana hmangin ding lam sirah pen hnih pen leh mai tur a ni. Amaherawhchu a hla tlar pasarihna (7)-a 'An nupui' tih an sak rual chiahin kut an insuih kual vek tur a ni a, an ke pen leh then chu a ngai reng a ni ang. Hla tlar sawmna (10-na) an lak leh tan rualin an kut insuih chu an inthlah leh vek ang a, an ke pen leh then chu a pangngai reng a la ni tho va, lamhruaituin lam rei a duh chuan a lam hla a bul atangin an la nawn leh mai thin tur a ni.

SAIA KETET

Saia tih hi Aichawnkhupa, hman lai hmelchhe hmingthanga an sawi thin hi a ni a, Saia ketet tih pawh hi Saia ke per tihna tluk a ni. A inbrosakna a ni ber awm e. He lam hi lam upa tak mai leh an lam serh zinga tel a ni a. A lam hi lam mawi tehchiam ni lo mah se sawi hmaih chi a ni lo vang.

Hman lai Hmarin sikipui kut an hman thin laia zan li zan nga lai an tlaivar thin lai chuan nula leh tlangval an inkawp fal deuh thin a. Saia erawh chu a hmelchhiat em avangin kawppui tur a hmu ve zo lo va, a va belhbul deuh apiang hian 'Saia, hungnaw rawh, Thirkai peng kai che' an ti zel a. An tuibura an thirkhai chu an rawn pe khawm ta zel a, tichuan Saia chuan thirkhai chu a ngah ta em em mai a. Chung thir chu a so khawm a, hreipuih leh tuthlawhah a chber a, lo zau tak mai a nei ta a. Engatinge ni na vei, buh ka ngah chuan kawppui tur chu ka hmu ve em em ang tiin a inhrosa ta a, chu chu a ni, Saia ketet an tih takna chhan chu.

Lovah chuan a riak ta tlat mai a, a diar khim ah te ohuan Buar leh Vailenhlo te chu a par ta chuk mai a ni an ti. Chuti taka a lo taimak takah chuan Buh chu a lo ngah ta em em a. A phur seng ta lo va, a khuate pawh chuan an phurpui

nain an phur seng chuang lo va, chuang n a ram hmingah chuan Buhbang an lo ti ta a, tunah erawh chuan Buhban an lo ti ta a ni. Chutia a lo taimak takah chuan buh a lo ngah ta a, chu chu hlaah an phuah a, chu mi hla rem chuan an lam ta a. Sik pui kut lamah an lo telh ta a ni.

Saia ketet lam hi lam muang tak leh hahdam tak mai a ni a, chuangin upa lam deuh hian an uar bik niin an sawi. Tin, a hla pawh hi hla in-chhang a ni a, khuangpu sak tur leh mipui, a lam ho sak tur chu a hrang a ni. Khuangpuin ama pual hla chu a sa ang a, sekipu chuan mipui sak tur hla chu a sawi ang a, chu chu mipuiin an sa dawn a ni.

A LAM DAN

Khuangpuin ama chanpual a sak lai chuan mipui lam dan tur ang chiahin a lam dawn a ni. Hmeichhia leh mipa chu inkarthlak zelin an ding kual ang a, a laiah chuan khuangpu leh sekipu chu an awm tur a ni. Khuangri rem chiahin, ke ding lam pen chhuak hmasain hma lamah pen khat pen tur a ni a, chu mi zawh chuan ke vei lam chu lak chhoh va, ke ding lam ruala chheh tur a ni. Hetia ke vei lam ke ding lam ruala chheh rual chiah hian vawikhat suk tur a ni. Chutia suk zawh chuan ke ding lam bawh chu pen chhuak hmasa lehin, thawh paha hnung lamah pen khata hnungtawlh leh tur a ni. Chumi zawh chuan ke vei lam chu lak thlaka ke ding lam ruala chheh leh a, vawikhat bawh suk leh tur a ni.

Chumi zawh chuan ke ding lam bawh chu a hma ang chiah a ke ding lam chu hma lamah pen chhoh leh a ke vei lam chheh chhoha vawikhat suk leh tur a ni. Chutianga lam pah chuan ding lam sirah lam kual/kal kual zel tur a ni. A lama te phur dan ang zelin lam hruaituin a hruai mai tur a ni. (Lam hruaitu tih hi khuangpu tihna tluk a ni) Khuaagpuin awm a tih hunah lam chu a ti tawp mai tur a ni.

A hla :—

1. K. A tlei - sawm - fa thlawh,
Kum khat - in thlaw in tuol - a - in hril.
L. Saia sawm - fa thlawh,
Kumin - tin a kul 'hrai - a - i thlaw;
Tuon a - lo an thang.
2. K. Saia - siel - phaw phurh,
An hawi - lam a siel phaw - te - i phurh.
L. Saia siel - phaw phurh,
Chalki - an ring laia - sak thlang ka do na;
Hmatiang - a - tha zo.
3. K. A tlei - lai - mitha,
An hawi - lama laimi - te - i tha,
L. Saia lai - mitha,
Khari - sawnthla dien a - dawh tuonglai
khumah;
A muol - a kan zal.

HRILH FIAHNA :-

K — Khuangpu. (Khuang bengtu)

L — Mipui. (Lam pawl/Lamho)

HRANGLAM

Hranglam han tih hian mi thenkhat chuan Rallu lam emaw ti an awm thin a, tuna kan han sawi tur hi chu Sa lu lawm lam a ni tih hriatreng tur a ni. Hranglam tih chu Hmar tawng a ni a, Duhlian lamin Salulam an tih hi a ni. A hla kan ban tarlan tur hi Hmar tawng nimahse Duhlian lam pawhin Salu lawmnaah an hmang ve tho thin a ni.

A lam danah hian step tehchiam a awm chuang lova. Sa kaptu inah chuan zu an inkhawm a, a nei neiin zu an pulut a, sabawp mantu pheh chuan zu chu arawn thlawh ngei ngei tur a ni. Chutiang chuan zu an in deuh reng a, an thu kual a, a laiah chuan an sa kah lu chu an dah a, an zinga a phur deuh deuh chuan sa lu chu an chawi a, a laiah chuan an lamkual pui a, a changin hlado te an chham a. Sa lu lawm an ni bawk a, hlim taka zai leh lamin an ri bung bung thin a ni.

1. L. Tuon felo rawi i e, tuon felo rawi i e,
Ka khuo a mi i e, tuon felo rawi i e,
A i a maw i e, tira le.
M. A-i-a maw i e, sekho kan kham i e,
Puisai langpat ang kan sai i e, serkuo kan
kham i e.
2. L. Lailen tuol zuong tum, Lailen tuol zuong tum
Zing le ram a i e, Lailen tuol zuong tum;
Suonglung hung chawi i e, tiru le.
M. Suonglung hung chawi i e, suonglung hung
chawi i e,
Zuo lera suonglung hung chawi i e;
Lailen dengthlur i e.
3. L. Chalhrekin hrawk i e, Chalhrekin hrawk i e,
Zolam Sakhi i e, chalhrekin hrawk i e;
Theipui hung hmuom i e, tiru le.
M. Theipui hung hmuomie, Theite hung hmuomie
Zolam Sakhi chalhrekin hrawk chalhrekin
hrawk i e.

HRILH FIAHNA :—

- L - A laia salu chawia lam.
M - Mipui lo zaiho kha.

LAM LAM

Lam lam hi Hmarho lam chi khat a ni a, lam
lam tiha lam hmasa zawk hi kal kawng emaw lam-
lian emaw tihna a ni a, chu angin kalkawng lam
emaw kal paha lam emaw tihna mai a ni. He lam
hi a hranpa a hmanna a awm chuang lova, lam tura
an kal chhuaba an hman thin a ni. Chhawrtuineih-
lala te thawnthu atanga an phuah Lam lama an
hman thin hla chu hei hi a ni :-

“Ruol a hlui am ngai ilu, ruol a thar,
Sawrtui rakam Neihlahai bu ang ngui”.

A LAM DAN

Mipa leh hmeichhia inhnungpuaka inkarthlakin an ding ang a, puandum kokiah batin a hmawr leh lam leh lam chu an chelh theuh ang. Khuangpuin khuang an beng ang a, a vawithum benna rual chiah chuan lam turte chuan an kawng an dawm theuh ang a, khuang vawili a benna rual chuan bla a la tanin lamte pawh chuan hla chu an sa ve tho ang a, hla tlar khatna sak chhung chuan vei lam sira inher tanin vei lam leh ding lamah an inher/in-sawi tawn ang a, hla tlar hnihna lak rual chiah hian ke ding lam pen chhuak hmasain hma lamah pen hnih an pen ang a. A pen thumna tur ke ding lam chu pen tawh lovin ke vei lam ruala chheh tur ani. Hetia ke ding lam ke vei lam ruala han chheha lei rah rual hian ke khinghniha dingdihlip chungin vawihni suk tur a ni. Vawihni suk zawhah chuan ke vei lam chu hnung lamah pen khata penkir tur a ni; chutah ke ding lam chu ke vei lam zu ruala chheh leh tur a ni a, a hma ang chiah khan hetia ke ding lamin lei a zu rah rual hian vawihni suk leh tur a ni. Ke ding lam chu hma lamah pen chhuak lehin hma lamah pen hnih bawh pen leh tur a ni a, a pen thumna tur ke ding lam chu ke vei lam ruala chheh a ni leh a, chutah vawihni suk. Chu mi zawhah chuan ke vei lam hnung lama pen khata pen phei a ni a, ke ding lam chu ke vei lam ruala chheh leh hnuah vawihni bawh suk a ni leh a. Chutiang zel chuan lam kual/hma lam pan zel tur a ni.

Hei zawng hi a lam dan (step) chu a ni mai a. kan briatreng turte chu - (1) Pen lai leh suk lai hian keartuia lei rah loh tur/dingdihlip tur. (2) Ke ding lam pen lai hian vei lam sira inher deuh hlek tur a ni a, ke vei lam pen lain ding lam sira inher ve deuh thung tur a ni. (3) Suk lai hian ngil taka din tur a ni. Lamna tur hmun thlen hmaa a hla tawp a nih chuan lak nawn leh mai tur a ni.

Lam hla thenkhatte :—

1. Ruol a hlui an ngai ila, ruol a thar,
Sawrtui rakam Neilal hai bu ang ngui.
2. Neilal hai sawngka daah chawium ang,
Favang kawlin sen rawng a rengten awi.
3. Nelva sangsari hmana ru! el lo,
Chung siari chawi vanchanghung Nelva el.
4. Siar de thep thup hmana khuo el lo,
Chungsawrthla khin ama kha tin khawtin el.



CHAWNLAM

Chawnlam hi Hmar zingah chuan lam tlanglawn berte zing ami a ni a. Hun bik leh serh leh sang nei a ni lo. Sechhun khuangchawi nikhuahah te leh mi pawimawh duhsakna leh lawmna atana an lam thin a ni ber a, khawtlang intihblim nikhua pawha mipuiin a huhova an lam theih a nih avangin tun hma lam phei kha chuan an uarin an hlimpui em em thin a ni. Chawnlam hi lam mawi tak leh lam nuam tak a ni nain tun lai hi chuan a lar vel ta lo.

A LAM DAN

A lam dan kan sawi chian zawk theih nan a lam hla pakhat tarlang ila a tha awm e.

Chung khuon a rel thiem de maw,
Van khin a rel thiem de maw;
Lairam ang ei thona dingin,
Einun thiem ang sir ta rawng.

Thiem ang sir ta rawng, (v-2)
Lairam ang ka thona dingin;
Einun thiem ang sir ta rawng.

Lam tur hmeichhia leh ruipa a inkarthlakin an ding kual ang a, a laiah khuangpu leh hla hriltu tur an awm ang. Lam turte chuan pawndum ko kiah an batin a hmawr leh lam leh lam an chelh theuh ang. Khuangpuin khuang a han beng tan a,

a vawithumna rual chuan kawng an dawn theuh tur a ni. Khuang ben vawilina rual chuan hla lak tan tur a ni leh a. Hla tlar hnihna lak tan leh rual chiahin ke ding lam chu hma lama then kualin vei lam sirah then pheih tur a ni a, hemi rual hian ban ding lam chu mahni awmah vai bet chhovin vei lam chu vei lam sirah mahni koki zawl tawh vela sangah phar pheih tur a ni. Ke ding lam chu then let lehin vei lam bula zu nghah rual chiahin ke vei lam chu hma lama then kualin ding lam sirah then pheih tur a ni a, chumi rual tho chuan ban vei lam chu awmah vai beh chhov pahin ban ding lam chu ding lam sir koki chen vela sangah phar pheih tur a ni. Hetiang hian a thunawn sak thlen hma chuan lam zel mai tur a ni. Hla tlar bultinte hi ke ding lam vei lam sirah then laiin lak zel a ni. A hla thunawn lak hun hi ke vei lam then kual lak let leh ke ding lam ruala zu nghah lai chiah a ni tur a ni. Chutichuan 'Thiem' tih lai takin ke vei lamin lei a zu rap tur a nih chu. A thu lam dawt chiah 'ang' tih atang hian sawh tan tur a ni leh a, ban dah dan leh ke then dan kha chu a pangngai a ni reng a, a danglam takna chu ke then loh zawk kha kang ve zeuhin ding lam sirah sawh pheih tur a ni. 'ang' tih laia an sawh tan khan ke ding lam/then pheih hun a ni tih hriatreng tur a ni. Chutianga sawt zel chuan hla thunawn sak chhung zawngin ding lamah an sawt/kal kual dawn a ni. Hla thunawn an sak zawhah chuan sawt sawn tawh lovin an lam tan tirh ang khan an lam leh tawh tur a ni. Lam paha an sawh chhung hian an ke then pheina lam apiangah an thle zel tur a ni. Chawnlam hla lar thenkhatte chu hengte hi an ni.

CHAWN LAM HLA

1. Chung khuon a rel thiem de maw,
Vankhin a rel thiem de maw;
Lai ram ang ei thona dingin,
Einun thiem ang sir ta rawng.

Thiem ang sir ta rawng,
Thiem ang sir ta rawng;
Lairam ang ei thona dingin,
Einun thiem ang sir ta rawng.
2. Nunhai simang an dang a,
Einun thiem ang an dang a;
Rothil ang ka nungna dingin,
Einun thiem ang sir ta rawng.

Thiem ang sir ta rawng,
Thiem ang sir ta rawng;
Rothil ang ka nungna dingin,
Einun thiem ang sir ta rawng.
3. A miin lo hril maw i e,
Nelvaiin lo hril maw i e;
An chawng hai rundaw cham chungah,
Einun thiem ang sir ta rawng.

Thiem ang sir ta rawng,
Thiem ang sir ta rawng;
An chawng hai rundaw cham chungah,
Einun thiem ang sir ta rawng.
4. Ruol hlui lam tlak zal reng a,
Eini lam tlak maw zal reng;
Nunhai simang an dang siueva,
Einun thiem ang sir ta rawng.

Thiem ang sir ta rawng,
Thiem ang sir ta rawng;
Nunhai simang an dang siueva,
Einun thiem ang sir ta rawng.



PHEIPHIT (TUMPHIT) LAM

Pheiphit lam hi hre lo kan tam hle tawh awm e. Lam nuam tak leh mawi tak anih avangin tun hma lam chuan lam lar leh an uar pawl tak a ni thin. Pheiphit tih hi Hmar tawng a ni a, Tumpbit tihna a ni. Pheiphit lam hian hun bik a nei chuang lo va, khawtlang intihhlamna chi reng rengah, mo lawmna chenin Pheiphit lam hi hman theih a ni. Pheiphit lam hi Hmar hnamin an uar ber thin. Pheiphit chu mau kut zungchal tiat vel pathum hmanga siam a ni. A chang pakhat zuahin inchi thum/li (3"—4") vela seiin inchen lo thliain an tan a, an sei lam a danglam angin ri hrang theuh an nei ta a ni. A ri chu d/r/m/ ki angin a ri chhuak a ni.

A LAM DAN

Pheiphit lam chu Pheiphit tum rema lam a ni a, Pheiphit an tum rik dan chu hetiang hi a ni—

| d : r : m | r : m : r | d : m : - |

A lam tur mipa leh hmeichhiate chu inhnung-puak zawngin inkarthlakin an ding tlar phawt ang. Puan dum an bat theuh ang a, a hmawr leh lam leh lam chu chelhin an kawng an dawm theuh ang. A hla khi vawikhat an tum chhuak phawt ang a, a vawihnihna lak leh rual chiah chuan a hmei a pain hma lamah ke vei lam pen chhuak hmasain pen thum an pen ang. Pen thum pen hnu chuan a pen lina tur ke ding lam chu hma lama then kualin vei lam sira then pheia vawikhat suk tur a ni. Ke ding lam chu then let leha ke vei lam ruala chheh leh tur a ni. Hetia ke vei lam ruala chheha ke ding lamin lei a rah rual chiah hian ke vei lam chu hma lama then kualin ding lam sirah theh pheia vawikhat suk nghal tur a ni. Ke vei lam chu ke ding lam ruala chheh leh hnuah vei lam sira inher deuh hlek paha vawikhat suk leh tur a ni. Suk zawhah chuan din ngil leh phawt tur a ni, chu mi

hnuah chuan a bul lama kan sawi tawh ang lam dan 'khan lam tan leh zel turin ke vei lam pen chhuak hmasain hma lamah pen thum pen tan leh tur a ni.

Tumphit lamah hian ke a hriat reng tur thil thenkhat a awm a, chungte chu—

1. A tirah chuan Pheiphit tuntu chuan muang deuhvin a tum ang a, a tum reng tawh tawh ang a, a lamte pawh chuan Pheiphit tum ri rem chuan an lam rang tawh tawh tur a ni.
2. Lam rei leh lam rei loh chu lam hruaitu thu thu a ni.
3. Hma lama pen thum pen hian keartuiin lei rap lovin ke chhip hmanga kal/zuan thauh thauh tur a ni. Pen/kal pah hian suk deuh hliau hliau tur a ni bawk.

LAMNGUI (LAMMUI)

Lamngui (Lammui) hi lam upa tak a ni a. Tid-dim mite lam a ni. Tiddim mite chuan kum tin buhtun leh vaimim thar hnuah hian khawdo thla (mim kut thla) hi an serh thin a, he mi thla hian Tualbiak an nei thin a ni. Tualbiakah chuan tlaiah naupang an lo chhuak khawma, awmtual an chhem-in an infiam hlim vel a, thimhlimah an tin leh mai thin. Zan lamah chuan puitlingin Tualbiak chu an chhunzawm a, chutah chuan mipa pakhat chauh 'Tang' lamin a lam thin.

Tum khat erawh chu mipa mal lam lai chu hmeichhe pakhat lunglengin a va zawm ve thut mai a. Chu chuan mi dangte pawh a tiphurin an rawn lam belh zel a, hlim takin a huhovin an lam ta a ni. Chuta tang chuan 'Tang' lam tih aiin 'Lam-ngui' emaw tia hriat lar a lo ni ta a ni. 'Ngui'/'Mui' tih chu pakhat aia tam sawina a ni a, chuvangin lamngui chu a huhova lam tihna emaw a lo ni ta a ni. Lamngui chu a lo lar zel a, thlang an tlak hnuah pawh hming hrang hranga

briat a ni zel a, Dapzarho pawhin Zangtalam to, Lamsial te an ti ta zel a ni. Chumi awm zia chu Tlanglamah pawh zah khatna, zah hnih, etc tih a ni ta ang hian Lamngui atang chuan hmang hrang hrang a lo piang chhuak ta a ni.

A LAM DAN

Lamngui lam dan hi a chian theih zawk nan leh a briatfiah a awl zawk nan an hla pakhat han tarlang ila a tha awm e.

A Ka vawn tambang na daih le,
Zangta namat sak ve aw.

B Zangtanamat zawh tiangin e,
Na dei h bel paiah kuah aw.

Mipa leh hmeichhia lam turte chu koki insi zawngin a inkarthlak in an intlar ang a, a hmasa berah khuangpu a awm ang. Mipain anmahni kar-chehtu hmeichhiate koki hla zawk lam ve ve chu an dawm ang a, hmeichhiate erawh chuan an bula mipate kawng hnung lam an dawm thung ang. Lam tura intlar te chu zat leh zat velin pawl hnihah an insiam a, a hmasa lam pawl chuan hla 'A'-na khi an sa ang a, a hnunung lam chuan hla 'B'-na khi an sa thung ang.

Lam an han tan dawn chuan khuangpuin hla 'A'-na chu amahin a sa ang a, a sak chhung zawng chuan khuang chu a tlir dar dar bawh ang. A thluk tawpah chiah chuan khuang chu na deuh datin a han beng ang a, khuang chu a ben zawm leh nghal in chumi rual chuan hla 'A'-na atang bawkin khuangpu leh a hmasa pawl chuan hla chu an sa ang a, hla lak rual chiah bawh chuan ke vei lam pen chhuak hmasain ding lam zawngin pen thum pen pheih tur a ni. Heta kan sawi pen dan hi chu hetiang hi a ni. Ke vei lam ding lama han pena pheih hian ke ding lam chhip zawnah emaw a chhip zawn pel hretin emaw ke vei lam chu va nghah tur a ni a, ke ding lam pen pheih ve thung erawh chuan

keartui vei lam hnuai hretah, ding lama la sawn phei
 matin va pen tur a ni a. Chutiang chuan ke vei
 lam chu a pena lei a rah apiangin ke ding lam ke
 chhip chung hretah zel pen tur a ni a, ke ding lam
 pen phei apiangin ke vei lam hnuai hretah zel rah phei
 tur a ni thung a ni. Hetiang hi a nih avangin ke
 vei lam chu hma lama pen phei zel a ni a, ding
 lam erawh chu lam tan hma din tlara an ke rahna
 zawnah zel pen a ni. Pen thum pen hnu chuan a
 pen lina tur ke ding lam chu ke vei lam ruala han
 chheh tur a ni a, ke ding han chheh chhoh chu
 la let lehin hnung lamah ke ding lam pen phei zel-
 na zawnah ngat turin pen khata pen tur a ni. Chu
 mi hnuah chuan ke ding lam rualin vei lam chu
 pen thlak leh tur a ni. Chutah chuan a hma ang
 bawkin ke vei lam chu pen tan nana hmangin ding
 lam sirah pen thum pen phei leh tur a ni a, a pen
 lina tur ke ding lam chu vei lam ruala chheh leh
 hnuah ding lam chu pen khata hnung lama pen a
 chu mi rual tura ke vei lam lak thlak a ni. Hei
 hi a lam dan pakhatna chu a ni.

Ke ding lam rual tura ke vei lam lak thlak lai-
 in khuangpuin khuang a han tliir leh dar dar ang a,
 a khuang tliir chhung chuan cho sawn lovin din tur
 a ni. Khuang tliir iawpah chuan na deuh hlekin
 vawikhat a han beng leh dat ang a, khuang
 ben dan panggain a beng zawn ngal ang a, chu
 mi rual chiah bawk chuan vei lam bawk pen nana
 hmang tanin vei lam zawn thungin pen thuma pen
 leh tur a ni. A pen dan zawn zawn chu a hmaa
 mi ang tho kha a ni a, a danglamna ber chu vei
 kual a ni ta hi a ni. Ke vei lam chu ke chhip
 zawn pen phei a ni a, ke ding lam chu a tira an
 intlara an ke nghahna zawnah zel pen phei tur ani
 kan tih tawh kha. A pen lina tur ke ding lam chu
 vei lam ruala han chheh leh a, chu mi hnuah hnung
 lamah pen khata pen thlak leh a, chu mi rual tura
 ke vei lam chu lak thlak ve leh tur a ni a; ke vei
 lam chu pen tan nana hmang leh tanin a hmaa kan
 sawi tak ang khan vei lama sawn kual zelin lam zel
 tur a ni.

Khuangpuin awm a tih hun apiangah khuang a tlir mai ang a, vei lama sir sawnaa an lam kual laia khuang chu tlir a nih chuan ding lam zawagin an lam kual leh mai ang a, khuang chu tlir a nih leh chuan vei lam zawngin an lam kual leh mai ang a; chutiang zel chuan khuang tlir apiangin an lam kual zawng chu an thlak mai dawn a ni. Amah-erawhchu thil pakbat kan hriat reng tur chu sir zawnga ke vei lam pen pheii rualin hma lama kun deuh tur a ni a, ke ding lam pen pheii lai erawh chuan din ngil tur a ni. Kun hian rual tlang deuh-va kun tlan thiam hi a pawimawhin a mawi a, lam thiam ni tur chuan uar thiam a ngai a ni.

LAMNGUI OR LAMMUI HLA

1. A. Ka vawn tembang nadeih le,
Zangta na mat sak ve aw.
B. Zangta na mat dawh tiangin e,
Nadeih bel paiah kuah aw.
2. A. I ngam zangah tu kaw! na tawi,
Khua kimah sang dinghih e.
B. Tukawl tawi a mim leh sawm tang,
Tuai aw ei pial, lai tan e.
3. A. Ka nawh lamin lentu sungah,
A khu lenmui kai bang e.
B. Ka tiah lamin tangsang ngual tawh,
Tung lengse bangkhuang ing e.
4. A. Tun leh ka zua, min ka lawhna,
Khua mualah lumsuang dawh nge.
B. Zingzin lailen tutkhaw! hen aw,
Sangah ka min lo hen aw.
5. A. Ka mah lohah mim leh sawm tang,
Sumtual teksei, bang hut e.
B. Sungkial dingtin nualin ngen e,
Tangual han lungtian ve aw.
6. A. Pum pai aw e, Pum pai aw e,
Zangah pum pai no aw e.
B. Zangah pum pai no aw e,
Tang ngualdem nan va lang e.

7. A. Sum dil dīl sum dīl dīl e,
Ka tial daw, sum dīl dīl e.
B. Lentu saimang ka lawp na aw,
Ka tial daw sum dīl dīl e.
8. A. Lawm maw huisai na duh le,
Lensum kaiah awm i e.
B. Lensum kaiah huisai tun u,
Deihin zing tui bang lang e.
9. A. Ka khuaah Sial melmu nawn kang,
Hawitawm kung hingna dim dim e.
B. Tanguai tawm kuang ang zove aw,
Ka sang kawlvā bang awng lam ve aw.
10. A. Ka sumtualah, awmsial min lian aw,
Fungin bawm e, mi za-in bawm e.
B. Fungin bawm e, mi za-in bawm e.
Khua suangpal lun e, mi za-in bawm e.



L A M S A I

Lamsai hi Paite lam chi khat Lamngui peng pakhat a ni a, hmun hnan hnanah an lam dan a hrang hret hret a, tuna kan sawi tur hi an lam dan lar deuh ber a ni. Lamsai hi chi hnihin a then theih a, a lam dan (step) chu a inang reng naa ke per zatah a danglam a ni. Tun tuma kan sawi tur hi a lam pakhatna tiin sawi mai ila a remchang mai awm e.

A L A M D A N

A lam tur hmeichhia leh mipate chu a inkar-thlaka dingin an intlar ang a, mipain hmeichhia kokiah an kuah ang a, hmeichhiain mipa kawng hnung lamah an kuah ve thung tur a ni. Khuangpuin hma a hruai ang. Lamsai lamna hla hi Lamngui ang thovin hla inchhang a ni a, a sak dan/inchhawn dan pawh a thuhmun reng a ni. An lam hla pakhat han tarlang ila :—

- A Sawngpi ka kap nín ka (h) ngual laish.
A thang hmasa' kei hing e. *was*
- B Ka min theibang awng lo'vaw, lun i ta aw,
Sang ka kap ngual sing hing e.

Lam an tan dawn chuan khuangpuin amanin 'A'-na khi a han sa ang a, hetia a sak chung hian khuang chu a tli' dar dar ang. A thuk tawpah chuan khuang chu na deuhtakin a beng dat ang a, chumi zawhah chuan ben pangngaiin a beng zawm-in an vaiin hla 'B'-na khi an sa tan tur a ni. An sak zawh hnuá an lak tan leh atangin lam tur pawl hnihna tiente chuan mahni sak tur sain an intheu tawh ang. An vaia hla 'B'-na an sak zawh hnuá hla an lak nawn leh rual chiah chuan awmhmuna' ke ding lam vawihni' perin lam an tan nghal ang. Ke per zawhah, chuan ding lam baw' chu hnung lamah pen khata pen thlak tur a ni a, chumi zawhah chuan vei lam chu ke ding lam rual tura hnuh-thlak leh tur a ni. Ke chbeh rual hnuh chuan ke vei lam chu pen tan nana hman' nghalin ding lam sirah pen thum pen phe' tur a ni a, hetia pen phe' hian ke vei lam chu ke ding lam chhip chung zawnah zel nghah phe' tur a nun ke ding lam chu kear. tur vei lam haungah zel a phe' thung ang. Pen lila tur ke ding lam chu ke vei lam bulah vawihni' han per tur a ni. Per hnuah chuan ding lam chu hnung lamah pen khata pen thlak leh tur a ni a, chu mi zawhah chuan ke vei lam chu ding lam rual tura hnuh thlak ve leh tho tur a ni. Hemi hnuah hi chuan a hmasa kan sawi tak ang khan ding lam sira pen thum pen a lo ni leh tawh ang a, a lam dan (step) indawt ang zel khan lam kual zel mai tawh tur a ni.

Ke ding lam hnung lama pen khata pen thlak hnuá ke vei lam hnuh thlak laih khuangpuin khuang a han tli' leh dar dar ang a, chumi chung chuan lamho chu an vaiin an awmhmuna' theuhvah che sawn lovin an ding thap tur a ni. Khuang tli' zawh chiah chuan vawikhat na deuhtakin khuang chu a han beng dat ang a, khuang ben pangngai chu

beng zawm nghalin, chu mi rual chuan hla sak leh lam kha tan leh nghal tur a ni. Ke vei lam bawh chu pen tan nana hmang lehjin vei lam sirah ve thung pen thum va pen pheï tur a ni. Ke va nghah-na hmun tur chu lam dan (step) pakhatnaa kan sawi nea a thuhmun vek a ni. A lam dan (step) pawh a thuhmun vek thova, a danglamna awm chhun chu ding lama pen pheï thin kha vei lam zawngin an penin an kal ta a ni. Ding lam zawngin emaw, vei lam zawngin emaw pawh pen sela vei lam pen pheia lei rah rualin kun deuh zauh tur a ni a, sir zawnga ke ding lam pena lei rah rualin din ngil leh auh tur a ni. Ke per laiin ngil taka din tur a ni a, ke ding lam hnung zawnga pen laiin ding lam sirah thlek pheï tur a ni thung a, ke ding rual tura vei lam chheh thlak laiin hawi ngil leh tawh tur a ni.

Khuangpuin khuang a tlii zawha hla a lak leh khuang ben panggaia a ben leh rual zelin lam an tanin a hma a an pen pheï lohna lam hawiin an pen zel ang. Hriat reng tur pakhat chu khuangpu hi tumahin hla an lak khalh tur a ni lo.

Lamsai hla lar thenkhatte chu hengte hi an ni -

LAMSAI HLA (PAKHATNA)

Khuangpu — Khawi khawi khawi khawi khawi khawi khawi.

Lam pawl — Lui, Lui, Lui huk.

1. A. Sawngpi ka kap nin kah ngual laiah,
A thang hmāsa kei hing e.
 - B. Ka min thei bang awng law vaw lun ita aw,
Sang ka kap ngual sing hing e.
- He mi hla hi sak nawn sak nawn mai tur a ni.

LAMSAI, HLA. (PAHNIHNA)

1. A. Tuana pupa mabang patsa.
Lamsai tawng e ngual aw e.
B. Lamsai tawng e ngual aw e,
I sai sei liai liai na maw.
2. A. Awngki dawng vua sawm khalh ngual aw,
Vawn mang awng sung tung hen aw.
B. Sawmkhawlh ngual e ka vawn mangin,
Sual ngual luangtui dawl aw e.
3. A. Diam diam leng la kawm tang ka ngual,
Khaw ngai lo bang awm leng e.
B. Khaw ngailo i awm zawng a,
Sin lai zangva bang a pil ta,
4. A. Khuaki siak khuangbang ka kaihna,
Dintui a lian hing e,
B. Dintui a lian hing e,
Sawm tang a so a sang hing e.
5. A. Sum dil dil sum dil e,
Ka tial daw sum dil dil e.
B. Lentu saimang ka lap na aw,
Ka tial daw sum dil dil e.
6. A. Lenpan kawlni suak sil sial e,
Minza awng tawng mase e.
B. Minza awng tawng mase e.
Ka ngaih tawh vam sil sial e.

ZANGTALAM

Zangtalam hi Lamngui peng pakhat a ni a; amaherawhchu khaw hran hranah an lam dan a hrang hret hret a, tuna kan rawn sawi tui hi chu Champhai vela an lam dan lar ber a ni.

A LAM DAN

Hmeichhia leh mipa inkarthlakin an ding tlar a, mipain anmahni karchehtu koki an vuan theuh ang a, hmeichheho erawh chuan anmahni laitattu mipate kawng hnung lamah an kuah thung ang. Amah-erawhchu hmeichhia leh mipa inkarthlak thovin an inhnungpuak zawngin an intlar thei tho baw k a, hetiang a an intlar chuan an hmaa mite koki vei lam an vuan tur a ni. Zangtalam lam hla hi hla inchnang chi baw k a ni a, lam tur intlar zatve hma lam a miten hla 'A'-na an sa a, a zatve hnung lam a miten hla 'B'-na an sa ve thung ang.

Khuangpu chu lam hmahruaitu a niin hla latu a ni baw k. Khuangpu chuan khuang a beng ang a, hla 'A'-na amahin a sa chhuak phawt a, a hla sak chhung chuan khuang chu a tlar dar dar tur a ni. A thluk tawpah chuan vawikhat na deuhvin khuang chu a han beng dat ang a, chu mi zawhah chuan hla 'A'-na sa turte chuan an sa tan nghalin khuang pawh a ben dan pangngaiin ben a ni a, hla an lak rual baw k chuan ke vei lam pen chhuah tan nana hmangin ding lam sirah pen thum pen tur a ni. A pen lina tur ke ding lam chu hma lamah han then kan chhoh tur a ni a, chu chu then let lehin hnung lamah pen khat pen nghal tur a ni. Hnung lama pen khat pen thlak hnua chuan ke vei lam pawh hnung lama then thlak pahin khai kan ve deuh auh tur a ni a, ke vei lam then thlak chuan lei rap lovin a hma a kan sawi tak anga ding lam sirah pen thum pen nan hmang nghalin ding lam sirah pen phei tur a ni. Hei zawng hi a lam dan (step) chu a ni. Hetiang hian an lam kual zel ang a, hnung lama ke ding lam then thlak hnua vei lam then thlak leh laiin khuangpuin khuang a

han tlii leh dar ~~dar ang a~~, khuang tlii chung chuan
 an ke vei lam chu an khai kang reng tur a ni.
~~Khuang tlii tawpahn chuan na deuhvin vawikhat~~
~~khuang chu ben a ni leh ang a, chumi ruai chuan~~
~~ke vei lam khai chu leiah ngah thak tur a ni.~~
 Khuang chu a ben pangngatin ben chhazawm tur
 a niin ke vei lam bawk chu vei lam sirah ve thung
 pen pheiin pen thum pen leh tur a ni a, a pen dan
 te leh ke then dan te pawh ding lam sira an pen
 lai a mi ang tho kha a ni. Chutianga an lam zel
 lai chuan khuangpuin hun a tih hunah ke vei lam
 hnung lama an then let lain khuang a tlii leh ang
 a, chumi huah chuan an pen phei lohna lam
 hawi zawngin an penin an lam zel tur a ni. Khuang
 pu hi lam hmahruaitu a nih avangin a duh hun
 hunah lam tiawp turin lamho chu an lamna hmun
 atangin lam chungin a hruai chhuak mai ang.

Zangtalam bla lar thenkhatte chu hetiang hi an ni

ZANGTALAM HLA

1. A. Ka sial sial tiang ka sial sang sawn a,
 Sangdam tuibang kiam lam a nawng e,
 B. Sangdam tuibang kiam lama nawng e,
 Sanglon tuibang huai lama nawng e.
2. A. Muafhem kajah, ngai aw zingzin,
 Lung lai ata, tangho nuam aw e.
 B. Lunglai ata tangho nuam aw,
 Tawnkal mualtun tai nam no aw e.
3. A. Ka tawmkhuang le saugi zam huang,
 Nun nuam in sai sai sai ta leng e,
 B. Nun nuamin sai sai sai ta leng,
 Tuim ngabang lam lam ta leng e.
4. A. A nuaminbang a nuam hia maw,
 Zua lam lensial ki leh khuanguam e.
 B. Zua lam lensial ki leh khuanguam,
 Zingzin lenlen kal tang dam nuam e.

5. A. Nanglah kim khen ningzu duang kuai,
Len lah sin ngam lamva ma nawng e.
B. Kei ka heina sin ngam lei pan,
Awm nuam tang zai sa aw nem veng e.
6. A. Ka ngai kua tawh ka teh ve diam,
Tiau ah lumsuang pal tawh teh vang e.
B. Tiau-ah lumsuang pal a heu le,
Ka ngaih lung a, ngil feng ning e, saisen
ngual aw e.
7. A. Pupa ngual ngen Tiaului lum suang,
Simsing bang ngil de mei law maw e.
B. Huana tangnâh hui si sem bang,
A nah lai hei zolove lawm e.
8. A. Sangsa vaina nahsing nuaiah,
Na zua poh tang nasa ram ngaih aw.
B. Na zua poh tang a hi lova,
Zini lamtual a hi ngaih aw e.



LIANDOVA HLA

1. A. Ka kuan lamin pal siau siau ta,
Ka tiah lamin Guntui a lian e.
B. Guntui chung-a chawnban a kai,
Ka thai Chawng aw na pam ta lua hi e.
2. A. Thai aw tho aw hmingzu zuk aw,
I sum tulah lenrual kawlvâ bang lam e.
B. Ka kiangah thum thum te awi e,
Nem nem tam tam pe ve aw thai Chawng aw.
3. A. Ningzu duh leh Pualva tang tawh,
Aisa duh leh ka lang nuai va en aw.
B. Ka lang nuai ka va en aw,
Ka lu vakawl pualsa tai bang e.



SAZAWNG LAM (SALAWI LAM)

Mizo hnam dang zingah chuan Sazawng lam hi lar vak tawh lo mahse Palteho zingah chuan lam pawimawh tak a la ni reng a ni. Hmun thenkhat a mite chuan sazawng lam hi salawi lam an ti a ni. A lam dan pawh hi hmun hran hrana an tih dan a inang vek lova, danglamna tlem tlem a awm thin a tuna kan rawn sawi dan tur hi a tlanglawn ber leh an hman lar ber a ni. Sazawng lam lo chhuah hun chu a briat theih tawh lo va, a lam chung changah chuan lam hun bik leh serh leh sang a awm lo nia a lang. Khawtlang intihhlim nikhuaah te, sechhun khuangchawi niah te, kut ni vangthlaah te leh mi lian mi lai lo lawm nan te hman theih vek a ni. Sazawng lam hi lam brahdam tak a ni a, upa deuh tan pawh hah tehchiam lova lam theih a ni. A lam nan hian bla bik a awm chuang lova, darbu an tum a, chumi rem chuan an lam mai a ni.

A LAM DAN

A lam dan chip chiara kan sawi hmain darbu hla pakhat han tarlang ila-

| r : m | r : d | r : d | m :- |
 Sazawng phoi ~~kat~~ phoi ~~kat~~ set
 | r : m | r : m | r : d | m :- |
 Damtui ling pa til dawn set

Mipa leh hmeichhia inhnungpuakin a inkar-thlakin an ding tlar ang a, a hmasa berah darpu a awm ang. Entir nan a chunga hla kan tarlan khi darpuin vawikhat a tum chhuak phawt ang a, a vawihniha a lak lehin 'Sazawng' tih a tum chiah chuan an vailin hma lamah an ke ding lam an pen nghal ang a, 'phoikai' tih lahin ke vei lam pen leh tur a ni a, 'phoikai' tih nawmas chuan ke ding lam pen chhuah leh tur a ni. Chutichuan hma lama pen thumin an pen ta tihna a nih chu. 'Set' tih laiin ke vei lam chu pen chhuak ve tawh lovin kaiha thlepa khai kana vawikhat suk tur a ni.

suk hnuah chuan vei lam atanga her kualin hnung lam hawia ke vei lam khai kan chu pen nana hmang nghalin 'Damtui' tih rual chiah chuan pen kir leh tur a ni a, 'ling pa' tih laiin ke ding lam pen leh tur a ni a, 'til dawm' tih lai chuan ke vei lam pen leh tur a ni. Chutichuan pen thum bawkin an kir leh ta tihna a nih chu. Pen thum pen hnua 'set' tih lai tak chuan ke ding lam chu pen tawh lovin kaihza thlepa khai kangin vawikhat suk leh tur a ni. Suk zawhah chuan ding lama inher kualin lam tan tirba an hawina lam hawi lehin ke ding lam chu pen chhuah nana hmang lehin hma lamah a hma a kan sawi ang khan pen thum pen leh tur a ni. Chu zawng chu a lam dan (step) chu a ni a, lam rei duh chuan hla hrang hrang sak zel emaw a hla ngai pawh sak nawn sak nawn mai tur a ni. Sazawng lama kan hriat reng tur chu a tira an intlara an hawi lohna lama pen kir apiang hian hma lama an pen aiin an pen zau lo zawk thin tih hi a ni.

KHUI LAM

Khuai lam an chin tan hun chu hriat theih ni lo mah se, lam upa tak a nih chu a rinawm. A lam hming hi Khuai lam tih ni mahse, buh za an aih tuma an lam hlimna thin a ni. A hla tlem han tar lang ila :—

: m . r : m : m . r : d : d

Khuai nghal aw rawng fa tu tu

: m . r : d . r : m : r : m

Min leh sawm-fang rawng phur aw

: m . r : m : m . r : d : d

Khuai nghal aw rawng fa tu tu

: m r : m . r : m r : d : d

Rawng fa rawng fa rawng fa tu tu

He hla aṭang' mai pawh hian buh za aih niah an lam ṭhin a ni. tih chu a chiang hle mai. Buh za aih ni hian khawtlangin awmni an kham a, mipuite chu zu leh saa hrai an ngaih avang leh mi retheiten an zar an zo nan buh leh bal engemaw zat sem a ngaih ṭhin avangin buh za ai tur chuan mi hausa leh thilphal nih a ngaiin mi neinung nazawng chuan buh za hi an ai thei ṭhin lo a ni. Buh za aituin a duh ber chu khawtlangah mi ropui, 'challang zah ka' leh lal leh upate duhsak nih bakah mi retheite a zar zo tir a ni.

Miin buh za a aih dawn chuan a hma fe aṭangin zu an sain khuai an la ṭhin. A ni a lo thlen chuan 'mualah' tlam-em an hnuk chhuak a, a khatin buh an chhung a, a chungah chuan pasalṭha pakhat a lam a, a hmaa khuai an lak thlar kengin nula leh tlangvalton tlam-em chu an lam hual ṭhin a ni. Pasalṭha chuan a lam pahin buh chu a thai thla zauh zauh reng a, chu chu mi retheiten an lo rut ṭhin a, buh aituin a la/rut ve thiang lo. Buh chu a phai deuh chuan an chhung leh zel a, chutanga buh chhung tam thei chu miin an ngaisangin an ngai ropui hle ṭhin a ni. Chutia an lam chu darbu, darkhuang leh khuangin an lo rem tlut tlut ṭhin a ni. Buh za aih hian a awb rei leh a awb rei loh, chu a aitu hausakaa leh a thilphal nain a bril mai a ni.

A LAM DAN

Mualah tlam-em an hung a, a chhunga buh a khatin an chhung a, chu chu mi pathumin puana inlukupin an dawm tlat a, a chunga lam tu pasal ṭhain kawluam a keng a. He tlam-em hawi zawng hian nula leh tlangval inkarthlakia an ding kual ang. An lam hla tur chu darin yawikhat an han tum chhuak phawt a, a vawihnihna lak rual chiah chuan nula tlangval lam tur te chuan ke ding lam chu ding lam sirah an kar/pen phei ang a, an ke ding lam bulah chuan an ke vei lam an chhep phei leh ang a, chumi hnuaa chuan an ke ding lam

bawk chu vawi khatin an kar/pen pheih leh ang a, tichuan ke chet chu vawi thum a lo ni ta a, ke vei lam chu ke ding lam bula va chhep tawh lovin khai kan tur a ni. Hetia kar/pen hian ke ding lamin lei a rah rual zel hian lu chu ding lamah thlek zel tur a ni a, ke vei lamin lei a rah rual hian vei lamah thlek ve thung tur a ni. Hetia thlek reng reng hian thlekna lam apiangah taksa pawh awn tir ve zel tur a ni bawk. Ke vei lam khaia ding lama thlek zawhah chuan ke ding lam chu khai kan ve thung a vei lama thlek tur a ni. Chumi hnua h chuan ke ding lam khai kan chu ding lam sira kar/pen nana hmang leh nghalin a tira an kal ang khan penthum bawk penin ding lam sirah kal pheih leh tur a ni. A hma ang bawk khan a pen lina tur ke vei lam chu khai kana ding lama thlek a ni leh a. Chutiang zel chuan ding lam sirah zel lam kual lam kual tur a ni a.

Ke vei lam khaia ding lama thlek laiin khuang-puin a hmaa a khuang ben dan pangngai aia rangin vawi thum a han beng nawn zawt zawt ang a, chu vele h chuan nula leh tlangvalho chu an ding lama inher kualin 'tlam-em' hnung chhawn zawngin an awm ang. A hmaa an lam dan ang tho khan an lam zuil zel ang a, amaherawhchu an mahni an inher tak avangin lam let/tawlh let angin aa lang dawn ta a ni.

Khuang nawn apiangin an ding lam atanga inher kualin a lam dan ngai rengin an ding lam zelah an lam kual zel dawn a ni.

Pasaltha tlam-em chung a lam kha chuan lam dan (step) mumal a nei hran lova, a duh ang angin a lam mai a, a changin em chung atangin a zuang thla ang a, em chu a duh ang angin a lam kual vel thin ang.

BURTE LAM

Burte lam hi Mizo hnam lamte zingah chuan hriat lar loh leh chin lar tawh lohte zing ami a niin eng hun laja an chin chhuah nge tih pawh a hriat tawh lo a ni. Engpawh nise, burte lam hi rawchhem tum rema lam a nih avangin lam upa tak a nih chu a rin theih a ni; a chhan chu titiah rawchhem hi Lalruanga chin tan leh a tihchhuah nia sawi a ni.

Tun lai hi chuan Hrangkhawlhovin burte lam hi an la ching a, mo lawm nikhuaah te, kut ni vangthlaah te leh khawtlang intihhlum niah te burte lam hian an lam thin a, mi lian lawm nan pawh an hmang thin. He lam hi thiam taka lam tur chuan inthazawh a ngaih em avangin nula leh tlangval lamah an ngai deuh thin reng a ni.

A LAM DAN

Inhnungpuak zawngin mipa leh hmeichhia inkar thlakin a ding kual zawngin an ding kual a, a laiah chuan khuangpu leh rawchhem tumtu an awm thin a ni. A lam turte chuan mau bung 1/2 foot (fit chanve) vela sei, a bul lam chauhva chang awm pahnih theuh an kutpah zangthal zawngin an keng theuh tur a ni. An mau bung ken chu a chang lam a inhawitawn bawh tur a ni.

Khuangpuin khuang a beng tan ang a, vawili a benna rual chiahin rawchhem chu tum tan a niin a lamate pawh chuan hma lama pen thum kal turin an ke vei lam an pen chhuak ve nghal ang. Pen thum an pen hnua chuan an pen lina tur an ke ding lam chu kaiha thlepinan khai kang a, an kaiha hnuaiah chuan an mau bung ken chang lam ve ve chu vawikhat an zu chhu ang. Hetia mau chhut pah hian sawh deuh hlah tur a ni. Chu mi zawhah chuan ke ding lam hma lamah pen khat pen tur a ni a, lei rah rualin ding lam khup chungah mau kha vawikhat bawh chhut leh tur a ni. Chu mi hnua chuan ke vei lam chu khai ve leh a, kaiha hnuaiah vawikhat bawh chhut leh tur a ni. Chu

mi zawhah chuan ke vei lam chuan hma lamah pen khat pena lei rah rualin khup vei lam chungah mau vawikhat chhut leh tur a ni. Chutia ding lam leh vei lam khai chhawka kaihza hnuaia vawihnih ve ve mau chhut hnuaiah chuan din ngila kawng hnung lama mau chu chhut tur a ni. Chumi zawhah chuan tai zawnah vawikhat bawh chhut leh tur a ni. Tai zawnah chhut hnuaiah chuan awm hmun pangngai-ah tho ke ding lam khai kaihza hnuaia chhut leh tur a ni. Ke ding lam khai kaihza hnuaia chhut a ni leh ang a, chumi hnuaiah chuan ke vei lam kaihza hnuaia chhut leh tur a ni. Tai zawnah chhut hnua ke ding lam leh vei lam vawihnih ve ve an khai an kaihza hnuaia vawihnih ve ve mau an chhut hnuaiah chuan an ke chhep rualin an chal zawnah mau chu vawikhat an chhu leh ang. Chal zawnah an chhut hnuaiah chuan an tai zawnah vawikhat an chhu leh ang a, chumi hnuaiah chuan a tira lam dan kan sawi tanna ang khan an lam tan lehin a hmaa a lam dan indawt dan ang zel khan lam zel tur a ni. Burte lamah hian thil chhinchhiah tur pawimawh tak tak a awm a, chung te chu :—

- (1) Khuang ri rema lam tur a nih avangin khuang a ran chuan lam ran mai tur a ni.
- (2) Lam rei leh lam rei loh chu khuangpu leh raw-
chhem tumtu thu thu a ni mai a, lam bruaite an ni.
- (3) Ke khai kaihza hnuaia mau chhut lai hian kun deuh hlek tur a ni a, mahse kawng hnung lam-ah te, tai zawnah te leh chal zawnah te chhut lai chuan din ngil tur a ni thung.
- (4) 'Awm hmun pangngaiah tho' tia a hmaa kan sawina lovah khai chuan ke khai kaihza hnuaia chhut zawh apiangin ke khai khai pen nana hmangin hma lamah pen khat pen zel tur a ni.

SARLAMKAI

Sarlamkai hi Pawi lam a ni a. Mara-te chuan Solakia an ti a, Lusei lam erawh chuan Ral lu lam an ti thung a ni. Kan pi leh pute indo reng reng a. an hmanhlelh thin lai kha chuan ral an thah chu an ai zel thin a, an aih loh chuan ral thattu thih ve hunah a ral thah thlarau kha a lo kawlhin a bawihah a bruai thei lo vang tih an ringin an blau a ni.

Ral lu aih hian ni nga (5) lai a awb a ni. A ni khatna leh a ni hnihna chu zu leh sa nen zai hlim nan an han hmang liam phawt a. A ni thum ni chuan vawk an talh a, rallu aitupa chu vawk thi chuan a pumin a inchulh vek a; a ni lina tlaiah emaw a ni ngana zingah emaw a inbual fai chauh thin. He mi ni nga chhung hian ral ru aitu chu hmeichhe kiangah a riak tur a ni lo. A riah vaih chuan a ral thah thlarau kha a lungni lovin 'Kei ainn hmeichhia a duh zawk a lawm' tiin ral that leh thei tawh lo turin ramtuileiloah a siam an blau a ni.

Mi hausa te, Chopi te leh Chinzah-ho chuan Dawlakia leh Chochhipa-tein han zawm zel thin a ni. Hetianga ral lu la thei leh ai theite hi mipuiin an ngaisangin an zah em em a, Lal leh upa te pawhin an duhsak em em thin a ni. Chutiang ni thei tur chuan thi leh thau pawlhin an theihna zawng zawng an hmang thin a ni. Chutiang pasal thate chu khawtlang chhanna leh tanpui ngai tanpuina kawngah an tangkaiin khawtlangin an thlamuan phah tak zet thin a ni.

Ral lu an aih chuan an lam thin a, chuta an lam chu Sarlamkai an tih chu a ni. Sarlamkai lam bruai nan hian khuang pawh an hmang thin nain darbenthek hi hman lar ber a nih tak avangin a hnuaja kan thu ziaakah pawh hian 'dar ben' tiin kan sawiin kan ziaak dawn a ni.

A LAM DAN

Inhnungpuakin mipa leh hmeichhia inkarthlaka din kual tur a ni. Lam hruaituin muang fan deuh raibin dar a han beng ang a, a ben vawihnihna rual chuan kun tur a ni. A vawithum benna aṭang chuan rang deuh vatin a beng tawh ang. Dar vawithum a ben rual chiah hian ke ding lam pen chhuaha hma lamah pen thum tlan tur a ni. Pen thum tlan zawhah chuan ke vei lam khaia vawikhat suk tur a ni a, suk rualin ban ding lam chu kiu-a thlepin vai chhoh tur a ni. Ke vei lam chu ke ding lam ruala chheh leh phawt hnuah ke ding lam khaia vawikhat suk ve leh tur a ni a, suk rual hian ban vei lam chu kiu-a thlepin vai chhoh ve tur a ni. Ke ding lam pen chhuak ṭan lehin kan sawi tak ang khian lam kual zel tur a ni.

Ke vei lam khaia suk laiin a step chu thlak tur a ni. A step thlak dawn chuan dar chu vawithum chiah rang taka ben zawt zawt tur a ni a, a vawithumna rual chiah chuan ke ding lam chu lo khai kan ve zauh tur a ni. Chumi zawhah chuan ke vei lam hma lama then kan rualin ban khinghnih pawh hma lama then phei ve tur a ni. Ban leh ke vei lam chu then let leh nghal tur a ni a, ke vei lam kha ke ding lam ruala chheh leh a nih rual rualin ke ding lam chu hnung lama then kan ve thung tur a ni a, chumi rual vek chuan ban khinghnih pawh chu hnung lamah then phei ve tur a ni. Chumi zawhah chuan ke ding lam chu hma lamah pen khat pen tur a ni. Ke ding lamin lei a rah rual chuan ke vei lam chu hma lamah then kangin a hmaa kan sawi tak ang khan tih zel tur a ni a, chutiang chuan a step thlak leh hma chuan lam zel tur a ni.

Ke vei lam hma lama then lai hian a step thlak nan dar chu nawn a ni leh ang. Ke ding lam chu hnung lama then leh phawt hnuah ke ding lam chu hma lamah pen khat pen leh tur a ni a, lei rah rualin ke vei lam chu hma lama then kualin ding

lam sirah theh phei a, vawikhat suk tur a ni. Chutia suk zawhah chuan ke vei lam chu then let lehin ke ding lam ruala chheha vei lam sira inher deuh hlek pabin vawikhat suk leh tur a ni. Chu mi zawhah chuan ke vei lam bawk ke ding lam sirah then phei lehin vawikhat suk leh tur a ni. Hetia ke then lai hian a lai (centre) lam hawi vek tur a ni. Chutia suk zawhah chuan ke vei lam chu then leta pen nana hmang nghalin hnung lamah pen thuma pen kir tur a ni. Ke ding lam chu hma lama then kualin vei lam sirah then pheia vawikhat suk tur a ni. Chu mi zawhah chuan ke ding lam chu lak let leha ke vei lam ruala chhepin ding lama inher deuh hlek paha vawikhat suk leh tur. Chu mi zawhah chuan ke ding lam bawk chu ke vei lam va kawkalhin vei lam sira then pheia vawikhat suk leh tur a ni. Ke ding lam chu la let lehin ke vei lam ruala chheh rualin ke vei lam chu khaia vawikhat suk tur a ni. Chu mi zawhah chuan ke ding lam chu khaia vawikhat bawk suk tur. Hetia ke ding lam khaia suk hnu hian ke ding lam chu pen chhuah nana hmang nghalin hma lamah pen thum pen tur a ni. Ke ding lam pen chhuah rual chiah chuan ban pahni pawh hma lamah then chhoh zawk tur a ni. Pen thum pen zawh chuan ke vei lam bawk chu hma lama then kualin ding lam sirah then pheia vawikhat suk tur a ni. Chu mi zawhah chuan ke ding lam ruala chheh a, ding lama inher deuh hlek paha vawikhat suk leh tur a ni. Chu mi hnuah chuan ke vei lam chu ke ding lam sira then phei lehin vawikhat suk leh tur a ni. Chu mi zawhah chuan ke vei lam chu pen tan nana hmang nghalin pen thuma tawlh kir leh tur a ni. Pen thuma tawlh kir zawhah chuan ke ding lam chu ke vei lam sira then pheia vawikhat suk, chutah ke vei lam ruala chheha vawikhat suk leh tur a ni. Ke ding lam chu then phei leha suk leh tur a ni a, ke vei lam ruala chheh hnuah ke vei lam khaia suk, ding lam khaia suk; ke ding lam pen chhuak hmasain hma lamah pen thum pen. Chutiang zel chuan a step thlak leh hma chuan lam zel tur a ni.

Ke ding lam khaia hma lama pen thum pena
 ke ding lamin lei a rah hmasak zawk rual chia
 hian a step thlak nan dar chu nawn a ni leh ang a.
 Hma lama pen thum pen hnu chuan ke vei lam chu
 hma lama then kualin ding lam sirah then pheia
 vawikhat suk tur a ni. Chumi zawhah chuan ke
 vei lam chu lak leta ke ding lam ruala chheh a, vei
 lama inher pahin vawikhat suk leh tur. Chumi
 zawhah chuan ke vei lam chu then pheleh in vawik
 khat bawk suk leh tur a ni. Suk zawh chuan ke
 vei lam chu ke ding lam ruala dah tur. Ke chheh
 rual a nih rual rualin lei hrutin ke ding lam chu
 hma lamah thai chhovin ke vei lam erawh chu
 hnung lamah thai thung tur a ni. Ke ding lam thai
 chhoh chuan ke ding lam chhipin lei vawihnih per
 tur a ni. Vawihnih per zawh chuan ke ding lam
 chu hnung lama thai thlak a, ke vei lam chu hma
 lama thai chhoh; ke ding lam chu hma lama thai
 chhoh leh a, chu mi ruala ke vei lam hnung lama
 thai thlak, ke ding lam hnung lama thai thlak leha
 ke vei lam chu hma lama thai chhoh leh tur a ni.
 Chumi zawhah chuan ke vei lam chhipin vawihnih
 per ve tur a ni. Hetia ke thai chhoh leh thai thlak
 kan sawite hi a ruala tih zel tur a ni. Ke vei lam
 vawihnih per zawhah hian ke vei lam chu la let lo-
 vin ke vei lam awmna lamah chuan vawikhat han
 insawi chhoh tur a ni. Chumi hnu chuan sawi let
 leha sawi chhoh leh pahin ke ding lam chu hma
 lama then kualin ke vei lam sirah then pheia vawik
 khat suk tur a ni. Vawikhat suk zawhah chuan ke
 ding lam chu lak let leh a, ke vei lam ruala chheh
 tur. Ke ding lamin lei a rah rual chia hian ke
 vei lam chu khaia vawikhat suk tur a ni. Chumi
 zawhah chuan ke ding lam chu ke vei lam sirah
 then pheleh in vawikhat suk leh tur. He mi zawh-
 ah hian vei lamah sir he-a inher tur a ni a, ding
 lam sirah hnung tawlh titiha sir sawnin pen thum
 pen tur a ni. Heta pen tan nan hian a hmaa ke
 ding lam then pheleh kha hman nghal tur a ni
 Hnung tawlh titihin hma lam pan tur tihna a nih
 chu. Pen thum pen zawhah chuan ke vei lam chu
 ding lam sirah then pheia vawikhat suk

leh tur a ni. Ke vei lam chu lak let leha ding lam ruala chheh leh phawt a, vei lam sira inher deuh hlek paha vawikhat suk leh tur a ni. Chumi hnuah chuan ke vei lam chu ding lam sirah then pheh leha suk leh tur a ni. Suk zawhah chuan ke vei lam chu hnung lama thai thlak tur a ni a, chumi rual chuan ke ding lam chu hma lama thai chboh ve tur a ni. Ke vei lam thai chboh leh laiin ke ding lam thai thlak tur a ni a, ke vei lam thai thlak leh a, ke ding lam thai chboh leh tur a ni. Hetia ke ding lam thai chboh hi la let leh mai lovin ke ding lam chhip chuan lei chu zu per phawt tur a ni a, vawihnih chiah zu per tur a ni. Ke per zawhah chuan ke ding lam chu thai thlaka ke vei lam chu thai chboh thung tur a ni. Ke ding lam chu thai chbohva ke vei lam thai thlak leh tur; ke ding lam thai thlak leh a, ke vei lam thai chboh leh tur a ni. Ke vei lam chu la let leh lovin ke vei lam chhip chuan lei chu vawihnih zu per tur a ni. Vawihnih per zawhah chuan ke vei lam awmna zawn chhovah chuan vawikhat sawi chboh tur a ni. Sawi chboh zawh hnu chuan sawi let leh pabin vawikhat suk tur a ni a, suk rual hian ke vei lam khai bawk tur a ni. Chumi zawhah chuan ke ding lam chu vei lam sira then pheia vawikhat suk tur. Suk zawh chuan ke ding lam khai chu pen nana hmang nghalin ding lam sirah pen thum pen leh tur a ni. Chumi zawhah chuan ke vei lam chu ding lam sira then pheia suk tur a ni. Step thlak leh hma chuan tuna step kan sawi tak ang hian lam zawm zel tur a ni.

Ke ding lam khai kan pen chhuah nana hman nghala pen thum pen lai hian step thlak nan dar nawn a ni leh ang. Pen thum pen hnuah ke vei lam chu ding lam sira then pheia suk tur a ni; chumi zawhah chuan ke vei lam chu lak let leh a, vei lam sira inher deuh hlek paha suk tur, chutah ke vei lam bawk chu ding lam sira then pheh leh a suk leh tur. Suk zawhah chuan ke vei lam then kan chu pen chhuah nana hmang nghalin vei lam sirah pen thuma pen kir leh tur a ni. Chumi hnuah

chuan ke ding lam chu vei lam sira then pheia vawikhat suk tur; chutah ke ding lam chu lak let leha ding lam sira inher deuh paha suk leh tur a ni. Ke ding lam bawk chu vei lam sira then pheia leha suk leh tur a ni. Ke ding lam chu lak let leha ke vei lam ruala chheh leh tur ani. Hetia ke ding lamin lei a rah rual chiah hian ban vei lam chu mahni hnar zawn vela sangin phar chhoh zawka lak thlak leh vat tur a ni a, chutah phar chhoh leh vat a, la thla nghal mai lovin second khat (1) vel phar tur a ni. Hetia ban phar chhoh hian ban chu tihthlawn at tur a ni a, kut phah pawh tihthluam (hum leh) tur a ni. Ban phar chhoh lai hian ke vei lai chu hma lamah tlem pen chhuakin keartui-in lei raha ke hmawr tihkan tur a ni. Ban lak thlak lai hian ke vei lam pen chhuah chu lak kir ve zel tur a ni. Ban phar chhoh vawihnihnaa chawlh deuh dat hnu hian ban chu lak thlaka phar chhoh leh thuai a, lak thlak leh vat tur a ni. He mi tuma ban lak thlak rual chiah hian ke chhipa dingin vawihnih suk tur a ni. Suk zawh chuan ding lamah inher kualin ban ding lam chu phar chhoh zawka lak thlak leha phar chhoh leh vat tur a ni. Ban phar chhoh vawihnihnaah hian a hma a kan sawi tawh ang khan second khat vel chawlh dat ve leh tur a ni. Chu mi zawhah chuan lak thlak leh a, phar chhoh lak thlak leh vat tur a ni. Ban ding lam phar chhoh zawng hian ke ding lam chu hma lamah tlem pen chhuah a, keartuia lei raha ke hmawr kan tur a ni a, ban lak thlak rualin ke ding lam chu ke vei lam ruala chheh that leh zel tur a ni. Chutia vawithum phar hnu chuan dingdihlipin vawihnih bawk suk leh tur a ni. Suk zawh chuan ke ding lam chu pen chhuak hmasa lehin hma lamah pen thum pen tur a ni. Pen thum pen hnu chuan ke vei lam chu ding lam sira then pheia suk tur a ni a, ke vei lam chu lak let leha vei lam sira inher deuh hlek paha vawikhat suk leh tur a ni. Chu mi zawhah chuan ke vei lam bawk chu ding lam sira then pheia leh a, vawikhat suk tur a ni. Ke vei lam then kan chu pen nana hmang nghalin pen thuma pen kir leh tur a ni. Chu mi zawhah chuan ke

ding lam chu vei lama then pheia suk tur a ni a, lak let leh a, ding lama inher deuh blek paha suk leh tur a ni. Chu mi zawhah chuan ke ding lam chu vei lama then pheia suk tur a ni a, suk hnu chuan ke ding lam chu ke vei lam ruala chheh tur a ni. Chu mi zawhah chuan ban vei lam chu mah-ni hnar chen vela sangah phar chhoh leh tur a ni a, chu mi rual chuan ke vei lam chu tlema pen chuahin keartuia lei rapin ke hmawr chu tihkan tur a ni. Ban chu lak thlak leh vat tur a ni a, theh chhoh leh nghal vat tur a ni. He mi tum hian ban chu la thla leh nghal mai lovin second khat vel chawlh deuh dat tur a ni. Chu mi hnu chuan lak thlak leh a, vai chhoh leh a, lak thlak leh vat tur a ni. Ban vai chhoh apiang hian ke vei lam chu tlema pen chhuah a, keartuia lei raha ke hmawr tihkan zel tur a ni a, ban vai thlak apiangin ke vei lam chu ke ding lam ruala chheh leh zel tur a ni. Ke chheh rual veleh dingdihlipa vawihnih suk leh tur a ni. He mi hnuah hian ban ding lam phar chhoh zawka lak thlak leh thuai tur a ni a, phar chhoh leh a, second khat vel chawlh leh hnuah lak thlak leh tur a ni. Ban ding lam vek chu rang taka phar chhoh leh a, lak thlak leh thuai tur a ni. Ban ding lam phar chhoh apiangin ke ding lam tlema pen chhuakin keartuiin lei raha ke hmawr chu tihkan ve tur a ni a, ban lak thlak rualin ke vei lam ruala chheh leh zel tur a ni. Vawithum ban phar hnu chuan dingdihlipa vawihnih suk leh tur a ni. Suk zawhah chuan ke ding lam pen chhuak hmasa-in hma lamah pen thum pen leh tur a ni. Chutah ke vei lam ding lam sira then pheia vawikhat suka ke vei lam chu lak let leh a, vei lam sira inher deuh blek paha vawikhat suk leh tur a ni. Chumi zawhah chuan ke vei lam then kan chu pen nana hmang nghalin pen thuma pen kir leh tur a ni. Chutiang zel chuan a step thlak leh hma chuan lam zui zel tawh tur a ni.

Vawihnih suk zawhah ke ding lam pen chhuah nana hmanga hma lama pen lai hian dar chu nawn a ni leh ang a, pen thum pen hnuah ke vei lam chu ding lam sira then pheia suk tur. Ke vei lam chu lak let leha vei lam sira inher deuh hlek paha vawikhat suk leh tur a ni. Chu mi zawhah chuan ke vei lam bawk chu ding lam sira then pheia suk leh tur a ni a, ke vei lam then kan chu pen nana hmang nghalin pen thum pen kir leh tur a ni. Hetia pen kir lai hian dar chu nawn a ni leh ang a. Pen thum pen kir zawhah chuan ke ding lam chu ke vei lam sirah then pheia suk leh tur a ni. Chu mi zawhah chuan ke ding lam chu lak let leha ding lam sira inher deuh hlek paha suk leh tur. Ke ding lam chu lak let leha ke vei lam ruala chheh chiahah chuan ke vei lam chu khaia suk tur a ni. Chumi zawhah chuan ke vei lam chu ke ding lam ruala chheha ke ding lam khai thunga vawikhat bawk suk ve leh tur a ni. Chumi ke ding lam khai chu pen nana hmang nghalin hma lamah pen hnih pen tur a ni. Chutianga pen hnih pen zawhah chuan ke ding lam chu hma lama then kangin ke vei lamin sawh kan tur a ni. Hetia sawh kan lai hian hmai zawnah kut vawikhat ben tur a ni. Chumi zawhah chuan ke ding lam khai chu pen nana hmang leh nghalin pen hnih bawk pen leh tur a ni. Heta pen hnih pena ke ding lamin lei a rah chiah hian kun tur a ni a, ke vei lamin lei a rah hian dah chhuah leh tur a ni. Chutia pen hnih pen hnuah chuan ke ding lam bawk chu hma lamah then kangin ke vei lama sawh leh nghal tur a ni a, sawh rual chuan hmai zawnah kut ben leh tur. Chumi zawhah chuan ke ding lamin lei a rah rual chuan ke vei lam chu hma lama then kualin ding lam sirah then pheia vawikhat suk tur a ni. Chumi zawhah chuan ke vei lam chu lak let leha ke ding lam ruala chheha vei lam sira inher deuh hlek paha suk leh tur a ni. Chumi hnuah chuan ke vei lam bawk chu ding lama then pheia suk leh tur a ni. Suk zawhah chuan ke vei lam then kan chu pen tan nana hmang nghalin pen thuma pen kir leh tur a

ni. Pen thuma pen kir hnuah chuan ke ding lam chu vei lam sira then pheia suk leh tur a ni. Ke ding lam chu lak let leha ding lam sira inher deuh hlek paha vawikhat suk leh tur a ni a, suk zawbah chuan ke ding lam chu ke vei lam ruala chheh leh tur a ni. Ke chheh rual chiah chuan ke vei lam chu khata vawikhat suk tur a ni. Ke vei lam chu ke ding lam ruala chheh leh ngah rualin ke ding lam chu khata vawikhat suk tur a ni. Suk zawbah chuan ke ding lam chu pen jan nana hmanin hma lamah pen hnih pen leh tur a ni. Pen hnih pen zawbah chuan ke ding lam titlawnin hma lamah then kan tur a ni a, chumi rual chuan ke vei lam ringin vawikhat sawh tur a ni. Sawh rual chiah hian hma zawnah kut vawikhat ben bawk tur a ni. Ke ding lam hma lama theh phe chu pen chhuah nana hman ngahlin pen hnih pen leh tur a ni. Chumi zawbah chuan ke ding lam chu then kana vawikhat sawh leh tur a ni. Sawh lain kut ben leh tho tur a ni. Chumi zawbah chuan ke ding lam chu hma lamah pen khat pena ke vei lam chu ding lam sira then pheia suk leh tur a ni. Chumi zawbah chuan ke vei lam chu lak let leha vei lam sira inher deuh hlek paha suk leh tur a ni. Chumi zawbah chuan ke vei lam chu ding lam sira then phe leh vawikhat suk leh tur a ni a, ke vei lam then kan chu pen jan nana hman ngahlin pen thumin pen kir tur a ni. A step thlak leh hma chuan chutiang chuan lam zel tur a ni.

Kut ben lai takin step thlak nan dar chu nawn a ni leh ang. Ke vei lam pen chhuaka pen thuma pen kir leh phawt hnuah ke ding lam chu vei lam sira then pheia vawikhat suk tur a ni. Chumi zawbah chuan ke ding lam chu lak let leha ke vei lam ruala chheh ding lam sira inher deuh hlek paha vawikhat suk leh tur a ni. Suk zawbah chuan ke ding lam bawk phu vei lam sira then phe leh suk leh tur a ni. Ke ding lam chu ke vei lam rual a chhepin ke vei lam chu hnung lamah then kan phe ngah tur a ni a, hma lamah then phe leh ngah khai tur a ni a, chutun ke ding lam ruala ke vei lam chu chheh leh tur a ni. Hma ke vei

lamin lei a rah rual chiah hian ke ding lam chu hnung lamah a kanga thena hma lama then phe bleka khai ve leh tur a ni. Ke ding lam khai kan chu pen nana hmang nghalin hma lamah pen thum pen tur a ni. Chutia pen thum pena ke ding lamin lei a rah hmasak zawk tum chuan ban pahnih chu marin hma lama then kan tur a ni a, ke vei lamin lei a rahin ban chu lak thlak leh tur a ni. Hma lama pen thum pen zawhah chuan ke vei lam chu ding lam sira then pheia vawikhat suk tur a ni a, ke vei lam chu lak let leha vei lam sira inher deuh hlek paha suk leh tur a ni. Ke vei lam vek chu ding lam sira then phe leha suk leh tur a ni. Ke. vei lam chu pen chhuah nana hmang nghalin pen thuma hnungtawh leh tur a ni. Chumi zawhah chuan ke ding lam chu vei lam sira then phe leha suk tur a ni a, lak let leha ding lam sira inher deuh hlek paha suk leh tur ani. Ke ding lam vek chu vei lam sira then phe leha suk leh hnuah ke vei lam ruala chheh tur a ni. Hetia ke ding lamin lei a rah rual chiah hian ke vei lam chu khai kangin hnung lama then phe phawt a, hma lama then let leh a, khai kan auh tur a ni a, chumi hnu chuan ke ding lam ruala chheh leh tur a ni. Hetia ke vei lamin lei a rah leh rual chiah hian ke ding lam chu hnung lamah then phe phawta hma lama then leh tur a ni. Hma lama then tawpah hian khai kan leh auh tur a ni. Ke ding lam khai kan chu pen nana hmang nghalin hma lamah pen thum pen leh tur a ni. Chutiang zel chuan dar nawn leh hma chuan lam zui zel tur a ni.

Ke ding lam khai pen chhuah nana hmanga hma lama pen lai chiah hian dar chu nawn a ni leh ang a, kir leh phawt hnuah a chung a step kan sawi tawh ang chiah khian muang deuh dalha lam tawh tur a ni. Chutia muang fan raiha lam hnuah chuan dar chu nawn a ni leh ang a, kir leh phawt hnuah a hma a mi ang chiah khan ke vei lam hnung lama thena hma lama then leha khai tur a ni a, chumi hnuah chuan ke ding lam hnung lama thena hma lama then leha khai ve leh tur a ni. Ke ding

lam khai chu pen nana hmang nghalin hma lamah pen khat pen tur a ni. Ke ding lamin lei a rah rual chiah chuan ke vei lam chu tawm lovin hma lamah then kan tur a ni a, ban pawh a pahnihin mar zeta hma lama then kan ve nghal tur a ni. Chumi hnuah chuan ke vei lam chu ke ding lam ruala chheh leh tur a ni. Ke vei lamin lei a rah rual chiah chuan ke ding lam leh ban pahni chu hnung lamah then ve thung tur a ni. Chumi hnuah chuan ke ding lam chuan ke vei lam chhip bula lei chu zu rah tur a ni a, lei rah rual chiah bawh chuan ke vei lam leh ban pahni chu hma lamah then kan leh tur a ni. Chutih lai tak chuan dar nawn a ni leh ang a. Chutah ke vei lam chu ke ding lam ruala chheha din chat tur a ni. Hetia han din chat hian second khat vel chawh deuh dat tur a ni. Chumi hnuah chuan dar chu muang deuh hlekin ben zawm a ni leh ang a.

A tira tanna ang chiabin dar ben vawihnihaah chuan kun tur a ni. Dar ben vawithumna atang chuan rang deuh vatin dar chu ben zawm a ni tawh ang a. Dar ben vawithumna rual chuan ke ding lam pen chhuak hmasain pen thuma hma lama tlan tan tur a ni. Pen thum tlan hnuah chuan awm hmunah ke vei lam khaia vawikhat suka ke ding lam ruala chheh that leh tur a ni. Chumi hnuah chuan ke ding lam khaia vawikhat bawh suk tur a ni. Suk zawhah chuan ke ding lam chu pen chhuak tan nana hmang lehin pen thum bawh hma lama tlan leh tur a ni a, chutiang zel chuan lammual/lamna hmun atangin tlan chhuah tur a ni.

Lam rei leh lam rei loh chu darpu thu thu a ni a, lam reia duh chuan dar a nawn har mai a ni.

CHAWNGLAIZAWN

Chawnglaizawn hi Pawi lam a ni a, Zahau Pawi lam leh Halkha Pawi lam tiin then hnihin an then leh a, Chawnglaizawna ngaih chu a ni ve ve tho va, mahse an lam dan erawh chu a danglamin a hrang a ni. Zahau chuan mitthi vui nan an hmang a, Halkha erawh chuan intihhlum nan an hmang thung a ni. Tuna kanrawn sawi tum hi chu Halkha Pawi in Chawnglaizawn an lam dan a ni.

A LAM DAN

Lam turte intlar dan tur chu a lam tur an tam leh tlem a zir a ni a, an tam deuh chuan tlar liin an intlar a. an tlem deuh chuan tlar hnihin an intlar mai thin a ni. Tun tumah chuan hriatthiam a awl zawk nan tlar hnih chauhva intlar angin kan sawi dawn a ni. Hmeichhia leh mipa inpawlh lovin a hrangin inhnungpuakin an tlar ang a, hmeichheho chu mipa vei lamah an tlar tur a ni. An vaiin puan kokiah batin a hmawr leh lam leh lam chu an chelh/dawm theuh tur a ni. Lam hruai nan khuang-puin khuang a beng/vua ang a, khuang ri vawithumina rual chiah chuan ke ding lam chu ding lam sirah pen khata kar tur a ni a, ke ding lam rual tur chuan ke vei lam chu chheh phei leh nghal a ni a, ke vei lam va chheh fel chiah bawk chuan ke ding lam chu ding lam sirah vek pen khata kar phei leh tur a ni. Ke vei lam chu ke pen lina atan ke ding lam ruala va chhep ve tawh lovin ke ding lam phei-khawngah va nghah pahin va chhir deuh dat nana hman tur a ni. Chutia chhir deuh zauh pah chuau suk zauh tur a niin ban ding lam chu mahni awma vai beh chhoh va, ban vei lam chu kawng hnung lama vai beh phei ve thung tur a ni. Chumi hnuaah chuan ke vei lam chu pen nana hmang tanin vei lam sirah pen thuma pen phei leh tur a ni a, a pen dan/ke chheh dan chu a hmaa kan sawi tal ang tho kha a ni a, a pen lina tur ke ding lam chu ke vei lam phei-khawngah va chhir zauh paha va chheh tur a ni a, chumi rual tho chuan suk leh

zauh tur a ni. Chutia chhir lai chuan ban vei lam chu awmah vai bet chhovin ban ding lam chu kawng hnung lamah vai beh pheï ve thung tur a ni. Pen-lai hian kal pangngaia kala ban vai angin kiu tawm-in ban vai tur a ni a, pheikhawng va chhir apiang hian suk pahin awn deuh daa awm tur a ni. Hei hi a lam dan (step) khatna chu a ni a, a lam dan thlak hma chuan chutiang chuan lam kual zel tur a ni.

A lam dan (step) thlak dawn chuan vei lam sira sawna ke vei lam pheikhawnga ke ding lamin a va chhir lai chiahin dar vuak a ni ang a, ding lama sawn lehin pheikhawng ding lam va chhir laiin dar vuak a ni leh ang a, vei lama sawi let lehin pheikhawng vei lam va chhir leh lai takin dar vawithum-na chu vuak a ni leh ang. Chutia dar vawithum vuak a nih hnuah chuan a pangngaia ding lama sawi/pen pheï leh tur a ni a, mahse hmeichheho chu an mahni zawna ding mipate hnungah an lut pheï ang. Chutia hmeichhia an luh pheï theih nan chuan mipaho chuan a hma ang lovin an pen zim tur a ni. Ding lama an sawn zawhah chuan pheikhawng kha chhir leh bawk tur a ni. Tlar khata an insiam tain vei lamah an sawn pheï leh ang a, chumi zawhah chuan ding lamah an sawn pheï leh ang a, he mi tum hian hmeichheho chu anmahoi hmaa awm mipate ding lamah chiah an awm tur a ni. Chumi zawhah chuan vei lamah an sawn pheï leh ang a, hmeichheho an vei lama awm mipa hmaah theuh an ding leh ang. Tlar khata an insiam hnuah chuan ding lamah an sawn pheï leh phawt ang. Chumi hnuah chuan vei lamah an insawi pheï lehin hmeichheho chu a tira tlar hniha an in-tilar laia an awmna hmunah theuh an awm leh ang. Chutiang chuan lam zel tur a ni a, dar vawithumna a lo rik hnuah pawh hmeichhiate chuan mipaho chu vawikhat an lam hual leh tur a ni.

Chutia hmeichhiain lam chung a mipa an kal hual a, mahni awmna ngai an luah leh hnuah chuan vei lam sira an sawna pheikhawng an chhir laiin dar chu vuak an a ni leh ang a, ding lama sira an

sawna pheikhawng an chhir leh laiin dar vawihnihna chu an vaw leh ang. Vei lam sirah sawn lehin pheikhawng an chhir leh laiin dar vawithumna vuak leh tur a ni a, chumi zawhah chiah chuan a step ngai kha tibahlah lovin hmeichhia leh mipa inzawna awm te kha inhmatawn theuh turin an inherin an ding lam sirah theuh an awm ang. Inher hian mipa chu mahni vei lama her kual tur a ni a, hmeichhia erawh chu mahni ding lam zawnga her kual tur a ni thung ang. Vei lam sir zawnga an han sawi tan leh theuh chuan an insawi dan chu a lo saikalh ta a, pheikhawng an chhir lai chuan dar vawikhatna vuak a ni leh ang. Ding lama sawna pheikhawng an chhir leh laiin dar vawihnihna chu an vaw leh ang. Vei lama an sawi leha pheikhawng an chhir rual chiah chuan dar vawithumna chu vuak a ni leh ang a, chumi zawhah chuan ke ding lam pen chhuak hmasain mahni hma zawna mite ding lama lutin pen thum pena inkalthelh tur a ni. A hma ang bawh khan pen lina tur ke vei lam chhipah pheikhawng ding lam va chhir zauh paha suk leh tur a ni. Chumi zawhah chuan mahni vei lam sira sawn leh tur a ni. Chutia an inkalthelh hnu chuan mipaho kha vei lam tlarah an awmin hmeichhia leh mipa chu an inhnungchhawn ta a ni. Vei lama an sawi/sawn lai chuan dar vawikhatna a lo ri leh ang a, ding lama an sawi leh laiin dar vawihnihna a ri leh ang a, vei lama an sawi leh hunah dar vawithumna a ri leh ang. Dar vawithumna a rik chuan an lam tan tirha an hawizawng hawi vek turin inher tur a ni a, a tira hmeichheho tlarnaah khan mipa an awm dawn a nih chu. Vei lamah an sawi lehin chutih lai chuan dar vawikhatna a ri ang a, ding lama an sawn laiin dar vawihnihna a ri leh ang a, vei lama an sawi leh lai vekin dar vawithumna a ri ang. Dar vawithumna a rik hnu chuan inhmatawn tura her kual pahin ding lama sawi tur a ni. Chutichuan insaikalhin an lam ta a, vei lama an sawi laiin dar vawikhatna a lo ri leh ang a, ding lama an sawi lehin dar vawihnihna a ri ang. Dar chu vei lama sawn laiin vuak a ni leh ang a, chutah chuan ke ding lam pen hmasain mahni hma

zawna mite ding lam sira lutin pen thum bawka inkalthelh tur a ni a, a pen lina tur ke vei lam chhip-in pheikhawng ding lam a chhir leh hnu chuan vei lamah a hma ang bawk khan sawi leh tur a ni. Chutia an inkalthelh hnu chuan hmeichhia leh mipa chu inhnungchhawnin an awm ta a ni. Vei lam sira sawia pheikhawng vei lam chhir laiin dar vawikhatna a ri leh ang a, pheikhawng ding lam chhir laiin dar vawihnihna chu a ri ang. Dar vawithumna chu pheikhawng vei lam chhir laiin a ri leh ang a, chumi hnuah chuan hmeichhia an ding lama inherin leh mipa an vei lama inherin a tira an tlara an hawina lam an hawi theuh ang a, hmeichheho chu mipa vei lamah an awm leh tawh ang.

A tira an intlar anga an intlar that leh hnua vei lama an sawia pheikhawng vei lam va chhir laiin dar vawikhatna a ri leh ang a, chutianga dar vawithumna a rik chuan vei lam pheikhawng va chhirna ke ding lam chu pen chhuah nana hmang nghalin mahni hma lamah chak lutuk lova pen ngaa tlan tur a ni. Pen ngaa ke ding lamin lei a rah chiah chuan ke vei lam chu hma lama chhep phei chuang lovin ban ding lam chu awma vai beh chhohva ban vei lam chu kawng hnung lamah vai beh phei ve thung tur a ni a, chumi rual chuan vawikhat suk tur a ni. Hetia suk lai hian an tlan pheia an ke vei lam khai kan kha an khai kang reng tur a ni bawk Chumi hnuah chuan pen hma chuang lovin ke vei lam chuan lei rah tur a ni a, chumi rual vek chuan ke ding lam chu hma lama la dah thovin khai kan ve tur a ni leh ang a. Chutih lai vek chuan ban vei lam chu awma vai beh chhoh tur a ni a, ban ding lam chu kawng hnung lamah vai beh ve nghal pahin vawikhat suk tur a ni. Chumi hnuah chuan ke ding lam chuan lei rah leh paha vawikhat suk leh tur a ni.

Chutia suk lai chuan ke vei lam chu khai kan tur a ni a, ke vei lamin lei rah leh rualin suk leh tur a ni. Hetia suk pah hian ke ding lam chu khai kana inhmatawn tura her kual paha vawikhat suk

tur a ni. Suk zawhah chuan ke ding lamin lei rah ruala ke vei lam lama lama then kana vawikhat bawk suk leh tur. Ke vei lamin lei rah ruala ke ding lam hma lama then kana suk leh tur. Chumi hnuah chuan ke vei lam hma lama then kan leha suk leh a ni a, hetiangawawili ke ding lam leh ke vei lam then kan chhawk chhung hian an inhmatawn chiah tur a ni. Ke vei lam then kan leh chu zau deuhva hma lama pen nana hmang nghalin lei rah rualin vawikhat suk tur a ni a, chutih lai chuan ke ding lam chu hnung lamah kaihza thlep deuhva khai kan tur a ni. Suk zawhah chuan ke ding lamin lei raha ke vei lam khai kangin suk leh tur a ni. Chumi hnuah chuan ke vei lama lei raha ke ding lam khai kangin suk leh tur. Chutia suk zawhah chuan hmeichhia leh mipa inhnungchhawn zawnga tlar turin ke hma lama thenin a hnuaia sawi ang hian tih tur a ni. (1) Ke vei lam then kana suk. (2) Ke ding lam then kana suk leh. (3) Ke vei lam then kana suk. (4) Ke ding lam then kana suk leh tur. Hetia inhnungchhawn tur hian hmeichhia chu vei lam zawngin an inher ang a, mipate erawh chu ding lam zawnga inher kual tur a ni thung.

Chutia ke ding lam then kan chu hma lama zau deuhva pen khat pen nan hman nghal tur a ni. Lei rah rual chuan suk leh a, chumi rual chuan ke vei lam chu hnung lamah kaihza thlep deuh chungin khai kan tur a ni. He mi hnuah hian ke ding lama lei rah rualin vei lam chu khai kangin vei lama lei rah rualin suk tur a ni. Chumi hnuah chuan ke ding lamin lei a rah leh rualin ke vei lam khai kana suk leh a ni a, chutah ke vei lama lei rah leh rual bawkin ke ding lam chu khai kana inhawitawn tura her kual paha suk leh tur a ni. Hetia inher kual hian hmeichheho chu ding lam zawngin an inher ang a, mipaho erawh chu vei zawngin an inher thung ang. Chumi zawhah chuan vei lam khai kana suk. Chutah ke ding lam khai kana suk. Chumi hnuah vei lam khai kana suk. Chutia vawithum suk chhung chuan hmeichhia leh mipa chu an in-

hawitawn chiah tur a ni. Ke vei lam khaichu lei rah nana hmangin ke ding lam khaia suk a ni leh ang a, chutiang zel chuan lam zel tur a ni. Her kual lai hian pena kal lovin awmhmuna ke chu her/then mai tur a ni. Ke ding lam then apiangin ban ding lam chu mahni awma dah beh tur a ni a, ban vei lam chu kawng hnung lamah then pheï ve thung tur a ni. Chutiang bawkin ke vei lam hma lama then kan apiangin ban vei lam chu awma dah beha ban ding lam chu kawng hnung lama dah tur a ni. Ke then kan loh zawk chu kahzaa thlep thla deuhvin suk nan hman zauh zel tur a ni bawk.

Chutianga inher kual inher kual a an lam hnua inhmatawna an awm lai leh ke vei lamin lei tum hnih a rahnaah an suk laiin dar vawikhatna a lo ri leh ang. Inhnungchhawna an awma ke ding lamin lei tum hnih a rahnaah an suk laiin dar vawihniha a ri leh ang. Inhawitawna an awm lehin ke vei lamin lei tum hnih a rahnaa an suk lai vekin dar vawithumna an vua ang. Dar vawi thum a rik zawha chuan hmeichhiate chu an zawn awm an khingpui mipate hnungah chiah theuh ke then dan pangngaia then chungin an lut pheï tur a ni. Hetia hmeichheho an luh pheï lai hian mipaho chuan an awmhmun theuhah ke then dan pangngain ke an lo then tur a ni. Chutichuan tlar khatah an lo insiam leh ta a nih chu. Ke then dan pangngaia ke then chungin an vai chuan an tlara ding hmasa berin a hruaina lam lam, ding lam emaw vei lamah emaw inher kualin an tlara a hnukung bera ding awma lam hawiin an lam kual tur a ni. Amah-erawhchu a tira an intlar khan tlar li (4) lo ni ta se, hetia an kal kual dawn hian tlar hnihah an insiam dawn tihna a ni a, chuvangin duh zawng zawng her mai lovin vei lam tlara awma chuan an vei lama berin an kual ang a, ding lam tlara awma chu an ding lama inherin an lam kual ve thung tur a ni. Kan sawi tawh angin tun tumah hi chuan a tira tlar hnih chauh ang khan kan sawi zui zel dawn a ni. Tlar khata an insiam hnua a hnukung ber awma a hmasa bera awma a thlen hnua chuan

mipa chu, an tlarna ngaiab tlar leh turin an lam chho zel ang a, hmeichhiate pawh tlar khata an insiam hmaa an tlar pangngaia awm leh turin mipa awmna tlar aanga vei lam panin an lam kual chho ve leh ang. Tichuan tlar hnihin an lo insiam leh ta a nih chu.

Hmeichhia leh mipain an awmna hmun theuh an thlen kim hnu chuan kal sawn zel tawh lovin an awmhmunah ke then dan pangngaia then zel chungin an lam zui zel tur a ni. Chutianga ke ding lam leh ke vei lam hma lama then kan chhawk dan kan sawi tawh anga vawi li tnen hnuah ke vei lam then kan chu lei vawi hnih lei rah/per nana hmangin a vawi hnih lei zu rah rualin dar vawi khatna a ri ang a, hma lama ke then chhawk lehin vawi li then hnuah bawh ke ding lam then kan per nana hmanga vawi hnih per rual chiah bawh chuan dar vawi hnihna a ri leh ang a; ke vawi li then chhawk leh hnuah vei lam vawi hnih per nana hmanga vawi hnih perna rual bawh chuan dar vawi thumna a ri leh ang. Lei rah/per rual hian hma lama kur denh chung a suk tur a nih kha. Ke vei lamin lei vawi hnih zu pera a vawi hnihna in lei a rah rualin ke ding lam kha khai kan ve nghal a ni a, chutia ke ding lam khai kan chu per nana hmang nghalin ke vei lam leh ding lam chu per chhawkin vawi thum pera chu mi chung chuan hmeichhia leh mipate chu inhawitawn tur a ni a, an inher hian mipaho chu an vei lamah an inher ang a, hmeichhiaho chu an ding lamah an inher thung ang. Inhmachawna an intlar hnu chuan an zain an ke vei lam leh an kan kbing hnih chu an hma lamah vawihnih chawi kan tur a ni. Ke vei lam khai kan chu per far nana hmangin ke per chhawkin vawithum per chhurga inhnungchawn tura inher tur a ni. H-tia inher hian hmeichheho chu an vei her ang a, mipaho chu an ding her thung ang. Inhnungchawna an tlar chiah chuan ke ding lam kaibza thlepa vawihnih khai kan rualin ban kbinghnih pawh awm thleng vela sanga chawi chhoh ve tur a ni. Ke ding lam

khai kan chu per nan hmang lehin ke inper chhawkin
vawi thum per chhungin inhmatawn tura inder leh
tur a ni.

Chutianga an lam zel laia an inhmatawn lai, ke
vei lam khai nawna (vawi hnih khaina) rual chuan
dar vawi khatna a ri tan leh ang a, chu mi hnuah
chuan inhnungchhawna an awma ke ding lam an
khai vawi hnihna rualin dar vawi hnihna a ri leh
ang. Chu mi zawhah an in hawitawn leh ang a, ke
vei lam an khai leh vawi hnihna rualin dar vawi
thumna chu a ri ang. Dar vawi thum a rik hnu
chuan a lam dan (step) hmasa lama kan sawi tak
anga hmeichhe tlar leh mipa tlar chu tlar khata in-
siam loyin a rualin (tlar hnihin) ding lamah emaw
vei lamah emaw atangin a hmasa bera tlar ten hma
hrualin a hnung bera tlarte awmna lam panin chak
lutuk lova tlan tur a ni a, chutianga inzuia tlan
chuan a hnung bera tlarte awmna atanga tlan lutin
an awmna ngaiha an awm leh vek ang a, an awm-
hmun an thlen hnuah pawh a lam dan (step) ngai
renga lam zel tur a ni. Ke vei lam khai lain dar
vawi khatna a ri ang a, chu mi hnuah ke vawi thum
per chhawkin lehin ke ding lam khai leh lain dar
vawi hnihna a ri leh ang. Chu mi hnuah ke vawi
thum per a ni leh a, chu mi zawhah chuan ke vei
lam khai leh lain dar vawi thumna a ri leh ang.
Chu mi zawhah chuan a hmasa bera tlarte atangin
lamna mual/hmun atangin a lam dan (step) pang-
ngai renga lam chungin chhuah tur a ni.

Note : Lam tur an tam chuan tlar li(4) a
tlar mai tur a ni a, vei lam berah hmeichhia an tlar
ang a, a dawtah mipa, a dawt lehah hmeichhia a ni
ang a, a ding lam berah mipa an tlar leh ang. Tlar
lia an tlar chuan a vei lam tlar hnihte kha an in-
kawp ang a, a ding lam tlar hnihte kha an inkawp
leh baw ang. Tichuan hmeichhia leh mipa tlar
khat ve vein an inkawp ta a nih chu. Kal kual
hmasa zawkah kha chuan hmeichheho chu an ding
lama tlar mipa tlarah lutin an zawm ang a, tichuan
tlar hnihah an insiam ang. An kal kual hunah

chuan a vei lam zawka awmte kha vei lamah an kal ang a, a ding lama mite kha ding lamah an kal thung ang a, tichuan a inhawisan/inthen zawngin an kal kual dawn a ni. Tlar kbata a hnubnung bera tlarte awmna a hmasa berin a thlen veleh mipa leh hmeichhiate chu a hrangin an intlar leh ang a, tlar lihian insiam chho leh tawh ang. Kal kual hnuhnung zuwkah erawh chuan tlar li kha tlar hnibah insiam tawh chuang lovin vei lama awm hmeichhe tlar leh mipa tlar kha an vei lamah a rualin an tlan kual ang a, ding lama awm hmeichhe tlar khat leh mipa tlar khatte kha an ding lam atangin an tlan kual ve thung ang. Kan sawi tak kal kual dan chu a hnuai a lema entir ang hi a ni.

KAL KUAL HMASA ZAWK

A tira tlar hniha tlarin.

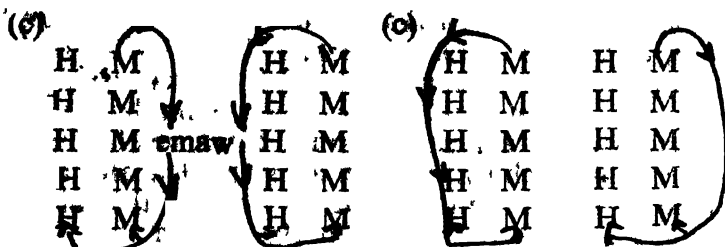
(a) H M
 H M
 H M
 H M
 H M

(b) M
 ↘ H
 M
 ↘ H
 M
 ↘ H
 M
 ↘ H
 M
 ↘ H

A tira tlar lia tlarin.

(a) H M H M
 H M H M
 H M H M
 H M H M
 H M H M

(b) M M
 ↘ H ↘ H
 M M
 ↘ H ↘ H
 M M
 ↘ H ↘ H
 M M
 ↘ H ↘ H
 M M
 ↘ H ↘ H



KAL KUAL HNUHNUNG ZAWK

A tira tlar hniha an tlarin A tira tlar lia an tlarin

- | | | | | | | | |
|-----|---|---|-----|---|---|---|---|
| (1) | H | M | (1) | H | M | H | M |
| | H | M | | H | M | H | M |
| | H | M | | H | M | H | M |
| | H | M | | H | M | H | M |
| | H | M | | H | M | H | M |

- | | | | | | | | |
|-----|---|---|-----|---|---|---|---|
| (2) | H | M | (2) | H | M | H | M |
| | H | M | | H | M | H | M |
| | H | M | | H | M | H | M |
| | H | M | | H | M | H | M |
| | H | M | | H | M | H | M |

emaw



- Sawifianna :
- (1) H-pakhat hian hmeichhe lam pakhat a tluk a ni.
 - (2) M-pakhat hian mipa lam pakhat a tluk.
 - (3) Thal (arrow mark) hian lamte kalna lam a kawhhmub a ni.
 - (4) ∴ hi lam te an kal sawn hmaa an awmna entirna a ni.



Khelkhawn hi Pawi chin chhuah a ni a. Mizo lam zingah chuan lam nuam leh mawi berte zinga mi a ni ngein a rinawm. Engtik laia an lam tan nge tih chu briat hleih theih loh ni tawh mahse lam upa tak a nih chu a rinhlelhawm lo a ni. Khelkhawn hi 'Pawh khelkhawn' leh 'Pawh loh khelkhawn' tiin chi hnihin then a ni leh a. A eng chi ve ve-ah pawh khian hmeichhia leh mipa inkarthlaka intlara kut insuih theuh tur a ni a, amaherawhchu Pawh khelkhawnah an lam zelnaah hmeichhia leh mipate an sir leh lam leh lama mite nen awm insi riala inpawh beh a ngaih avangin remchan lohna a awm fo thin a, chuvangin 'pawh loh khelkhawn' hi a lar tial tialin pawh khelkhawn hi chuan an lam ngai ta lo tih theih a ni, Pawh loh khelkhawn pawh hi chi hnih bawkin an la then brang leh a, chungte chu tun tumah hi chuan Pawh loh khelkhawn I leh II tiin kan sawi mai dawn a ni.

Khelkhawna lam tur hian serh leh sang a awm tehchiam lova, khawtlang intihhlim nikhua a an lam thin a ni mai a, an hmanna lar berte chu in lam emaw, ram lam emawa thangchhuahna kawngkala rahbi hlen chhuah apianga awm ni khama khawtlang hlim nite hi a ni. Chung rahbi pawimawhte chu Arnak hmante, Zin vawkrial thah te, Zin vawka pa thah te, Khaw vawkrial te, Sechhun te, Bawi te leh sahrang kah te a ni. Amaherawhchu tunah erawh chuan khuangchawi te a awm tak loh avangin kut ni vangthlaah leh mi lian mi lal hmuah leh lawm nan te hman a ni ta ber mai.

KHELBHAWN (I) LAM DAN

Hmeichhia leh mipa inkarthlaka dingin a nak pek zawngin an intlar kual ang a, mipain an sira awm hmeichhe koki hla lam zawk ve veah an kuah ang a. hmeichheho erawh chuan anmahni laitattu mipa kawng hnung lamah ve ve an kuah ihung ang. Khuangpu leh sekitumtu a laiah an awm ang a, khuangpu hian hla a la ang a, sekitumtuin hla a hril ang. An lam dan sawifiah a awlsam zawk nan hla chang khat chauh han tarlang ila a tha awm e.

Zalte chaichin, fungki tial e, vaimei thal e,

Aiher tawpa Vanlaiphairam.

Vanlaiphairam e,

Aiher tawna Vanlaiphairam e,

Phairam, Phairam Vanlaiphairam

Vanlaiphairam e.

Khuangpuin khuang a han beng tan ang a, vawili a benna rual chiahin hla a la nghal bawk ang. Hla lak rual chuan lamho chuan lu ding lama thlek pahin ke vei lam chu hma lamah then kan tur a ni. Chumi zawbah chuan ke vei lam then kan chu ke ding lam ruala chbeh leh tur a ni a, chu mi ke chbeh rual leh rual chiah chuan ke ding lam chu hnung lamah then pheii tur a ni a, chu mi rual vek chuan lu chu vei lama thlek ve thung tur a ni. Ke ding lam pawh chu vei lam rual leh tura chbeh that leh tur a ni. Chumi hnuah chuan ke vei lam kha a bul ang bawk khan hma lamah then kan pheii tan leh tawh tur; chutiang zel chuan then tawn then tawn tur a ni. A chung a hla kan tar lan tlar thumpa (a hnuaijah pawh kan rin khi) an sak chhung zawngin mipa zawng chuan ding lam atanga tanin ding lam leh vei lamah khel an khawng ang. Khel an khawn hian an bula hmeichhiate kha an khelin an va khawng tak tak pawh a ni chiah lova an lam hawi zawngin an kawng an va sawi pheii ma a ni. Hetia mipain an khel an khawn rual hian an khelkhawna lamah chuan hmeichheho chuan an

khel khawn rem zelin an lu an lo thle ve zel tur a ni. Ding lama khawng hmasain vawithum khawn a ni a, 'Vanlaiphairam e' tih 'e' tih rual chiah hian ke ding lam chu hnung lamah then leh chiah tur a ni. Chumi zawhah chuan ke ding lam chu ke vei lam ruala chhep lehin ding lamin lei a rah rual chiah chuan vei lam chu hma lamah then leh tawh tur a niin chutiang chuan then tawn then tawn leh tur a ni. Hla tlar ngana (s-na)-a '...Phairam, Vanlaiphairam' tih lai (a hnuaiah pawh a hla kan tar lanah kan rin) an sak chhung hian ding lamah bawkhawng tan lehin vawithum khawn leh tur a ni a, a vawithumna ding lamin a khawn zawhah chiah chuan rei lo te, second thum vel emaw han chawlh leh deuh dat tur a ni. A hmaa kan sawi tawh ang bawkh kan hmeichheho pawhin an lu an lo thle leh bawkh ang. Chutia an chawlh deuh hnua 'Vanlaiphairam e' tih lak leh rual chiah chuan vei lam sira khawng nmasa ve thungin vawithum bawkhawh leh tur a ni. Heta an khawn vawithumna hi vei lamah a ni a, chutih lai chu 'ram' tih an sak lai tak a ni bawkh a, chumi rual chiah chuan ke ding lam chu hnung lama then leh tur a ni; 'e' tih lai hian ke vei lam chu hma lamah then ve leh thung tur a ni. Hla chang tin tlar bul hi ke vei lam hma lama then laia lak a ni zel a. Hla chang khata a tlar hnihna bul erawh hi chu ke ding lam hnung lama then laia lak a ni ve thung. Hla tlar thumna bul lak laiin khel khawn tan a ni a, tlar thumna tawpa 'e' tih hla sak laiin ke ding lam chu hnung lamah then tur a ni. Hla tlar lina bul lak laiin ke vei lam hma lamah then tur a ni a, hla tlar ngana a hnuaia kan rin atang chiah hian ding lamah khel khawn tan tur a ni. Vawithum khawn zawhah chuan chawlh deuh data hla tlar tawp ber lak tan leh rual chiahin vei lama khawng hmasain vawithum khel khawn leh tur a ni. Vawithum khawn hnu, a hla thu lam palina sak rual chiahin ke ding lam chu hnung lamah then leh tur a ni. Ke vei lam hma lama then laiin an vaiin ding lamah an thle ang a,

hnung lama ké ding lam an then laiin vei lamah an
thle ve thung ang. Lam rei duh chuan a hla lak
nawn zel a ní mai a, a rei. zawng chu lam hruaitu
thu thu a ni.

Khelkhawn lam hla lar deuh deuhte chu hengte
hi an ni.

KHELKHAWN LAM HLA (PAKHATNA)

1. Zalte chaichin, Fungki jial e, vaimeithal e,
Ai hertawna Vanlaiphairam;
Vanlaiphairam e.
Ai hertawna Vanlaiphairam,
Phairam, Phairam Vanlaiphairam
Vanlaiphairam e.
2. Nairangpa chu, i kir changse ankhaw leiah,
Thangnun valni than kan bahvai;
Than kan bahvai e.
Thangnun valni than kan bahvai,
Bahvai, bahvai than kan bahvai;
Than kan bahvai e.
3. Nati chang chuan, thingsangpar chu va kai hlah
Natla laia, nuñjal ta te; law,
Nuñjal ta te e.
Natla laia nuñjal ta te,
Nuñjal, nuñjal nuñjal ta te;
Nuñjal ta te e.

KHELKHAWN (II) LAM DAN

Khelkhawn I-na a an inkuah ang tho khan an inkua bin an intlar ang a, ke vei lam theuh hma lamah zau deuh takin an pen chhuak theuh ang. An lam dan sawifiah a awlsam zawk nan hla chang khat chauh tar lang ila a tha awm e.

Zalte chaichin, fungki tial e, vaimei thal e,

Aiher tawna Vanlaiphairam.

Vanlaiphairam e,

Aiher tawna Vanlaiphairam

Phairam, Phairam Vanlaiphairam

Vanlaiphairam e.

Khuangpuin khuang a ben tan chuan inrin hle tawh tur a ni a, a khuang ben vawilina rual chiah chuan khuangpuin hla a la tanin lam turte chuan hma lama sawi tanin lam an tan nghal ang. 'Zalte chaichin' tih thleng hian hma lamah leh hnung lamah sawi tawn tur a ni a, 'fungki' tih rual hian ke ding lam khai kana vawikhat suk tur a ni. Ding lam baw chu ding lam sirah pen khata va pen phei lehin ke vei lam chu khai kana vawikhat suk leh tur a ni. Chutah ke vei lam chuan ke ding lam chhip bul zu rapin ke ding lam khai kan ve thunga vawikhat suk leh tur a ni. Ke ding lam baw chu ding lam sira pen khat pen nana hman leh ngbal tur a ni a, chutah vei lam khai suk; chutiang zel chuan ding lam sira kal kualin khelkhawn hun thlen hma chuan lam zel tur a ni. Hla chang khata a tlar tawp ber dawttua a thu lam hmasa pahuihte sak lai chuan hma lamah zau deuh hleka ke vei lam pen chhuaba din (lam chawlh) deuh chat tur a ni. A chung a kan hla tar lanah khi chuan 'Phairam' tih hmasa zawk khi a ni. A hla thu dawt atengin mipa zawngin an ding lama hmeichhe lamah hle an khawng/sawi phei tan ang a, a hnua an ve lam a mite lamah an khawng leh ang a, a dawtah chuan ding lamah; chutichuan vawithum an khawng ta a nih chu. Hetia khel an khawna lam apiang hawi

hian hmeichheho chu an lo thle thin ang. Vawithum khawn hnuah chuan rei lo te chawlh deuh dat tur a ni. Tlar tawp ber an sak lehin 'Van' tih lai takin vei lamah ve thung khawn tan tur a ni a, 'Lai' tih rualin ding lamah khawn leh tur a ni a, 'Phairam' tih laiin vei lamah khawn leh tur a ni. A hma ang bawk khan khawwna lam apiangah hmeichheho chu an lo thle zel ang. Mipain khel an khawn lai hian kak deuhvin hma lamah ke vei lam an pen chhuak ang a, an lu erawh chuan thle ve tur a ni lo. Tlar tawp ber thu lam tawp berah chuan ke vei lam chu khai kana vawikhat suk leh tur a ni. Khelkhawn leh thlek ran zawng chu lungphu ri rem vel a ni tur a ni. Hei zawng hi a lam dan chu a ni mai a, lam zel duh chuan hla sak zawm zelin a tira kan sawi tak ang khan 'E' tiha ke vei lam khaia suk zawhah chuan vei lam chu ke ding lam chhip bula zu nghah leh a ni a, chutah ding lam chu khaia vawikhat suk a ni leh a ni. Chumi zawhah chuan ding lam chu ding lama pen nana hmang lehin ke vei lam khai kan leha vawikhat suk leh tur. Chutiang chuan ding lama lam kual zelin lam zel tur a ni. Ke khai kan reng reng hi chawnpuar thleng vel ni se a mawi tawk a ni. Khelkhawn lam hlate chu hengte hi an ni.

KHELKHAWN LAM HLA (PAHNIHNA)

1. Zalte chaichin, Fungki tial e, vaimeithal e,
Ai hertawna Vanlaiphairam;
Vanlaiphairam e.
Ai hertawna Vanlaiphairam,
Phairam, Phairam Vanlaiphairam
Vanlaiphairam e.
2. Vairangpa chu, i kir changse ankhaw leiah,
Thangnun valni than kan bahvai;
Than kan bahvai e.
Thangnun valni than kan bahvai,
Bahvai, bahvai than kan bahvai;
Than kan bahvai e.

3. Nati chang chuan, thingsangpar chu va kai hlah
 Natla laia nutial ta te;
 Nutial ta te e,
 Natla laia nutial ta te,
 Nutial, nutial nutial ta te;
Nutial ta te e.

* ** — * — * **

PAIKAWNG LAM

Paikawng lam hi khawtlang intihhlim nikhuuaa
 an lam thin a ni a, hun bi neia hman chi a ni lo.
 Paikawng lam hla hi kan hre tlem hle a, kan hriat
 chhunte chuan lo lam hna chungchang te leh vaki
 veng a zing dai an tawn/sut thinte a sawi ber a,
 chungte chu :—

1. Rawngal paikawng phurin e,
 Lam chhoh sang kai maw e, thlai thlo ve.
2. Kilaw chawn tawi nang vanga e,
 Nitinte nainaw e kan tawn e.

A LAM DAN

A nak pek zawngin hmeichhia leh mipa inkar-
 thlaka dingin kut an insuih kual ang a. A laiah
 chuan khuangpu leh sekitumtu an awm ang a,
 khuangpu chuan khuang ben pahin hla a hruai ang
 a, sekitumtuin seki tum leh hla hril a kawp thung
 ang. Khuangpuin khuang a han beng tan ang a,
 a vawithum benna rual chuan hla a la nghal ang.
 Chumi rual vek chuan lam turte chuan anmahoi
 hma zawnah theuh an ke ding lam pen khatin an
 pen chhuak ang a, an ban khing hnih chu hma
 lamah sang lutuk lovah then kan chhoh tur a ni a,
 lu pawh vei lam sira thlek pheideuh tur a ni. Ke
 ding lamin lei a rah chiah chuan kaihza vei lam ti-
 thlep deuhin khai kana suk deuh zaub tur a ni. Ke
 vei lam khai kan chu a rah hmun pangngaiah nghah
 thlak leh tur a ni a, lei zu rah rual chuan ke ding
 lam kaihza tithlep deuhin khai kan paha din ngil

leh zauh tur a ni. He mi rual hian ban khinghnih chu hnung lamah then phei bawh tur a ni. Chu mi hnuah chuan ke ding lam chu ke vei lam chhip chhak zawnah vei lam sir hawi leh va la nek fovin pen phei tur a ni a, ding lamah lu chu thlek ve thung tur a ni. Ke ding lamin lei a rah rual chuan ke vei lam chu khai kana suk zauh tur a ni. Ke vei lamin lei a rah leh linu chuan ke ding lam chu lak let leha ke vei lam zawn si, ding lam sirah kar phei dawrh tur a ni. Ke ding lamin lei a rah rual chuan ke vei lam leh ban khinghnih chu hma lamah then chhovin lu chu ngil taka dah tur a ni a. Ke vei lam chu ke ding lam ruala chhep lehin ke vei lamin lei a rah rual chuan ke ding lam leh ban khinghnih chu hnung lamah then phei ve thung tur a ni. Hei zawnh hi a lam dan (step) pakhatna chu a ni mai a, a lam dan thlak hma chuan chutiang chuan ding lam sira sawn zelin lam zel tur a ni.

Chutia an lam kual lai chuan lam hruaituin, "Khai le, pahnihnain le" a han tih chuan lamho chuan lam dan (step) pahnihaa lam tawh tur a ni tih an hre ngbal vek tur a ni. An lam tan tirha ke ding lam an pen chhuak ang tho khan ding lam an pen chhuak leh ang a, ban khing hnih hma lama then chhov pahin khup bawh leh kawng bawh chu ke ding lam zawn chhovvah vawihnih han sawi tur a ni a, chumi insawi rem chuan lu chu vei lam sirah thlek phei ve tur a ni. He lam dan pahnihaa hian chuan ke ding lam pen chhuah lai hian ke vei lam chu khai kang lovin a awmna hmunah dah mai tur a ni. Chumi zawhah chuan ke ding lam chu ke vei lam chhip chbaka va pen phei leh tur a ni. A hmaa kan sawi tak ang khan kawng bawh leh khup bawh chu ke ding lam hawin vawihnih bawh va sawi leh tur a ni a, chum rem chuan lu chu ding lamah thlek ve thung tur a ni. Chumi hnuah chuan ke ding lam chu la let lehin ding lam sirah kar phei dawrh tur a ni. Ke ding lamin lei a rah rual chuan ke vei lam leh ban pahni chu hma lamah then chhov tur a ni. Chumi hnuah chuan ke vei lam chu lak thaka ke ding lam ruala chhev

leh phawt tur ni. Hetia ke vei lamin lei a rah rual chiah hian ke ding lam leh ban khing hnih chu hnung lamah, then ve thung tur a ni. Hetiang hian lam kual zel tawh tur a ni a, lam hruaituin, "Khailé, pakhatnain aw" a tih leh chuan lam dan (step) pakhatna bawh khan lam leh mai tur a ni. A lam ran dan (beat), chu hla hruaitu thu, thu a ni a, a tlangpuiah chuan a tir lamah muang deuhvin an tan a, a rang tulh tulh a, a tawp dawn lamah chuan a muang leh tawh tawh thin a ni. Lam rei leh lam rei loh chu lam hruaitu thu thu a ni ve thung a, a awm tawh a tih hunah lam hmahruai chu lam chungin a chhuak hmasa ang a, chu chu mi dangin lam chungin an zui chhuak tur a ni.

LAMTLENG

He lam hi Pawi huam chin chhuah a ni a, a hrana serhna tehchiam a awm lo, Khawtlang intihlim nikhua, Sechhun Khuangchawi, Salu lam naah te hian lam theih vek a ni. A lam hi lam nuam tak a ni a, tun hma chuan an ching uar em em thin a ni.

A LAM DAN

Hmeichhia leh mipa chu inkarthlakin an thun kual anga, Khuangpu leh Sekipu pawh chu thut kualnaah chuan an tel ve tho tur a ni. A laiah chuan pakhat a lam anga, a hla an sak ran leh a lam rang mai tur a ni. Tun laia chheihlam kan tih ang hi a ni deuh ber mai. A hlasak rem chuan a su a, a bante a phar kual vel tur a ni. Awmhmunah a awm reng tur pawh a ni lova, sa reng chungin a kal kual/sawt kual vel bawh tur a ai.

Tin midang thu kual te pawh chu a lam in a kuta a hawi hunah chuan an inkuah kual anga, a lamin a kuta tho tura a hawi hunah chuan zawite in an tho tial tial a, chutia thawh pah chuan vei lam leh ding lam sirah an insawi tawn an insawi tawn tur a ni. Chutia an tho ta chu ding ngil atin an awm tur pawh a ni lova, a laia lamin an dip char hma chuan tawh tih nan a ban chu a phar anga, thu tung ti tihin awmhmunah kal sawn lovin an sawi tawn an sawi tawn tur a ni.

A LAM HLA

1. Lamteng tho law, tupan kau dawh teng,
ngunnawng ta,
A ngaihna ka hri sawm dar zathlai e;
Seki e, seki an tum lai lo maw,
Lai lo maw lai lo maw,
Seki an tum lai lo maw,
A ngaihna 'ka hri sawm e, dar zathlai e.
2. Tj-um nghabring kan dawi nuamte tlang e, kan
kaiah,
Vatawtlaw sai kan ti tawn singlove;
Par len e, par len 'duh ran zaitin chuang,
Zaitin chuang, zaitin chuang;
Par, len duh ran zaitin chuang,
Vatawtlaw sai kan ti e, tawn singlove.

DARDINI HLA OR LAM

Dardin hla or lam hi Pawi hnam chin chhuah
a ni a. Dardini leh Duhmanga thawnthu atangin
hla an phuah a, chu chu sa-in lam nan an hmang
ta a ni.

He lam hi serh leh sang nei a ni hnan lova,
 Serhhun Khuangohawi leh khawtlung intihhlim ni-
 khuaah reng reng chuan hman theih vek a ni a, a
 hmanah deuh ber chu zu hmunah hian niin a lang.
 Pado zuin hian zu hmunah an sa a, a chak apiang
 pakhat te tein an in lam chhawk thin a, chuvangin
 zu hman lam pawh a tih theih ang chu.

A lam dandh hian step teh chiam a awm chuang
lò va, a lam phur dan ang angin a bante a phar
kual a, a sawt kual vei mai thin a ni. Chbeihlam
nen hian thuhmuh a nih deuh ber chu.

1. Dardin, Dardin, nan chaih tawnval ranni Dardin e
Nancho rua dinglo ka lambang nei lo;
Marchan tumsia hauna nei lo, Dardin e.
2. Tho law, Tho law, nilung zeiman chi tho law e,
Naval hawi le, pamen dawngnih peihbuan;
Tang kan thamlai an ti e, Peihbuan e.
3. Peihbuan, Peihbuan, tang an tham chang zawngah
peihbuan e,
Varan vawn thluklo, khuang ki te Chelhliah;
Nibang chhun ko lo maw Chelhliah e.

DARBU HLATE

NGUNTE THI

d m Ngun	:m te	/m thi	:r ka	d m thi	:r chang	/d thei,	:—
d Lian	:r do	/m dar	:r ka	d m dar	:r chang	/d thei;	:—
d m Khua	:r leh	/d vang	:r a	d m awm	:r chuan	/m in,	:—
d m Hmuh	:r phak	/d zawng	:r ka	d m ram	:r ka	/m ram.	:—
d m Ngun	:m te	/m thi	:r ka	d m thi	:r chang	/d thei	:r ka
d Lian	:r do	/m dar	:r ka	d m dar	:r chang	/d thei	:r ka
d m Khua	:r leh	/d vang	:r a	d m awm	:r chuan	/m in,	:—
d m Hmuh	:r phok	/d zawng	:r ka	d m ram	:r ka	/m ram.	:—

KAL RAWH, KAL RAWH

d m Kal	r rawh	d m kal	r rawh	d m sai	d m kal	r rawh	d e
r Tlawng	d dung	r zawh	d rawh	d bau	r lawng	d chil	r rawh
d m Paw	d m chil	r rawh					
d m Kal	r rawh	d m kal	r rawh	d m sai	d m kal	r rawh	d e
r Tlawng	d dung	r zawh	d rawh	d bau	r lawng	d chil	r rawh
d m Paw	d m chil	r rawh					



CHAWNGVUNGI MAN TAM E

d m Chawng	r vung	d m man	r tam	d m man	r tam	d e	
d m Thi	d ka	d m pek	d a	d m duh	d lo	d va	
d m Dar	d ka	d m pek	d a	d m duh	d lo	d va	
d m Kan	d dar	d m haai	d kher	d m man	d ngen	d che	
d m Chawng	d vung	d man	d tam	d m sum	d huan	d i	
d m Chawng	d vung	d i		d m man	d tam	d e	

LIANDO TE UNAU

d	:r	d	:r	d	:r	/d	:—
Lian	do	te	u	nau	u	nau,	
d	:r	/m	:r	d	:r	/d	:—
m	ze	nge	in	tum	in	tum:	
d	:r	/d	:r	m	:r	/m	:—
Dar	zeng	mah	kan	tum	lo	ve,	
d	:r	d	:r	d	:r	/d	:— :—
Lian	do	bur	chhe	te	kan	tum kan	tum.

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KAN LAL LAI

d	:r	d	d	r	:d	/m	:—
m	lam	/m	:m	kan	lal	lai,	
Run		zo	pui				
d	:d	/m	:m	r	:d	/m	:—
Kum	tin	ning	zu	kan	dawn	lai,	
d	:m	d	d	r	:d	/m	:—
r	dawn	/r	dawn	kan	dawn	lai,	
d	:m	d	d	r	:d	/m	:—
Kan	sial	/r	dawn	lut	mang	dar,	
d	:m	d	d	r	:d	/m	:—
r	kim	/r	:m	kei	mah	ni,	
Do		tu	kut				
m	:m	/r	d	r	:d	/m	:—
Tuak	a	no	te	ei	zo	vek	
d	:m	d	d	r	:d	/m	:—
r	lur	/r	a	chawi	ei	leh dawn,	
Ro							

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CHHIMBU LEH PENG PENG

d	d	d		m	:r	/d	:d
m	:m	/r	:m	m	:r	/d	:d
Chhim	bu	leh	peng	peng	in	tu	tu
f	d	/r	:n	t	:d	/m	:-
A	lu	lam	kawng	lu	lam	kawng.	
d	d	/r	d	d	:r	/d	:r
m	:r	:m	:m	m	:r	/d	:r
chhim	pa	bu	leh	chhim	pa	bu	bu
r	d	/r	d	r	:d	/m	:-
Leh	lu	lam	kawng	lu	lam	kawng.	



CHAWNGCHILHI AWMNA

m	:r	:d	m	:r	:-	r	:m	:m
Chawng	chilh	i	awm	na,		ro	mei	chhum
r	:m	:r	d	:m	:-	r	:m	:r
in	chhum	in	bawm	e,		bawm	e	bawm
m	:m	:r	m	:r	:d	m	:d	:r
Lai	chiai	e	chiai	e	bawm	chiai	bawm	lai
m	:r	:d	m	:r	:-			
chiai	e	bawm	chiai	e				



PAU PAU DAR (ZAWRH HLA)

r	:r	:m	r	:m	r:	d	:m	d
Pau	pau	khua	thuam	ang	do	na	hlang	tiang
r	d	:r	d	:m	:-	d	:r	:r
thlung	lu	kan	lam	bing.		Siak	za	pau
d	d	:m	r	:d	:m	d	:r	d
Khua	thuam	ang	do	na	thlang	tiang	thlung	lu
r	:d	:m						
Kan	lam	bing.						



KINGA LU THLE LEKA

d m King	:r a	d /m lu	:—	d thle	:r lek	/d ah,	:—
r Lai	d :m king	/r a	d :m lu	m king	:r a	/m lu	:—
d thle	:r lek	/d ah;	:—	r Dar	:	/r kawl	:—
d Chhun	:r chhek	/d ah,	:—	d m A	:r ma	d /m dar	:m kawl
d chhun	:r chhek	/d ah	:—				



CHHI I TENG TENG

d m Chhi	:r i	d /m teng	:m teng	d Neih	:r mawi	d /m i	:r fen
d a	:r a	/d tha.	:—	d m Thal	:r i	d /m hnwai	:m a
r Lung	:r di	d /m te	:r ni	d m pui	:r a	/d tha	:—
d Kai	:d ma	/d dawn	:m e	d ma	:r dawn	/m e.	:—
r Lian	d :m khawl	d /m a	:r kai	d ma	:r dawn	/d e.	:—



KHUAI LAM HLA

^d m Khual	^r nghal	^d /m aw	—	m rawing	^r fa	^d tut	/d tut,	—
^d m min	^r leh	/d sawm	ꠘ fang	^d rawing	^r phur	^d /m aw;	—	
^d m Khual	^r nghal	^d /m aw	—	^d rawing	^r fa	^d tut	/d tut,	—
m Rawng	^r fa	/m rawing	^r fa	d tut	—	/d tut.	—	

* * * ★ * * *

MITTHI RAWPCHAWI

^d m mit	^d :m tni	/r rawp	^d chawi	m mit	^m thi	/d rawp	^r chawi
^d m Thi	^r rawn	^d /m thi	^r rawn	d rawn	^r chawi	^d ta	^{m/r} beng bawng e

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SAZAWNG OR SALAWI LAM HLA

^r Sa	^d /m zawng	/r phei	^d kai	^r phei	^d kai	/m set,	—
^r Dam	^d :m tui	/r ling	^d :m pa	^r til	^d dawm	/m set.	—

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IN A KAWNG A TLIAK E

d			d			
m	:—	/r	:m	r	:m	/r
in	a	kawng	a	tliak	e,	
d	d		d			
m	:m	/r	:r	d	:r	/d
In	pui	a	kawng	a	tliak	e;
d			d			
m	:-	/r	:m	r	:m	/r
Mai	a	zam	a	zam	e,	:—
d	d		d			
m	:m	/r	:r	d	:r	/d
Cham	phai	a	mai	a	zam	e;
d			d			
m	:r	/m	:m	r	:m	/m
Neih	chawng	phai	thli	in	chhem	e,
d	d		d			
m	:m	/r	:r	d	:r	/d
Cham	phai	a	mai	a	zam	e.



SUANGKAW HENGA VANGKBU

d		d		d	:m	/r	:—
m	:r	/m	:r	Va	ngek	bu,	
Suang	kaw	heng	a				
d		d		r	:d	/m	:m
r	:m	/r	:m	pu	aw	e	e
A	lak	tak	e				
d		d		d	:m	/r	:r
m	:r	/m	:r	d	dawl	deng	dawl
e	deng	dawl	deng	dawl	deng	dawl	in
d		d		r	:d	/m	:—
r	:m	/r	:m	dawl	deng	dawl,	
deng	deng	dawl	deng				
d		d		d	:m	/r	:—
ln	dawl	deng	a	Va	ngek	bu;	
d		d		r	:d	/m	:—
r	:m	/r	:m	pu	aw	e.	
A	lak	tak	e				



HLADO LEH BAWH HLA

Hlado leh Bawh hla hi Mizo hla zingah chuan a upa ber pawla ngaih a ni. Hlado leh Bawh hla hi a lo chhuah dan nia upate'n an sawi dan chuan Pawi 'Sethlangdin' hla aṭanga an chin chhuah a ni. 'Sethlangding' tihawmzia chu Khuangchawi leh Se-chhun an neih dawn reng rengin lama leh Thang-chhuah nu leh pate an sawm khawm a, an Sechhun tur chu an din hual a, Puithiamin a chhamphual tur a ni a, Puithiamin a chhamphual hlaa chuan Sethlangdin hla an sa a.

"Ti lum siate aw
Me fim fiam teh rasuak aw
Ka tum a si lo
Kawlin zileng a hawng aw," tiin an sa a.

Chutia Sethlangdin hla an sak zawh chuan Pui-thiamin emaw, Tlahpawiin emaw a han chhamphual a, chutia a chhamphual zawh chuan Sechhuntupa chuan zawi tein a han chhun zauh va, chumi zawh chuan Sadawtte leh Tlahpawiten an chhun hlum ta a ni.

Chutianga lawmna leh chung deuh lara an hla sak chu hriain an ramchhuah hlawhtlin nikhuate pawhin sak an lo duh ve ta a. An lawmzia leh mi aia an theih chungchuanzia chu hlain an lo chham chhuak ta a. A tirah chuan Hlado tih pawh a la ni lo va, chutia an va ram chhuak chu do nei leh ai nei ran an nih avangin hlado tih a lo ni ta ani.

Chutia Pawi lamin hlado an neih hnu pawh chuan Lusei lam chuan an la nei ve lo va, an ram chhuak hlawhtlin nikhuate hian mi briata han au ve an duh si a :—

"Ku ku kui, vivi vi viu" tiin an au ve vak vak thin a. Chutiang ringawt chu a lo ni reng thei ta bik lo va, Pawi hlado chu an lo ṭawm ve ta a, hma pawh an lo sawn hret hret a, an lo phuah belh zel a. Kawtchhuah aṭanga Pasaltḥain an lan chham chuan eng sa nge a kah tih a lo hriat theh ta thin

a ni. Tin, Hlado leh Bawh hla hi hla kan ti nain
 'Sa' ti lovin 'Chham' tiin an lam zawk thin. Hlado
 chi hrang tlem tlem lo tar lang ila :—

Sai Hlado :—

Sailian e, nang hmasa law,
 Hnungah Kawifung a zuitu e;
 Pialral e, kal khamtu e, Vawmphuai e,
 Hnutiang daltir che maw.

Sakhi Hlado :—

1. Khisa e, senziar mai law tlang khat e,
 I sa ka lakan e;
 Phulzing e, vawng zauh ulaw manglian e,
 Zu bik i hun ulaw.
2. Tlangan e, khisa ten e,
 Tuaitaw a rawn tlan e;
 Vala'n e, thangkim nan emaw kan than e,
 Bualdim i hih reuh hi le.

Tumpang, Sele Hlado :—

1. Sialki e, tlang phele maw,
 Fungki lian lu a hawih reng e;
 Lengin e, lo hmuak ulaw kan tualah,
 Rolung kan mualah e.
2. Ka nu e, tap tuk hlah law,
 Bilhpuan khum lai rak hliap ulaw;
 Thlafam e, nghilh nakoh emaw kawlan e;
 Vuitum a rak tlung e.
3. Zingphul e, phaikip tlantum,
 Tlangtin kal mawi Fungkitial e;
 Rualin e, selna ulaw, kan tualah,
 Zingna thing lenchhawl e.
4. Chhiman e, tuivulh lohvin,
 Vuitum a len chu e;
 Hmunin e, in rem thiam maw, ka nu'n e,
 Hrangzu lo bilh che maw.
5. Mual liai luaiah khan e,
 Valpan Tumpang ka chhaih awk e;
 Zantiang e, ka man leh e,
 Runah thangkim nan ka tlun e.

Satol Hlado :—

1. A chung e, thirbang le maw,
A hnuai darbang a zam tir e;
A chhung e, sa awmlo e, rah riak e,
A tui lose ulaw.

Sanghal Hlado :—

1. Surkiar e, va koh selaw,
Chunglum vanrial a ruah chu e;
Ramlai e, Sanghovar e, dawng chi e,
Khawiah bu hnuk che maw.
2. Ka pema e, pemtlai a khan,
Mim leh Sawmfang ka tu hman love;
Mi tuk e, vaupawngah khan hatha e,
Nghovar ka lum liau e.
3. Tlangah e, a au ral ral,
Darhniangi u sina hlah maw e;
Runhnawm e, rakphiat ulaw tulum e,
Nghovar a luh nan e.
4. Kawli e, sabawi le maw malza,
Tlunglam kan runah e;
Arkhuam e, Hrialhra kailaw zolei e,
Sathang thawn a tlun a e.
5. Chbawlnawm e. raktho ulaw,
Nemziar Nghovar a zalua e;
Kaplung e, run a rial e. kei chu e,
Hrangzu a duh zawk e.
6. Chhawlthing e, thliakna ngai e,
Mangnghin a than haw e;
Chhawlnawm e, rak tho ulaw Vala'n e,
Nghovari zalna e.
7. Kei chu e, pa nei hlang e, arbang e,
Vailang a hnuah e;
Khuam e, i tuah ulaw, hatha e,
Kan run i rial hlah law.

Savawm Hlado:—

1. Chhima'n e, a lo thawk e,
Thanghniang furfang a tlantu e;
Vawmphuai e, siahtung ninglaw kan than e,
Nibang a kir lem hlah e.
2. Tulum e, rawllian le maw,
Thuamangdo lungphang lem hlah e;
Vala e, zuk ngir ila, rum lian e,
Hranglai kan tuk ni'n e.
3. Tlengin e, vawng thang e,
Hmingtha Zangunpa hlah maw;
Lengin e, vahmuak ulaw,
Tulum sathang thawm a tlung e.
4. Zodai e, tutanga e, thal nghal e,
Phuaivawm satha tling e;
Hreu ngen e, chawnniam le maw, changvai e,
Ka run i rial hlah law.
5. Mi biak e, nan siam thiam maw,
Rak dawn ulaw, tlang leia'n e;
Vala e, zuk ngir ila, rumlian e,
Hranglai kan tuk ni'n e.

Sazuk Hlado :—

1. Zuksial e, a ki thuamriat,
Thangtin chhuah runah vial ra maw e;
Chhaitu e, Chungmuvanlai thangvanah,
Hramin lengna maw e.
2. Ka pu e, tluangzachhawn e,
Ka pa dokim khua biattu e;
Hringhniang e, ka chawi lemaw zo zun e,
Manglian a ti ngai e.
3. Runin e, ka sak hi mawi maw,
Hreuthang ki sau tlung e;
Bengruai e, ka thuah fawn e,
Mawi maw ka thaibawi kai ni e.

HLADO (Satin huap)

1. Tlangan e, zuk thlir ila,
Runah naubang a chiau chu e;
Kawli e, sabawi le maw,
Tlunglang kan runah e.
2. Chunnu'n e, a tir che maw,
Uaihnianga ram va tuan chu e;
Kei chu e, chengrangte nen tlangah e,
Thliten ka her ngai e.
3. Khuanu'n e, mihual se law,
Sum leh vanrangi kara'n e;
Ka pian e, nau na se law kan than e,
Ri ngai a chungnung e.
4. Ka u e, ka nauhai khan, fenfual feng la e,
Ka khua'n e chhak chi zo laian e;
Kei chu e, thanlai lawng ka duh e.
5. Mi an e, hrang chi awm e,
Saah hrang chi awmna ngai e;
Tiau dung e, ka zui changin, Kawlkei e,
A nute ka iang e.
6. Zudin e, zanah khanin e,
Pa lo nan awm lem si dah maw;
Tawnmang e, mang chang love,
Rualin e, a lu rak zut ulaw.
7. Valrual e, kan kalah khan e,
Zingah khuanu a tap a e;
Bahsam e, hniar kai le maw leini e,
Mawi maw kan than hi le.
8. Kan run e, a hnawm le maw,
Sumtual ka nu'n rak phiat ulaw;
Leng hnen e, awm zialte kha ram tuan e,
Nang lung a her na maw e.
9. Valpa e, a kal ni'n e,
Zingah e, khuanu a tap a e;
Tlanga'n e, za hrang au e,
Lian khua e, nghaknu an sai siau e.

10. Thang chhuak e, sialki tha nawn kan duh e,
Tlangtin dung ka zui e;
Valpa e, lung ka zur ni'n tlang liai luai,
Lungzur ve che maw e.
11. Kawlrawn e, Changselian e,
Hreu ngen bualdim kipna hlah maw,
Sailian e, lawng ka cham e,
Vawmphuai sawm law thang kip nak e.
12. Sailian e, hringin kal law,
Fungkitial a bu her a kipte'n e;
Pialral e, kai khamtu e, Vawmphuai e,
Kal law ka hmaah e.
13. A hu e, valpa si maw tlangi e,
Khuabang a ri chu e;
An au e, va ngai ulaw, sang nawn e,
Thansang anti hlah maw e.
14. Kan chhak e, zobawi lian e, Kan hluan e,
Zei thai an si lo e;
Tumlian e, ki sau leh maw, hatha e,
Kal lai kan thloh awk e.
15. Nan lung e, herna hlah maw,
Chawngler naubang i tah chu e;
Rawnglawi aw, kan runah e, ningzu e,
Aisa a ta mai e.
16. Rengpa'n e, awimu che maw,
Hreuah rul bang i vai chu e;
Zanmang e, salah khan e, meithal e,
Buanang rak pawm che maw.
17. Khuanu e, mang mawl aw chi,
Thang ngai than tir tuk hlah maw;
Kipten e, i phawt ulaw, val ran e.
Pahrang kan duh chiau e.
18. Hmunin e, vaih nakah khan,
Zing rim rem ten va fan chu e;
Piallei e, danah khan e,
Zuapan thanlai va dawng teh aw.

19. Zingphul e, kal hmasa khan,
Kapa Hminglian rak sim ulaw;
Kan than e, thei hman love. khur thuk e,
Lungbang a rem chu e.
20. Lianchhung e, an than ni'n e,
Tualah hnumkhuang a ri ngai e;
Rairah e, kan than ni'n e, tlangan e,
Kan lo au lai rih e.
21. Zotui e, nem hnuaiah khan,
Valpa thang ngai ka thang leh e,
Mi an e, hrat chi awm e, kei chu e.
Ka hming dai lem hlah e.
22. Ni khi e, tla rawng rawng la,
Thlangtlai lenkaw! khum chu e,
Kei chu e, hrang tlu ngai lo, thang chi e,
mi lai ka chungnung e,
23. Kawli e, sabawi le maw malza,
Tlung lam kan runah e;
Arkhuang e, brialhrakai law zolai e,
Sathang thawm a tlung e.
24. U leh e, nauhaia khan,
Thibang laiahi thlak ulaw;
Tha bik e, tilem hlah u, kan khua e,
Ka hawi Vala khan e.
25. Kan khua e, leng lakah khan,
Sanglang khawfarthing bangin e;
Nemten e, chhawntawn ulaw, lungrawn e,
Zathum khua tlirtu e.
26. Laichin e, unau neilo mahlawng,
Sathang va kaih chu e;
Kan than e, nibangah khan leng hnenah,
Mi u an thang zove.
27. Sailian e, nang hmasa law,
Kawl Fungkitial a zuitu e;
A sa e, hrang kim thiau e, Vawmphuai e,
Hnutiang ka dal tir e.

BAWH HLA

Bawh hla hi Hlado aṭanga lo chhuak zel nia sawi a ni. Engpawh ni sela Pawi lampang aṭanga chhuak a nih chu tumahin an hnial lo. Hlado chu sakap te sak thin a ni a, Bawh hla erawh chu Ral thatte sak chi a ni ve thung. 'Sa' ti lovin 'Chham' an ti zawk thin.

Bawh hla hi Hlado ang bawka thluk nei a ni a, a hla han en hian hlado ai mahin hla uangthuang leh chapo zawk niin a-lang. Ral that reng rengin a thaha chung a chuangin ama hming chhala chham ngei ngei tur a ni. A chhan chu ralhattu chu a thih veleh athaha thlarau khan arawn bmuak dawn a, chuta arawn hai loh nan chuan a hming chhala Bawh hla hi a chham a ngai a ni.

Tin, kawtchhuah aṭana Bawh hla arawn chham chuan khuaa miten ral a that a ni tih an lo hre ta a, a hmuak turin an kal thin a ni. (Hei hi a mala rawlrala an va hlawhtlin tuma tih dan a ni) A raula rammute an hlawhtlin erawh chuan kawtchhuahah thlang anrawn tlir a, tlaivarin daiah an awm a, a tuk zingah khuaah anrawn lut chauh thin a ni. Rallu lam ni chuan a khat tawkin Bawh hla hi an chham reng thin a ni. Tunah Bawh hla tlem lo tar lang ila :—

1. Kei chu e, ka sentetan sa leh doral ka pianpui e,
Ka do e, rimnam pa e, thlangchem a;
Aikim mi ti ulaw.
2. Phaian e, chhumpui zingin,
A duh tlangtin a chaih awk e,
Kei chu e, thawk ve ning law hrai mi e,
Dublai ka chaih awk e,
3. Arsi e, thlapa chawl law,
Ralvawn zalang ka dubin e,
Hawihkawm e, thanglung thawm ka do,
Rimnampa ka tlun e,

4. Zanin e, thainu, khan e,
Zeimang nau mangsi hlah maw e;
Thingsiri e par hauaiah khan thanglung e,
Nau bang ka jah tir e.
5. Chhimah e, hei thating law,
Ka do hmarzawl khua ka tlun e;
Fual leh e, vai rawl thul e, kani e;
That kim miti ulaw.
6. Nan khua e, ngui sel sul law,
Hmingtha Laldanga than nan e;
Ar bang e, kho khuh ning law mubang e,
Lunglaw nan chungah e.
7. Zu din e, zanah khan valin e,
Ka hrang nanti chiau e;
Leido e, khen thlah love, nan hming e,
Vairam a pha long hlah e.
8. Ka nu e, phangnawn mai law,
Kei than rial bang a daih chu e;
Maibang e, zamchang selaw, tluang khual e,
Val rawi zachhingtuin e.
9. Kan ruang e, a run tun e,
Ka do rimnampa ka tlun e,
Lungkhin e, tapvialing e; mualan e,
Tinkim ra thiat ulaw.
10. A lung e, phang hlah tin e;
Lamtawn biahthu ka tiam kha e;
Chin pheii e, tluanglaw tin e, ka au e,
Anu lung zam nak e.
11. Kei chu e, mithating law,
Mualah thle hlang ka duhin e;
Lu chung e, Thlangvapual e, luaisam e,
Luaisam ka duhin e.
12. Thangblei e, Hmarpalian e,
Rawng luai mallaw rual kan khua e;
Kan mual e, rei vung vung e, hlang law e,
Hawnglaw mang zun a duhin e.
13. Zu din e, zanah khan e,
Valin ka hrang nan ti chiau e;
Leido e, khen that nan e,
Hming dai lei leng huanah e.

KAN ZOTLANG RAM NUAM

1. Kan Zotlang ramnuam hi Chhawrpial run i iang e,
Hallote'n lungruala darang kan lenna;
Perbkhuang tingtang zaia kan chawi lai i mawi e,
Parmawi tinreng leh thlifim lenna kan Zoram
nuam.

I mawi em e kan Zoram hmunsang,
Fiara tuithiang kan dawna;
Tlangtin zaleng zawngte lungrua kan insuih-
khawm;
Aw i mawi chuang mang e, kan lenna Zo-
tlang ramnuam.

2. Hmanah pi pu Lasi khuavang lentin kaiin,
Doral hlau reng renga ramtuan nilenna;
Thinlai lungmawl vanga tlangtin rautin zawlin,
Tunah erawh thimnaten zamual an liam zo ta.
3. Zaiin chawi vel ila, perhkhuang tingtang remin,
Hei ang ramnuam reng hi ramdang awm ve maw;
Auvin hril vel ila khuavel hnam tin zawtin,
Hei ai ramnuam zawk hi awm chuangin ka ring
nem maw.
4. Kan ram mawi chul lo la parin vul lehzuai la,
Thangthar hmatiang sawnna tur khua sei leh se;
Tin, lo varin lo thangin lo sang zel ila,
Chung Pathian malsawmna pawh kumkhuain
awm zel rawh se.



LENTUPUI KAI VEL LEH AROMEI CHHUMIN

1. Lentupui kai vel leh romei chhumin,
A hawm kan zoram nuam leh duhawm;
Awmhar tinkim dawna han thlir velin,
A mawi zual Zofate kan lenna.

Chung Pathianin min hualhim zel rawh se.
Hawihkawm lonrual zawngte nen hianin;
Suihlung rualtea kan lenna parmawi,
Vul reng rawh ka pianna Zoram nuam.

2. Suihlung rualtea kan lenna hmun mawi,
Cham reng rawh zamual chu liam lul suh;
Engtiknge sappui nun ngai lo reng a,
Ka ngahkhlei kan lenna hun tur chu.
3. Tunah doral lian chhum ang zing mahse,
A la kiang ang hnam tin rumna hi;
Hnam tin longrual darang lenna tur ni,
A her chhuak ang chung Pathian zarah.
4. Doral lian chhumpui zing a kian hun chuan,
Rualduh kan then takte nen khanin;
Hlim leh lawmin kan insuihkhawm leh ang,
Zoram nuam ka pianna ram ngeiah.



CHITE LUIPUI

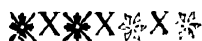
1. Zawlbhaw sira luang del del Chite luipui,
A lo luanna Zawlbhaw lam pheisaw hmaran;
Damten luang del del zel e chhim tual panin,
Rialtui hmingthang Lengnga vangkhua fin turin.

Fiara tui thiangte luang del del,
Lengi nena luia lengnga kan chhaina;
I sirah thing leh maurua an zing riail e,
Luang dem dem rawh piallei a ral hma loh
chuan.

2. Kum sul vei tukram tñan kan rel chang ni a,
Turnipui sahrang vung hnuaia kan dawn thin;
Kan thlawh sawmfang kan zawh tluang kaina
nuamah,
Luang reng rawh lungualpui nena ruang bualna.

3. Thlrum laiin va tinrengin an dawn thin,
Lungualpui nen suara lengnga kan danna;
Eng siarin thalfavang ni eng pawl riailin,
Nung tinrengte lawman a rawn chhun eng e.

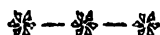
4. A lui dung chandel chhawrthlapui eng hnuaiah,
Kangkang, Chhimbuk, Thangfen zaite'n lo awi e;
Lung tileng zualin Kilva hram thiam zai nen,
Sensiarin chhawrthlapui engin a rawn chhun.



LEI MAWINA

1. Aw khawvel puanang a chul tur chu,
Tinkim dawnin han thlir ila;
Aw hringnun par anga vul thin hi,
Hmate'n zamual a liam tur chu.

Aw lei mawina thinlai tihlimtu,
Zantiang chhawrthla' leh si-ar eng mawi;
Aw zing eng mawi leh tlaitla eng mawi,
Damlai khuavel nunkhua tinuaman lo vul rawh
2. Tlangsang thingzar mawi leh phaizawl a,
Suanglungpui leh luipui luang ri;
Vanrang chnum leh thlifim lengvelin,
Khawvel mawi hi hla mawi an pe.
3. Khuathal lenkaw! ni chhuak eng rii ri!ai,
Tuhpui par leh Vau Phunchawng par;
Chungtiang len thiam Kawlngo thlakhawng ri,
Lei rawngbawl kum siam an lo ni.
4. I mawi mang e, Piallei kan chenna,
Rianghle! tan parang vul ve la;
Tah lai ni kawlkungah liam zelin,
Hlim lai ni par ang vul rawh se.



KAN TLANG, KAN RAM

1. Kan tlang, kan ram a bring a mawi,
Tlawmngaihna pangpar mawi a vul;
Rangkachak leh lungflu aiin,
Chu pangpar chu a mawi zawk e.

Aw tlawmngaihna hlu, aw nunna par,
Kan tlang ram nuam hmun sangah hian;
Kum sang tam tak pawh ral mahse,
Zamual liam lovin ding reng rawh.

2. Ka chawi ang che, sakhming hluanin,
Zonun par mawi ka ti ang che;
I mawina rimtui leng velin,
Ram tin kil tin a fang del del.

3. Hmanah pipu len lai ni khan,
I hmel ni ang a eng thin a;
Kan ram, kan hnam timawitu kha,
Thliah hnu chhawl ang a chul zo ta.

4. Tunlai khawvel hun tharah hian,
Tharin parang lo vul leh la;
Kan thiam kan fin timawi turin,
Kan thinsungah lo cheng leh rawh.

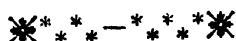


PARMAWI THANG VULNA

1. Kan tlang ram par vulna,
 ʔhal khua (khaw) eng riai romei karah;
 Lenkaw! turni nem duai zaitin,
 Rimawi an chiar nghian e.

Phunchawng, Nauban Ainawnpar,
 ʔuah vau, Chhawkhle, Senhripar;
 Chawnpui, Pang Samtlang, Dingdi,
 Parmawi thang vulna Zoram hmun zauvah.

2. Fan changin tlang lian te,
 Lungleng kan uai par zun lengah;
 Chhuahtlang lamtluang zawng leh,
 Thingsir, Rihnim parin a bawm.
3. Chbaktiangan par a vul,
 Chhawkhle, Ainawn, Chawngtlai, Hawilo;
 Phunchawngpui phai bawntu Thingsir—
 Leh Mualhawih, Chawnpuipar.
4. Thinlai hnem par lawmna,
 Zamzo, Chuailo Derhken, Arkhuan;
 Chinparmawi thang vulna ram buk—
 Thlam leh Runin sumtual.



HMANA PI PU LENLAI CHUL HNU

1. Hmana pi pu lenlai chul hnu, awmhar ka dawn
changin,
 Suihlung ruala zamuat an liam tinkim ka dawn
ngam lo ve;
 Zaleng dawntuai sen sir siar sai ang an lo neirna,
 Dawnlung runhmun len ram loh zalam tluang a
chul zo ta e.

 K : dawn ngam lo hmangaihna khua a var
hmaa fam zawng chu,
 Khua romei tlang kai chang sirva nunhlui a
thar zo ta;
 Kan nun thlang puan anga chul tur awihlai
rel ve la aw.
2. Turnipui kawl en chang khuathal romei a zam
leh ta,
 Chhawl lii liai par zaleng lungkuai tawnmawi
sirva lawmlai chu;
 Khawtlang zing riai leh Lengkhuamawi vullai
mual a liam a,
 Lentu Ngirtling tahlai dungthultu leng ka ngai
mang e aw.
3. Fur khawthiang thing rihnim chhawl lii liai a
mawi mang e,
 Ka tap hmartlang chhinhlei thlanglen chhak-
tiang deng zel ang che;
 Chul thei lo vangkhuaa leng zawng thlafam ka
dawn changin,
 Rairah riang chuang tinkim dawn zo kei mi-
ching thei lo ve.



INSTITUTE OF MUSIC & FINE ARTS (IMFA) HLA

By T. Zorampela

s, :s, . s, /s, :-	l, :l, . l, /l, :-	t, :- /d, :r	d, :- /- :-
m, :m, . m /m, :-	f, :f, . f, /f, :-	s, :- /s, :s	s, :- /- :-
d, :d, . d, /d, :-	l, :d, . d, /d, :-	r, :- /m, :f	m, :- /- :-
d, :d, . d, /d, :-	f, :f, . f, /f, :-	s, :- /s, :s	d, :- /- :-
m, :m, . m /m, :-	r, :r, . r, /r, :-	d, :- /t, :d	r, :- /- :-
d, :d, . d, /d, :-	t, :t, . t, /t, :-	l, :- /s, :l	t, :- /- :-
s, :s, . s, /s, :-	f, :f, . f, /f, :-	f, :- /r, :m	f, :- /- :-
d, :d, . d, /d, :-	s, :s, . s, /s, :-	l, :- /m, :d	s, :- /- :-
:S.			
f, :f, m, /r, :d, :r	m, :- /r, :d	l, :l, d, t, :t, :- d	r, :t, /d
r, :r, d, /t, :l, :t	d, :- /t, :l	f, :f, l, /s, :s, :- s	s, :s, /s, :-
l, :l, s, /f, :m, :f	s, :- /f, :m	l, :l, m, /l, :t, :- r	s, :s, /d, :-
f, :m, :d, /d, :m, :s	d, :- /s, :l	f, :m, :r, :d, :- r	s, :s, /d, :-
Chorus :			
D.S.			
t, :t, . d, /r, :-	d, :d, r, /m, :f, m	r, :- /	
s, :s, . l, /t, :-	l, :l, t, /d, :r, d	t, :- /	
r, :r, . m, /f, :-	m, :m, f, :s, :l, s	t, :- /	
s, :s, . s, /s, :-	d, :m, :s, /d, :t, :s	s, :- /	

1. Pi pute nun mawi leh duhawm, mual liam tawh
hnu,
Huaisenna leh tlawmngaihna hlu, LAM leh Zai te;
Zoram tlwana vul leh turin,
I.M.F.A.-in a chawi zel dawn,
Hlim leh mawiten,
Vanglai hun leh ni te hi;
Suihlungruala chawnban vuanin,
Lam leh zaiin i cheo ang aw.
2. Khuavel zawnga tilang sappui iang sakhming
than nan,
Perhkhuang tingtang timawite nen DOH TE tiin;
Zaitin vawr thiam zir zelin,
I.M.F.A. hi kan pen zel dawn.
3. Leng zawngte u, lo kai ve ru, kan run sangah,
Kan thupui ber LAM leh RIMAWI ZONUN
mawi nen;
Thang leh tharten chawi zel ila,
Chutin kan ZORAM mawi a zual ang.



FUR KHAWTHIANG

By. Selthuama, Thingsai

1. Fur khawtiang lenkaw! tlaitla eng pawl riail,
Chuan ka nuam a lang tlangsang laiah;
Rangka dartui iang lentu chhawl var siau,
Lei hringnun sualna thawi dam rawh.

Ka chungkaw! hnim lai khawzo chhumpui nen,
Kian chang ni a lo her leh thin;
Kei ka lunglaimawl hliap chhum ang zing hi,
Van tblifim han chhem kiang leh rawh.

2. Kum sul her chhim thlang virthli lengvel hian,
Tuipui chhum furtui thiag han chawi e;
Nungcha lei chhawlhal tlai thingpar zawng nen,
Siktui thiag dawn lai an hlan e.

3. Kan nun chhung lei ram tlaitla eng mawian,
Angel ianga laitual kan lenna;
Turnipui thlangtiang zamual liam lo hian,
Lei hringfa nun mawi min hrihl rawh.

XZXZX

SALKUNGI PEM HLA

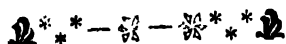
1. Hawi veli, nang ang zaleng an awm lo,
 Ka lawmna leh ka lungkham i ni;
 I tello chuan chungturni lenkaw! a rei vawng
 vawng.

Ka ngai che keizawng englai pawhin,
 Nang lo chuan thliahhnu chhawlangin ka
 uai ngei e;
 Senhripar iang sakhmel chullo ngaihla-
 bang thei lo.

2. Berhva te, Sirva chhawn thiam chang ila,
 Awmkhua a har vawiin ni chhun chu;
 Min hnem turin chhawnthiam huivate ka ngai
 vawng vawng.

Awm a har khuarei tinkim dawn ila,
 Thinlai hnemtu mi ngaihpui ve u;
 Suihlung tileng thalfavang lenkaw! a eng ruai e.

4. Min dawnpui ve u, ka lenrual te u,
 Ka hril seng lo thinlai lungruk hi;
 Chham ang ka zal, dawhtling laikhuma'n ka
 nuar reng mai.



TUKRAM CHUL HNU

1. Ka thir zel dawn, tukram-chul hnu,
Lawm duh lungruala kan henna;
Lentu Maurea an zing zo ta lamfluang-
Thuvaten zai an rem,
Murvate nun iang a, lenlai par ang vulna
A chul zo ta siktuthiang ruang bualna;
Dinthar leh ang imaw-
Leng dawnthar te nen.
2. Thir ve ang maw nunhlui ngaiin,
Kan puanna tlang a ngui zo ta;
Thlangkhuandima vulmawi naunawn,
Awihlai brai duh chawite zawng nen;
Par ang an chui zo ta, hlim lai kawla liam a,
Tawnmang an chang lawmlai mual a liam a;
Rauthla lungmawl a vai kan nun hlui ka dawnin.
3. Thlangtlai zamual puanna chul hnu,
Fang leh ila, ka nuam mang e;
Rauthla lungrualten cham ang maw,
Bukthlam, zai an vawr siau awm e;
Tlangah vaichuan ila, sawmfang peng liaihnuaiiah,
Hauchbawvuaen maw, suihlungreal nui biauvin;
Siktuthiang dawn ang maw, Rauthla lungreal
zain.



**Hnamtin hian mahni zia kan nei theuh a,
Mizo zia hre turin —**

**INSTITUTE OF MUSIC AND FINE ARTS
PAN VE RAWH**