

# ZIRTIR TUTE LEH KHABU

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# ZIRTIRTUTE LEIKHABU

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K. SAMBELA B.A., B.T.  
(formerly Headmaster, U.C. English School  
Diphu and Author of Nute lekhabu)

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## ZIAKTU THU HMAHRUAI

A hminglin Primary School-ah te M. E. School-ah te, High School-ah te ka lo thawk ve tawh tñin a. Ka thawk hun chhñng pawh kum sawmhnih emaw lei a tling ve nghe nghe a. Zirtirtu hna hi ka tulna berte zingga mi a ni a. Kum riat zet Mizo ram pñwn-ah Mission English School Headmaster hna ka thawk a, chutih laiñ rawngbåwl hna péng dang thawk tûr-in Zoremah ka chhuak ta a. School zirtirtu hna hi thawk leh ngai tawh lo tûra Inngaiñ, zirna tñeah tih theih engemaw neiñ zui ka châkna chuan he lehkhabu hi min buatsaihtir ta a ni A man a tem luat ka hlauh avñngin tûl nia ka hriat zewng zewng ka telh ngam lo va. A bu té thei ñngin ka han ziak a ni

He bu buatsaih nññ hian lehkhabu chi ruk rawn tan bik ka nei a. Tam tak chu keima experience atenga ka ziekte a ni hñwm Lehkhabu ka rawnte pawh a ngial a ngana la chhñwng lovin kan ram mil tawk nia ka hriat angin ka siam rem mai a.

Tawng hman thuah, zirtirtute chhiar tûra buat saih a nih avñngin, zirtirna lama Sáp ñawng thu mai hman lärte chu a sáp tawngin ke dah zéi mai a. A fiah zawk beiseina avñngä ti ka ni e.

He bu ke buatsaih lai hian Rev. K. Lungmuana B. A. B. T. B. D, Alzawl Theological College zirtirtu chuan min chhiar chhuah sakín ñawngkam fel lo zualte min siam rem sak a. Ztu. Ni. Salnghingin thu hñwm zawnawina min buatsaih sak bawk a. An chungah ka lñwm hle.

He bu hi zirtirtute leh ram leh hnám tâna leh-khabu ñangkai a nih ve ka beisel a. Zirtirtu training mëkte tân pawh chhawr hmanin a awm ka beisel bawk.

K. Salbela, Republic Vênglun, Alzawl.  
18. 8. 78.

Pu K. Saibøla buetsaih Zirtirtute lehkhabu' a vuah, bu tø tak tē hi ka lo thlir ve a, a chhüngä thu awmte hian School Organisation leh Administration pøwl berin ka hria. Kum 15 lai Teachers' Training Institute-ah ka thawk a, chüng chhüng chuan he subject area hi ka lo zirtir ve thiñ Mizo çawnga lehkhabu kan la neih loh avangin note' kan siam a, chüng chu trainees-ten en la chhawng leh thiñ a. Tüna hetlanga a bua buatsalh a ni hi thil lāwmawm tak nilin ka hria. A hmlng ang ngeis he lehkhabu hi zirtirtute, zirtirtu zirtir dän zir latle leh zirtir lama tuia zirtir dän zir tum mite tän a çangkai êm êm ang tih ka rïng tlat a ni.

Romawia  
Principal,  
Under Graduate Teachers'  
Training Institute  
Alzøwl. 3. 1. 1978

Zoram School-ten a tha z̄wrga 'Thandyanna' tûr Nawrpui kan reih sia Upa Saibâla, B. A., B. T., School lama tui taka lo thawk hrap tawfi ñhînin het-tiang lehhabu 'Zirtirtute lehhabu' Mizo tawng ngeia tawi fəmkim tek si a, zirtirtu tam berte chhier theiha a hən buatsalh hi a lāwməwm hle mai. Zoram School-ten hmasâwn nân kan hman ngel ka belsei. Zirtirtu zawng zawnget uluk takin chhier ngel sela ka duh ngawt mai. A ziaktu hi ka School chhuak a nih avângin ka chhuangin amah pawh ka hre chlang hle a. Zirna leh Sakhaw lama mi hrat khawkhêng, fiamthu leh rualkawm thiam a nh avângin a thu zlak pawh hi a fiah tha hle niln ka hria.

Thansela  
District Education Officer,  
Aizawl : Mizoram.  
(National Award Winner : Headmaster)



Minister  
Education, Industries etc.  
Mizoram

He lehkhabu (Zirtirtute Lehkhabu) Pu K. Selbela buatsalh hi chhlar chhuah saka lo enpui tûre mi a ngen anglin ka chhlar chhuak a. Hetianga ngaih-tuahna nasa tak senga, kimchang tak si, tawi fel taka a rawn siam chhuak thei hi lâwmawm ka ti a, kan ram hmasawnna ropui tak nilin ka hria. Mi tam tak chuan hriet chu kan hria a ni thei e, mahse ziah chhuah leh fel taka phuah khâwm hi a awlat loh avangin hetiang ang chi lehkhabu hi Zo țawngin kan la nei hauh lo mal a, buatsalha a awm ta hi lâwmawm ka ti tak zet a ni.

Zoram pumin a țangkeipui tek meuh ka beisei a ni. Amaherawhchu, zirtirtuten tih tak tekne leh țhahnenngela țangkalpui tumna kan neih loh chuan a țangkai tûr anglin a țangkai tâwk lo ang tih a hlauhawm a, chuvângin zirtirtuten uluk taka chhlera hmang tûrin ka fulh bawk a ni.

Dated Aizawl  
the 20 th Oct. '78.

(F. Malsawma)

Dedicated to my own brother  
K. Lalbusliana, Asst. Teacher,  
Eastern High School, Biate,  
Mizoram.

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Bung 1

ZIRTIRTU NIH TUR

Zirtirtu hlawhtling nih theihna hi zir sâmma (qualification)-ah chauh a innghat lo va, a ziä leh nihna (quality)-ah a innghat zâwk a ni. Zirtirtu hna chu zirlaite rilru leh thlarau, an ngaihtuahna leh an pawn lam taksa tlenga, a t̄ha thei ber tûra tihtthan leh kaihhruai hi a ni Hetiang a nih theihna hmanrúa atân a tiha tih ngeia hriatna (experience) chu hman ber a ni a. Zirtirtu chu, mihring mi taka chhertu, hnam meichher leh thangthar awm dâñ dintu a ni a; amahah chuan naupang nakin hun a inngat a ni. Naupang mizia leh piankenah zirtirtu chuan hmun pawimawh tak a awh a ni. Tumahin zirtirtu kuthnu leh a hna chu khawi hmunah nge a tâwp a, eng hun-ah nge a ral tih sawi theih a ni lo. Khawvél mi ropui ber berte ropuina leh an hun kal zêl hi naupang an nih laia an zirtirtute kaihhruaina leh zirtîrnâ aṭanga zung kai a ni châwk. Chuti a nih avângin zirtirtu chu hetiang mi hi a ni tûr a ni.

1. Mihring mihrinna ze t̄ha (personality) nei mi a ni tûr a ni. He zia hian lan dâñ tlângpui te, thiltblîr dâñ te, thil ti tak tak mi a nih leh nih lohte, mi a en dâñ te, mi inzir mi a ni em tihte hi a huap vek a. Zirtirtu t̄ha ni tûr chuan taksa pâwn lam lan dâñ a mawi hnai tûr a ni a; fel leh fai taka inthuam reng mi en bahdam a ni tûr a ni. Fel taka inchei hian rilru pawh a thunun t̄hîn. Thil rëng rëng a t̄ha zâwng leh a beiseiawm zâwnga thlîrtu a ni tûr a ni a. Chu-

tiang mi chuan hlaau lovin, beiseina ဘံ ng n̥en an hna apiang an zuam zak တိုင် a. Chutiang mi chu optimist' an ti. An tān thiltih a nuam a, an hlawhtling nge nge တိုင်. Mi သေနာ် chuan thil r̥eng r̥eng hi a thim zāwng len a barsa zāwngin an thl̥ir vak vak တိုင် a; thil an zuam lo va, an tih chhunah pawh an dawizep-in phûr sarhna an nei lo va, an hlawhtling thei lo. Zirtirtu စာ ni တူး chuan rilru စာ a ngai a. Rilru lam a စာတဲ့ စာတဲ့ chuan mit meng te, hm̥ēl te, တော်ကာ chhuak te a mawiin အဲ စာတဲ့ thei ngai lo a ni. Rilru စာ lovin rah စာ a chhuah thei lo. Tih tak taka thiltihna (sincerity) hi zirtirtu chuan a mamawh berte zīnga mi a ni bawk a, ti mai mai lova miin hna a thawh chuan hlawhtlin a awl b̥ik a ni. Tin, zirtirtu ziaah hian mi dangte tuarpuina leh lainatna hi thil တုံး tak a ni bawk. Naupang inang lo tak tak, thei deuh leh thei lo deuh, fing deuh leh အဲ deuh, hris̥el leh s̥el lo, pian leh m̥ūrna inang lo tak tak enkawltu chuan mite lainatna a neih loh chuan a enkawi စာ thei ngai lo vang.

**2. Aw စာ nei :** Zirtirtu စာ ni တူး chuan aw r̥awl စာ a ngai a Aw စာ kan tih hian aw chhuak စာ leh ri mawi neih mai bâkah, ring lutuk lo, zawi lutuk si lo, chiang fel faka sawi tihna a ni.

**3. Naupang ngaina mi :** Zirtirtu chu naupang duh mi, naupang ngaina mi a nih loh chuan a zirtir-naah a hlawhtling tak tak ngai lo vang. Naupang brim brim hi a tuipui တူး a ni. Naupang ngainatna nei lo, an bula awm nuam ti lo zirtirtu r̥eng r̥eng chuan naupangte hmaah hm̥ēl hlim an pu khât a, naupangte chu စား anga enna rilru nei lovin,

hlawh hmuhna hmanraw thil angah an ngai a, inpawh-na tak awm lovin, an zirtirin an kaihuai a, naupang nun leh ama kârah lei kak (gap) a awm a a tân hlawhtlin a har a ni. Naupang bula awm nuam lo titu tân chuan period khat lek pawh a rei duh hle a. Sawi hauh lo mah se a hmël leh cheziaah naupangin an hre thiam mai a. Chutiang zirtîrtu bula ch n leh khawsak chu nuam an ti thei ngai lo. Ui tak ngial pawh hian a ngainatu chu zu hre riau va !

**4. Naupang rilru nihphung hre mi :** Zirtîrtu chuan naupang pianken (psychology) a hre hneh hle t r a ni A tl ngpuia zirna lama hriatna mai kha a t wk lo va, mi mal mal thlengin hriat a tum t r a ni. Mi b k zir thiam t r hian mihring ze zirna bute chhiar tam a t l bawk tak nain mi a tuina (interest) a t l ber mai. Miah tuina tak tak nei ila an awm d n leh zeizia kan hre thei ber mai. Nu hi naupang hre chiang theitu a ni a. Lehkhaa a chhiar a ni ber lo va, a fate a hmangaihna chuan an pianken leh zei a hriatt r mai a, eng anga enkawl t r nge an nih a hre thei mai a ni.

**5. Tihv l dan thlam mi :** Thil awm d nte hre zul mah ila, a tihv l d n (method) kan thiam loh chuan a s wt thei tak tak lo. Balhla chu a tuk hunu tuk t r a nih leh um hmin t r a ni tih hre mah ila, a tuk hun leh a um tui d n kan hriat loh chuan kan tikhawlo zo vek ang Zirtîrtu train tawte chuan zirt r d n (method of teaching) in zir tawh a. I train laia i thil zirte i han hman tak tak d wn chuan t n chin i nei fo vang tih ka ring. Eng v ng nge? Nau-

pang athu te, a hmun athu te, hmanrua athu te, thawhpui athu te leh mahni lama harsatna eng engemaw athutein a zir loh vang a ni

**6 Hun hmang dik mi :** Skul kal tlai leh mahni class kal tlai hian zirna leh discipline a khawih chhiat thui theih ëm avângin zirtîrtu chu hun vawng dik mi a ni tûr a ni Class kal tlai a pawizia mai chu: naupang an lo ninhlejin an lo bengchheng hman ngei a, chu mia zirna boruak han dah dik tûr chuan hun (minute) engemaw chen hman a ngai a. Zirtîrtu thinchhe deuh phei chuan rei iak an han hau va, zir hun an tihtlêm bâkah, chutiang boruakah chuan zirtîrtu leb zirtu an tui thei ngai lo va, minutes tlêm te khawhral nia lang khân dam chhûng hun hial a khawih chhe pha a ni. Class-a kal tlai mi hian dân narânin hun thlâk dâr rikah dub khawp an la ngah loh avângin an tlai lam umpâwng pâr ve leh a, an chhuahsan tûr pâwl leh an lâk leh tûr pâwl zirna hun hlu tak chu au khawih chingpen vek

**7. Naupangte zah thiam mi :** He thu kan han sawi hian naupangten zirtîrtu an zah thiam tûr a ni kan tihna a ni lo va, zirtirtu zâwkinaupangte a zah thiam tûr kan tihna a ni. Naupang chu a lian emaw

a tē emaw, a hmēl a tha emaw a chhia emaw, a piangsual emaw sual lo emaw, an in chhūng lam an rethei emaw rethei lo emaw, mihring a ni a, zia leh mi nihna (personality and individuality) nei a ni a Duhzāwng leh duh lohzāwng, ngaiñatzāwng leh ngai nat lohzāwng naupang tin hian an nei theuh va Chu an mi nihna (personality) zah thiam lo zirtīrtu chuan naupang a thunun thei ngai lo va, an rilru leh ngaiñtuahnaah thil a thun suh har ṭhīn Zirtīrtu ṭhenkhat naupangte zahpah lo, ran rual awm khāwm ang leka ngaia, zah lo baksaka ching vēl an awm ṭhīn. Chutiang mi chu zirtīrtu hlawhtling a ni ngai lo vang. Naupangte zahthiamna zia hi zirtīrtu chuan a nei tlat tūr a ni.

**8. Dik leh thlei bīk nei lo mi :** Naupangte hi an hmēl leh mizia avāng te, naupang dangte aia kan laka an that deuh bīk avāng te, chhūngkhat laina an nih avāngte leh kawng dang engemaw vāngtein duhsak bīk leh ngaihsak bīk an awl hle. Hei hi thiltih āwm ve tak a nihna lai phei zawng a awm ang maherawhchu zirtīrtu dik tak chuan thlei bīk nei lovin naupangte chu ang khat vezin a en tūr a ni.

**9. Dawhtheibna nei mi :** Naupangte hi an thil hriat thiam theih dān a inang ngai lo va. Hre chak lo deuh leh rilru tlēm zāwkte lakah zirtīrtu chu a dawhthei tūr a ni. Hre chak ve lote tān aw rāwl leh thahru a hranin a sēng hreh tūr a ni lo. A sawi nawn fo peih tūr a ni.

**10. Mi thawhhopui thei mi :** Skul hlawhtlinna bul chu zirtīrtu thawhho thiamna hi a ni fo. Zirtīrtu chuan a thawhna skul hotu ber (head) thawhpui theihna leh

thawhpui thiamna thlarau a chang tûr a ni. Lû berte ḥanpui leh thawhpuia an kaihza vĕn chu a hna pual pakha! a ni tih a theibnghilh ngai tûr a ni lo.

**11. Hriatna lama tuihâl mi :** Hriatna hian tâwpin tai a nei lo va. Zirtirtu chu hriatnaa tuihâl mi, lehkha ziak chi brang hrang chhiar peih mi, mit leh beng chhi tam mi a ni tûr a ni. A theih ang tâwk tâwka lehkha chhiar tûr a lam khâwm bâkah library tlawh peih mi a ni tûr a ni a, a inzir ve reng tûr a ni. Lehkha chhiar peih mi leh hriatna ngaihlu mi zirtîrna lo chu dawnsawn tham a awm ngai lo. Zirtirtu chuan a dam chhûngin a zir reng tûr a ni.

**12. Mahni âwm thu chhuaka rinawm :** Zirtirtu chuan, 'ka ti ang' a tih chu a ti ngei tûr a ni. 'Chu ti r'u' 'Kha ti r'u; tih phut dupa hriat zui leh tâk mang loh te, 'Ka ti ang' tih phut dupa tih leh si lohte hian mahni mizia leh naupang zirna a hliam a Mahni aṭanga chhuak rēng rēng chu rinawm takin kan chhuinh zui ngei tûr a ni. Thupēk tiêm thei ang ber, a tha thei ang bera ûm zui hi hlawhtlinna a ni.

**13. Zawhna zawh thiam mi :** Zawhna pêk thiam hian zirtîrna a tihlawhtling nasa ēm êm a. Inzirtîrna hun leh hmunah zirtîrtuin zawhna âwm tak zawh fo a chîng tûr a ni. A zawhna chu ṣawngkam tawia chhân mai chi, zawh âwm tak leh hriat âwm tak a ni tûr a ni. Zawhna hian zirna rilru a kaitho ḥin a, zâwttu rilru pawh thil bïkah a khur khung a, discipline pawh nasa takin a pui a ni.

**14. Tehkhin thu thiam mi :** Tehkhin thu hian thu a tichiangin a ngaithlatu tān a tingaihnawm a, chuvāngin zirtīrtu chuan tehkhin thu a thiam tūr a ni a, tekhkinna atāna thil hman chu naupangten ni tina an hmuh Ქhin leh an hriat bel êm êm ni thei sela a Ქha lehzual

**15. Co-curricular activities-a tui mi :** Zirna hlui chuan zir tūr bīk atāna tuk subject bāk, infiam te, thu leh hla lama intihhlīm lam te hi zirna bial chhūnga khung lovin bial sirah a dah Ქhin a. Tūn lai zirna chuan sadai chhūngah seng lūtin a ngai pawimawh ta êm êm a ni Extra curricular activities an tih Ქhin chu Co-Curricular activities an lo ti ta a ni. Ziak leh chhiara rilrua vawn ngawt hian mihring mamawh a phuhrūk zo lo lutuk a, chuvāngin mihring ni tin khawsakna atāna thil Ქul dang kan ti tam tāwk tūr a ni. Co-Curricular Activities an tihte hi mihring tāna Ქul leh pawimawh a ni a ; zirtīrtu chuan a ngaithiam mai ni lovin a tuipui (interest) tūr a ni. Entīr nān : Infiamna lam (games and sports) angte hian taksa a tihrisēlin rilru lam pawh a sawizawi a, mi dangte nēna thiltihho thiamna (team spirit) a chawk chhuak a. Intibhlimna leh tihpui (function) chi hrang hrang siam te, thu leh hla lama intihsiaikna eng engemaw te hian mi zīnga khawsak dānte mi a thiamtīrin mi mal theihna chi hrang hranga tibhmasawn a ni.

**16 Mahni subject thiam bel mi :** Zirtīrtu chuan ama subject bil chu a pum puiin a bel (master) tūr a ni. A zirtīr tūr subject a thiam bel loh chuan dāwt zirtīr chāng a awm thei a, tuina a tlachham a, a zir,

tirna a ngaihnawm thei lo. Naupangten a zirtirna an ngaibsak hleı thei lo va, zirtirna a buai zo vek thei a ni.

**17. Ni tin inbuatsaih mi** · A chunga kan sawi, mahni subject thiam bel tür chuan zirtır tür apiang lo buatsaih lawk zĕl hi a ni ber mai a. Zirtirna tha leh hlawkt pe thei tak tak tür phei chuan zirlai bu bakah bu dang (reference book) chhiar tel tür a ni. Tin, kan thiam bela zirtir dān thlenga kan thiam tāwk loh chuan a hlawhtling thei lo va. Chuvângin zirtirtu chu ni tin inbuatsaihna nei reng mi a ni tür a ni. Zirlai buatsaihna (lesson plan) dik tak kan tlin loh pawhin, mahni phuahchawp dān tal buatsaihna bu (note book ang lek tal) neih ngei tür a ni.

**18. Mahni inendik fo mi** : Mahni tlinna leh tlin lohna te, dikna leh dik lohnate inchhüt thina inngaih-ven zui fo thîn mi hi mi sing nihna a ni a, zirtirtu tân a ful bik a ni Mahni dik lohna leh tlin lohna kan hmuh chhuah apiang insiam that kan tum zĕl tür a ni.

**19. Thahnemngai tak tak mi** : Zirtirtu tawh phawt chuan thahnem an ngai thawkhat theuh awm e. Amah-erawhchu thahnemngaihna pângngai bakah hian thi leh thau pawlha thahnemngaihna (missionary zeal) a awm leh a. He thahnemngaihna hi zirtirtu tha ni tür chuan neih a ngai a ni Thiltih rēng rēngah thahnemngaihna a awm loh chuan hlawhtlin a har a, hnuhma a phuai thîn. Kut hnathawka ei zawng rau rau pawh hlawhtling thei riau an awm thîn. Chung mite chu thahnemngaihna thûk tak neia thawktu an ni châwk. Lui dung chawhmeh dap thleng hian man thei riau an awm thîn a ni lawm ni ?

**20. Hnam hmangaihna tak tak rilru pu mi :** Zirtirtu chu thla thar emaw hlawh pung emw thlîrtu mai ni lovin, amah leh a zirtîrna chuan ram leh hnam a huap pha tûr a ni. Mahni ram (country mai ni lovin khawv  l pum  hatna lam kâwka nung leh zirtîr mi a ni tûr a ni.

**21 Democracy rilru pu mi :** T n lai zirna (Education) hi Democracy lungph  m a  ng a rem chhoh a ni a ; democracy rilru pu mi t n lo chuan zui thiam pawh a har a : chuv  ngin zirtirtu zirtîr d  n chu a democratic t  wk tûr a ni Skul khat rau rau pawh a inenkawl d  n leh a zirtîrna l  k hmang chuan democracy dung a zuiin zirlaite chu he mi kawngah a kaihruai tûr a ni.

**22 Mahni mawhphurhna hre chiang chuta ch  ng reng mi :** Hna b k thawk t  ra rawih si mahni mawhphurhna hna tak aia thil dang buajpui z  wk a awm theih hle a. Zirtirtu chuan zirtirtu a nihnaa a mawhphurhna hre chiang hle sela, eng lai mahin a mawhphurhna chu theihnhilh suh se. Miten zirtirtu chu zirtirtu angin hre rawh se

**23. Mi taima leh huaisen :** Zirtirtu chu a hnaah taima rum r  t phawt mai sela, a  ha ber mai. Thil dangah tling teh chiam lo mah se, a taihm  k hrim hrim chuan zirtirtu hlawhtling a ni thei tho a ni. Tin, zirtirtu chu a dawizep tûr a ni lo Diknaa a din chh  ng chuan tumah hlaau hauh suh se.

## Bung 2

### SKUL KHATA LU BER (HEAD)

Skul khata lu ber (head) nih hi thil namai a ni lo. Hotu ɬha neih loh chuan skul ɬha neih theih a nih loh avāngin skula lu ber nihna hna hi thiamna (qualification) emaw, thawh rei tawhna (seniority) emaw ngawta inruat (appoint) chi pawh ni lo hialin a lang. Thiamna nei sāng apiang leh thawk hlun apiang hi ɬha ber leh thiam ber a nih loh theih a. Hotu nih thiamna (leadership quality) hi ngaih pawimawh hle tûr niin a lang. Amaherawhchu zir sāng na nā nā leh thawk rei tawh na nā nā chuan a tlāngpui thuah theihna an ngah duh avāngin tehna fuug bera neih loh theih phei chu a ni lo vang.

Hotu nih thiamna hi pianpui a awm thei a, a zira zir thiam theih pawh a ni. Hotu nih pianpui si lo zir thiam tum bawk si lo, zirna nei sāng fu si, hnaa thawk hlun fu fu a awm theih. Chüngte ngawt ai chuan zir sāng lo deuh zawk emaw thawk hlun lo deuh zāwk emaw pawh ni se hotu ber nih tling riau an awm chuan insiamrem dān awm thei sela, skul a hlawhtling zāwk ang.

Skul head hi sanaa a lipui ang te, lawngpu ang te, tuihu khāwl lawnga a khāwlipui ber angttein an tehkhin ɬhīn a, "Skul chu a lu ber ang angin a awm a ni," an ti ɬhīn. Skul head-te hi skula zirna chahbi an ni a, zirna che vēlah hian a thahrui ber leh a lipui an ni.

Kan ramah hian skul head ɬhenkhat, pianken leh nih phunga head hnaa tling si lo an awm thei ang em?

**Skul hotu lu ber (Headmaster / Head teacher) nih tûr pawimawh zualte :**

Headmaster ̄ha emaw Head teacher ̄ha emaw nih theihna tûr chuan h̄engte hi chhinchhiah bîk ila :—

1. **Experience ̄ha tawk nei :** A hmasa berin Headmaster ̄ha emaw Head teacher ̄ha emaw ni tûr chuan zirna leh zirtirna lama experience ̄ha tawk tak nei mi nih tûr a ̄tûl. Experience nei lo tân head ̄ha nih a harsa ̄em ̄em a ni.

2 **Puitlinna hrim hrim :** Rilru leh ngaihtuah-naah te, taksaah te, hawiher leh sükthlêk dâñ hrim hrimah te, in leh lo leh fanau enkawl thuah te, hna r̄elbâwl leh thawh dânah te, vântlâng mipui mitah te skul khata lu ber chu mi puitlinga ngaih a ni tûr a ni. Zirna ngawr ngawr hnaa an tlinna mai chu a tawk lo vang.

3 **Theih leh thiam chi hrang hrang nei mi :** Zirna (Education) kan tih hian nun pum hi a huap avângin, zirna skul hotu ber chuan theihna leh thiam a ngah tawk fang tûr a ni. Kawng khata hman tlâk fu kawng danga chhawr tlâk loh mi hi head atân an iaiawm. Amah tak takin thil kawng hrang hrang khawih thiamin tithiam kher lo mah se tuina (interest) tal chu a nei tûr a ni. Tuina kan han tih hian ̄awngkaa tuina mai emaw hnialna nei lo emaw mai aiin rilru taka tui puina leh ̄hahnemngaihna a nei tûr kan tihna a ni.

4. **Nungchang leh zia :** Skul khata hotu ber chu mi nungchang ̄ha, mi khawngaih thei, mi dik, mi tuarpua lâwmpui thiam, mi zau tak a ni tûr a ni.

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5. **Mi inzir mi**: Mite kaihruai tak tak tûr chuan hriatna nei zad mi nih a ngai a Hriat zauna hisan mehni inrig ~~ngâma~~ pawh a siam a. Chuvângin head chu ~~mi inzir~~ mi a nih a tûl. Zirna tlângpui (general education)-ah pawh thiamna tâwk fang nei mi a ni tûi a ni Tin, subjects thenkhatah phei chuan thiam tak a ni tûr a ni.

6. **Tangka lam khawih fel thiam mi** Sum lût leh chhuak rêng rêng chu head chuan fai fel tak leh chip chiar takin a khawih fel thiam tûr a ni. Tangkaah a rinawm tûr a ni bawk. Thawhpuite hriatpui ve loh skul sum amah maiin a khawih-tûr a ni lo.

7. **Thil chhuihzui leh thawh chhuah**: Head hna pawimawh tak chu sawrkâr leh Committee thu chhuak leh Staff meeting thurêl kenkawh leh bawhzui hu a ni. Hêng bâkah ama rilru leh ruahman pawh a chhuihzui zêl a tûl bawk. Hêng kawngah hian head chu a demawm bauh tûr a ni lo.

8. **Mi kawm dan leh dawr dan thiam mi**: Head chuan mi tê leh mi lian a dâwr thiam tûr a ni. Skul lama hotu lian zâwk te, zirtirtu dang te, skul committee member-te leh skul naupangte tân a nêlawm tûr a ni a ; kawmngeihawm tak a ni tûr a ni Skul naupang leh vântâng mi mir tân rêng pawh, mi kawm thiam leh dâwr thiam a ni tûr a ni.

9. **Tawng thiam leh thu ziak thiam mi**: Head chu tawngthiawng thiam, thil sawi rêng rêng a tûl leh mamawh chin tak (point) tawi fel taka sawi mi a ni tûr a ni A tawng pawh a chiang tûr a ni a. Zirtir-naah leb titînaahte leh rorînaah buh nuaia thil sawi mi a ni tûr a ni lo Tin, a lehkha ziak rêng rêng

pawh a dik tûr a ni a, a hawrawp pawh a chiang tûr a ni. High School chinah phei chuan Sâp ɬawng thiam tak headmaster chuan zirlai leh thawktu dangte an thunun thei bîk a ni

**10. Rual pawl mi :** Hotu nihna chang ve si, mi tawmim, mahni nun nuna nung chet chet mite hi mi blawhchham an ni fo. Hotu chu mi rual pâwl tâwk an ni ngei tûr a ni. Vântlang leh pâwlho tuipui mi an ni tûr a ni.

**11. Themthiam :** Head chu mi themthiam ni rawh se. He themthiamna kan tih hi kut themthiamna bâkah, skul leh zirna a lo hmasâwn zêl theihna atâna thil tih vêl thiamna pawh a huap a. Hei hi a ɬangkai ëm ãm a ni.

**12. Thil rôlbawl leh ruahman thiam :** Head chuan zirtirtute hna a ruahman zêl a ɬulin, zirlai bu chhûnga zir tûr leh a tih vêl dân tûrte a thlîr kual vek tûr a ni a ; time table siamin co-curricular activities lamte awmze nei takin a ruahman tûr a ni Hêng ang thilah hian head chu thil rôlbawl leh ruahman thiam mi nih a ngai a ni

**13. Zirna lam thila mamawh awm chawp hre zêl mi :** Zirna (Education) kan tih hi a hmâna hman leh a tiha tih chawp zêl theih a ni tûr a ni a Hun (age) athu te, ram azir te, hmunin azirte, miin azirtein mamawh a dang a dang thei a Chûng thilah chuan head chuan mamawh a hre zat zat tûr a ni

**14. Thawhho thiamna (Team work spirit) :** Mi dangte nêna thawhho thiamna hi head tân a ɬûl ëm ëm mai. Mi pakhatin bna ɬûl zawng zawng a

thawk thei lo va, thiam pawh a thiam vek kher lo vang Head ṭha chuan a thawhpuite a hmang ṭangkai thiam a, skul committee nêñ lungual takin an thawkho thei a, zirlai nu leh pate nêñ pawh zai khatah an luangin, hotu lian zâwkte nêñ inkûngkaihna leh thawh-hona ṭha tak an nei ṭhîn

**15. Mi hneh theihna :** Mi hneh (influence) thei tân lo chuan hotu ṭha leh hlawhtling nih a har êm êm a. Chuvângin head chu, a thu kam khat sawi pawh a ngaihnawmin a chhawrawm tûr a ni A chêt-zia leh a sôkthlêk dân hrim hrim pawh a vêla mite hneh thei khawpin a puitling tûr a ni

**16. Thil suangtuah leh tih vêl thiamna :** Head chuan a ni tin hna pângngai bâkah skul pum hma-sâwnna tûr leh zirlaite nun chherna tûr a ngaihtuah tûr a ni a chu a ngaihtuahna ang chu a mitthlain fel takin a hmu (vision) ang a. Chutiang thawh chhuah leh tih vêl dân chu a thiam bawk tûr a ni.

**17. Khawtlang hman tlak :** Skul hi mihring khawsakhona kawnga, chêhno leh nunbo thiam zirna a nih avângin head chuan a hun lai (age) mipuite ma mawh nun chu a hmu thiamin, chutiang kawnga mi hman tlâk leh ṭangkai a ni tûr a ni Tin, zirlaite pawh chutiang zâwng chuan a kaihruai ṭhîn tûr a ni

**18. Mi intodelh :** Mihring chhûngkaw ni tin khawsakna tûra thil ṭûlah head chu mi intodelh a ni tûr a ni a. Hêng mai bâkah pawh a zir thiamna leh zirtîr dânah a intodelh tûr a ni Thil thar lo awm apiang a man phain a hote hma a hruaisak zêl thei tûr a ni Zirnaah hian tih dân thar leh thîr dan thar

a awm Ქိုင် a ; chüng ang thilah chuan head chu thil man chak leh hre thiam hmasa a ni zat zat tür a ni.

**19. Mi mal mal ngai pawimawh mi :** Head in zirtirtute leh zirlaite, mi mal mal ngaih pawimawhna leh zahna a neih loh chuan, mite Ქာဟနေမြန်ဂါဟနာ a chawk tho thei ngai lo va. Amah ngei pawh an ngai pawimawhin an zah thei ngai lo vang.

**20 Mi zau :** Head chu mi zau tak, mi tē leh mi lian pawl thei, an chan leh an thil tawh engpawh Ქားဝီပါ thiam mi a ni tür a ni

**21. Hna sem thiam :** Hna sem (work distribution) thiam hi head tān thil pawimawh tak a ni. Head chu zirtirtute hna semtu a nih avāngin hna sem thiam a ni tür a ni. Mi, an chemkalna leh an ha hawlh zāwng enin hna leh tih tür a sem thiam tür a ni. Ama mi mal duhna leh duh lohna dah Ქားအေ, a Ქား tür leh sāwt tür ber thlirin hna a sem tür a ni.

**22. A chhān a lāk thiam mi :** Skul enkawh hnaah hian eng lai pawhin thil a kal tluang reng thei lēm lo va, engemaw chāng chuan thil harsa leh dang-lam deuh take a lo awm Ქိုင် Chutiangah chuan head chu mi puitling, thil rēng rēng dam zaiba la thiam mi nih a ngai. Hmai sen leh hmēl thima a hnēna lo kalte an awm pawhin hlim hmēl puin a Ქိုင် thiam tür a ni. Lungawi lo hmēl pua a pindan kawng-ka lo lüt chu lungawi hmēl puin chhuak leh thei hlawm rawh se

**23 Hnaa inpēk zawhna :** Hnaa kan inpēk zawh poh leh kan tui a Kan tui poh leh kan thawk hlāwkin kan hman tlāk tulb tulb a. Hnaa tui lo mi

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reng rēng an hlawtling tak tak ngai lo. Head chu a hnaab'a inpe zo hle tûr a ni.

, 24' Hnathawh-thiam mi : Hna thawk tha tûr hian ~~taihnaalna~~ leh jñpék zawnha a tûl a. Amah-erawhchu hna thawh kan thiam si loh chuan a hlâwk thei lo. Head chuan ni tin a hna thawh tûr a tûl hmasa leh pawimawh dân azirin a duang sa thlep tñin tûr a ni. Chuti a nih loh chuan nilênga buai leh hah hle siin, thil tûl vak mang lovah a buai phili mai mai thei ang.

25. Inthiar fihlim tûlnate : Head chu hëngahte bian a inthiarfihlim tûr a ni :—

- (1) Hmeichhia leh mipatna sualah.
- (2) Hlâwkna dik lovah.
- (3) Dâwt sawiah.
- (4) Committee member zînga mi tutenemaw duh duha an hruai kawi theihnaah.
- (5) Zirlaibu chhutu leh siamtuten anmahni tâna tba tûr zâwnga an duh an mâka thil tihtfr an tumnaah.
- (6) Skul mamawh lam khâwm thuah, thil zuartu lamin an hneh lutuk theihna kawngah.

26. Rem hre mi : In sak dñnah te, bungraw rem felah te, hun leh hmun hman zai thuah te, hna sem leh ruahman thuahte head chuan rem a hre tûr a ni.



## Bung 3

### ZIRTIR DAN TLANGPUI

#### A. 1. Zirtir dan bulpui

Zirtirna tha tawk nei turin zirtir dan bulpui, zirtirna hnaa pawimawh zualte hriat a tul a. Chungte chu :—

(1) **A tiha tih nena zir :** Naupangte hi puitling angin an awm hle hle thei lo va, chet sek sek leh eng-emaw khawih khawih hi an nihphung (nature) a ni a. Ngawi rengin emaw che chhang lovin emaw rei tak an awm thei lo. Hetianga raupang nihphung hi an zirna tan hman tangkai theih a ni. Hmang tangkai tur chuan thil zir teng teng a tiha tih tela zir tur a ni. Zirtir laiin naupangin chanvo tam tawk an nei tur a ni. A tiha tih tel tam apiangin an thiam chak a, an ning har bawk a ni.

(2) **Zirtirna chu mihring nun nen a inkang-kaih zel a tul :** Zirtirna emaw thil zir emaw chu mihring ni tin khawsakzia nen a inzawmin a inkang-kaih tur a ni. Chu mi awmzia chu kan thil zir leh kan zirtir dan kha ni tin nun nena inhmezin kan chhep chho tur tihna a ni. Entir nan, chhiarkawp zirna chu ni tina hmuh leh hriat atanga zir chhoh tur a ni a, geography chu zirtu awmna hmun atanga chhut chhohva zir chhoh tur a ni. Chutiang zelin subject dang pawh tih tur a ni.

(3) **Zir tar chin thlan chhuah :** Hriat tul leh hriat atanha tha zawng zewng zir sen a nih loh avang-in, naupang tana tul zual chinte zir atan thlan chhuah tur a ni.

(4) **Tuina** : Tuina tak tak tel lova thil zir hi a hahthlakin thiam a har a Chuvângin naupangin a thil zir chu a tuipui tak tak theih tûrin zirtîrna chu tihangaihnawm tûr a ni.

(5) **Zirlai then sawm** : Zir tûr subject-in a huap zawng zawng chu ȳum khatah zirtîr sén a nih loh avângin, a awlsam zâwk nân a chepakaia zirtîr theihin then sawm thliah tûr a ni.

(6) **Zirtu tihzalêñ** : Tûn lai zirna hi a tläng-puiin democracy dung zui a nih avângin, invau beh leh intihch p vak aiin, naupangte chu tihzal n tûr a ni a. Naupangin ngaihtuahna h te, a sawia sawi ve kawngahte zalen na an nei thui hle tûr a ni Kut kuang-kuaha ngawi renga zirtîrna ngaithla tûr ringawta nau-pangte dah hi a  ha ber lo a ni.

**2. Zirtîrna tihangaihnawm leh tuipuiawm taka kalpui d n** : Zirtîrnaah hian naupangte tuina chawh thawh thiam a  ul  m  m mai Naupangten an zirlai ngaihnawm tihna leh tuipuna tak an neih loh chuan zirtîrtu beih vakna ngawt chu engmah a ni tak tak lo Naupaagte chuan zir ch kra an nei tûr a ni a, zirlai an ngaihsak tûr a ni Chutianga zirlai an ngaihsak theihna tûrin, zirlai chu ngaihsakawm leh ngaihnawm taka kalpui tûr a ni. Zirlai kan tihangaihnawm thiam poh leh naupangin an tuipuiin an ngaihsak mai a ni. Zirtîrtu thenhat chuan zirlai tingaihnawm mang si lovin, naupangte chu zirlai ngaihsak tûrin an ti a, thi rim bialtein an hau va, zirna boruak an tichhe blauh  h n. Chuvângin zirtîrtu chuan zirlai a tihangaihnawm theih n n h ngte hi chhiuchhiah sela :—

(1) **Zirtirtu incheina**: Zirtirtu chu zirlaite hmaa ding reng a nih avângin dangdai lutuk emaw, tawp leh bâl takin emaw a inthuam tûr a ni lo. Mipui vântlâng inbel bâk a inbel chuan zirlaiten a incheinaah mit leh rilru an pe ang a, zirtirtu inthuamna chuan zîrna rilru tak tak a dâl thei ang. Zirnaah hian mit hi hmanraw pawimawh berte zînga mi a ni a, thil danga mit a fôk lohna tûrin simkhur tûr a ni

(2) **Zirna hmun**. Zirna pindan hi fai tak leh fel taka buatsaih tûr a ni Banga thil ziak eng engemaw intâr chiai chuaite, bawlhhlawh leh thil rem mumal lo takte a awm chuan, chu chuan rilru Ich mit a hruai thei a, zirlai nga huawmna a chawk buai thei Tin, ri dangin zirlai a chawk buai theih lohna tûrin zirna hmun hi buatsaih that tûr a ni Pindan bangte pawh phui tek leh sâng tak a ni tûr a ni

(3) **Zirtirtu hmel**: Zirlai a ngaihnawm theih nân zirtîr lai hmel hmuh a nuam tûr a ni Thinrim hmeli te, zak huêl te, chapo hmel te, lungngai hmêlte put tûr a ni lo va, lmel hlim tak, phûr hmel taka zirtir tûr a ni. Thawnthu emaw, mi chanchin emaw sawi lai erawh chuan kan sawi thu mila hmel leh chêt dân tihdanglam tûr a ni Kan sawia chu a hlim a nih chuan hlim hmel put tûr a ni a, a lungngai a nih chua lungngai hmel put ni sela Chutiang zêlin.

(4) **Chêt dan**. Chêt dân azirin zirtîrna hi a ngaihrawmin a ngaihnawm lo thei hle a ni. Ding ngil ringawt emaw thu satliah ringawt emawa zirtir lovin, kut leh ke mit leh lu thawha zirtir tûr a ni. Zaizir deuh zêla zirtir hi zirtu tân a ngaihnawm bîk a ni.

(5) **Aw rawl leh ṭawngkam :** Aw a chiang tûr a ni. ṭawng ran lutuk emaw muan lutuk emaw tûr a ni lo. Kan ṭawng ran lutuk chuan naupangin an hre tha hman lo thei ang. Hre thei z̄el pawh ni se, a rei deuh hnuin an rilruin a chhinchiah fel hman lo vang. A muan dulh dulh chuan an nghâkhlel ang a, an chhinchhiahna khâwl a thatchhe mai ang. Tin, aw ki hi a chânga tihsân a chânga tihhniām deuh tûr a ni. Aw ki pângngai ngawt hian mi a awi mu thei ṭhîn. Aw ki sâng lutuk leh rawl ring lutuk bian zirtîrna a tingaihnawm lo thei bawk. Aw hniam lutuk lah a tha bawk hek lo. Pawl (class) pumpui ngaihthlâk nuam têwka aw ki chu rem tûr a ni. Zirtîrtu ṭhen khat chu pindan zîm têah pawh an au piap piap ta mai ṭhîn a, a aw ki angin naupangin an chhâwn a, a aia ring deuh a chawh a, an vai au vak vak ta ṭhîn a. Chutiang chu a sâwt lovin a hahthlâk ṭhîn. Tin, zirtîrna ṭawngkam hi a mâwlin a tawi fel tûr a ni. Primary School-ah phei chuan ṭawng hman hi fîmkhur a tûl zual. Sande skul zirtîrtu pakhat chuan naupang chumchiap hnênah, “Paula chu kristante tihdudhahnaa hnârkaitu, a mei zang hlaptu ber a ni” tiin a sawi a. Hetiang ṭawngkam hi naupang zualte hnênah hman loh tûr a ni. Tin, High School lamah pawh English hman chu a mâwl thei ang ber a tha Sâpṭawng intihthiam tum fahrana thu har leh kilkhâwr pui pui hman hi a sâwt lo duh ble.

6. **Zawhna :** Zirtîr laiin a khât tâwka zawhna zawh fo tûr a ni. Zawhna hian naupang rilru a chawk thovin, an hriat tumna khâwl a chawk nung ṭhîn. Zawhna chu mâwl tak tak, ‘Aw’ emaw, ‘Ni lo,’ emawa

chhân mai theih chi leh tawngkam hnih khat leka chhân mai theih chi a ni tûr a ni.

**7. Zirtîrtu mit :** Zirtîr laiin zirtîrtu chuan nau-pangte a enkual reng tûr a ni a, naupang tin chungah a mit a lén thiam tûr a ni Hrilh bîk nei ang zia zânga en bîk leh hawi bîk neih tûr a ni lo Lehkhabu emaw lei lam emaw liang emaw en reng chunga zirtîrtûr a ni hek lo. Naupang ninhlei leh ngaihsak lo apiang melh zin bîk tûr a ni.

**3 Thil entîr (Audio visual aids) :** Zirlai tifiah tûra thil lem emaw a tak emaw entîr hian zirlai a tifiahin a tingaihnawm bîk a, naupangin tuina an neih phah nasa ēm ēm a ni Entîr tûr thil lâk khâwm emaw siam emaw leh ziak emaw thuah zirtîrtu chu a taimain rem a hre tûr a ni

**9 Exam.** Zirlai hi zir thiam tawh a ni tih lanna awm hauh lo chuan naupangin an tuipui rei thei lo va naupangte hi hria leh thiam nih châk vek an nih avangin, an thiamna leh hriatna thai lang tûrin test leh ekzam neih fo tûr a ni Amaherawhchu, nau-pangte leh zirtîrtu tâna zângkhai thei deuh zâwng ngaihtuah a tha. Harsa tak takte a nih chuan nau-pangte leh zirtîrtu tân phurrit lutuk a tling ve leh thei bawk a ni.

**10 Hriatna hmanrua (Sense) hman çangkai thiam.** Hriatna hmanrua an tihte chu : khawiha hriatna te, hmuha hriatna te, cia hriatna te etc, a ni a. Hêngte hmanga zir hian zirlai a tingaihnawm thîn a, a sâwt bîk ēm ēm a ni. Entîr nân lungalhthei chanchin zirlaiin, lungalhthei tak tak chu khawih ngei

selā, lungalhthei laih chhuahna khur leh phurh vēl lai lemte entir ni bawk selā. Thlai lam zir laiin a tema tem tîr ni selā, naupangin an tuipuiin an hre chak sawt ang.

**11. A tiha tih (Activities) :** Zirtir dān bulpuia kan sawi, a tiha tih tela zirtirna hian zirlai a tichlangin a tingaihnawm bîk a. Zirtirtu leh naupangten zirlai pakhat an beih laiin a tiha tih nei tam rawh se Lem chang meuhva zir phei chu naupangin nuam an tiin an chhinchhiah thei bîk hle a ni. Thil zir dān tha ber chu a tiha zirtir hi a ni.

**12. Inelna :** Mahni theibna tiblan hi mihring pianken a nih avāngin, naupangte châkzâwng tak a ni a, thiante aia thei leh thiam nîh hi an châk theuh va, an riruin tute emaw an el thiin. He inelna hi zirnaa hman tāngkai thiam chuan a sâwtin zirlai a tingaihnawm a. Chuvângin mi mal emaw pâwl (group) emawa inelna, hautak lo tē tē siam thiin tûr a ni. Hetiang inelna hi hman thiam a tûl a, a thiamte chawimawi lam uarin, a thiam ve lote tihzah leh tih tlâwm emaw zâwnga kalpui loh tûr a ni.

**13. Naupang nun en mil:** Zirlai tingaihnawma tituipuiawm thei tak pakhat chu, zirlai aplang naupang nun khawih zâwnga kalpui hi a ni. Hei hi co-relation with studies an ti a, zirlai chu naupangin an man zung zung theih nân an nunin a thlen phâk mila kal pui tûr a ni. An chhawr mai theih zâwnga buatsaih a tûl.

**14. Naupangte thiltih ngaihsakna :** Zirtirna kan pēkin naupangte tih tür kan pe ṭhin tür a ni tih thu kan sawi tawh a Hei hian class work leh home work bākah, zirtir laia zawhna kan siamte leh naupang-in zirna thil an tih rēng rēng a huap vek a Chutianga naupangin an zirlai thil engemaw an tih rēng rēng chu zirtirtuin a lāwmpui thlamin a ngalhsak peih tür a ni. Chuti a nih loh chuan naupangten an tuina an hloh mai ang Pal liam mai mai lova zirtirtuin naupang thiltih a ngalhsak zēl chuan zirlai chu ngaihnawmti tak leh tui ti takin an zir thei a, zir leh zēl tūrah pawh kori a tu hle a ni

**15. Hlimawm taka zirtir (Playway method) :** Tūna kan sawi tür hi zirtirnaah thil tūl leh ṭangkai tak a ni Hmân lai thufing chuan, 'I inflam lai chuan infiam la, hna i thawh lai chuan thawk rawh,' a ti a. Tūn laiah chuan, 'I thawh laiin infiam la, i infiam laiin thawk rawh (Play while you work. Work while you play) an ti ta thung a ni. Kan thu sawi awmzia chu : Infiamna (intihhlimna) lam rēng rēng kap tihin nuam kan ti rilru a, kar rilru a hlim ṭhin Intihhlimna lam thil ṭhenkhat, entir nân football pêt te leh hockey khêlte ang te hi a hahthlak hle a, nimahsela rilru a tihlimin nuam kan ti ṭhin Hna kan thawhin thil engemaw kan ti a ni a, mahse rilru hlim kan pu lo va, inkhelhna aia hahdam zâwk tak pawh kan hlimpu thei lo Nimahsela hna engpawh intihhlimna ang rawnga kan buatsaih thiam chuan hna hrehawm a awm thei lo va, intihhlimna ang lek fangah kan chantir thei a ni. Naupangte hian intihhlimna lam an tih lai chuan an hlim em ēm a, thil dang tih an ṭhulh

thak thei Zirna thil tih hi intibhlimna ang rawnga buatsaih thiam chuan zirlaiten an tuipui thei ẽm ẽm thîn. Zirtirtu taima leh zirtîr thiam chuan zirlai hñangin naupangte a chawk hlim a ni ber mai a, ~~num takin~~ zirtîr hun (period) an hmang thîn. Thil engpawh mai hi a hlim thlák zâwnga kan tih thiam loh chuan ho tê tê pawh thil hrehawmah kan chantîr mai thîn a. A tih vél dán kan thiam chuan hna hah-thlák deuh pawh hlim takin kan thawk thei thung a ni. Vawi khat pawh, naupangho hian hlim takin football an khêl a, an zîng a pâkhat chu a pain in hungna pal rawng hnawih tûrin a rawn tîr a. A thiante inkhelhna sirah chuan chu naupang chuan pal rawng a hnawih ta a. Hla sa chungin, a hla sak remin brush chu a thai kawi ta zeih zeih mai a. Naupang dangin an han hmuh chuan inkhelh aiin an châk ta a, a tih dán chuan an han ti ve a, nuam an ti ẽm ẽm mai a, chu pa chuan hnawihna hmanraw dang a rawn pe zel a, kham lo takiu rei lo têah an hnawih zo ta vek mai a ni, an ti. Chuti a nih chuan zirna hna rêng rêng a blimthlák zâwngin kan buatsaih thei ang.

16. **Zirtirtu tuina:** Zirtirtuin tui ti tak leh duh taka a zirtîr loh chuan zirlai hi naupangin an tuipui thei bik rêng rêng lo va Chuvângin zirtirtu chuan a thil zirtîr chu tui ti takin a zirtîr ngei ngei tûr a ni. Zirtirtu chuan zirlai a tuipui mai bâkah naupangte pawh chu a duhin a tuipui ve brim hrim tûr a ni. Chutiang ngat a nih chuan zirlai a ngaihnawm lo thei lo. Zirlai tuipui tûr hian zirtîr tûr chu thiam chian leh bel tâwk a ngai. Inbuatsaih that hle

tûr a ni Naupangte duhna leh tuipuina nei tûr chuan naupang duhawmna zu pawh tum a, anmahni chu an hrinctu nu leh pate en dâna en theih tum tûr a ni.

## B Zirtirna lâk dan hmang

Zirtirna lâk dân hmang hi kailâwn (step) angin tihhmasak tûr leh tihhnuhnun tûrte a awm a. Mizoranhian zirtirtu trainning-a zir hi hman tak tak a awm mumal meuh lo emaw tih tûr a niin ka hria. A chhan engnge ni ang aw, tia ka ngaihtuahin, tih tak taka naupang kan zirtîr loh vâng te, a ɏhatna leh hlâwkna kan hriat tâwk loh vâng te, hnam hmangaihna tak tak kan neih phâk loh vângte a ni mai âwm mang e ka ti Engemaw chenah chuan school headte zir loh vâng pawh a ni thei ang Head in zirtirtute zirtîr dân hmangah thu nei viau se a ziaawm sawt ang Engpawh ni se, kan zirtîr tho tho avângin, a mâwl leh awlsam thei zâwnga zirtirna lâk dàn hmang han sawi ila.

### I. Inbuatsaihna :

Class lâk hmain zirlai lo enlâwk ngei tûr a ni. Kan zirtîr tûra hre chiang lovin class luh tûr a ni lo. He inbuatsaihna hi traininga zir ang thlap kan siam thei lo a nih pawhin note bu ang lek pawhin kan chhinchhiah duh apiang, a point-in ziak ngeiin dah ila. Hetianga tih ɏhan chuan a tel lova zirtirna lâk a nuam lo ɏm ɏm a ni

## 2. Class luh :

Zirlai buatsaihna bu (note) keng chuan a hun takah class luh tûr a ni. Luh tirha tih tûr leh awm dân tûrte chu : (a) Zirtirtu hmêl chu inhawng tak, hmêl hlim tak ni rawh se. (b) Thil ngaihnawm tak hrilh tûr nei hmêl, châk hmêl pua lan tûr a ni. (c) Chutah nêlawm hmêl taka hawi vêl tûr a ni a, ɏhutthleng inrem tel lote, naupang ɏhut dân leh awm dân duhithusâm lote leh chin fel ngai apiangte (zirlai kawng sah nân) chin fel phawt ni rawh se.

## 3. Hming lamna :

Chutianga chin fel tîr hun rei lote chhûnga chin fel zung zung hnuah chuan hming lam ni sela hming lam lai hian naupang attendance thua zawh ngai apiang, tluang tlam tak leh tawi fel taka zawh zêl tûr a ni. Han inhauh leh rih ɏhîn tûr a ni lo.

## 4 Zirtirna lak ɏan :

Hming lam zighthah chuan zirlai bu leh inbuatsaihna bu keuvin zirtirna ɏan nghâl thuai tûr a ni A theih anga tam din tûr a ni. Zirtir lai chuan ɏhut rêng rêng loh theih hi a ɏha ber. Tichuan zirlai (lesson) chu zighthna tlêm tlêm nôn introduce (hmêl-hriattir) phawt tûr a ni. Naupangten an hmaa zir an hre chiang em tih pawh zawh tel hmasak a ɏha Hetih lai hian zirtirtu chu blackboard bulah chalk pencil kengin ding sela, a zirtirna hawnnaa point pawimawh chu kut ziak fel takin blackboard-ah ziak zâl rawh se. Zirlai (lesson) thupui chu hawrawppua ziak tûr a ni.

### **5 Zirtirna tak tak :**

Tənah chuan zirlai chu khəl tak tak theih a ni ta a. Zirlai chu chanchin lam a nih chuan a bu en lova zirtir tür a ni. Tawng zirna lam a nih chuan zirtirtuin model reading (zai zui tura chhiar), fiah ḥha takin a nei ang a, chu mi zawah naupangte chu chhiartir ve tür a ni. Naupang chhiartir zawah sawi fiah ṭol apiang sawi fiah sela

### **6 Naupangtena zirtirtu tel lova zir :**

Sawi fiah ṭul apiang sawi fiah zawah chuan a bu chhiarin naupangin zirlai chu chhinchhiah tumin zir sela. A riin emaw ri lovin emaw chhiar theih a ni. An chhiar laiu naupangte chuan zagh tür an neih apiang ziakin chhinchhiah zel sela. Hun an neih dān azirin a mal malin emaw zirtirtu kohnain emaw zāwt sela. Chu chu zirtirtuin tawi fel takin (sawi sei duah lovin) hrilh sela.

### **7. Class work/Home work :**

Zirtirtuin zaghna a chhān zagh chuan hun neih dān azirin class work emaw home work emaw pēk tür a ni. Class work emaw Hone work emaw hi hun rei tak awh tür aūn a tawi thei ang pēk a ḥha.

### **8. Tihtawpna :**

Zirtirna tihtawpna (conclusion) hi mumal deuhva nei ngei tür a ni. Zirlai chu a tlāngpui hlawk hlawkin ennawn (revise) hnuah zirtirna chu hlim takin tihtawp tür a ni.

### C Lesson Plan (Zirlai buatsaihna)

Zirtirtu training-a lesson plan kan zir ɻhñ hi tih dñn ɬha tak zawng a ni. Chi hnñh chi thum pawh a awm ɬwm e. Hriat vek atñn a ɬha hle. Amaherawh-chu, kan ram skul dinhmun leh boruakin a zir lo nge ni, lesson plan dik tak nñn zirtir ɻhñ zirtirtu kan ngah lo blein a lang. Chuti a nih si chuan kawng dang tal dap a ɭul tñhna a ni a. Inbuatsaihna nei hauh lova zirtir lah a ɬha si lo va.

Kawng ɬha ber nia lang chu : Zirtirtu tñnin mahni pual zirtirna programme bu tal chu neih ngei tñr a ni a, chutah chuan zirtir dñn tñr hmang tlångpui leh chhinchhiah ɭul nia hriat apiang ziah luh vek tñr a ni. Hetiang tala inbuatsaihna bu neih hi a ɭul tak meuh a ni. Inbuatsaihna chuan zirtir tñra kha a bul añanga a tåwp thleng, a lo hmélhriattir a, zirtir laia harsatna lo awm theite pawh khawñh fel hmasak theih chin a awm. Inbuatsaihna fumfe tak awm lo chuan zirtirna a hlawhtling tak tak har hle a ni + etianga inbuatsaihna hian zirtirtu pawh mahni inrintåwkna kan u mai ang a, self confidence a neihtir a ni.

### D. Scheme (Zir tur chin ruahman lawkna)

Zirlai bu chhûnga kum khat chhûng (academic year) zir tñr sem sawm hi scheme work an ti a Hei hi thil pawimawh, ɬangkai tak a ni. Nîmahsela kan timumal vak lo niin a lang. Zoramah hian co-curricular activities kan uar ta hle a. Class nei lo va, intihsiak leh zir tñr bua lang lo thil dang tih a tam hle. Zirtirtu tñn hna lâk dñn tñr rel lâwk a harsat

phah mai thei. Amaherawhchu, scheme work nei hauh lova zirlai kalpui ai chuan, a theih ang chin chin tal kan ti tûr niin a lang.

### A buatsaih dân :

Scheme work buatsaih dân ehu, kum khat course kha skul kal thla tin atân a rual thei anga sem sawm phawt tûr a ni a ; chu mi zighthah thla khat course chu kâr khata skul kal ni zêl atân sem rual leh tûr a ni. Hei aia têa siam hi chu a hman tak tak theih meuh loh Amaherawhchu, skul thulh thut leh pawihai dang avângin chutianga sem sawm ang thiap chuan a zui tak tak theih loh va Chuvângin zirlai pawimawh lo deuh nia hriatte chu hun neih dâna khawih atân hual rûk mai tûr a ni. Chîpchar taka course chanve emaw lek kum khat chhûnga zir aiin, a pawimawh lo deuhte pal zûta a puma khawih chhuah a tha zâwk. Mathematics leh subject dang a series-a rem chi phei chu a puma hmélhriat kîm ngei tûr a ni. Pâwl sâng lamah zirtîrtu leh naupang an buai loh nân.

### Bung 4

### ZAWHNA SIAM DAN

Zawhna hi zirtîrna hmanraw tangkai berte zîngi mi a ni a, zir tawh hou ram a fantîrin zirlai a tinung a. ngaihtuahna a chawk harh bawk a ni. Chuvângin thil bi zawhna nêñ zîr tûr a ni. Tin, zawhna siam thiam hian kori a tu êm êm a, chuvângin zirtîrtu chuan zawhna siam a thiam ble tûr a ni.

Zawhna siam dān hi hlawm hniha ṭhen theih a ni a Hlāwm khatna chu zirtir lai mēka zawhna a ni a, pakhat dang chu ekzam leh test a zawhna hi a ni.

#### A. Zirtir lai meka zawhna :

Zirtir lai mēka zawhna siam hi, kan sawi tawh angin, zirlai tinung tûr, rilru chawk tho leh zirlai tingaihnawm tûra tih a nih avângin, zawhna harsa pui pui leh chhanna hun heh chi a ni tûr a ni lo, Zirlaite hriatna tinghet tûrin, māwl tē tē, 'aw/aih' emawa chhan theih chi, a hriaten awlsam taka an sawi mai theih chi a ni tûr a ni Engnge? tunge? khawii ber nge? khawi zâwk nge? A ni em kha? Ni lo vem kha? tih ang chi hi telh tam ber tûr a ni. Tin, zawhna ṭawngkam chu tawi fel chiang tak a ni tûr a ni a, zawh nawn chhen tûr a ni lo, Zawh sek sek tûr pawh a ni hek lo Rilru khalh khâwm nân leh tihngaihnawm nân zirlai pâwna mi, zirlai nêna inkaihhnawih si zawhna siam thiamte pawh a ṭangkai hlc Entir nân, coffee chîn dān zir ta ila, Coffee in in tawh ṭhîn em? han tih zâwk ang chite hi.

#### B. Exam zawhna :

Exam zawhna kan tih bian test-te pawh huam ila Exam emaw test emaw zawhna hi siam dān chi hrang hrang a awm a Chûngte chu : essay type te, viva voce te, practical te leh objective type (modern type) te hi a ni Hēng zîngah hian objective type hi Education Commission chuan a recommend ber a Amaherawhchu he mi rual bian Essay type leh tûn hmaa kan

tih ang Ბin kha telh v̑e tho tûr phei zawng a ni.  
 Exam zawhna siam dan chi hrang pawimawh zualte lo  
 sawi ila:

### 1. Matching :

Hetiang zawhna hi insu rem tura zawhna kan ti mai  
 ang a. Entir nan : —

Heng khawpuite hi ram hming zawn 'C' huangah dah  
 dik rawh : —

A	B.	C.
Mizoram	Imphal	..... . . . . .
Assam	New York	. . . . . . . . . . .
Manipur	Aizawl	. . . . .
America	Dispur	... . . . . . . . . .

### 2 Multiple choice

Thil pahnih pathum zinga a dik ber thlan chhuah.  
 Entir nan :

#### A dik apiang hnuajah ȓin zel rawh :

- (1) India Prime Minister hmasa ber chu : Mahatma Gandhi/Jawahar Lal Nehru/Indhira Gandhi/Lal Bahadur Shastri
- (2) Mizoram khawpui ber chu : Champhai/Aizawl/Lunglei/Saiha/Serchhip/Kolasib

### 3. True, False :

A dik ti emaw, Dik lo ti emaw chauhva chhan  
 chi. Entir nan : --

Heng zâwhnate hi a dik zawnah Dik' tih ziak la,  
a dik lo zawnah, 'Dik lo' tih ziak ang che :

- (1) Indus valley mite chuan bawng pathian an bia.
- (2) Mizeram mite eizawnna pui ber chu sawhthing hneuh a ni.

#### 4. Simple recall :

Hei hi thu mal pahnih khat leka chhan chi zawnna ti mai ila. Entîr nan :

- (1) Tuinge Harsha hneh ?
- (2) Engtik kumah nge India ram a independent ?

#### 5. Best answer :

Hetiang zawnha chhannaah hian dika ngaih theih pahnih pathum a awm thei a, nimahsela, a dik ber chauh sawi tûra zâwhna a ni. Entîr nan . —

A dik berah hetiang (/) hian thai ang che .

- Budha chu — (a) A pain a hnawh chhuah avângin  
 (b) Sakhaw dik hmuh chhuah a duh avângin, (c) Sakhaw dik zawng tûrin — ram houaiah a rawl bo va.

#### 6 Completion :

Hetiang zawnha hi kar awl dahkhaha a dika thu tibkim a ni. Entîr nan : —

Heng kar awlte hi a dikin dah khat rawh : —

- (1) He prefers tea —— coffee.
- (2) The climate of Tamil Nadu is hotter than — — Mizoram.

**Bung 5-na****ZIRTIRNA HMANRUA.**

Hmanraw tel lo chuan zirtirna hi a fiah mawh a, zirtirtu tān leh zirtu tan a tuiawm har bawk a. Chu vāngin, zirtirna tifiah thei hmanraw eng engemaw kan hmang Ბhn tûr a ni. Mihring hian kan benga kan hriat zaa sawm (10%) kan hre reng thei a, mita kan hmuha benga kan hriat bawk hi zaah sawmnga (50%) kan hre reng thei. Benga kan hriat, mita kan hmuh bawk, chu mi baka a tiha kan tih ngei phei chu zaa sawmkua (90%) kan hre reng thei a ni an ti. Chu vāngin hmanraw hmanga inzirtir hi zirtirtuten an ngaihthah tûr a ni lo.

Zirna hmanrua kan tih hian in te, Ბutthlēng te, blackboard te leh loh theih loh lam chu briatsaah ngai ila. Kan sawi tum ber chu zirlai mal mal tifiah hmanrua audio visual aids lam chi a ni.

**1. Thil, a taktak entir :**

Hei hi zirtirna tifiah tûra actual object (kan zir thil ngei) mit ngeia hmuhtîr a ni. Hetianga a taktak inhmuhtîr hi Geography-ah te, science-ah te leh Social studies-ah te a Ბangkai zual a ni. Chuvāngin zirtirtu chuan, naupangte hmuh tûr leh khawih tûr, a taktak a la khâwmin bâwma vawn Ბhat theih chi phei chu a vawng Ბha tûr a ni.

## 2. Thil lem :

Hei hi model an' tih bi a ni a. Zirtirna hmunah a taktak thil hmuhtfir kim theih a ni lo va, chuvângin hlum emaw, lekhka emaw leh thil dangte pawhin a lem (ljen) siama eñtir ñhin tur a ni. Hetiang thil hi siam sa lei tur a awm thei a, a awm loh pawhin zirtirtuin a siam theih tam tak a awm ang. Thil thenkhat chu naupangte pawhin zirna angin an siam thei bawk, Entir nân, thlai rah zir hun lai chuan thlai rah kan zir lem chu hlumin siam ta ila. Savun leh thelrêta siam thilte kan zir laiin savun leh thelrêta siam thil tam tak kan entir thei bawk ang.

## 3. Milem (picture) :

A chunga kan sawi model siam chi loh zirlaia hman tñl a awm ñhin a. Tin, model thenkhat chu a man a to lutuk thei bawk a, Chuvângin milem lâk khâwm tur a ni. Hetiang tih dñn pakhat chu, lekhkabua mite, chanchin bu lama mite zawn khâwm a, cheh thiâk a, hman remchâng ziaa siam tur a ni. Kan zir lem dik tak a awm lo a nih pawhin a tifiah thei thil lem engemaw chu a awm zel a ni.

## 4. Map leh chart :

Map leh chart hi subject chi hrang hrang atân hman uar tur a ni. Tûn laiin map leh chart khâwl chhuak chi brang hrang lei tur a tam tawh a. Khâwl chhuak bâkah pawh zirtirtuin ama subject atân thil chi hrang hrang ziak ve theih a ni. Zirlai zawng zawng deuh thaw hi map leh chart hmanga zirtir theih a ni.

## **5 Lem ziak chawp (diagram & picture drawing)**

Map leh chart hman remchân lohna a awm thei a chu bâkah skul pachhiatna avângin map leh chart-te hi neih zawh loh theih a ni. Chuvângin zirtîrtu chuan lehkha phêkah emaw, blackboard-ah emaw a thil zirtîr ruangâm chu mâuwl tak takin ziak theih a ni a. Hetiang atân bian stick drawing an tih, rîn satliaha lem ziak thiam a ɻangkai êm êm a ni. Hetiang chia lem ziak hi Today English Version an tih Bible-ah hian a tam êm êm a, a kal hmang entawn theih tak a ni.

## **6. Tawngkaa hrilhfiah chian (Verbal Illustration) :**

Zirtîr thiam zirtîrtu chuan entîrna (example) mâuwl tak tak, chiang si pck a thiam ɻhîn a, thil eng eng-emaw tehkhin leh khaikhinna hmangtein fiah takin a zirtîr thiam ɻhîn Hetiang atân Isua zirtîr dân hi a entawn tlâk êm êm a ni Tehkhin thu mâuwl tê tê hmangin thu thûk tak tak a sawifiah ɻhîn. Naupang chumchiap tân erawh chuan hetiang hi a ɻangkai thui vak lo.

## **7 Audio-visual aids :**

Cinema te, film projector te leh flanel graph-te hi zirtîrna hmunraw ɻangkai takte a ni a, amaherawh-chu kan ram atân hi chuan a la harsa rihin a lang a. Chuvângin sawi sei lo mai ila.

## **8. Lemchan (Dramatization) :**

Lemchan hi co-curricular activities zînga pawimawh ber pakhata ngaih a ni a. Zirlai ɻanpuitu ɻangkai

berite zingga mi a ni bawk Hengahte hian a chhawr-awm zual a :—

**(1) Thawnthu lam leh chanchin zirnaah :**

Thawnthu (tales and fictions) leh chanchin (history) zir hi a lema chanin a fiah awl a, a ninawm lo bawk a, chin tlâk tak a ni. Lemchan ban tih hian kan ngai urhsûn lütuk fo. Hmuh nawm leh ennawm atân ni lo va, zirtîra atâna tih a nih avângin a mâuwl leh awlai thei ang bera tih mai tûr a ni. Class ah emaw, a nih loh leh rei lo tê pâwna chhuakin emaw tih mai theih a ni Incheina hmanrua leh thil dang fawm khâwm vak pawh a tûl lo va, rawmawlte leh kan vêla thil awm engemaw mai mai hmangin lemchan fiah tha tak chan mai theih a ni.

**9. Tawng zirna :**

Lemchan hi tawng zirna atân a tàngkai êm êm bawk. Naupang tân practical-a tawng zir theihna hun a nih avângin. Tawngkam hi chi hrang hrang a awm a, thil lei leh hrâlh tawngkam te, zirna tawngkam te, chutiang zélin. Hêng hi lemchan nén meuhva zir chuan thiam zung zung theih a ni.

**Bung 6.****HOME WORK, CLASS WORK, CORRECTION****1. Home work.**

Home work hian ṭangkaina a ngah hle a, a ṭangkaina pawimawh zualte han sawi ila.

- (1) Naupangte chu mi dangte rinchhan lova mahni ngeia zir home work hian a zirtir a. Home work an neih ngai loh chuan zirtirtuah an inngat a, mahni ngeia zir vena rilru an pu thei lo.
- (2) Home work hian zir tawh hnu chhui zui lehna a siam a. Naupangte hian zirlai an ennawn leh ḫin loh chuan an chhinchhiah har bik a ni.
- (3) School-a zir chu in lam thlenga chhunzawm zel a nih loh chuan, school-ah akip akawiin zirtir hman a ni lo va. Chuvangin home work a awm loh chuan naupangin in lama zir chhunzawm nachang an hre mawh hle a ni.
- (4) Home work hian zirna habit (chin than) naupangah a siam sak a. Home work an neih reng chuan lehkha zir hi naupangin chin thanah an nei thei a ni.
- (5) Home work hian naupangte chu hun awl (leisure) hman ḫhat a zirtir (train) a. Home work a awm loh chuan naupang an tal mai mai duh hle ani.
- (6) Home work bian zirtirtute leh naupang chhungte (parents, chu zirna kal zela inlaichinna leh thawhhona (co-operation) a siam sak a. Chhungte puih lovin nau-pangin an home work an ti thiam mai lo fo va.

Chhungten in lama an lo puihna aṭangin naupang chhungte chuan, skul lama an zir dânte. naupang chu zirnaa an chak leh chak loh dân te leh an zirtîrtute kaihruai dan tlangpuite an lo b̄re ve thei a. Chu chuan inpawhna leh thawhhona boruak a siam ḥin.

(7) Home work hian zirnaa naupang dinhmul a hriat-tîr a. Nu leh pa tân an fate ḥanpui dân kawng a hriat theih a ni Loh theih lohva nu leh paten an fate zirnaa an lo ḥanpuina aṭang chuan inchhûng khurah pawh zirna boruak a awmtir a, naupangin an sawtpui thei a ni.

### **Home work pek chungchanga hriat tûr ṭulte :**

(1) Home work chu a sei lutuk tûr a ni lo :

Home work a sei hian bun a teh a, subject danga home work tihvena tûr a dâl thei a, chu lovhau naupangten in lama thil ḥul dang an tihna tûr hun a hnawh khat lutuk thei bawk. In lamah hian naupangin intuh-hlim hun te. sekrek khawih leh chhûngte ḥanpuina hun an nei ve tûr a ni. Tin, home work a sei lutuk chuan a entu zirtîrtu tân phurrit a tling leh a. En lova dah mai emaw, phuai taka en mai emaw a chawh duh. A endik hun thlîra tawi fel taka home work pek tûr a ni. Zirtîrtu ḥenkhatin class chhuahsan dâwna, 'In lamah rawn chbiar rawh u, emaw, rawn ti rawh u' emaw an ti zena, hun leha an ngaihven leh si lo hi a ḥha lem lo a ni. Chutianga kan tih chuan kan ngaihven zui leh ngei tûr a ni.

(2) A mawlin a awl tûr a ni :

Home work harsa tak tak pêk hian naupangte hun leh rilru a heh lutuk a, naupang zirna a tichhe thei a

ni Kan sawi tawh angin a en lehtu tān pawh a peih-awm lo va, inthlahdahna thlentu mai a ni Naupang-in nuamsa deuhva an tih theih tûr pēk thiam a ḥha.

**(3) A chiang târ a ni :**

Zirtirtuin home work a pēkin a home work leh a tih dān tûr chiang tâwk takin a hrilh tûr a ni. Tawng-kaa sawi puat puat lovin a theih chin chin chu black boardah chiang taka ziak tûr a ni a a chhānna pawh pahnih pathum awm thei chi a ni tûr a ni lo.

**(4) En leh ngei târ a ni :**

Kan sawi tawh angin home work en leh loh hi a ḥha lo hle a ni a. Naupangte a inthlahdahtiria home work tihfimkhur peih lohna a thlen ḥhin En leh loh ai chuan pēk loh pawh a ḥha zâwk. Zirtirtuin home work a enin a en satliah mai mai tûr a ni lo va, a tihdikna (correction) lehkhatui senin, fiah takin a ziak zêl tûr a ni. Naupang tam zâwkin an tihdik loh phei chu pâwl pum huapin a dikna a hrilhfiah tûr a ni. Tin, home work hi a theih anga hmaa en tûr a ni.

**(5) Home work bu :**

Naupangten subject tîn tan home work bu nei thei sela. Zirtirtuin a en hma chuan home work dang pe rihi lo sela.

**Class work.**

Zirnaah hian zirlaiin tih ve (chaovo) an neih loh chuan tuina leh phürna an nei tak tak thei lo. Chu-vângin class work hi neibtîr ḥhin tûr a ni. Zirtirtu

thenkhat chuan thatchhiat chhuanlamah, 'Chu mi kha mi ti r'u', tih mai an ching a. Hēng ang chi hi class work-in a tum a ni lo. Class work chuan zir tawh hnu kha naupangten an manin an hmang (apply) thiam ngei em tih te, thlir lētna hmanga inthiam chiantirte a tum a ni. Class work hi home work ang bawk-in ena tihdikna (correction) lehkha tui sena chiang taka tihlan tür a ni. Chuvengin zirtirtu chuan, a en lehna hun leh hna hre rengin class work pe ḥñin sela. Class work hi en lova hnutchhiah hauh tür a ni lo va, a bu pawh rei tak tak kawl tür a ni lo.

#### **Class work leh Home work en dān (correction)**

Class work leh Home work entuin hēng hi chhinchhiah sela :

- (1) Home work leh class work hi duhdah taka en tür a ni lo va, pâwng thai mai mai tür pawh a ni lo. Tihdikna (correction) rēng rēng a senin, naupang chhiar theih ngei türin ziak tür a ni. Zirtirtu thenkhatin hawrawp kim mang lova an thai zung zung hi a ḥa lo hle a ni.
- (2) Zirtirtu ngeiina en hi a ḥa ber a, amaherawhchu zirtirtuin hun a neih tawk loh thulhah naupang thiam ber berte rawih pawh a sual lo Hetianga naupang entir a nih chuan zirtirtuin signature pēk tür a ni.
- (3) Home work leh class work hi a mal tē tēa en lovin blackboarda a dikna ziakin en theih a ni bawk. Hetianga tih a nih chuan tawi fel taka hrilhfiah pahin a dik ber chu ziak zēl ni sela.

(4) En dān kāwng dang pakhat chu : naupangte chuan an exercise bu inkenthleng (inter change) vek sela. Tu-mahin mahni tih en lovin mi dang ta en vek tûr a ni. Hetianga tih a nih chuan, zirtirtuin a dikna blackboard ah ziak chhuak hmasain emaw, en pahin number indawtin ziak zēl sela, chu chu naupangten endik nân hman tûr a ni.

### **Home work leh class work en bun.**

#### **In Ismah :**

Zirtirtu chuan zirtirna hna avângin skulah home work leh class work a en hman loh hun a awm lo thei lo va, chutiangah chuan in lama hâwnin en tûr a ni. Zirtirtu, skul kawnga naupangte exercise bu ak têñ tâwn hmuh tûr an vâng hle mai a. Skula hna thawh hun chhûng (working hour), ni khata dâr kar 5 emaw lekah hian hna tûl a thawh zawk hman loh fo avângin, in lama hna thawh tûr hawn hi intihhmuh atân a tha khawp mai. Tûnah chuan zirtirtu hlawhte pawh kham khawpa ngaih theih a ni ta bawk a, in lama zirtirna hnnaa buai theih niin a lang e. Zirtirna hna hi thawh peih chuan eng lai pawha thawh tham a awm a. Tih mai mai theih pawh a ni.

#### **(2) Period âwl (off period) ah :**

Home work leh class work hi dâñ narâñin off period-ah en a ni tñin a. Chuvângin skulte hi zirtirtu indaih tawk, off period ngah thei deuh tûra enkawl a a tûl hle.

**(3) Chawlh lâwk.**

Skul tinin ni khatah chawlh lâwk vawi khat tal neih a ni ɻhin a He hun hi Home work leh class work en nân hmañ tangkai theih a ni

**(4) Class-ah.**

Naupangte hi zirtîr hun chhûngin class work emaw chhiar tûr emaw pêk ɻhin tûr a ni a, chutiang an tih chhûng chuan Home work leh a hmaa class work te chu zirtirtuin lo en tûr a ni Amaherawhchu, engemaw chen a tih dân tûr inkawhhmuñ ngaite inkawhhmuñ phawt tûr a ni a. Naupangte pawh vil (facilitate) pah reng tûr a ni.

**Bung 7****SAP ɉAWNG (ENGLISH) ZIRTIR DAN**

English hi khawv  l hnam hrang hrangte inpawh (communicate) theihna ɉawng aw  n chhun a nih av  ng iu, khawv  l ɉawng tib mai theih a ni a Chuv  ngin kan inthiamt  r ngei hi a ɭ  l a Inthiamt  r tûr chuan tih tak taka inzirtîr tûr a ni a, inzirtîr tûr chuan zirtîr d  n briat a ɭ  l. English zirtîr d  na a pawimawh zualte lo l  wr ila.

**(1) Translation (leblin) method :**

English thu mal emaw sentence emaw mahni ɉawnga a awmzia leblin hi t  n hma lama zirtîr d  n a ni a. Kum 1886 a  ng kh  n English zir d  n thar a lo chhuak a. Chu d  n thar chuan leblin lam chu a

rawn ngaisâng ta lo va Grammar dân en lova sawi (by heart) theih lam ni lova English zir hi thiam a awl zâwk zia sawi uar a ni ta a ni.

### (2) Structural approach :

Structural approach an tih chu sentence a thu inrem khâwm dân kal hmang hi a ni a Zirtirtu chuan sentence inrel dân (structure) chu ngun takin a en tûr a ni a. Chu sentence inrel hmang chu naupangte thiamtîr phawt a tûl a ni. Entîr nân : He was a great king, tih aṭang hian He was a good boy etc tih chu hriatthiamtîr tûr a lo ni ta a ni.

### (3) Word order :

English kan zirin sentence inrel tawhsa chhûngah thu mal tê tê awmze nei tûra rem khawm indawt fel tak a awnî leh a ni a, chu mi dân chu naupangten an hre fiah tûr a ni. Naupangte thu mal awmze hrilh ngawt leh sentence pum awmze hrilh ngawt hian, tawng leh ziak thiamtîr tûrin a pui thui lo hle a, thu mal rem dân (word order) hian kori a tu êm êm a ni. Entîr nân hêng hi lo khaikhin ta ila :—

- (a) Rina killed a snake.  
A snake killed Rina
- (b) Fish eats.  
Eat fish.
- (c) A foot long.  
A long foot.

Hêng aṭang hian thu mal rem dânin a awmze thuah kori a tuk dân kan hre thei.

**(4) Pattern Practice :**

Naupangin sentence emaw thu mal emaw awmzia an hriat kha tawng nân leh ziak nân an hmang nghâl thei mai lo va. Chutianga hmang nghâl thei tûra zirtirna pattern practice an ti a. He inzirtir dân hi kawng 5 a awm a.

**(a) Repetition :**

A ngai leh ngai sawi nawntîr sawi nawntîr hi Repetition an ti a. Hetiangin : Zovi is running—Zovi is running—Zovi is running.....

**(b) Replacement :**

Sentence kal dân tidanglam lovin, thu mal emaw, a subject emaw predicate emaw object emaw thlâka inzirtir hi Replacement an ti Hetiangin :

Zova drops a pencil—Zova losts a pencil—Zova wants a pencil.....

Sânga drops a pencil—Sânga losts a pencil—Sânga wants a pencil..... .....

Kima drops a ball—Kima drops a book—Kima drops a stick.....

**(c) Transformation :**

A Tense thlâka inzirtir hi Transformation an ti.

Hetiangan : Chhûnga is playing  
 Chhûnga was playing.  
 Hminga goes to school.  
 Hminga went to school.

**(d) Completion :**

A kim lo tihkim Hetiangin

We played .....in the afternoon

What do you.....?

**(c) Integration :**

Sentence pahnih, pakhata kaih kawp hi integration an ti. Hetiangin :

I have a friend. He lends me a pen.

I have a friend who lends me a pen.

**5 Lehkha thawn leh Essay ziak :****(a) Lehkha thawn :**

Lehkha thawn chi hrang hrang a awm a, a chi athuin a pianken leh thu phuah dān a inang lo thei a Zirtirtuin a danglam dān naupangte a hrilhfiah tür a ni Lehkha ziak inzirtir nān lehkhabu dāwra ziak sa naupangte copy tür mai tür a ni lo. Lehkhabu dāwra ziak sa bute hi zirtirtu tān kaihhruaina bu anga hman tür a ni z̄wk a naupangte zirtir tür chu, chung lehkhabu kalhmang ang chuan zirtirtuin nau-pangten an briat leh tawh (experience) ngei hmangin thu phuah tür a ni Lehkha thawn ziak kan zirin, a tūn lai thei ang berin kan inzirtir tür a ni Hmān lai mite chuan hun leh thil hlutna hi an hre tāwk lo va, lehkha thawn an ziakin sei pui pui leh thu har pui puite an hmang ṭhīn. Tūn laiah erawh chuan tawi fel takin, a point-ah an la chat chat mai a. tawngkam leh thu (words) pumpelh theih chi chu an

pumpelh mai a ni. Sâp tawng thu har leh thluai-thlumna sei pui pui ang chi an telh duh tawh mang lo a ni.

**(2) Essay ziak :**

Essay ziak hi pâwl li aṭanga zir ṭan tûr a ni  
 Essay ziak zir dân ḥangkai tak chu, zaghna leh chhânan-a type-a zir hi a ni. Entîr nái, Zawhté essay lo zir ta ni ila, hetiangin zaghna siam ila :

Zawhté hi engnge ni ?

Khawiahnge kan hmuh ?

Eng tia nge ?

Eng rawng nge ?

Eng atâna ḥangkai nge ?

Zawhté chaw ber engnge ?

etc etc.

Hetiang hian essay chi hrang hrang zaghna leh chhânan-a type in kan zirtir thei a Naupangten zaghna an chhânan thiam chuan essay ziak an thiam a ni mai. Zaghna chhânan chu thu ziak dân pângngaiin ziak tiar sela, pâwl sâng zêl atân leh thu ziak dân hrim hrimah a ḥanpuí thei ang. Hetiang pâwl hniam a essay ziak kan zirtir chuan zawi zawiin hma an sâwn tial tial ang a, pâwl sângah chuan zaghna pêk hmasak ngai lovin anmahniiin essay an ziak thiam tawh ang. Lehkha thawn ziak chungchângka kan sawi tawh ang khâñ, essay ziakah pawh hian ziak sa (zirtirtu phuah ni lo) naupangte copy-tîr aiin zirtirtu ãwm chhuak ngei chu a ḥangkai zâwk êm êm a ni. Tin, sentence rëng rëng a mawl thei ang hmantir tûr a ni a. Thu mal (words) leh phrase-te pawh a awlai ber ber aṭanga ṭan tûr a ni.

## 6. Grammar:

Sâp ɻawnga ɻawng thei tak tak leh thu ziak thiam tak takte pawh hian an thu hman te chu a grammar in an sawi fiah thiam kher lo va, grammar dân by-heart chi hi ɻawng leh ziak thiam an ni kher lo bawk. Chuvâng chuan ɻawng leh ziak zir hi thîrsakawr chuan ziî ang leh tui hleuh zir angin, a dân zir aiin a tiha tiha zir a hlâwk ber a ni Grammar dân hriat hi ɻawng thiämna a nih ber loh avângin, ɻawng leh ziak zir tûr chuan a pianken (structure) leh awmze famkim nei tûra thu (word) rem khâwm dân (word order) zir hi a ɭûl ber a ni Hetiang zâwnga English kan zir pawh hian, situational approach an tih, a tak tak emaw, a tak tak anga cheibâwla inzirtîr hi a sâwt lehzual Entîr nân : Ka kal (I go) tih zirtîr lai chuan a zirtîrtu leh zirtu chu kal tak tak sel a Ni ka hmu (I see the sun) tih zirtîr lai chuan pâwnah chhuakin ni en tûr a ni Grammar chungchâng kan sawiin kan sawi pawimawh lo viauin a langa, amaherawhchu Grammar zir loh tûr kan tihna a ni lova, Grammar hi kan ngaih pawimawh luattuk ɻhin avângin, ɻawng zir thiam tura a pawimawh zâwk lam kan sawi uar mai a ni.

## 7 Situational Teaching :

Hei hi Grammar chungchâng kan sawi nual tawh, situational approach kan tih kha a ni A tak tak emaw, a tak tak chiah anpa suangtuah zâwnga ɻawng zir hi, 'situational teaching' an ti a. Hetianga ɻawng zir hi a ɻangkai tak meuh a ni. Naupang mahni ɻawng zirtîr hian hma an sâwn chakna ēm ēm chu, a

hun tak tak leh a hmun tak taka hmang zui chunga an zir vāng a ni. Au bengah a ri reng a, an ḥawng chawp zēl bawk avāngin an thiam chak a ni Sâp ḥawng zir pawh hi betiang zāwng hian zir tûr a ni A boruak kha a tak a nih loh pawhin a tak anga suang-tuah theih tûra kalpui tûr a ni.

### **8 Thu mal leh sentence awmzla.**

Thu mal awmze zir nân, dictionary en tûra intih emaw a awmzia ḥawngkaa inhrilh ngawt hi a famkim lo hle a ni Sentence phei chu, a awmzia lehlin ringawt hi hriat reng a har ḥin a. A awmzia ḥawngkaa inhrilh bâkah a tiha tibte, entirna siamte, a lem ziakte leh a tak tak mit ngeia inhmuhtrâ tih hi asawt ēm ēm a ni He bung bula kan gawi tawh ang khân, Sâp ḥawng mahni ḥawnga lehlin chîn hian thu mal emaw sentence emaw mahni ḥawnga a tlukpui min daptir a, chutiang dip dep chuan a awm famkim thei kher si lo va ḥawng zir a tibahlah ḥin. Mahni ḥawng a rilrua let chhuak hmasa kher kher lovin, a awmzia leh a tum kan hriat chuan a tawka ngaih mai tûr a ni. Khaikhin leh leh chhuah (translate) rilru hauh lovin English hi zir par par mai tûr a ni

### **9 Lam dân (pronunciation).**

English lam dân hi dik ber a awm thei lo tih a ni England-ah pawh a ram chhim lam leh hmâr lam lam dânte, khaw chhak leh khawthlang lam dânte a in ang lo a ni an ti. Kan ramah pawh chhim lam mitena kawiâm an tih chu hmâr lam mite chuan kâwlthei kan tih ang hi a ni âwm e. London khawpui chhûnga mi rau rau pawh an awmna vêng a thute an hnathawh

azirtein an lam dān a inang chiah lo a ni, an ti. Amaherawbchu mi Ქhenkhatin, Sâp ɬawng chu duh ang anga lam mai tûr a ni, an tih hi chu a ni si lo. Lam rik dān tlânglâwn (standard) engemaw chu a awm ngei mai. Hetiang lam dān tlânglâwn hre tûr hian zirtirtuin dictionary Ქha râwn tam tûr a ni. Lam dān leh standard English thuah B. B. C. (Bible Broadcast) hi mi tam berin an recommend chu a ni. Lam dan standard lo tak naupang benga thun hi thil pawi tak a ni, chuvângin zirtirtute he mi kawngah an fîmkhur hle tûr a ni. Lam dān Ქha zirna atân liau liauva lehkhabu tam tak a awma chûngte chu sikulin neih tûr a ni. Hetiang lehkhabu atân, Better English Pronunciation tih bu, O. Connor-a ziak, Cambridge University in a chhuah hi a hman tlâk hlein ka hria.

## Bung 8

### KUT ZIAK (Handwriting).

Kut ziak fel leh Ქha hi a mawiin chhiar a nuam a, ekzamnaah pawh ku᷑ ziak Ქha hian mark an hmu tam duh bîk. Chuvângin kut ziak ngun taka inzirtîr tûr a ni. Kut ziak zirtîrin a tumte chu :—

#### (I) **Chhiar nuam :**

Kut ziak Ქhenkhat, han ena mawi fu si chhiar har tak a awm thei. Chûng ang chu naupangte pumpelhtîr tûr a ni. Lehkha ziak hian a tum ber chu, a ziaktu leh a lo chhiartu inkâra indâwrna (communication) a ni a Chuvângin, chhiar nuam, hriat thiam awlsam a Ქûl a ni.

**(2) Ziak chak tâwk :**

Lehkha hi chhiar nuam si, chak tâwka ziah theih tûr a ni. Hetianga ziak thei tûr hian, naupang chu a tîrin bawrawp mawi tluantling muang taka ziahtûr phawt tûr a ni a. An lo ziak tam hunah an ziak chak thei chauh tûr a ni. Ziak chak tûr hian ziak nat loh than a tûl a. A tîrin naupang hian na takin an ziak châwk thîn a, chu chu vîn ngun tûr a ni. Ziak chak tûrin hêng hi a tûl .

- (a) Ziakna hmanrua—pencil, pen, lehkha puan etc. a tha tâwk tûl a ni. Pen chu rit lutuk lo, zâng lutuk lo a ni tûr a ni.
- (b) Kut zungtang tha leh ban rëk tha a tâwka hman thiam tûr.
- (c) Thut dânin a zir tûr a ni.
- (d) Pencil emaw. pen emaw cheih dânin a zir tûr a ni bawk.

**(3) Ziakna hmanrua :**

- (a) **Pencil** : chang lutuk lo, no lutuk lo, a laihâwl a tha ber.
- (b) **Pen** :— Pâwl hniam, Nursery aṭanga pâwl hnîh tân pen aiin pencil hman a tha. Pen kan hman-tîr pawhin pâwl sâng lam thlengin nib hmâwr zum lutuk lo chi hmantîr tûr a ni.
- (c) **Ball-point pen (ballpen)** :—Ball pen hi tûn laiin a tam ta hle a. Naupang ziak zirna atâna hman kan duh pawhin, a tha chi a nih loh chuan a tui a pe tha (regular) lo va, ziak zir nân a tha lo a ni.

(d) Lehkha puan: Kut ziak zirna atân lehkha puan hi uluk tûr a ni. Tûn laia kut ziak zirtirtu tam ber chuan, kut ziak zirna lehkha puan atân, rîn sa (guide line) awm aiin rîn loh an fak zâwk. Rîn awm a nih pawhin rîn khât pui pui a tha.

(e) Blackboard leh chalk pencil: Engemaw chângin naupangte hi blackboard-ah chalk pencil-a ziak zirtîr thîn tûr a ni bawk.

#### (4) A mawi leb mâm :

Kut ziak hi a mawiin a mâm thlap tûr a ni. Chuttianga ziak thei tûr chuan, hawrawp intiat, a ngîl dân leh âwn dân inang thlap a tûl a. Tin, hawrawp tawi chi— a, aw, e, i, m, n, o, r, s, u, v, x leh a sei chi— b, ch, d, f, g, h, j, k, l, z te hi naupangin an thliar thiam hmasa tûr a ni. A sei chiah pawh hian chung lama lawr chi leh hnuai lama lawr chi an awm a, thliar hran tûr a ni. Hêngte hi :— f h k l t g j p q y.

#### (5) Space (tlar chung leh hnuai inkâr âwl) :

Thu ziak chu, tlar chung leh hnuai inkâr âwlte, a sîr ding leh vei inkâr âwlte hi a zîm lutuk tûr a ni lo va. Lehkha puan phêk chung lam leh hnuai lam thuui a thlen phâk bâk âwl pawh hi a zîm lutuk tûr a ni lo. Hêng kâr âwlte hi space tih a ni a, a mawi tâwk zuah âwl zêl tûr a ni. Zirtirtu chuan hêng thil tûlte hi ngun tak leh fîmkhur takin a zirtîr tûr a ni.

Kut ziak a chhiatna chhante :

Kut ziak a chhiatna chhan hi sawi tûr tam tak a awm thei ang a, a tlângpuiin hetiang hian khai khâwm ila :

**(I) Thatchbiat :**

Zirtirtuten ṭhahnenngaihna ēm ēm nei lova nau pang kut ziak an zirtir chuan, naupangin kut ziak an thiam thei ngai lo a ni Tin, kut ziak inzirna bik class-ab lo pawh thatchhe taka zirtirtuten blackboard-a an thil ziak, nawmnah taka ziak an chin chuan, naupang kut ziak tichhetu a ni bawk a ni. Kut ziak zirna hun bikhah chauh lo pawh zirtirtute chuan blackboard a thil an ziah rēng rēngin, mawi tak leh chiang takin an ziak zēl tür a ni. Chu chuan naupang kut ziak a kaihuai ang. Kut ziak hi a hranin routine ah kan telh emaw telh lo emaw kan inzirtir reng a ni a ; kan inzirtir tür pawh a ni Tin, zirtirtu lam chauh pawh ni lovin, kut ziak chungchāngah hian, naupang pawh an thatchhe thei bawk. Naupang rilru hi a hmanhmawh a, ṭha deuhva muang chāngah ziak ai chuan, ṭha mang lova ziak pur pur an duh thīn a, hei hi vēn ngun tū a ni.

**2 Zirlalbu neih ḫhat loh :**

Pâwl hniam atân kut ziak zirna bu bikh, text book neih tür a ni a, he mi neih ḫhat tâwk lohna skulah chuan naupangten kut ziak an thiam tâwk thei ngai lo a ni. Zirtirtu kut ziak thiam awm mang lohnaah phei chuan, kut ziak zirna bu bikh hi neih ngei tür a ni lehzual. Hetiang kut ziak zirna bu hi dān narānin rîn li, rawng chi hniha rîn a ni thīn a, hawrawp tawi leh seiin chung lam rîn leh hnuai lam rîn a hawlchin tür hriatn: atâna rîn a ni. Pâwl sâng deuh tân thu ziak sa, zai zui tür a awm a, thu ṭha tak tak, nau-pang nungchang siam ṭha thei khawp zir tel tür a awm.

### **3. Zirtirtu kut ziak chhia :**

Zirtirtute kut ziak a chhiatna skulah chuan nau-pang kut ziak tha beisei theih a ni lo. Skul khatah hian kut ziak thiam zirtirtu pahnih khat tal an awm ngei tûr a nih avângin skul thuneitu lam pawhin, hetiang ngaiantuah chungin zirtirtu dah leh sawn hi ti thei sela a tha. Thu ziak hi kan sawi tawh angio, thil inbrilh-na (communication) kawngpui a nih avângin ngail-thah mai theih a ni lo.

#### **Kut ziak chi hrangte**

Kut ziak hi chi hrang hrang a awm a, chûng zînga a pawimawh, skul lama kan inzirtîr tûrte chu :

##### **1. Cursive writing :**

Hei hi kut ziak kan han tih tlângpui, kan hman lér ber, hawrawp ziak zawm hi a ni A ngîl leh a âwn zir kawp a tha.

##### **2. Printed form :**

Hei hi hawrawp inzawm lo, khâwl ha anga kuta kan ziak hi a ni. A tangkaiin chhiar pawh a nuam bîk. Subject sub heading ziakna atân te, hla ziakna atânte a tangkai zual bîk a ni. Naupang ziak zirtîr phei chu print scrip hi zirtîr phawt tûr a ni

##### **3. Poster script leh cartoon form :**

Hei hi hriatiirna thu leh inzawrhna lam ziakna atâna hman deuh bîk a ni. Hawrawp ziak lér kan ti mai thei ang. A tangkai êm avângin skula inzirtîr tel ngei tûr a ni. Amaherawhchu, pâwl sâng lama inzirtîr chi a ni.

## Bung 9

## THAWNTHU SAWI DAN.

(Story telling)

Thawnthu sawi dān kan tihin kan tum tak chu chanchin sawi dān a ni mah mah a. Zirtîrtu tān thawnthu sawi dān thiam hi a ṭangkai tak meuh a ni. Mi ṭhenkhat chuan thawnthu sawi thiamua an pianpui a, an sawi ngaihnawm thei hle ṭhīn. Thawnthu sawi thiam pianpuia nei lo tān pawh zīra thiam theih a ni Naupang bengchheng leh ninblei khapna ṭha ber chu sawi ngaihnawm thiam hi a ni a, chuvângin zirtîrtu tawh phawt chuan thawnthu sawi dān an thiam ngei tûr a ni. Thawnthu sawi dān a point in lo chhui diat diat ila.

## 1. Kan sawi tûra chu kan hre bel hle tûr a ni :

Kan sawi tûra chu kan hriat bel theih nân ngun taka kan inbuatsaih phawt a ṭûl a. Inbuatsaihnaah hian a bu en lova sawi thei tûra inbuatsaih tûr a ni Hei hi a bu chhûng thu ngau ngau sawi chhâwng tûra by heart tihna a ni lo va, mahni âwm chhuaka en lova sawi thei tûra inbuatsaih tûr a ni. Chanchin emaw thawnthu emaw kan sawi tûra chu, a chanchin kal zĕl iodawt kan theihngihilh lohna tûrin, zirlai inbuatsaihna buah points chhinchhiah vek tûr a ni a, chu chu zirtîrtu laiin en zeuh zeuh tûr a ni. Inbuatsaihnaah hian sawi chin tûr te, sawi dān tûr te, naupang tihphûrna tûrte leh zirlai a chian lebzualna tûra zawhna zawh tûrte buatsaih lâwk dep tûr a ni.

## **2. Naupang rilru buatsaih :**

Lei lettu chuan lovah buh a phun dâwnin lei chu a buatsaih hmasak zet a tûl a, Chutiang bawkin, zirtirtu chuan naupang a zirtir dâwnin naupang rilru a buatsaih hmasa phawt tûr a ni. Naupang rilru buatsaih nân hian kan zirlai nêna inkaihhnawih thei, an thil lo hriat sa leh an tuh tawh thinte han zawh hmasak t  t  tûr a ni. Zirlai chhunzawmna a nih chuan zir tawh a anga zawhna zawhte pawh a t a. Tin, zirtirtu chuan zawhna z wt kher lo pawhin naupang rilru hawnna tûr eng engemaw han sawi leh han tih lawk theih a ni bawk.

## **3. Naupang mitthla leh ngaihtuahna hruai :**

Chanchin kan sawi r ng r ngin ngaithlatu mitthla leh ngaihtuahna chu, chanchin kan sawilai m k h uai thei z l khawpin kan sawi chiang thiam tûr a ni a Chanchin kan sawi chh ng  mi leh thilte leh a hmunhmar ng r ng mitthlaa hmuh theih z wnga sawi kan tum tlat tûr a ni

## **4. Aw ki leh t awng hman :**

Aw hi a ch ng  ring a ch ng  zaw  a nih loh chuan ngaithlatute mut a t chhuak mai t h n. Zirturtu t henkhat chu t l hawt lovah an au ta t wn t wn t h n a, an r wl a ring hle nachungin naupang an kaibarh zo lo fo. A chhan chu aw ki ngai p ta an sawi av ng te leh an sawi ngaihnawm loh av ng te a ni t h n. Tin, mi chanchin kan sawin a theih chin chinah chuan direct speech (a sawitu sawi ang chiah) a sawi ve t r a ni Chutah pawh chuan a thua thuin aw ki leh t awngkau chheh t hdanglam tûr a ni. Ent r n n, thin-

rim ṭawng a nih chuan aw vîn hman tûr a ni. A thua thuin aw sîn leh pâwr emaw aw thûm emaw hman thiam tûr a ni Ngaithlatute kum athuin ṭawng kam kan timâwlin kan timâwl lo thiam tûr a ni bawk. Naupang chumchiap hnênah chuan ṭawngkam mâwl tê tê hman tûr a ni.

### **5. Chêt dân leh hawiher :**

Naupangte hian muang châng taka thil tih chiar chiar hi an ngai thei lo va, anmahni anga tho thâng tha taka an hmaa chêt tûr a ri. Tih deuh zung zunga chêt deuh sawk sawk hi an rûru leh tha ngeih zâwng a ni. Hmël hlim an duh Kan thusawi milin taksa leh hawiher kan siam rem zél tûr a ni Kut zaizir thiam hian chanchin sawi a pui nasa êm êm a ni. Thil tê leh lian te, tawi leh sei te, hnai leh hla te, hniam leh sâng te hi kan sawiin kutin kan zaizir thiam tûr a ni a. Chu chuan a tifiahün a tingaihnawm êm êm a ni Zirtîrtu ñhenkhatin chanchin an sawiin an ñhu a, kûn ngurin zirlai bu an bih a, che châng lo lëkin an sawi mawlh mawlh ñhin a Hetianga chanchin sawi hi a sâwt mawh hle a ni Chanchin kan sawiin lehhabu hnênah emaw bang emaw liang emaw hnêna sawi ang hrîma, kan zirtîr naupangate en mang lo va kan sawi chuan a ngaihnawm thei ngai lo a ni Phûr sarhin, tui ti takin, naupang chunga mit lén rengin kan sawi tûr a ni.

### **6. Lemchan leh thil entîr :**

Bung 5-naa kan sawi tawh angin naupang thil zirna chu' mit leh kâ leh beng leh a tiha tih hi a ni a Chutianga an zir ngat chu zaa sawmkua (90%) an chbinchhiah thei kan tili tawh kha. Naupangte hian

lem chan hi an ngaina êm êm a, chanchia kan zirte chu a lemin chang ɻhîn sela, a sâwt êm êm a ni Lem chan hi thil zir tifiah tûra chan a nih chuan awlai tak leh hun heh lo thei ang bera chan tûr a ni.

## Bunig 10

### WORK EXPERIENC

Work Experience hi tûn hma deuhva Hand work kan tih mai ɻhin kha a ni âwm e Khawv l mi ropui, Plato-a te, Peztalogy a te, Mahatma Gandhi-a te leh mi dang tamî takin kut hna thawh hi zirnaa tel ngei ngei tûr (compulsory) a ni, an ti ɻhin Kut luathawh hian rilru leh ngaihtuahna a siam lian a themthiamna min neihtîrin mi a tihis l a ni an ti ɻhin Chu mai pawh chu ni lovin, mahni invawn fel leh inthununna  ha tak min neihtîr bawk a ni

#### **Work Experience tangkaina:**

**Work Experience tangkainate hetiang hian Ic hl wm ila :-**

- (1) Ngaihtuahna hr o hrim leh thal chhutra rilru a ti hang
- (2) Mahni inthununna (self discipline) leh nungchang lamah nasa takin min pui
- (3) Taks  a siam  ha.
- (4) Ngun taka thil chh t leh ngaihtuahna mihringah a thlen.
- (5) Zirlai subject  henkhat, Science angah te hian na-sa takin zirlai a  anpu

- (6) Vântlâng zînga kut hnathawk leh thawk lo intiliar hranna rilru a tibovin vântlâng nun a khai rual.
- (7) Kut themthiamna lama sum lâk luh thuah mi mal leh ram pum a ɻanpujin a tihausa.
- (8) Zirna (Education) hi a chhiara chhiar mai ni lovin a tiha tih lamah a ɻanpui.
- (9) Hun âwl (leisure) hman ɻhatna a thlen.
- (10) Kut hna thawka ei zawng chite leh thil dæng, lem ziak emaw thla lâk emaw thil ker leh siama ei zawngtu fate a ɻanpui nasa a, an zir chbûng leh an nakin hun atân pawh an ɻangkaipui êm êm a ni, Mizo hian lim leh lem siam lam kan uar lo va, kan hnam zia tilang thei chi, hlum emaw thil dang emawa siam chîng ve ila thil ɻangkai tak a ni ngei ang

#### **Naupang tana hand work ɻangkai zualte :**

- (1) Hlum emaw lehkha emawa thil lem emaw a tak emaw siam
- (2) Lehkha zai leh thleh.
- (3) Thing-mitiri hna.
- (4) Hnâng deh.
- (5) Huan siam.
- (6) Lei laih zâwl.
- (7) In sak.
- (8) La deh leh puan ɻhui.
- (9) La phiar.
- (10) Thing leh mau phun.
- (11) In leh a vël phiah fai leh chei mawi
- (12) Vântlâng leh mi mal kalna kawng chei leh tihfai.
- (13) Tuikhur leh a vël chei leh tihfai.

**Work-Experience atana harsatna (problem) awm theite :**

**(1) Zirtirtu lama :**

Work Experience tihlawhtling tûr chuan zirtirtute he mi lama an tui a ngai a, a bik takin skul head chu a tuiin a hman tlâk tûr a ni, Zirtirtuten work experience thlarau an chan loh chuan a hlawhtling tak tak thei lo a ni. Zirtirtute he lama an tui theihna tûr chuan trainging tha tâwk an neih a ngai a ni.

**(2) Hmanrua (Equipments and tools) :**

Work Experience tihlawhtling tûrin hmanraw tûl apiang neih that leh neih tâwk a tûl bawk Hmanrua a awm loh chuan tuina pawh a neih theih lo va, hna a zuzi thîn,

**(3) Hun :**

Work Experience tih tak taka ti tûr chuan hna neih tâwk a ngai a. Subject dang tibahlah lutuk si lova hun siam tbiam a tûl a Hun hi skul tinin kan harsatna a ni fo

**(4) Hmun :**

Work Experience tih tak taka tih theihna hmum hi kan neih thîn loh avângin harsatna kan tâwk thîn. La dehna hmun, hnâng tahna hmun leh thil dang dang hmun nei brang thliah ila, raw material chhêk khâwmna chenin nei vek ila a tha

**(5) A thatzia leh hlawkna hriat chian :**

Zirtirtute leh zirlaiten work experience tangkaina kan hriat tâwk loh avângin tuina kan nei thei thîn lova, chuvângin work experience awmzia leh a thatna inzirtir tam tâwk a tûl.

**(6) Raw material :**

La te, hñang te, thing lam te, lehkha lam te leh hmanraw  
 tñi ang kan neih tawk loh chuan work experience a  
 blawhtling thei lo.

**Bung 11-na.**

**MUSIC (Hla leh ri mawi)**

Ziaktu pakhat chuan, "Hla leh ri mawi hi rilru hah dam-dawi tha ber a ni ; a ti a He tawngkam atang hian mihring tana hla leh ri mawi tñngkaizia kan hre thei ãwm e Tñn laia zirna lam veitute hian zirna skul subject-a music telh tñlzia an sawi uar hle mai a Tñn hnai lawka zirna tibhmasawn kawnga kawng dap pâwl (Education Commission) chuan Music blutna leh tñg-kaina hetiangin a ziak chhuak a :

- (1) Music zir hi ahuhlo a tih chi a nih avângin, naupang zingah inpâwlhona rilru a thlen.
- (2) Skula music zir hian he mi lama thilpuk (talent) neite hmasawnna tha tak a neibtir.
- (3) Hla leh ri mawi hian nasa takin rilru a tihlima. chu chuan rilru leh taksa a tibrisel.
- (4) Naupangte chu, hla thu chham leh sawiah te, hla thu lam rik dñnah te, hla lama ngaihtuahna leh ngaih dñnsiam thuah te, tawng zirna hrim hrimah te a tanpuuin hma a sâwntir a ni.

### **Music chi thum :**

#### **(1) Sak leh chham chi :**

A saka sak chi leh a chhama chham chi music hi Vocal music an ti a, kan hman lär pâwl tak a ni. Zai hi zir theih tak a ni a, skul lamah aw hman dân te hla pêk dân te solfa te kan zin tûr a ni. Engemaw chângin zai thiamte pawh skula zai tûrin sâwm thin tûr a ni.

#### **(2) Tum leh kaih chi (Instrumental music) :**

Hei hian tingtang chi hrang hrang te, khuang te, phaphuleng lam chi leh phenglâwngte a huap vek a. Zoram skulah hian ri thei tum leh kaih kan zir lo va, a pawi hle a ni. Keimahni hnam thil, khuang te, phenglâwng te, lemawi leh hnâh tum te, bengbung te hi zir ve ila, hmasâwnna tha tak a ni ngei ang.

#### **(3) Lâm leh chêt (Dancing and rhythmic movement) :**

Mizo hian lâm zir chi kan ngah lo va, kan neih chhunte chu naupang tualchaina thil deuh vek a ni a. Cheraw te, mi lu lam te, solakia te hi music kan huamtîr thei emaw? Taksa bung hrang (limbs) ticke zâwnga lâm hi taksa sawizawina tha tak a ni a, a hlim thlâkin a nuam bawk a, skula zir ve ngei chi a ni. Naupang tualchai hla kan neih tam tak hi zira tihhmasâwn atân a tha ble Entîr nân, Kawmchilah .. tihte hi kâwng lam sawizawina tha tak a ni. Mizo kan pian a nalh ve lohna chhan pakhat via ka rin chu, awmze nei insawizawina skul lama zir chi kan neih mang loh vâng a ni.

## Bung 12-na.

## SCHOOL DISCIPLINE.

Tûn hma deuh kha chuan school discipline kan tihin inkhap behna lam a kâwk ber ɬhîn a. Tûn lai zirna discipline chuan :

- (1) Rilru taka a chhan leh vâng hriat thiamtîrna (training of mind) a tum a.
- (2) Nungchang leh chêtze mawi inkawhhmuh a tum bawk a.
- (3) Rilru pianpui duhna leh châkna (instinct) luan chhuahna tur kawng a sial saka.
- (4) Chîn ɬhan (habit) ɬha a siam sak bawk a ni.

School discipline kan ngaihtuahin, Sap hla phuah thiamin sipai nungchang a phuahna, A chhan engnge ni lovin, Engtia chhân tûr nge ni hek lovin, ' a lo tih ang kha a ni lo tih hriat tûr a ni, Sipai discipline-ah chuan, a dik a dawk thlu lo va, ihe lova hotu thu awih mai hi a dik a ni mai thei. School discipline hi inthununna tih ngawt aiin a ɬha zâwnga inhruaina dân tih zâwk tûr a ni.

## Inthunum theihna atana thiil ɬulte :

## 1 Naupang psychology hriat :

Naupang psychology hriat loh chuan naupangte hi kaihhruai tak tak theih an ni lo. Naupangte hian, an kum azir te, an pian leh mûrnain azir tein ze hrang hrang an nei a, chu mi hre lo chuan kaihhruai ɬhat theih an ni lo.

## **2 Khab bet chunga tihzelēn :**

“Naupang chu humhim rawh” tih hi zirna vei mite tlāngau hla a ni a. Inthununna leh invawnna hi rilru leh taksa zalēnna kal tlāng a ni tūr a ni Chu mi awmzia chu, tih leh tih loh tūr rēng rēng hi naupangin a rilru takin a hre thiam tūr a ni a, amah ngei chu he mi kawngah a hmin zān tūr tihna a ni. ‘Ti rawh, Tisuh’ tih chu. ‘Eng vāng maw?’ in a zui a Naupangte rilru kan hmin phawt loh chuan inthununna hi a tlo lova helna hmâwr a ni.

## **3. Mahni insorkarna (Self government):**

Sorkārah bian kawng hrang hranga hotu leh mawhphurtu an awm tbliah a, chūng mite hnuaih chuan hna pēng enkawltu an awm leh thliah a. an tihtbat leh tihchhiat mawh chu anmahni theuhvin an phur fer a, chu chuan mi mal leh pâwlho thahnemngaihna a siam sak a. Tin, mi tupawhin sorkārah chuan chanvo an nei theuh va, an inti tatu thei theuh va. Chutiang chuan school pawh hi sorkār te, Zirtirtute leh naupang tinin chanvo leh mawhphurhna an neih vekna a ni tūr a ni. School insorkārna bi rem sel thiam chuan discipline a tha thei lo. Hetiang atān hian school activities hrang hrang chu department-ah thenin, mawhphurtu tūr zirtirtute aṭangin siam thliah tūr a ni a, a puitu atān skul naupang hman tūr a ni. Hetiang chanvo hi a ruata inruat mai aiin election system-a tih a ṭangkai lehzual. Intblanna (election) neih pawh hi a theih chin chinah sorkārin general election a siam dān zaizua neih tūr a ni, Chu chuan intblang ram mi leh sa nihnaah naupangte a ṭanpui

dawn a ni. School activities hi a tlângpuiin hetiangin an then a : (1) Physical activities (taksa chakna leh than thatna lam atâna thiltih, infiamna chi hrang hrang). (2) Literary & Academic activities (Lehkha ziak leh thu sawi thiam zirna) (3) Cultural activities (hnam ro eng engemaw vawn that leh tihhmasâwna lam) (4) Social and Civic activities (Mihring khawsakho thiam zirna lam) (5) Hobbies, Creative & Collective (Kut themthiam zirna lam) (6) Multipurpos Activities (Hei hian Scouting leh Girl Guide lam te, Zin te, N. C. C. lam te leh Skul leh a vêl chei mawi iamte a huam)

#### **4. Fak leh chawimawina hmanga naupang hrem :**

Naupang sualte mit hmuh leh hriata naupang thate fak leh chawimawi hian a sualte a siam tha thei a, naupang sual hremna chi khat a ni. Mi mal thuah pawh hrem leh fak hmanga naupang enkawl hi a sâwt ber fo. Mihring hi fakawmna kawng khat tal nei lo kan vâng hle a, fakawmna lai târ lansarhin tlin lohna lai siam that theih tak a ni. Hetiânga tih hian school discipline a siam tha thei êm êm a ni.

#### **5. Tum (policy) mumal neib :**

School pakhat hian zirna tihhlawhtlinna tûr kawngah tum leh tih dân thlûr pui (policy) mumal tak a nei tûr a ni. Chu policy chu zirtîrtu zawng zawngin an hre thiamin an zah tûr a ni. Zirtîrtu tumahin policy hrang an rek tûr a ni lo. Policy mumal tak neih a nih chuan naupang pawhin thil kalhmang, an skulin a tih dân bik chu an hre vek ang a, discipline a tha thei ang. Zirtîrtute mahni tlat tlata an tlat hian, invawnfel a har thîn a ni. Policy thuah staff meeting kal tlanga eng-kim tih tûr a ni.

## **6. Inhmangaihna leh thawhhona tha (Love and good co-operation) :**

School boruak chu inhmangaihna leh induhsak tawnna boruak a nih loh chuan discipline a tha thei tak tak lo Hmangaihna aṭāṅga tih a nih chuan huat thu a awm thei tak tak lo a ni.

## **7. Zirtirtu inchawimawi tawn :**

Head in a thawhpuite a lang changin a chawimawi thiam tûr a ni. Zirtirtute rēng rēng naupang hriatah a zilh tûr a ni lo. Thil tidik lo an awm pawhin siam that leh theih chi chu dîm takin ti dik tawh túra beih tûr a ni Head fing leh tha chuan ni dang hriatah thawktu dangte an hauvin an sawisēl ngai lo. Zirtirtu dangte pawhin thawhpuite leh head chu naupangte hmaah an pawisa thiam tûr a ni. Chutiang a nih chuan naupangten zirtirtuho an ṭang rual hle niin an hria a, thu an awiin tih an nuam ṭhû a ni.

## **8. School in leh a vēl :**

Kan vēla thil awm hian ril takah min thunun (influence) ṭhîn a. Chuvângin, chēt pawlawh leh ṭawng mai mai theih lohna khawpin school leh a vēl kan tizahawm tûr a ni Head pindante chu ama awm lovah pawh, zahawm thama tihtianghlim leh rem fel tûr a ni Zirtirtu pindan te, class chhûng te leh compound te pawh mawi leh fel tako vawn tûr a ni. Hêng kan sawite hian nasa takin school discipline-ah a pui a ni.

### **9. Co-curricular activities :**

School-ah hian inkhelhna chi hrang hrang te, zai leh lâm te, thu phuah leh hla phuah lam te, debate te, extempore speech te leh intihhlimna chi hrang hrang uar ila, chu chuan discipline lamah kawngro a su hle a ni.

### **10. Dan (rules) tlem thei ang ber :**

Dân a tam lutuk chuan inenkawlna a tha thei lo va, dân zawng zawng siam sên a nih si loh avângin, engemaw chenah a tla chawp ang deuhva kal hi inthununna atân leh invawn nân a sâwt zâwk.

### **11. Time table tha**

Time table hi : guntblûk taka buitsiib tûr a ni. Time table a buarchuar chuan inerkawl that a bar.

### **12. Tawng aiin tih :**

Head leh zirtirtute chu a tiha tih uar mi, tawng tam lutuk lo zi sela discipline thuah barsatna a tlêm ang.

### **13. Naupang tuina leh an mamawh en :**

Zirna ! i naupang tuipui zâwng leh mamawh zâwng en lëk lova kalpui chuan iovawn fel a barsa êm êm a ni.

### **Class room discipline.**

Lo reitu tib dân (method) athuin, lo tbubmun theuh theuh a blâwk blei thei. Chutiang deuh chuan zirtirtute athuin, class khat theuh theuh, discipline tbush a danglam thei tha a. Class room discipline vawng tha thei zirtirtu ni tûr chuan heting bian tih tûr a ni :—

1. A rang thei angin naupang hming hrc kim rawh.
2. Inbuatsaitna tha tâwk rên class la ziah rawh.
3. Zirtîrna hmanrua, map, chart etc, bmaong uar rawh.
4. I luh tirbio I mél blim nêlawm tak pu ziah la, kawi vël la siam rem tûl apiang siam rem bmasa rawh.
5. Tlar hmaa mite chauh zirtîr lovin pâwl pum zirtîr rawh.
6. Ring tâwk, siah tak, muang deuhvin taw g  h n rawh.
7. Naupang zirtîrna ngaihsak lo i hmuhin, awm p ngngai leh aw kî p ngngaiin zawhna tluangtlam z wt  h n rawh
8. Fel tak m wl takin inchei rawh.
9. Fel taka diogin zirtîr la, dawhk n hm wra  hu chungin zirtîr rgai suh.
10. A blimawm z wnng hl ri zirtîr rawh.
11. Blackboard a thil i ziak r ng r ng mawi tak chhiar nuam tak ni fo rawh se.
12. I thu sawi laiin i kutin thil dang kh l kh l suh
13. Naupangte chu tih t r eng engemaw pe chh n rawh.
14. Thu ho mai mai leh mahni infakna lam sawi sawi suh.
15. Naupangten i zawhna an sawiho emaw an zawk nawa emaw phal rawh.
16. Naupang hris l lo b k leh natna engemaw reite chu hre zat zat rawh. An hm l leh ch tzia a aogin i mau chhuak thuai thuai thei ang

## Bung 13-na

**HREMNA**

Tûn lai zirtîraa chuan naupangte hi a chhan ēm ûm mai a, 'Hrem loh tûr' te a han ti thit that ɬhîn. Amaherawhchu, mi thiam hmingthang pakhat, Bagley-an. 'Naupaogte hi au la puitlio miau loh avângia, hrui sei lutuk kan pêk chuan ao ioâwk-hlum mai ang,' a tih angin, naupangte hi kau thlah zal lutuk tûr a ni lo. Piao leh mûrnai a zir loh avârg te, pianken dang-lam bîk neih avâng te leh thil dang eng enge-naw avârgin, naupang hrem ɭûl chi an awm ngei a ni. A thu hrimio, naupang bi thiam taka hrem an sih chuan nuongchang leh zirna lamah an sâwtpui ēm ēm a ni.

Hremna hi chi hnihad ɬhen a ni a. Chi khat chu hremna ɣangkai (creative punishment) a ni a, chi khat leh chu hremna ɣangkai lo a ni. High School zirtîrtu pakhat chuan naupangte hnênah ken theuh tûr thil pakhat a chah a, nimahsela naupang ɬhenkhatin an rawn ken theihngihilh hlaûh mai a, hremna atân, 'Ka theihngihilh ngai tawh lo vang,' tih hi vawi 500 a ziah chhuahtr a. Hetiang hremna hian rilru leh tha, hun leh pawisa (lehkha puan man) a hek lutuk a. Hremna ɣangkai a ni lo. Vawi 500 aiin vawi 53 ziak ta se la a ɣangkai zâwk ēm ēm ang. Naupangte hi an hai-hawt a, ɬhahinemngaihna châng an hre mawh bawk a chuvângin an zia hre kara dimdwi deuh taka a tlén thei ang ber hremna pêk tûr a ni.

### **Hremna ṭangkaite chu hetiangin an sawi ṭhin:**

**1. Ṭawngkaa fuih leh zilh (reproof) :** ‘Lei hi zirtirna hriamhrei ṭha ber ber a ni’ tih a ni ve rēng a. Naupang hau leh vin ching zirtirtu chuan naupang a thunun thei ngai lo va. Zirtirtu hmēl hlim hi naupangte ṭen läwmman a ni a, chal chuar hi hremna a ni.

**2 Phal sak ve loh :** Naupang thil tidik lotu chu a thil tihdik loh azirin infiamnaah emaw thil dangah emaw an tel ve phai sak loh te, a nih loh leh school-a dinhmun leh chanvo engemaw an neih chuan, hun eng-emawti chhüng an dinhmun lìk sak tür a ni. Chu chu hremna ṭangkai tak a ni ang.

**3. School bân hnus hrēn (detain) :** Naupang home work ti lote chu bân hnuah school-a hrēna, zirtirtu en-kawlna hnuiaia an home work chauh tihtir tür a ni.

**4. Thupha chawitir leh rilru taka titipui :** Nau pang tē pawh ni se vin leh kut thlāk ai chuan thil dang hmanga hneh an awl zâwk a. Thil tidik lotu chu, a tidik lo ngei a ni tih hrilhsiah a, chu mi hnuu thupha chawitir emaw tih tak taka ṭawngkaa zilh emaw tür a ni. Hetiang hi pâwl sângah phei chuan a ṭangkai lehzual.

**5. Dah hran :** Naupang class-a benghheng emaw ninhlei emawte chu class room kilah ṭhiante be pha lo leh khawih pha lova dah tür a ni.

**6. Hna chuang thawhtir :** Tih tür ti ṭha duh lo emaw ti duh lo emawte chu hna chuang thawhtir tür a ni.

**7 Sawi nawntir leh ziah nawntir :** Naupang hrem dān ṭangkai fak pakhat chu, an chhinchhiah theihna atāna sawi nawntir emaw vawi hnii vawi thum ziah chhuahtr emaw tūr a ni. Hetiang hian lam dān (pronunciation)-ah te, kut ziak lamah te an ṭanpui thei a ni.

**8 Chawitir leh kutthlāk :** Kan sawi tawh ang khān, a thua thu te, a naupang azirtein kutthlāk emaw chawitir emaw naupang hrem tūl an awm ṭhīn. Hetiangah hian simkhur a tūl ēm ēm a ni. Kutthlāk leh chawitira hrem hi a tlēm thei ang ber ni rawh se. Hetiang hremna hi zirtirtuina ti lovin head kuta dah zēl tūr a ni nghe nghe. Head leh head aiawh thei dinhmuna ding lo chuan hetiang hremna hi an ti ve thiang lo tluk a ni.

### NU LEH PATE LEH ZIRTIRTUTE

He bung thupuia nu leh pa kan tih hi, parents, in lama naupang enkawl hna mawhphurtute tibna a ni a. Zoramah hian naupang zirna thua nu leh pate mawhphurhna hi kan hre tāwk lo ble reng a. Kan sa-te kan sezawl chhuah mai a ang. School-a an hming kan dah tawh chuan kan ngaihven zui ēm ēm tawh lo. Hei hi thil pawitak a ni. A leh lamah pawh zirtirtuten nu leh pa pawimawhna an hre tāwk lo ve thei bawk. Zirnaah hian nu leh pate leh naupangte leh zirtirtu chu lungthu pathum ang an ni a, pakhat a kim loh chuan a pawi thui thei ble a ni. Hēng pathum zingah hian a pawimawh ber chu naupangte hi a ni.

Nu leh pate hi zirtirtu hmasa berte an ni a, zirtirtute hi nu leh pa pahnihna an ni. Nu leh pate leh zirtirtute hi an pheikhai a rual tür a ni a, a huhovin zirna hla, mawi takin an saho thiam tür a ni.

Nu leh pate leh zirtirtute thawhho a tûlnate kawng hrang hrangin lo en ila.

1. Zirtirtu tha ni tür chuan naupang chu tunge a nih, engnge a nih, briat chian a tûl a. Nu leh pate tanpuina lo chuan chutiang chu briat theih a ni lo. Tin, nu leh paten an fate nungchang leh zirna lama an din-hmun an hre tür a ni a, zirtirtu taupuina lo chuan briat theih a ni bîk lo.

2 Naupang school kai tai mât leh mât loh hi nu leh pateah a innghat thui hle a, chuvângin he mi kawngah nu leh paten zirirtu an tanpui thei thui hle a ni

3 Nu leh paten an fate home work in lan a an lo ngaihvenpui zel loh chuan zirtirtute tân thawh s'wt a har a ni.

4. Zirna thuam thil, lehkhabu leh ziakna hmanruate, uniform leh tûl dang rong rêng, nu leh pate kuta awm ang chi hi nu leh pten an ngaihthah phawt chuan zirna a suuk thîn a. Chuvângin hetiang thilah hian zirtirtuten tanpui an ngai a ni

5 Skul dän zawm thuah nu leh paten an fate an ngaihvenin, thu an awi theihna tür kawng an lo zawn-pui a tûl a. Zirtirtu an mal tan thei lo.

6. Nu leh pate hian zirtirtute atan gin briat tür tûltc an hre thei a. Naupang chunga an riilu put dän tûr-te leh tih sak tür an neihte zirtirtute atan gin an hre tür a ni.

Engtinnge nu leh pate n n thawhhona  ha kan neih theih ang ?

### **1. Nu leh pate laka  hat chuh :**

School naupang nu leh pa tam z wkte hi lehkha thiam lo an ni a, ei zawnna hn r nei  ha lo tam tak an awm. An fate zirt rtute hi an zahin an tilungawi lo vaug tihte an hlau va. Chutiang boruaka thawhho-na  ha tak leh inpawhna  ha tak nei t r chuan, zirt rtute an bengv r a, nu leh pate chunga  hat an chuh a  ul a ni. Nu leh pate school-a an lo l n ch ngin emaw p wn lama an inhmu n nikhua emawin zirt rtuten hm lhriat takah an neih t r a ni. Hawihh wm takin naupang nu leh pate thu apiang zirt rtuten an lo dawngsawng thiam t r a ni bawk. Zirt rtu   deuh chuan chawis n leh zah an nihin ka lal ta lua emaw an ti a, an  awngka chhuak leh ch tziain ngaihno a bei lo va, an hawi s ng mai  hin. Chutiang mi chuan naupang leh an nu leh pate an hnawt bo  hin.

### **2 An in lama tlawh :**

Zirt rtute chuan an naupangte nu leh pate in lam-ah tlawh ch ng sela Amaherawchu khawpuiah leh thingtl ng khaw lianahte chuan naupang nu leh pa zawng zawng tlawh theih a ni lo va, mahni bul hnaia mite leh naupang chak lo zualte leh sual zual deuhte tal chu tlawh  hin t r a ni. Chutianga tih theih a nih chuan an tlawh ve ph k lohte pawhin nu leh pate tlawh  hinah an ngai tho va. Chu chuan zirt rtute leh naupang nu leh pate ink rah boruak  ha a siam thei  hiu.

### **3. School-a lêng tûra sawm :**

Naupang zirna chungchânga lungtiawi lo zual nu leh pate chu school lama lêng tûra sâwm ̄hin tûr a ni. Hmai chhanah ngei, ̄hian dûn tîtiin tîtipui ̄hin tûr a ni Hetiang hunah hian nu leh pate hnênah thurâwn (advice) a dam thei ang bera pëk ̄hin tûr a ni

### **4. Lehkhaa dawr :**

Naupang nu leh pa tam tak chu an awmna hmun leh hnain a zir loh avângin tlawh phâk an ni lo va, tlawh phâka awmte pawh hun neih tâwk lohna avângin tlawh a harsat hun a awm ve bawk a Chuvângin lehkhaa dâwr ̄hin tûr a ni. Hetianga naupang nu leh pate lehkhaa kan dâwr rëng rëngin. pisa lehkha ang khuka ziak lovin, ̄hian hmâlhriat lehkha anga ziah so tîr a ni. Tawi sel tak, nêm taka kan thu sawi duhte chu ziak tûr a ni Hming pawh chhiar theiha ziak a tha

### **5 Progress Report :**

School tinin naupang tin tân progress report neih tûr a ni a, chu miah chuan naupang dinhmun, an zirna lam te, attendance te, intihfai lam te discipline lam te leh ̄ul dang apiang tihlan tûr a ni. Hêng report hi a khât tâwka nu leh pate hnêna thawn ̄hin tûr a ni.

### **6. School pui pun (function) chi hrang hranga nu leh pate sawm :**

School-ah hian a khât tâwka puipunna chi hrang hrang siam ̄hin tûr a ni. Puipun siamah hian ei leh

in a hautak lo thei ang bera siam ̄hin tûr a ni. Programme lam erawh chu a uluk thei ang bera siam thung ni sela. Chutiang hunah chuan naupang nu leh pate sâwm ̄hînin thil en tûr leh ngaithla ringawt tûr lo deuhvin, an chanvo bîk eng engemaw siam sak ve ̄hin tûr. Hetiang hunah hian mi lian leh mi tê thliar hauh tûr a ni lo Naupang nu leh pa an nihna chu an qualification a ni a, inang tlânga en vek tûr a ni. Nu leh pa lam pawh thil awmzia hrilhsiah tûr a ni.

#### **7. Aiawh slam :**

School committee-ah nu leh pate aiawh member neih ve tûr a ni. Tin, school committee-ah kher lo pawh thil bîk engemaw, hun rci awh lo chiahte pawh anmahni nu leh pate hîp nân, eng engemaw atâna hman dân tûr phuahchawp thiam a ̄tha. Entûr nân, pangpâr chi lo la khâwm tûrin an nute emaw ruat theih a ni a. An pate pawh zîng inkhâwma thu tlêm sawi tûra sâwm theih a ni bawk.

#### **8. Nu leh pa ni (Parents' day) :**

Nu leh pa ni hi kum tin neih theih a ̄tha. Hêng ni atânu hian zawi zawi kum tîr aṭanga inbuatsaih ni sela, zirna tibuai lutuk lova programme ̄tha tak neih theih a ni ang. Nu leh pa niah chuan naupang nu leh pate chanvo engemaw zât siam sak tûr a ni.

#### **9. Nu leh pate leh zirtirtute inzawmkhawmna pawl (Parents—Teachers Association/Club) :**

Zirtirtute leh nu leh pate phawhai a rual theih nân Association emaw Club emaw din tûr a ni. Amah-erawhchu, nu leh pate inrawlhna tûr chin leh chin lo

fel taka duan chhuah hmasak ni sela. Kum thum danah emaw thawhlâwmte khawna intihhlimna leh ruai ɬhehnate buatsah ɬhin ni sela.

## Bung 15

### THAWHHONA THA

School hlawhtlinna hi zirtirtute thawhhona ɬhat lohvah a innghat thui hle a, School hi chhûngkaw lian tak, mihring khawsak leh chênhô dân zirna hmun a ni. Chhûngkaw khai dingtu leh a sawrkârna chelhtu zirtirtu rual thawhhona a ɬhat loh chuan, school chu a hlawhtling thei lo vang. Chuvângin thawhhona ɬha tak neih hi tum tlat tûr a ni.

Thawhhona ɬha nei thei tûra thil pawim wh zualte :

#### 1. Inchhungkhatna leh in̄hianna rilru :

Zirtirtute chuan inchhungkhatna leh in̄hianna rilru dik tak an pu tûr a ni. Zirtirtu tupawhin a thawhpuite chu ama chhûngkaw zînga mi angin a en thei tûr a ni. Chutianga en thei tûr leh a thawhpuite pawhina chhûngkhat anga an en theihna tûrin amah pawh a insiam rem tûr a ni bawk. A thawhpuite chu a ɬhian amah chu a thawhpuite ɬhian a ni tih a theihngihilh ngai tûr a ni lo.

#### 2. Rit phurh inchhawk tawn :

Zirtirtute chu mi hrang hrang, in chhûng khawsak hrang hrang, thiam zâwng leh theih zâwng inang lo tak tak, mawhphurhea hrang hrang nei, chhûngkhat leh ɬhiana insiama infâwkkhâwm ta an ni a, harsatna

chi hrang hrang an neihte chu an inhriatpuin, ai inthaapui tawnia an inngaihsak tawn tur a ni.

### **3. Inzah tawnna lantrir :**

Zirtirtute chu an thiamna (qualification) a inchen lovin an blawhte pawh a insanhleih thei e. An chhung-kaw dinhmunte pawh a inhlau hle a ni mai thei. Enga pawh chu ni sela, zirtirtu an nihnaah thuhmun vek an nih an hre tur a ni a. Zirtirtu an nih vek avangin zah an phurhna te, thu an neih theihnate a inchen vek a ni Chuvangin an inzah tawn thiam tur a ni a, an inzah tawnna pawh an tilang fo tur a ni Naupang hmuh leh hriatah phei chuan inzah tawnna hi tihlansarh lutuk a awm thei lo vang.

### **4. Thawhpuite tlin lohna lai thup leh an tlinna lai tihsan :**

Tui thiam apiang zawngtah zâr sat thla turin an hman theih vek loh va, thing thiam apiang tui lûtah an hman theih vek hek lo. Mihring hi tlinna leh tlin lohna lai nei vek kan ni a Chuvangin Zirtirtute chuan thawhpuite tlin leh tlâkna lai an vawrh lang thiamin an tlin lohna an thup thei tur a ni. Mahni theihna leh tlinna tihsanna atâoa thawhpuite tlin lohna vawrh lan chîn hi a tha lo va, thawhhona tichingpentu a ni châwk.

### **5. Mahni hna puala taihmak :**

Mahni tih tur puala nêp lutuk mi nih hi thil zah-thlak tak a ni a, thawhpuite tan pawh zah der leh chawisân hleih theih an ni lo. Chhûngkhat leh thian tha ena en pawh an har. Rilrua kan ngaihoep tak

chaw tak bâwla bâwl luih hi thil harsa tak a nih avângin, thawhpuite zah leh chawisân kai thei tûra mahni hna puala rinawm leh tlin hi tum ber tûr a ni. Chutianga zirtîrtu zawng zawngin mahni tih tûr puala tlin leh tlâkna an neih chuan school a hlawhtlingin thawhhona tha tak a awm ngei ngei ang.

#### **6. Hawihhawmna :**

Thawktuho zînga hawih inhâwmtawn hi thawhhona chabi pakhat a ni ve. Inbiak dânah te, incheibâwl dânah te a hawihâwm thei ang ber zawn tlân tûr a ni. Mihring kan indîm tawn na nâ nâ chuan kan inkâr boruak a tha lo thei lo.

#### **7. Mahni hmasial loh :**

Mahni hmasialoa dik lo hi thawhhona hmélma lian tak a ni. Mahni chauh inngaihsaka thiante ngaihsak ve hauh lohna hian inthaona leh inpâwlhona hrui hrual a tichat thîn. Mihring mahni hmasial lo tak takin a awm theih loh ve. Amaherawhchu, mi dangte nêna kan that tlânpui theihna tûra mahni intelh vc zâwrga mahni hmasial hi a dik a, chutiang chu nih kan tum tûr a ni.

#### **8. Inpawlhona (Fellowship) :**

School khata thawktuho rêng rêng, hmunphiat chenin chhûngkaw khat ang an ni a Inhriatcbianna leh inpâwl ngeihna boruak siam tûrin kum khatah vawi kbat tal inpâwlhona neih thîn tûr a ni. He mi ni hian school khata thawktuho chhûngte, in khata an chênpuite zawng zawng a khaukâpa telât vek tûr a ni a, intihhlimna chi hrang hrangte siamin ruait pawh

ṭheh tûr a ni. Hēng intihhlimna bâkah hian iofuihoa thute sawi a, urhsûn taka Pathian hnëna iohlanna pawh neih tûr a ni. School khata thawkte hian an thawhpuite lupui/pasal te, an fate leh nu leh pate an inhriat sak vek tûr a ni. Chu chuan iounauna a thlen ang.

### **9. Intlawhpawh :**

Chhûngkua leh in leh lote kan inhmuhpui hma hi chuan inṭhianna tak tak a awm har a, mi eng eng. nge kan nih hlawm tih pawh hriat theih a ni lo. Chu vângin school khata thawkhote hi a theih anga tam, in lamah kan intlawh tawn tûr a ni. Kan va tlawhte chêt dân chu mi zîngah a ṭha lo zâwngin kan sawi leh tûr a ni lo.

## **Bung 16**

### **CO-CURRICULAR ACTIVITIES**

Tûn hma lam kha chuan zirna (Education) han tih hian ziak leh chhiar a kâwk ber a. Zir tûr atâna subject thlau chhuah (curriculum) hum cbhûng piah lama thil tihte rēng rēng chu, extra (piah lam thil telh ve) a ni zo vek a, infiam te, inkbelh te leh thil eng engemaw tia puipunna (function) siam te hi zirtîrtutena' kaihruai leh en fel a awm meuh lo. Chu-vângin, extra curricular activities an ti mai ḫhin.

Tûn lai zirnaah erawh hi chuan ngaih dân thar a lo chhuak ta a. Ziak leh chhiar inzirtîrna ringawt chuan naupang mamawh hêng, taksa leh rilru leh ngaihtuabna (thlarau) leh nungchang hmasâwnna leh

than lennate hi a siam sak tarl lo tih an hre chhuak ta a. Chuvângin, chutiang atâna thil tangkait chuzirna huang chhûngah au seng lût ta a, co-curricular activities, tih a lo ni ta a ni.

### **Co-curricular activities-in a huamte :**

#### **1. Yaksâ piankenin a blâwkpuî theih lam thiltih (Physical activities) :**

Insawizawina chi hrang hrang, games leh sport lam chi, N. C. C , inbuau, inchai, tuihleuh etc.

#### **2. Thu phuah leh sawi thiamna lam (Literary and Academic) :**

Drama, essay, debate, school magazine, extempore speech etc.

#### **3. Hnam ro (Cultural) :**

Lem ziak, hla leh ri mawi lam, pi pu hla leh hnam zai, hnam lâm leh lâm hrim hrim, etc.

#### **4. Khawtlâng nun lam khawih (Social and Civic)**

School pum hminga sumdâwn (lei leh hrâlh lam) Co-operative Society din Ich kût chi hrang hrang hman leh tihmasâwn.

#### **5. Kut themthiamna lam (creative works) :**

Thinga thil siam, hnâng deh, huan siam, la deh lam etc.

#### **6. Tail dâng (Multi-purpose) :**

Scout leh Girl Guide, Excursion, School leh a vôl tihfaia chei mawi, thil lem leh lim siam etc.

#### **7. Co-curricular activities tangkaina :**

Co-curricular activities-in a huam thil chi hrang hrang kan han sawi tâkte khi a mal mala a tangkaina

sawi ngai lovah ruat ila. Tūnah Co-curricular activities ṭangkaina hrim brim ban sawi ila.

### **1. Tleirawl nun siam nan :**

Tleirâwlte hi an awm ble hle thei lo va, an za chung reng mai a ni. Hei hi khap tûr a ni lo va, khap beh tak tak theih lah a ni hek lo Rilru leh taksa lama an viak ṭhatna hi a ṭha zâwnga hruai a ṭûl ber mai a. Co-curricular activities hian tleirawl a hruai ṭha thei ēm ēm a ni. Hetianga inhruaina a awm loh chuan, entir nan; ṭhian pawl châkna rilru an neih tlatte hi: inpawlhona kan siam sak loh chuan ahuhova vantlang leh mi mal pawikhawih nan an hmang mai ang,

### **2: Chênhø leh khawsakho zirna:**

Mihring hi ran ang kan ni lo va, kan mihringpuite nena chênhø chia Pathian siam kan ni Hlim tlang taka kan kan chênhø theihna tûrin, tih leh tih loh tûrte, nih leh nih loh turte zira hriat a ṭul a ni, Co-curricular activities hian chutiang atan zirlaite chu a tak(practical) ngeiin a zirtir (train) a ni

### **3. Thang laite nungchang siamna:**

Kan sawi tawh ang deuhvin, mihring hian mahni leh mi dangte nen kan inkungkaihna atan nun mawi leh ṭha. rilru lama zungkaih chu kan mamawh a. He thil atan hian co-curricular activities chi hrang hrang hi a ṭangkai ēm ēm a, thang laite nungchang chher ṭhatu a ni.

### **4. Vantlang rorel (Democracy) nun chan zirna :**

Tun lai zirna hi Democratic Education a ni a, miin a zalenña leh theihna (right) a hman thiam a ṭul a. Khuah-khîrhna hnuaja zalenña hi engtianga nunpuia chen tûr nge tih zir a ṭul ēm ēm a ni. Hetiang atan hian co-curricular activities hi a ṭangkai ēm ēm bawk.

## **5. Hun awl hman ɏhatna**

Khawvel lo ɏhang zelah hian thil siamna khawl chi hrang hrangte hmuh chhuah zel a ni a pawisa pawh a lo tam tial tial a, kut hnathawh lamah kan awl tial tial a. Khawl leh pawisain min awl nasa ta hle mai. Chutih laiin atuate mah hi engmah ti lo tak tak thei leh ngaiantuah lo tak tak thei kan awm si lo. Kan hun awlte hi thil ɏha tib nan leh sawina atana kan hman loh chuan kan tħluak hi ramhuai hna thawnha hmunpuiah a chang maj dawn a ni. Chuvangin khawih neuh neuh tħar ɏhate sawi tur leh ngaiħħlak tur ɏhate leh en tur ɏha te kan mamawh a ni. Chutiang lama min phuhruk tur leh min zirr turin co-curricular activities hi a ɏangkai a ni.

## **6 Zirlai (subject) a ɏanpui**

Kan sawi tawh ang bawkin co-curricular activities hian lemchan te, excursion te, lemziak te a huap a. Heng hian subject ɏhenkhat, history te georaphy te a ɏanpui thei ēm ēm a ni.

## **7. Hruaitu nih zirna (Leadership training) :**

Mihring khawsaho hi hruaitu lovin kan awm thei lo va. Democracy sorkarah lek phei hi chuan hruaitu ɏha kan mamawh zual a. Co curricular activities hian zirlai leh zirtirtute chu hruaitu nih dan a thiamtir (train) a ni. Hruaitu ɏha nih theihna atan ngaiantuahna leh thil thlir dan mumal leh chiang nei mi nih te, mi ɏuan rang nih te, hma lam thlir thiam mi nih te, mahni inrintawkna (self confidence) neih te, dawh theih te ɏhahinemngaih te, mi zau nih te, huaisen nih te leh tumruhna te a ngai a, co-curricular activities hi chutiang zirna hnâr awm chħun chu a ni.

### **8. Taksa plankena tlinna leh ɔ̄han ɔ̄hatna :**

Taksa sawizawina lam chi, games and sports te, lâm te, tui bleuh te, tlân leh zuan te etc. te hi ɔ̄hang laite pian timawitu leh tiɔ̄hang ɔ̄hatu, rilru leh ngaih-tuahna thlenga a ɔ̄ha lama kaihuai thei a nih svângin, khawvél hian co-curricular activities hi a ngaisâng a ni.

### **Bung 17**

### **SCHOOL IN LEH ZIRNA HMANRUA**

He bunga kan sawi tûr hi thu belh ang deuh a ni a, a bu ziaktu experience aṭanga phuah khâwm a ni deuh ber a, rawtna ang deuhva ngaihthlâk tûr a ni.

Mahni hna pual thawk ɔ̄ha lote hi an thawh ɔ̄hat duh loh vâng a nih chuan mi sual an ni a, an thawk ɔ̄ha thiam lo a nih chuan mi nêp tak an ni a, thawh ɔ̄hat an duha an thawk ɔ̄ha thiam bawk a, nimahsela hmanrua an nei lo a nih chuan mi khawngaihthlâk tak an ni. Hua engpawh mai hi a hmanrua te a hmun leh remchânnna dangtein a zir loh chuan thawh ɔ̄hat theih a ni lo va. Puitling tawh chin tân chuan hmun phiah fai hi hna har lo tak a ni ang. Amah-erawhchu a phiahna hmanraw ɔ̄ha te, tan han lâkna tûr hmun te awm ta lo sela phiah fai ɔ̄hat a har ble ang. Hna mâwl têah pawh chutiang a nih chuan naupang taksa leh rilru chher ɔ̄hat hna chu, hmanraw ɔ̄ha te, hmun hma leh remchâng dang ɔ̄ha te nêñ lo chuan thawh ɔ̄hat rual a ni lo vang.

Zirna hmanrua han tih ngawt chuan a zau ble mai a. A nazawng sawi lovin a pawimawh zual nia hriatte sawi ila.

### 1. School in leh a bmuñhma :

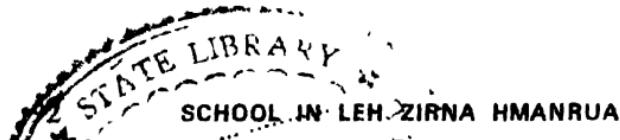
School in chhe taka ni tin zirtirtute leh naupangte lawitîr hian rilru lamah leh chêtze kawngah hnu hma chhe tak a nei duh hle a. Thang lai tân lek phei chuan a pawi lehzual a ni. Mihring leh rante hi kan chênnâ hmun leh kan vêla thil awm hian min thunun (influence) êm êm a. In tha leh mawi taka chêng thînte chu an rilru leh chêtzia a fai nge nge a ni. Chuvângin school in hi kan sa uluk tûr a ni Tôñ laia kan thil thlîr dân hi a tâwk lo êm êm a. Tha leh tling tâwk nia kan hriat hi a tâwk lo fo a ni. Kan tlin tâwk nia kan hriat thîn hi kan tlin tâwk ni lovin tha tâwk nia kan hriat a ni duh khawp mai. School hmun hma pawh hi uluk hle tûr a ni. School compeund-te hi mawi tak leh fel tak ; awmze nei taka cheibâwl tûr a ni. Hei hi mit hmuh mawi atân mai a ni lova, rilru lam leh nun tihrisëlna atân a ni zâwk.

School in tam tak hi a pindan dân te, kawugka leh tukverh awmna hmun tein a zir loh avângin a hman (luah) a remchâng lo fo thîn. Chuvângin school in kan sak dâwnin in sak thiam te bâkah a luah thiam te, zirtirtu ngeite rawn hmasak tûr a ni. Thutthlêng rem a buai ang em ? Blackboard a ëng tha ang em ? Ën khalhtu tukverh a awm thei ang em ? tihte ngun taka ngaihtuah sa diama school in hi sak tûr a ni. A hmël lan dân mawi aiin a hman a rem chân leh chân loh ngaih pawimawh zâwk tûr a ni.

#### Class room bâka room tûlte :

##### (1) Office room :

Office room hi school tawh phawt chuan neih ngei tûr a ni Primary School-ahte hlei hlei hian office



room uelsh a tûl a ni. Bung hmasa lama kan sawi tawh ang khân school hi sorkâr ang a ni a, office hi a enkawina pisa a ni. Pâwl hniam school a ni emaw naupang leh thawktañ tiem emaw school a nih phawt chuan a lian leh pâwl sang school nêñ an hna thlûr a thuhmun vek a, school têt leh len athuin hna a awl hlei deuh a ni mai. Hna awlsam deuh pawh ni se a thawnha hmun dik taka thawh hi a tha ber fo. Office room hi school in kil khawimaw laia dah mai mai tûr a ni lo va. School pum khaikhâwmna hmun a nih avângin, thawktute chêt vel awlsamna leh a dâwrtu naupangte chêt vîlna leh remchânnna hre rengin, a awmna tûr dik taka dah tûr a ni. Office hi a felin a fai tha tûr a ni. Zirtirtu pahnih khat lek thawnha schoolah pawh hotu chan chang thutna chu zahawm deuh zawk leh uluk zawk buatsaih tûr a ni.

## (2) Teachers' Common Room

Teachers' common room hi a hrana neih ngei tûr a ni. Office room nêñ insi lo thei sela a tha. School lian tham deuhvah phei chuan office room a tanga tawng inhriat phak lova teachers' common room hi dah ngei tûr a ni. Zoram school tam berah hian Office room leh Teachers' common room hi room khat hawlh phel a ni a, engemaw chenah awlsamna a awm ngei mai. Amaherawhchu, kawngkapui intâwm lo emaw a laia kaloa (passage) awm emaw a nih loh chuan a fel lo. Office room leh Teachers' Common room inhnaih lutuk a fel lohna chhan pawimawh zualte chu :

(a) Zirtirtuten Head hnënah mi dang hriat tûl lo an sawi duh châng a awm thiñ. Chutiang bawkin Head pawhin zirtirtu dangte hriat a tha lêm lo zirtirtu

hnēnah sawi duh a nei ṭhīn. Tin, school hotu lian zāwkte emaw pāwn lam mi rēng rēngte pawhin mi dang hriat ṭūl lo head hnēnah sawi an duh chāng a awm thei.

(b) Office hi dawhkān hna thawhna a nih avāngin mi dangte chīm awlsam lutuka dah chi a ni lo.

(c) Teachers' Common Room hi zirtirtute hna thawhna hmun ni ve bawk mah se, tīti bun te, fiāmthu thawh hun te awm thei túra ngaih a ni a, office room nēna inhnaih chilh lutuk chu a remchāng lo a ni.

### (3) Room dang :

Zoram school tam ber hian office room leh teachers' common room leh class room bāk chu an la nei meuh lo tih tūr a ni a khawpuia school te pawh room chi brang hrang nei chu a la tam mang lo. A chhan nia lang chu, pawisa lam neib loh vāng ai mah-in, a ṭūlna leh blāwkna kan bre tāwk lo va, a tel lova tih theiba kan ngaih vāng a ni. Zirna (education) tum tiblawhtling tak tak tūr chuan, Science room te, Library room te, craft room te, museum room te, music room te leh indoor games room te neih thliah a ngai a ni. Hēng neih theih loh hi school nei thei lo hialah inngai thei ila chuan zirna hi kan tiblawhtling lehzual ngei ang. Hēng room neih ṭūl kan sawite hi a mal malin han sawi leh diat diat ila.

#### (a) Science room :

Hei hi Mizoramah hian a ṭūl zual bikin a lang. High school chin chung lam chuan science room hi neih pawh an nei fur a, mahse school tam tak science room chu rualawh phuhru chang chang a ni e ti ila

kan tisual àwm lo ve Science room hi pâwl hniam zâwk school-ahte pawh neih ve ngei chi a ni. Science zirna hmanraw man to pui pui kan nei thei kher lo a ni thei a, nimahsela, hmanraw engemaw tal tel lova science hi zir theih a nih loh avângin, kan neih ang ang dahna pindan leh a hmun ngeia zir theihna plindan hi neih mäkmawh a ni.

**(b) Library room :**

Library-te hi Primary school-ah hlei hlei hian neih a tûl a. Chhiar la thiam lo naupangte tân milem leh chart aṭangin thil tam tak zir theih a ni. Tin, Zirlai bu ṭanpui thei lehkhabu chi hrang hrang leh zirlai bu tak te pawh Library-ah hian dah tûr a ni. Tin, zirtîrtute tân pawh zirlai chhui zau theihna lehkhabu (reference) te leh lehkhabu ṭha chi tinrêng school library-ah hian dah tûr a ni. Zirtîrtu hi bung hma lama kan sawi tawh angin eng lai pawha zir reng tûr an ni a. Mi narân aia thil hre tûra ngaih an ni. Amaherawhchu hlawh aṭanga' lehkhabu ṭha leh man to tham deuh emawte lei tûra inbeisei chu a har deuh ang. Hetianga schoola lehkhabu chhiar tûr lâk khâwm a nih chuan zirtîrtute tân a hlu êm ôm a ni.

**(c) Craft room :**

Vai ram khawpuahte kan kal chuan, thing leh mau leh lehkha leh hlumtea thil siam mawi tak takte kan hmu ṭhin a. Chüng thilte chuan mi tam takin ei an zawng ṭhin a ni. Mizoramah erawh chuan hetianga ei zawng leh intihausa sawi tûr kan la nei mang lo a ni. Craft hi co-curricular activities zînga mi a ni kan tih tawh kha. Hetianga kut themthiamna lam hi

school kal lai naupangten an zir tûr a ni a. An school kal laiu an thiam bel hman lo a nih pawhin, an hmôlbriat tal tûr a ni. Chuvângin hetiang zirna pindan hi a bîka neih tûr a ni. He room-ah hian hmanruate leh entawn tûr vai siam thil chi hrang hrang dah khâwm tûr a ni.

**(d) Music room :**

Hla leh tum rîk lam hi tûn lai zirna hian a ugai pawimawh ble tih kan sawi tawh a. Mizo hi mahni hnam pual tumrîk lamah kan hniam hle a. Heti taka zai ngaina hnam si mahni pual thil tumrîka kan hniam hi thil mak tak a ni. Khuang hi kan hmang lâr hle a, mahse vuak dàn chi tam kan nei lo. Phênglâwng te, lemawi te, hnah tum te, mizo tinglang te hi hmang tangkai zâwk thei tûra zir leh tihamasâwn tûr niio a lang. Western music lamte pawh hi a tui mi bîk tê lo chuan an thiam lo va, hêngte pawh hi school lama zir atân a itawm ngawt a ni. Chuvângin school-ah music hi tih tak taka zira, room bikte pawh neih hial tûr a ni. Chutiang kan tih chuan mi tam tak ei zawn-naa hmang thei hial kan chher chhuak ngeiin a rinawm.

**(e) Museum :**

School malina museum neih hi kan intihhmuh lo ble a. Amaherawhchu museum tangkaina leh blutna te, zirna tâna thil tangkai (educative) a nihnaté ngaib-tuah chuan pindan hrang meuh siama buatsaih chi tak a ni. Hman lai ajaug khâñ zirtirtu hmasaten thil bluite lo la khâwm tawh ni se, tûn ang hunah hi chuan ram tâna blu tham thil blui skul tam takin an nei

tawh ang le. Nimahsela khua a la tlai lo va, tûn lai mi leh ṭhangthar lo awm zĕl tûr tân thil hlui leh tharte hi lâk khâwm tan a hun ngawt mai. He room hi Museum-cum-show room ang pawhin hman theih a ni ang. Library te, science te leh craft teina a huam loh, historical chart-te, geographycal map leh chart te, school thlalâk chi hrang hrang te, milem mawi leh scenery te, lîr thei leh thlawhna lem chi hrang hrang te, râlthuam chi hrang hrang, hmân laia mite leh tûn lai thleng lem te, zirlai zîuga kut ziak thiam leh lem ziak thiam bîk kut chhuak te leh ṭûl nia hriat eng-pawh he room-ah bian dah ni sela, zirlaite leh pâwn lam mi tân pawh a ṭangkai hle ang

#### Furniture :

Zirlaiten ni tina an hmuh leh khawih phâk hi a mawiin a fel tûr a nih avângi-, school furniture rĕng rĕng, a size leh pian hmangte uluk tûr a ni Mita kan hmuh ṭhin hi kan thluakah a châma kan ṭhan hnau ṭhin a ni a, thil mawi lo leh remchâng lo ni tina hmuh leh hman hi pumpelh theih chin chu pumpelh tûr a ni. Chuvângin, zirtîrtu ṭhutthlêng leh dawhkân te, naupang ṭhutthlêng leh dawhkân te leh thil bâwm dang te rawng hnawih (varnishing) ṭha tak a ni tûr a ni. ṭhutthlêng leh dawhkân sân zâwngte pawh inmil rawh se. Dawhkân sâng taka ṭhutphah hniam tak emaw dawhkân hniam taka ṭhutphah sâng si angte hi mihring hrisélna atân leh naupang ṭhang lai tân a ṭha lo êm êm a ni. Head furniture leh office furniture-te phei chu hman a nawm mai bâkah a mawiin a zahawm tûr a ni. Hêng hian mahni inthunun (self discipline & self control) kawngah kori a tu êm êm

a ni. School pum discipline leh administration thleng-in a khawih pha a ni.

Class room tinah zirtirna hmanraw ṭangkai zual leh ṭûl dangte dah nân, almirah pakhat pian hmang māwl tak, uluk taka siam dah zĕl ni se a ḥha He almirah ah hian chalk pencil te, scale ruler te, class record bu te, dictionary te leh a ṭûl apiang dah ni rawh se.

Blackboard neih ḥhat loh hi thil pawi tak a ni a, chuvāngin school tinin blackboard hi uluk hle tûr a ni. A dum ḥha hlarh reng tûr a ni a, a dahna hmun pawh uluk a ṭûl. Blackboard ziak chiang ḥha thei lo te, a hūona dik lo va hûn te hian zirlai mit leh riltu a chhaih buai thei hle tih hriat reng tur a ni.

**School in leh hmanraw ḥha neih theih dan kawngte :**

Engtiange school in leh hmanraw ḥhate kan neih theih ang? Kum 1977 fûr laiin, Aizawl khawpui chhüngä school chi hrang hrang sawmthum vël ka tlawh a. School dinhmun inang ḥheuh ḥheuh a phuisui hlei ଁ ମୁଁ em mai a, mak ka ti ngawt mai Zirtirtute huēnah an phuisui chhan leh phuisui loh chhan ka záwt ḥhin a, chhanna ka hmuhi dän tlângpui hetiang a ni :—

“A, sorkâr schoolte hi zawng, thil a tih tak tak theih meuh loh ve.”

“A, Private schoolte hi zawng, engmah a tih theih loh.”

“Sorkâr leh vântläng mipui ṭangrualin min tih sak vek a ni.”

**"Hēng hi engemaw titia kan neih a ni."**

**"School Committee lama kan hmuu deuh vek a ni"**

**"Kan hotupa bi a fel a, a taima bawk a, thil hi a duh-tui bawk a....."**

**Hēng chhānna aṭang hian, school tibphuisui nân hēng  
hi a lang theiin ka hria : -**

1. Sorkār a che tāwk lo.
2. Vāntlāng mipui athu a ni
3. School Committee tha neih a tūl
4. Head neih that a tūl.

School tiphusui tür hian thil pawimawh tam tak  
a awm a, chūng zīnga a pawimawh zualte hetiang  
hian lo thlirzui ila : -

### **1. Sorkar :**

Sorkār hian zirna tihhmasawn kawngah ḥan a la thar  
zēl a. A lāwmawm khawp mai. Amaherawhchu, kan  
ram zirna dinhmun leh a hmanruate enin duhthusam  
kan la blat hle mai. Kan la phuisui tāwk lo. Free  
education (a thlawna lehkha inzirtir) policy-ah te, grant  
in Aid-ah te, thawktu tam zāwk rawih leh training pek  
thuah te, zirlai leh zirtirtu leh officer tibphur (motivate)  
kawngah te, school building leh hmanraw chi hrang  
hrang chungchāngah te, scholarship leh facility dang  
rēng rēng pēk thuah te ḥan lākna tür a la tam hle  
mai a. Chuvāngin sorkār hian zirna nawrpui neih a  
tūl hle rēng a ni School dinhmun (standard) a thute-  
in in leh bungruaah tih dān chi khat deuh neih pawh  
a tha ang.

Tin, sorkar hian zirna kawnga vāntlāng mipui chawhthawh dān leh thawhpui dān a thiam tūr a ni. Zirna lama hotu liante hian khaw mipui leh vēng mipuite hnēnah zirna kalhmangte hrilh ḥnin, zirna thlarau chantir thiam sela. Chhōng tin tih theihin zirlai an neih avāngin, mipuiin zirna thlarau an chan phawt chuan, thil phalna nāmen lo an nehtir thei ngei ang

### **2. Head :**

School head atān thil uluk mi, zirna (education) tum leh kalhmang hre mi, mi tui, khaw hawi zau mi rawih tūr a ni Head theuh ḥeuh, tlēng tāwk leh ḥa tāwk an tih hi a danglam thei hle a ni. Head ḥen-khat chu mi phuai tak leh ho ang reng tak an awm thei Mahni inchhōng khawsak dān rēng h pawh, mi tladah leh mit tlung lo tak an awm chāwk ḥin. Hēng ang mi hlan school phuisuina tak tak an ngaihtuah pha lo Head ḥen-khat crawh chuan chhōng ril lam nun leh pawn lam nun leh khawsak dānah thil an ulukin school-te hi an vei tak tak a, remi lah an hria. Chutiang mi ngei chu head atān rawih tūr a ni.

### **3. School Committee :**

School tihphuisuina kawngah school committee hian mawh an phur thui hle School Committee chuan School pawihai a hre tāwk tūr a ni. Thil engkim zirtirtute kutah an dah mai tūr a ni lo Thingtlāng khuatea school committee member tam tak chu zirna lama var êm êm lote an ni a, hēng mite hi School hotu liante leh zirtirtuten an hrilh harh tūr a ni.

#### **4 School :**

School tibphuisui nân School tinin mahni school tân tih theih an rei theuh. Kut hnathawh aṭangte thawhlawm aṭangtein thil tha tak tak neih theih a ni. Intihbarh nân leh intihlimna ni pah fawmin kum tin puipun siam sela. Hêng puipun siamna atân hian fete te, fair te lemchan leh kawng dang dang ngaihtuah chhuah theih a ni. Chûng aṭanga pawisa emaw thil dang emaw hmuh chu school tibphuisui nan hman tur a ni Hetiang hi a blawhtlin theih nan, zirlaite leh mipuite chu, thiltih chhan leh a tulna leh pawimawhna briat chiantir a tul. Miin a tulna an briat phawt chuan a blawhtling nge nge thin a ni .

#### **5 Vantlang mimir :**

Mimir rilruah School phuisui zawk neih a tulzia tuh a nih chuan, vântlång mipui bul tumin thil ṭangkai tam tak tih leh neih theih a ni

#### **6. Mi mal thilpêk :**

School tibphuisuina atân mi mal thil phalna kaitho zâwnga thil tih dân ngaihtuah chhuah thiam a tha bawk. Mi neinung tam zâwk hi chawh thawh thiam chuan vantlang ṭhatna atâna thiltih hreh lo mi an ni a, a tulna innmuh chiantir zawk phawt chuan thilpêk hi koh chhuah theih tak a ni

#### **7. Pawl hminga thil tih :**

Kan sawi tawh angin zirna hi mi tin mamawh a ni a, pawl engpawh, sakhuana lam a ni emaw ni lo emaw, inrawlh vekna tur a ni. Zirna hi taksa leh thlarau ṭhatna kawng hawnna chabi a nih avangin, pawl hminga thilpêkte beisei ila a sual lo. Zirna ngaihtuah

miten hetiang zâwng hian vântlâng zîngah ngaih dân  
vawrh darh sela, school mamawh tañ tak chu eng pâwl  
pâwlín cmaw an phuhru thei ngei ang.

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